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## GEEDING AND GRONTH IN AN INSHORE POPULATION OF PLAICE PLEURONECTES PLATESSA L.

A Thesis<br>submitted to the University of Wales<br>by<br>Reginald Adé Basimi B.Sc. (Sierra Leone), M.Sc. (Wales)<br>in candidature for the degree of Philosophiae Doctor

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Guinnedd.
November 1978.

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The seasonal variations in diet, feeding chronology, condition and Growth of a fishable fcpulation of plaice Pleuronectes platessa in tivo bays off the North Wales coast were investigated. The population, estimated to comprise 478,630 fish ( $\pm$ 19\%) of ages II - XV, occupied an area of $236.73 \mathrm{Km}^{2}$ with an average biomass of 23.36 tonnes ( $0.11 \mathrm{~g} / \mathrm{m}^{2}$ ).

Data on diet and feeding chronology were obtained from fish coliected by trawling at known intervals (usually every three hours) during a twenty four hour pericd. The diet of 'small' (15.5-19.4 cm) and 'medium' (19.5-20.4 cm) fish was similar in each of the months for which data was collected i.e. March, May, August, November and February. The two chief items were the polychaeta Pectinaria koreni and the lamellibranch Abra alba. In addition the 'large' fish (30-35 cm also took Nereis spp. and the bivalve Tellina fabula in significant numbers. The diet varied seasonally in all size-groups; it was dominated by polychaetes in the cooler months and by molluscs in the warmer months.

Feeding was considerably synchronised amongst members of the population. Feeding chronology was deduced from variations in average stomach contents with time of day and from the occurrence of food in specific regions of the alimentary canal. In the cooler months February, March and November - the following pinases were recognised: Feeding Peak, Gastric Evacuation, Feeding Pause and Resumption of Feeding. These phases were obscured in May and August probably because higher temperatures led to faster gastric evacuation; this in turn allowed larger meais and increased feeding frequencies, thereby reducing feeding synchrony in the population. Laboratory studies later showed that at a given temperature, the rate of gastric evacuation increases with meal size $(\mathrm{gm})$. (Rate $(\mathrm{g} / \mathrm{hr}) *(m e a l ~ s i z e))^{06}$. At all temperatures gastric
evacuation time (GET) for a given meal depended on fish size (g). GET was proportional to (fish size) 0.42 for a meal expressed as of body weight and to (fish size) ${ }^{-0.068}$ for a meal expressed as grams. Wher all other factors. were kept constant GET varied as (temperature) ${ }^{-1.03}$.

An empirical length-weight relationship was used to describe seasonal condition factors $\left(W=a L^{2.946}\right)$. Peak condition occurred in June and July; condition was intermediate in autum (deteriorating) and spring (improving) and poor in winter.

The condition of the edge of otoliths was used to determine the limits of the growing season. Improvement in condition preceded seasonal growth in length which started in April and was virtually over by September. Growth was asymptotic in all age-groups and the function $Y=A-B\left(e^{-k t}\right)$ described the data adequately.

Estimates of daily ration were made from field data on average stomach contents. The population apparently cropped 491.15 tonnes of benthic production annually. Energy budget calculations indicated that in energy terms 32.338 of this intake was used for routine metabolism, 9.62\% for growth and $0.97 \%$ for reproduction. The remaining $57.08 \%$ was lost through egestion, conversion and excretion.

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Introduction

There are two approaches to fisheries biology, frequently merging but generally recognisable. The first approach deals with the basic fiology and general hiology of fish species. The second approach is a form of demography and deals with the dynamics of fish populations i.e. rates of growth, death etc.

The study of the trophic ecology of fish species has gone through several stages. Much of the work on the feeding of fish populations at the start of the present century was centred around their diet and those factors that affect its composition. Besides providing comprehensive lists of the various items taken by fish species, these studies soon established that several factors affect the diet composition, e.g. age (or more accurately size) and season. By the middle of the present century, attention had largely shifted to rates of ingestion and digestion and the efficiency with which ingested food is converted into fish flesh. Under laboratory conditions maintenance rations were investigated (e.g. Brown, 1946) and conversion efficiencies established (e.g. Hatanaka et al., 1956a, b). Later these relationships ketween food intake and growth were extrapolated to field situations and used to estimate the rate of food intake in the wild. With the development of techniques for estimating population sizes, attention became focussed on the biomass and production of fish present in a given habitat. Combined with growth and conversion efficiency data, pcpulation censuses made it possible to estimate annual production, yield, and the impact of fish populations on the fauna and flora constituting their food supply. It was in this way that several classic production studies became possible (e.g. Ricker and Foerster, 1948 on Oncorhynchus nerka; Gerking, 1962 on Lepomis macrochirus; Mann, 1965 on five cohabiting species in the River Thames U.K.).

It was at this point that studies on marine species fell behind freshwater studies. It is possible that this was partly because population censuses are much less feasible in the marine environment. Also the descriptive models of Graham (1935) and Schaefer (1954) and the analytic model of Beverton and Holt (1957) were proving adequate for the purposes of marine fishery assessments. The demographers were therefore not pressing urgently for more hasic biological data. The situation however began to change at the beginning of the present decade. The total annual fish yield from the sea has been increasing by 6\% since 1945 and it is generally conceded that this cannot go on indefinitely. Improved methods of fish location and capture are steadily escalating the pressures on exploited stocks. To monitor these stocks more closely, the demographers need the type of basic biological data that is at present available only for some freshwater species. The relationship between stock and recruitment so vital for improving the analytical yield model of Beverton and Holt is still obscure for most exploited species. The metabolic consequences of food quality, routine activity and reproduction remain undetermined. There is still a dearth of information on the interactions between exploited fish populations and their fooa supplies. Yield equations do not take into account these trophic factors and in the absence of such integration inexplicable events within populations will continue to confound population biologists. A case in point is the estimate by Steele (1965) that total demersal production in the North Sea was 0.57 million tons annually. For the period 1966-1967 however catches from the area reached 1.01 million tons, far in excess of the estimated total production. In attempting to explain this discrepancy Gulland (1970) could only point to a farticularly good year class of haddock in 1962, good year classes of cod in 1961, 1962, 1963 and 1964 and what seemed to have been improved growth rates amongst small plaice.

In the late sixties the Ministry of Agriculture, Fisheries and Food, U.K. initiated a programme of detailed ecological studies of $O$ and I group plaice populations (see e.g. Riley, 1964; Corlett, 1966; :ィacer, 1967; Edwards and Finlayson, 1969; Edwards and Steele, 1970; Lockwood, 1972). From these studies details of the feeding habits, mortality and production of young plaice have emerged. The present work is an attempt to extend investigations of this sort to an inshore fishable population of plaice in the Irish Sea. The plaice Pleuronectes platessa $L$. is one of several dominant species in the fish population of the two bays studied - the others include the common dab Limanda limanda, pout and whiting spp. and rays, Raia spp. The aim of the investigation will be:-
(i) To investigate the diet and feeding chronology of the population and to determine how these change with fish size and time of year. (ii) To conduct laboratory studies on feeding and digestion rate in order to facilitate interpretation of field data on feeding chronology. (iii) To investigate the effects of seasonal variations in food density and temperature on the growth and condition of the plaice.

It is hoped that the study will make it possible to estimate annual food intake, growth, production and conversion efficiencies on both a seasonal and an annual basis. Male and female fish will be treated separately to pinpoint differences, if any, between sexes.

It is hoped that a final annual energy budget can be suggested for each of the dominant age-groups of each sex. Such a budget showing the likely interaction of the populatior. with its food supply should provide an insight into the factors that determine the production and yield of the fishable inshore population.

## Chapter 1

The Study Area and its Plaice Population.

The study area (shown in Fig. 1.1) extends from Moelfre Island on the eastern coast of the Isle of Anglesey, across the northern entrance to the Menai Straits and along the coast of North fales to The Great Orme promontory. The seaward limit was arbitrarily set at a line running due east from Moelfre Island to a point 0.2 kilometres due north of The Great Orme. Thus delimited, the study area comprises two bays, Red Wharf Bay on the Isle of Anglesey and Beaumaris Bay on the Welsh mainland. These two bays are connected by a stretch of water called Table Road. Estimated by planimetry the area covers 23672.5 hectares $\left(=236.73 \mathrm{~km}^{2}\right) .18 .4 \%$ of this expanse occurs as intertidal mud and muddy sand flats mainly at the Lavan Sands, Dutchman Bank and Red Wharf Bay. Though these areas obviously do not support permanent plaice populations, their benthos can be rich and when they are trawled at high tide, larger plaice ( $30-40 \mathrm{~cm}$ ) almost always form the bulk of the catch. This suggests that the fish make feeding forays with the incoming tide.

The windrose inset in Fig. 1.1 shows the prevailing winds to be south-westerly. The study area is sheltered from these by the island of Angiesey and by the extensive Snowdonia range of mountains inland. In the relative calm resulting from this protection, the mobile impoverished sands which floor most of Liverpool Bay have formed a linear series of sand banks along this section of the Welsh coast. Many of these banks are quite extensive and some may be up to three quarters of a mile long (Rees, Eacle and Walker, 1975; Rees, pers. comm.). Patches of mud occur between these sand banks and they support dense benthic communities. The rumbers and diversity of species in these communities can alter dramatically from one year to the next as a result of northerly onshore winter gales from which the two bays are not protected (Rees et al., 1977).

Fig. 2.1 Map of the study area showing principle features and local bathymetry. Stippled areas are intertidal mud and muddy sand.


Red Wharf and Beaumaris Bays are nurseries for young plaice. With The Great Orme spawning ground being no more than 10 miles to the north it is probable that the young O-group plaice are derived from that region. However, it is doubtful that the adult population is derived exclusively from these nurseries. Once they are mature, plaice undertake spawning migrations and the pattern of these movements in the Irish Sea are complex and incompletely understood (Harden-Jones, 1968). From fish egg surveys, Simpson (1959) has established that there are four main plaice spawning grounds in the Irish Sea, viz:Off the north coast of Cornwall, in Cardigan Bay, off Great Orme, and between the Isle of Man and the coast of Cumberland. Macer (1972) found that most mature plaice tagged in The Great Orme spawning ground during the spawning season returned to the same ground the following spawning season with only $3.4 \%$ recaptured from the adjacent ground off St. Bees Head. Fish tagged in the $S t$. Bees ground also returned the next year with only $2.4 \%$ of recaptures reccrded on the Great Orme grounds. What is particularly relevant to the present work however, is the behaviour of mature and immature plaice tagged by Macer in Red Wharf Bay in November. About $50 \%$ of recaptures had travelled south towards Cardigan Bay, Trevose Head and the Bristol Channel. Macer concluded that both mature and immature plaice gather in Red Wharf Bay in November, prior to migrating south, the mature ones to spawn and the immature ones to recolonise the extreme south of the geographical range of the species. Some spawning fish tagged in these southern grounds were later recaptured in the northeast Irish Sea. However, it was not possible to tell whether these were returned migrants, or fish indigenous to the south on a feeding migration to the north.

From the above it follows that the origins of a plaice caught in the study area cannot be ascertained. In the face of such difficulties, a simplistic assumption is made for the purposes of this study, namely that an equilibrium situation exists with the numbers of plaice in the study area remaining stable from year to year. As shown in Fig. 1.2 the composition of the catch does tend to remain unchanged with the modal length lying between $19-22 \mathrm{~cm}$. The catch per hectare in each haul plotted against year (Fig. 1.3) shows no clear trend or sudden marked changes though the distribution within each year is skewed. A comparison of the geometric mean catch between years showed no significant differences at $P=0.05$ (Appendix 1.2).

Some vital statistics of the plaice population
Between 1974 and 1977 trawls were made in the study area on board the R.V. Prince Madog at the end of October and the first week in November. The length composition of each catch was recorded and stratified samples were collected. For each fish in the stratified samples the following data was recorded:
(i) Length
(ii) Sex
(iii) Stage of gonad development. The key used was adapted from Wimpenny (1953).
(iv) Otoliths, for age determinations
(a) Population size. The size of the plaice stock in the stucy area was estimated by the area density method, utilising the data collected from the series of trawls mentioned above. For this purpose, it was necessary to estimate the area covered during each ha:il. The length of this area is the distance covered during the haul and was obtained from 'Decca Navigation' recordings made during each haul. The width of

Fig. 1.2. The percentage length frequency of catches from the study area 1974-1977.


Fig. 1.3. The yearly distribution of catch size 1974-1977.


Table 1.a

## Technical Data on the Fishing Gear

of the R.V. Prince Madog

(Selection factor for plaice $=(1) 2$ ) Beverton and Bolt (1957)
this area was taken as the distance between the trawl doors during fishing. As this distance could not be measured directly, it was estimated geometrically. The data necessary for this estimation plus other technical data of the fishing gear are given in Table 1.a. The trigonometric considerations involved are shown schematically in Fig. 1.4 and narrated in Appendix 1.3.

The area density method of estimating stock size is based on sample sizes collected from areas of equal size and to this end the catch from each haul has been expressed on a per/hectare basis. Details of the size and composition of each catch are contained in Appendix 1.1 and a synopsis is presented in Table 1.b. The estimated total population size $N$, is given by the expression

$$
\left.N=\frac{A}{a} \sum_{i=1}^{a} N_{i} \quad \begin{array}{c}
\text { (Everhart, Eipper } \\
1953 \text { ) }
\end{array}\right)
$$

where $A$ is the number of equal units occupied by the stock (hectares in this case), a is the number of equal units sampled, $N_{i}$ is the number of fish in the $i^{\text {th }}$ sample.

As stated in Table i.a the length of $50 \%$ retention was 16.2 cm . This means that almost all I-group fish and the smaller II-group fish are excIuded from the estimate that follows.

Using the formula given above, the total stock of plaice was estimated at 478,630 fish. The variance of this estimate is given by the expression

$$
\left.V=\frac{A^{2}-a A}{a}\left[\frac{a(a-1)}{a \sum_{i=1}^{a} N_{i}^{2}-\left(\sum_{i=1}^{a}\right.} \begin{array}{l}
N_{i}
\end{array}\right]^{2}\right]
$$

$$
v=8.26 \times 10^{9}
$$

Fig. 1.4. Estimating using trigonometry to estimate the distance between the trawl doors during fishing.
(i) $\mathrm{DD}^{\prime}=$ distance between doors.
(ii) $A B$ and $A^{\prime} B^{\prime}=$ sides of the ship.
(iii) $S$ and $S^{\prime}=$ shackler from which
the warps leave the ship during
trawling.
(iv) $S D$ and $S^{\prime} D^{\prime}=$ warps.


Table 1.b Summary of Catch Data

| Year | Haul | Catch/Hectare (Numbers) |
| :---: | :---: | :---: |
| 1974 | $i$ | 53.2 |
|  | ii | 6.3 |
|  | iii | 17.1 |
|  | iv | 29.36 |
|  | v | 19.60 |
| 1975 | $i$ | 1.88 |
|  | ii | 1.75 |
|  | iii | 3.15 |
|  | iv | 7.34 |
|  | $v$ | 56.35 |
|  | $v i$ | 2.17 |
| 1976 | $i$ | 15.56 |
|  | ii | 13.34 |
|  | iii | 48.1 |
|  | iv | 15.1 |
|  | $v$ | 15.1 |
|  | vi | 7.2 |
|  | vii | 17.82 |
| 1977 | $i$ | 46.5 |
|  | ii | 70.4 |
|  | iii | 11.9 |
|  | iv | 13.1 |
|  | V | 6.2 |
|  | vi | 15.3 |
|  | vii | 11.1 |

The standard error of estimate is
7

$$
v^{\frac{1}{2}}=90901
$$

Stock size $=478630 \pm 90901( \pm$ 198) Eish
(b) Sex ratio. The stratified samples mentioned earlier were collected irrespective of sex and the sex ratio of these samples was taken to be representative of the combined catch from which they came. The sex ratio was found to vary with the size of the fish. As shown in Table 1.c male fish are generally more abundant amongst the smaller fish. This ratio is maintained up to length 28 cm after which the females become predominant rather suddenly. From 28 cm on, the male fish become less and less abundant and are not represented at 40 cm . Table 1.c Sex ratio of Stratified Samples expressed as numbers of males divided by numbers of females

| Fish length (cm) | Numbers examined | Sex ratio |
| :---: | :---: | :---: |
| 14 | 4 | 0.50 |
| 15 | 4 | 1.50 |
| 16 | 10 | 1.84 |
| 17 | 19 | 1.00 |
| 18 | 27 | 1.43 |
| 19 | 22 | 1.58 |
| 20 | 28 | 1.16 |
| 21 | 34 | 1.22 |
| 22 | 23 | 2.42 |
| 23 | 28 | 2.02 |
| 24 | 31 | 2.27 |
| 25 | 29 | 2.12 |
| 26 | 29 | 2.03 |
| 27 | 29 | 1.86 |
| 28 | 29 | 1.03 |
| 29 | 33 | 0.51 |
| 30 | 34 | 0.41 |
| 31 | 31 | 0.37 |
| 32 | 36 | 0.22 |
| 33 | 40 | 0.15 |
| 34 | 39 | 0.07 |
| 35 | 34 | 0.13 |
| 36 | 30 | 0.06 |
| 37 | 21 | 0.03 |
| 38 | 35 | 0.03 |
| 39 | 26 | 0.07 |
| 40 | 30 | - |
| Total numbers examined $=735 \mathrm{fish}$ |  |  |

(c) Length at age. With some exceptions (e.g. the capelin, Mallotus vitatus), the females of teleost species tend to grow larger and live longer than the males. For this reason age determinations were made for males and females separately. These determinations were from otoliths extracted from fish of the stratified samples. The otoliths were immersed in xylene and examined under a low power binocular microscope with transmitted light.

Despite its widespread use, the method of ageing plaice by counting the opaque and hyaline and of their otoliths is still not foolproof. Difficulties arise with older fish as the rings at the periphery tend to become crowded. The occurrence of split and sometimes spurious rings can also make interpretation difficult (see Plate 1). The incidence of 'difficult' otoliths can be a feature of particular populations and Lamont (1967) has suggested without much explanation, that for plaice in some areas along the Scottish coast, 'difficult' otoliths may be a density-dependent phenomenon.

In the present study the chief difficulty encountered was split rings, particularly in age groups IV to VI. In those cases where two otoliths from the same fish differed in detail, they were both rejected. The majority of older otoliths were remarkably easy to read. Where 'crowding' did occur of the outer edge, it proved useful to hold the otolith edge-wise onto the microscope stage and to rotate it slowly in an arc from left to right. In all over 1,500 pairs of otoliths were examined of which less than $5 \%$ were rejected.

Despite the abundance of published data on the growth of plaice, very few workers have treated the sexes separately though Beverton (1964) has pointed out that in some ways ie.g. catchability, size at age, longevity) the two sexes behave almost like two different species

Plate 1. Top: A remarkably legible otolith from an XI ${ }^{+}$fish.

Magnification $\times 6.25$.

Bottom: Two otoliths from different fish showing split (?) and spurious (?) rings. Magnification $\times 10$.


An otolith from an $\mathrm{XI}^{+}$fish, remarkably
legible with no crowding at the edge.


Two otoliths from different fish showing
a series of split (?) and spurious (?)
rings. Age estimates of otoliths of
this sort were regarded as probably
inaccurate and therefore unreliable.
in relation to fishery exploitation. Consideration of the data obtained in the present work will therefore be mainly confined to comparison with the data of the ICES Irish Sea Working Group of 1977 - Tables id and le. This data was kindly made available by Dr. K.M. Brander of MAFF Lowestoft.

Table 1.d Length at Age Data for Female Plaice from the present
work and from commercial catch samples of Irish Sea
trawlers of various nationalities


Table 1.e Length at age data for male plaice from the present work and from commercial catch samples of Irish Sea trawlers of various nationalities

| Age Group | $\begin{aligned} & \text { Belgian } \\ & 1970-74 \end{aligned}$ | $\begin{aligned} & \text { English \& Welsh } \\ & 1964-74 \end{aligned}$ | $\begin{aligned} & \text { Irish } \\ & 1962-66 \end{aligned}$ | Present Work 1974-77 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 |  | 7.3 | 11.1 |  |  |  |
| 1 |  | 15.3 | 18.3 | $1++$ | 19.35 |  |
| 2 |  | 21.0 | 22.8 | $2+1$ | 24.16 | A11 Thece |
| 3 | 28.8 | 26.8 | 28.9 | 3 H | 27.48 | for ' year later |
| 4 | 31.4 | 29.7 | 31.4 | 4 | 29.17 | stated 1.e. $1+1$ |
| 5 | 32.4 | 30.6 | 33.9 |  | 30.34 |  |
| 6 | 32.8 | 31.2 | 35.6 |  | 31.05 |  |
| 7 | 35.8 | 32.0 |  |  | 32.50 |  |
| 8 | 36.4 | 34.8 |  |  | 33.60 |  |
| 9 | 38.0 | 34.8 |  |  |  |  |
| $10^{+}$ |  | 36.6 |  |  |  |  |
| $L_{\infty}$ |  | 37.13 |  |  | 36.3 |  |
| K |  | 0.35 |  |  | 0.27 |  |
| ${ }^{\text {to }}$ |  | -0.27 |  |  | -2. 97 | Error |
|  | Data for research | group 0-2`fr sel samples |  |  |  |  |

Tables $1 . d$ and $1 . e$ show that female plaice are larger than their male counterparts of the same age. The length at age for each sex varies between samples and it was pointed out in the ICES document that this is primarily due to differences in the area being fished by various trawlers. It appears that growth rates differ in the various areas of the Irish Sea and that they are faster in the south and west (Brander, 1977). The greater size at age obtained in this work for ages I and II of both sexes is probably the result of mesh selection (c.f. Table 1.a p. 7 ).

Fitting a Growth Equation to the Length at Age Data
The growth equation adopted here is that developed by von
Bertalanffy (1934) and used almost without exception in growth
studies of plaice. From this equation the length $l$, at age $t$, is given by

$$
\begin{equation*}
I_{t}=L_{\infty}\left[1-e^{-K\left(t-t_{0}\right)}\right] \tag{i}
\end{equation*}
$$

where $L_{\omega}$ is an asymptotic length achieved by an average fish if it continued to live and grow indefinitely, $K$ is the rate at which $L_{\infty}$ is approached, and $t_{0}$ is a constant representing a theoretical age at which length is zero.

To fit this expression to a body of data, it is necessary to evaluate the three parameters $t_{0}, K$ and $L_{\infty}$. Rough estimates of $L_{\infty}$ can be obtained by use of the Ford-Walford-Brody method which is a graphical representation developed by Walford (1946) for the equation derived empirically by Ford (1933):-

$$
\begin{equation*}
1_{t+1}=L_{\infty}(1-K)+K 1_{t} \tag{ii}
\end{equation*}
$$

where $K$ is Ford's growth coefficient and is equal to $e^{-K}$ in the Bertalanffy equation. A plot of $1_{t}+1$ against $1_{t}$ gives a line which cuts the $45^{\circ}$ diagonal from the origin at a point which is the asymptotic length, i.e. where $I_{t}=I_{t+1}$. These plots, carried out separately for males and females are shown in Figs. 1.5M and 1.5F.

The provisional $L_{\infty}$ value obtained from Fig. 1.5 can be used to estimate $K, t_{0}$ and a final value of $L_{\infty}$ for each sex by taking natural logarithms of (i) and rearranging:-

$$
\begin{equation*}
\log _{e}\left(L_{\infty}-I_{t}\right)=\log _{e} L_{\infty}+K t_{0}-K t \tag{iii}
\end{equation*}
$$

A graph of $\log _{e}\left(L_{\infty}-i_{t}\right)$ against $t$ should therefore give a straigh $\tau$ line of slope -K. This line also provides the value of $t_{0}$ since the intercept on the abscissa can be equated to $\log _{e} L_{\infty}+X t_{0}$. The advantage of plotting $\log _{e}\left(L_{\infty}-I_{t}\right)$ against $I_{t}$ is that it provides

Fig. 1.5 M A: Ford-Walford plot for male plaice. B: plot of $\log _{e}\left(L_{\infty}-l_{t}\right)$ vs $t$. Solid circles are from the trial $L_{\infty}$ and do not give as good a fit as the open circles derived from the final $L_{\infty}$.


Fig. 1.5 F A: Ford-Walford plot for female plaice. B: plot of $\log _{e}\left(L_{\infty}-1_{t}\right)$ vs $t$. Solid circles are from the trial $L_{\infty}$ and do not give as good a fit as the open circles derived from the final $\mathrm{L}_{\infty}$.



#### Abstract

very accurate values of all three parameters. This is because the straightness of the line is sensitive to changes in the value of $L_{\infty}$, allowing the $L_{\infty}$ that fits the available data best to be found by graphical iteration (see Figs. 1.5M and 1.5F, and legends). The growtin parameters obtained are contained at the bottom of Tables 1.d and 1.e together with ICES estimates. Their goodness of fit to the original data is shown in worksheets $1.1 F$ and 1.1 M .


For both sexes, the $I_{\infty}$ values of the present study are less than those of the ICES group. This discrepancy is much larger in the females $(17.69 \mathrm{~cm})$ than in the males $(1 \mathrm{~cm})$. It is generally held that plaice move into deeper water: as they grow larger (e.g. Heincke, 1913). In view of this, and corsidering the shallowness of the study area, the differences between the male values should perhaps have been inigher. There are differences, however, between the ecology of the Irish Sea and that of the North Sea where the depth phenomenon was first observed. Much of the Irish Sea is floored with mobile impoverished sands (Rees et al., 1977) and the rich banks found in the deeper areas of the North Sea are absent. In the Irish Sea the benthos-rich areas occur much eloser inshore where local topography provides enough shelter from prevailing winds and tidal currents to allow formation of the muddy sediments that can support rich benthic communities. As a result, it is possible that Irish Sea plaice remain in shallow coastal areas to a greater size than their North Sea counterparts. Indeed Bowers and Lee (1971) describe Laxey Bay on the Isle of Man as a feeding ground for plaice from which large mature individuals set out each year on spawning migrations. The same is probaoly true of Red Wharf and Beaunaris Bays.

| $\begin{aligned} & \text { Age } \\ & \text { t (years) } \end{aligned}$ | No. of Fish | Observed <br> Length <br> $I_{t}(\mathrm{~cm})$ | $\begin{aligned} & \text { Using. Trial } L_{\infty}=48 \\ & L_{\infty}-1 t \\ & (\mathrm{~cm}) \end{aligned}$ |  | $\begin{aligned} & \text { Using Final } L_{\infty}=46 \\ & L_{\infty}-1 \\ & (\mathrm{~cm}) \end{aligned}$ |  | $\begin{aligned} & t-t_{0} \\ & \text { (years) } \end{aligned}$ | $K\left(t-t_{0}\right)$ | $1-e^{-K\left(t-t_{0}\right)}$ | Calculated Length (cm) | $\begin{gathered} \text { Calculated } \\ \text { weight } \\ W_{t}=0.0093 \\ L_{t} 3.11 \\ \text { (gms) } \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  | 1.2 | 0.30 | 0.259 | 11.91 | 20.63 |
| 1 | 164 | 19.74 | 28.26 | 3.34 | 26.26 | 3.27 | 2.2 | 0.55 | 0.423 | 19.46 | 95.00 |
| 2 | 205 | 25.12 | 22.38 | 3.13 | 20.28 | 3.04 | 3.2 | 0.80 | 0.551 | 25.33 | 215.67 |
| 3 | 155 | 29.57 | 18.43 | 2.91 | 16.43 | 2.80 | 4.2 | 1.05 | 0.650 | 29.90 | 361.26 |
| 4 | 111 | 33.99 | 14.01 | 2.64 | 12.01 | 2.49 | 5.2 | 1.30 | 0.728 | 33.46 | 512.58 |
| 5 | 96 | 36.40 | 11.60 | 2.45 | 9.60 | 2.26 | 6.2 | 1.55 | 0.788 | 36.24 | 656.99 |
| 6 | 63 | 38.65 | 9.35 | 2.24 | 7.35 | 2.00 | 7.2 | 1.80 | 0.835 | 38.40 | 786.60 |
| 7 | 37 | 40.14 | 7.86 | 2.06 | 5.86 | 1.77 | 8.2 | 2.05 | 0.871 | 40.08 | 898.65 |
| 8 | 32 | 41.59 | 6.41 | 1.86 | 4.41 | 1.48 | 9.2 | 2.30 | 0.900 | 41.39 | 993.18 |
| 9 | 23 | 42.00 | 6.0 | 1. 79 | 4.00 | 1. 39 | 10.2 | 2.55 | 0.922 | 42.41 | 1071.30 - |
| 10 | 15 | 42.93 | 5.07 | 1.62 | 3.07 | 1.12 | 11.2 | 2.80 | 0.939 | 43.20 | 1134.59 |
| 11 | 7 | 43.85 | 4 : |  |  |  | 12.2 | 3.05 | 0.953 | 43.82 | 1186.00 |
| 12 | 7 | 45.00 |  |  |  |  | 13.2 | 3.33 | 0.964 | 44.35 | 1231.18 |
| 13 | 6 | 45.67 |  |  |  |  | 14.2 | 3.55 | 0.971 | 44.68 | 1259.90 |
| 14 | 3 | 46.67 |  |  |  |  | 15.2 | 3.80 | 0.978 | 44.97 | 1285.50 |
| 15 | 1 | 47.00 |  |  |  |  | 16.2 | 4.05 | 0.983 | 45.20 | 1306.06 |
|  |  |  |  |  |  | $\begin{aligned} & -1.2 \text { years } \\ & 0.25 \end{aligned}$ |  |  |  |  |  |

Worksheet 1.1 M Length at age data for male Plaice and the computations involved in determining the theoretical curve of length, and weight, at age

| Age <br> $t$ (years) | No. of Fish | Observed Length (cm) | Using Trial $\mathrm{L}_{\infty}=35.3$$\left.\begin{array}{\|l\|l} L_{\infty}-1 & \log _{e}\left(L_{\infty}-1\right. \\ t \end{array}\right)$ |  | Using Final $L_{\infty}=36.3$$L_{\infty}-1 t \mid \log _{e}\left(L_{\infty}-1_{t}\right)$ |  | $\begin{aligned} & t-t_{0} \\ & \text { (years) } \end{aligned}$ | $K\left(t-t_{0}\right)$ | $1-e^{-K\left(t-t_{0}\right)}$ | Calculated Length (cm) | $\begin{aligned} & \text { Calculated } \\ & \text { Weight } \\ & 0.0241_{t} 2.8 \\ & \text { (gms) } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  | 1.97 | 0.53 | 0.411 | 14.93 | 46.51 |
| 1 | 173 | 19.35 | 15.95 | 2.77 | 16.95 | 2.83 | 2.97 | 0.80 | 0.551 | 19.99 | 105. 31 |
| 2 | 200 | 24.16 | 11.14 | 2.41 | 12.14 | 2.50 | 3.97 | 1.07 | 0.657 | 23.85 | 172.65 |
| 3 | 131 | 27.48 | 7.82 | 2.06 | 8.82 | 2.18 | 4.97 | 1.34 | 0.738 | 26.80 | 239.33 |
| 4 | 48 | 29.17 | 6.13 | 1.81 | 7.13 | 1.96 | 5.97 | 1.61 | 0.800 | 29.04 | 299.64 |
| 5 | 29 | 30.34 | 4.96 | 1.60 | 5.96 | 1.79 | 6.97 | 1.88 | 0.347 | 30.76 | 352.03 |
| 6 | 18 | 31.05 | 4.25 | 1.45 | 5.25 | 1.66 | 7.97 | 2.15 | 0.884 | 32.07 | 395.63 |
| 7 | 8 | 32.50 | 2.80 | 1.03 | 3.80 | 1.34 | 8.97 | 2.42 | 0.911 | 33.07 | 431.15 |
| 8 | 5 | 33.60 | 1.70 | 0.53 | 2.70 | 0.99 | 9.97 | 2.69 | 0.932 | 33.84 | 459.85 |
| 9 | 4 | 32.30 |  |  |  |  | 10.97 | 2.96 | 0.948 | 34.42 | 482.26 |
| 10 | 2 | 35.00 |  |  |  |  | 11.97 | 3.23 | 0.960 | 34.86 | 499.72 |
|  |  |  |  |  |  | 1.97 |  |  |  |  |  |
|  |  |  |  |  | K | 0.27 |  |  |  |  |  |

(d) Mortality Rates. The instantaneous ccefficient of total mortality of males and females were estimated separately using a simple catch curve. As the same vessel and gear was used throughout, the area fished unchanged, and each haul lasted about 1 hour, the total catch for 1974-1977 was used for these curves. In effort units this could be expressed as catch per 25 Madog hours (a total of 25 hauls were taken). Plots of the natural logarithm of numbers af age against age are given in Figs. 1.6M and 1.6F.

Though a straight line has been fitted to Fig. 1.6 M and F , they are both really curves. A concave catch curve may be the result of one or more of a number of factors. An increase in fishing effort recent enough to allow the older age-groups to reflect the earlier mortality rate will result in a catch curve with a descending line that gets progressively flatter as the older age-groups are approached. A second possibility is an immigration of large fish into the fished area with or without emigration of younger individuals. Earlier in this chapter it was pointed out that larger plaice in the Irish Sea may move into shallow areas on feeding forays. It is also worthwhile to recall the findings of Macer (1972) on the movements of tagged plaice in the Irish Sea: there was immigration of large plaice into the study area in preparation for a southward spawning migration. This occurred in November which is the time of year when the samples for the present work were collected. A third possibility arises from the demonstration by Cushing (1975) that natural mortality of plaice decreases with age. He points out, however, that this may only be noticeable when the population is either unexploited or very lightly fished so that enough survivors get to the older ages for the phenomenon to become apparent. Of the

Fig. 1.6 M Catch curve for male plaice.
$\log _{e} N_{t}$ vs $t$

Dashed line shows the decline in mortality with age. The solid line is
a least squares line. Age 0 and $I$ were regarded as still in the pre-
recruitment phase and were excluded
from the regression.
$Z=0.98$


Fig. 1.6 F Catch curve for female plaice
$\log _{e} \mathrm{~N}_{\mathrm{t}}$ vs t
Dashed line shows the decline in
mortality with age. The solid
line is a least squares line. Age
0 and $I$ were regarded as still in
the pre-recruitment phase and were
excluded from the regression.
$Z=0.65$

other two possibilities, the more likely is the annual immigration of larger fish into the study area.

The calculated slopes of Figs. 1.6 M and F show male mortality to be much higher than female mortality. These slopes have been compared statistically and found to be significantly different at $P_{0.05}$ (Appendix 1.5). The greater mortality amongst males is curious when it is recalled that they have a smaller size at age and therefore must enter the exploited phase later. Perhaps this is offset by their greater catchability (Beverton, 1964) and greater natural mortality (Beverton and Holt, 1957).
(e) Age and Length at Maturity. Data for this aspect of the study also came from observations made on the specimens of the stratified samples. Figs. 1. 7 M and F show the percentage of fish mature at 1 cm intervals for males and females. For both sexes the data approximate a sigmoid curve. The length at which $50 \%$ of the fish become mature, $\mathrm{LM}_{50}$, has been calculated using the $L D_{50}$ procedure (Bliss, 1935 a and as applied by Fleming (1960) to maturity of cod off Labrador and Newfoundland. (This method was originally devised to assess the effects of varying doses of poisons on test animals).

The first step in this process is to transform the $\%$ mature at each length to a probit value. A probit is the distance from the mean of a normal curve to a given point, divided by the standard deviation with 5 added to make all the numbers positive. Therefore the mean of a normal curve has a probit of 5. Conversion of percentage to probits is cone by means of Table IX of Fisher and Yates (1948). These probits are regarded as empirical probits. When plotted against the relevant length they give a provisional line from which new predicted probits can be

Fig. 1.7 M Maturity data for male plaice. The sigmoid curve was fitted by eye and shows the percentage mature at each length. The top plot is an empirical probit transformation of the sigmoid curve (see text p. 19 ).


Fig. 1.7 F Maturity data for female plaice. The sigmoid curve was fitted by eye and shows the percentage mature at each length. The top
plot is an empirical probit transformation of the sigmoid curve (see p.19).


Worksheet 1.2 Computation for fitting aline to data on the develonment of sexual maturity with length in female plaice

obtained for each length. These expected probits are then used in the computation of a new line.

A working probit $y$ is obtained from each expected probit as follows: when the expected probit is less than 5 the working probit $Y$ is given by the minimum working probit plus the correction factor. The correction factor equals the proportion of mature fish $(P) x$ Range. When the expected probit is 5.0 or greater the working probit is given by the maximum working probit minus the correction factor. The correction factor here is the proportion of immature fish $Q \times$ Range. Values of maximum and minimum working probits and their range are contained in Table XI, Fisher and Yates (1948).

In using the working probits $y$ to compute the new line, weighting coefficients can be found for each expected probit value (Table XI, Fisher and Yates, 1948). These weighting coefficients (c) multiplied by the number of fish examined at each length provide a relative weight (w) which can be assigned to each point on the line. Worksheet 1.2 gives a worked-out example for the data on female plaice.

The chi square test is used to test the goodness of fit of the computed line at a level of $P_{0.05}$ (Fleming, 1960). The significance of this statistic depends on the number of degrees of freedom allowed. Of the total allowed, one degree is lost in establishing the slope of the line and another in establishing its position (Bliss, 1935a). Small expected values have been combined at either end when calculating the total number of degrees of freedom allowed for each distribution.

Tables 1.f and $1 . g$ give a summary of the results obtajned from the probit analysis of length and age at maturity data for both sexes. $P_{c}$ values at 10 and below and at 90 and above have been combined at either end in assigning the total number of degrees of freedom

Table 1.f The expected numbers of mature male and female fish at each age, from computed lines


| Length | Original Data |  |  | Sata from corruted infe |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. of Fish | No. of Matures | Percent Mature | Probit | ent Mature | of Matures | Deçrees | of Freedor |
|  |  |  |  | $\mathrm{Y}_{6}$ | ${ }^{P}{ }_{c}$ | $\mathrm{E}_{\mathrm{c}}$ |  | n |
| 17 | 15 | 0 | 0.00 | 1.82 | 0.11 | 0.027 |  |  |
| 18 | 12 | 1 | 8.33 | 2.24 | 0.3 , | 0.04 |  |  |
| 19 | , 9 | 0 | 0.00 | 2.64 | 0.9 | 0.08 \} |  | 1 |
| 20 | 11 | 1 | 9.09 | 3.01 | 2.3 | 0.25 |  | 1 |
| 21 | 24 | 2 | 8. 33 | 3.37 | 5.1 | 1.22 |  |  |
| 22 | 11 | 4 | 36.36 | 3.71 | 9.9 | $1.09]$ |  |  |
| 23 | 13 | 1 | 7.69 | 4.04 | 16.8 | 2.18 |  | 1 |
| 24 | 12 | 4 | 33.33 | 4.35 | 25.7 | 3.08 |  | 1 |
| 25 | 7 | 0 | 0.00 | 4.65 | 36.3 | 2.54 |  | 1 |
| 26 | 8 | 3 | 37.50 | 4.94 | 47.4 | 3.79 |  | 1 |
| 27 | 8 | 5 | 62.50 | 5.21 | 58.4 | 4.70 |  | 1 |
| 28 | 16 | 9 | 56.25 | 5.48 | 68.4 | 10.90 |  | 1 |
| 29 | 11 | 9 | 81.82 | 5.74 | 77.0 | 8.50 |  | 1 |
| 30 | 22 | 17 | 77.27 | 5.99 | 83.8 | 18.44 |  | 1 |
| 31 | 23 | 20 | 86.96 | 6.23 | 89.0 | 20.47 |  | 1 |
| 32 | 30 | 28 | 93.33 | 6.46 | 92.8 | 27.34 ) |  |  |
| 33 | 33 | 28 | 84.84 | 6.69 | 95.4 | 31.48 , |  | 1 |
| 34 | 30 | 28 | 93.33 | 6.91 | 97.1 | 29.13 |  |  |
| 35 | 25 | 25 | 100.00 | 7.12 | 98.3 | 24.16 |  |  |
| Weighted Line $=Y_{C}=16.897 x-18.972$ |  |  |  |  |  |  |  |  |
| $\begin{aligned} I M_{50} & =26.2 \pm 1.01 \mathrm{~cm} \\ x^{2} & =7.94 \end{aligned}$ |  |  |  |  |  |  |  |  |
| d.f. $z_{n-2}=11-2=9$; $x^{2}$ for $P_{05}=19.688$ |  |  |  |  |  |  |  |  |


allowed in each case.

Like the length at age data, these results show a marked difference between males and females. Though the $L M_{50}$ values are within a centimetre of each other, male fish become mature at a smaller size than female fish. The computed lines show $20 \%$ of males mature at 17 cm while only $0.1 \%$ of females are mature at this length. The fact that the $L M_{50}$ values are so close means that when the females start to mature in significant proportions (around 23 cm ) these proportions increase much faster with size than in the males. Compared statistically the slope of the fitted lines show a significant difference at $\mathrm{P}_{0.05^{\circ}}$

The same features are shown by the age data. At age 1 the fitted line gives $23.2 \%$ of males as mature, almost twice the proportion of females at the same age. The $\mathrm{AM}_{50}$ values are comparable and again their steeper slope allows the females to catch up with the males at the 50\% point.

The interesting outcome of these differences in slope anc intercept between males and females is that while a young or small male fish is more likely to be mature than a female fish of comparable age and size, it is also easier to find an older and larger immature fish amongst the males than amongst the females (see the values of Tables 1.f to 1.g).

Diet and Feeding Chronology of the Plaice Population.


#### Abstract

Data on diurnal changes in stomach contents were obtained from fish collected by trawling at known intervals (usually every three hours) during a twenty-four hour period. Such trawls were carried out in March, May, August and November 1976, and in February 1977. The trawls were randomly distributed over the study area and each catch was sorted into the following size-groups:


| $15-19.4 \mathrm{~cm}$ | (smalls) |
| :--- | :--- | :--- |
| $19.5-25.4 \mathrm{~cm}$ | (mediums) |
| $30-35 \mathrm{~cm}$ | (large) |

The following data was recorded for each size-group:
(i) Total numbers of stomachs sampled - a maximum of twenty whenever the size of the catch allowed.
(ii) The number of empty stomachs in (i).

Stomach contents were frozen on board and taken back to the laboratory for further analysis according to the following scheme:

Laboratory Analysis of Stomach Contents


Dry weight
(Dried in oven to constant weight at $60^{\circ} \mathrm{C}$ )

Subsamples

Ash weight
(12 hours in muffle furnace at $600^{\circ} \mathrm{C}$ )

Caloris content**
(Combusted in bomb calorimeter at $20 \mathrm{~atm} . \mathrm{O}_{2}$ )

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* The composition of each subsample was established by counting the
numbers of each prey species present. These numbers were later converted
to wet and dry weights (including shells) by use of a numbers/weight
relationship obtained for the more important prey species from benthic
samples.
** The bomb calorimeter used was a Gallenkamp Ballistic Bomb Calorimeter
calibrated periodically with benzoic acid (1 gm benzoic acid \equiv }631
calories).
Preliminary analysis of the data collected in March 1976 revealed that recording only the percentage of empty stomachs at various times of day did not provide sufficient data for a detailed and comprehensive description of daily feeding chronology. As a result, an extended scheme was adopted which recorded the percentage of fish containing food in specific regions of the alimentary canal. The following categories were used:
S.O : Fish with food in the stomach only
S.I : Fish with food in both stomach and intestines
I.O : Fish with food in the intestines only
E : Completely empty fish
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Volume measurements were discontinued after it became obvious that they offered no advantage over weight measurements.

The sampling programme was altered as new aspects of the investigation became obvious. In August and November 1976 for example, it was decided to collect intestine contents to aid the planned estimation of daily food intake. In all, a total of 2.121 fish were examined.
(a) Diet Table 2.a lists every prey species encountered in the stomach contents of fish of all size-grouns during the entire study period. Appendix 2.1 gives the numbers of each species in each sample. The diversity of the list in Table 2.a is misleading as over half the species involved were taken very rarely. Indeed, the asterisks indicate those species whose total numbers for all size-groups combined was less than 10 for the duration of the study. In contrast, the two most important species Abra alba (Lamellibranchiata) and Pectinaria koreni (Polychaeta) usually occurred in much greater numbers (> 30) in each sample.

Table 2.a List of Prey Items taken by Plaice of the Three Size-Groups

Studied

| Bivalves | Abra alba |  |
| :---: | :---: | :---: |
|  | Ensis ensis |  |
|  | Cultellus pellucidus |  |
|  | Tellina fabula | Other bivalves |
|  | Montacuta ferruginosa |  |
|  | Nucula turgida |  |
|  | Mysella bidentata |  |
| Polychaetes | Pectinaria koreni |  |
|  | Nereis spp. |  |
|  | Nephthys spp. | Other |
|  | Lanice Conchilega | polychaetes |
|  | Notomastus latericeus |  |
|  | Phyllodoce spp. |  |
| Miscellaneous | * Ampelisca | Crustacea |
|  | *Crangon crangon | " |
|  | *Philine aperta | Gastropoda |
|  | *Amphiura filiformis | Echinodermata |
|  | *Achronidae branchiata | " |

Fig. 2.1a shows the composition of the diet of the 'smalls' in both numbers and wet weight at various times of year. P. koreni dominated the diet in February. Other polychaetes, mainly Nereis spp. and Lanice conchilega, were next in importance. Very few bivalves were taken and the number of A. alba for the entire 24 -hour period was less than 10 . In May there was a distinct reversal. A. alba formed over $80 \%$ of the diet in both numbers and wet weight, and all other species were secondary to this bivalve. In August the dominance of $A$. alba was very much reduced. There was a considerable contribution from P. koreni and, in both numbers and weight, the diet seemed evenly divided between bivalves and polychaetes. In November A. alba exceeded P. koreni in numbers whilst the reverse was true in terms of weight. The explanation of this may lie in the timing of the breeding season of these two species. P. koreni spawns in summer and settlement takes place in June. The average weight per individual in a Pectinaria cohort thus varies from 0.04 gms in July to 0.257 gms in March with a November value of 0.259 gms (Nickolaidou, 1977). Abra alba has its main spawning season at the end of autumn. As a result most of the Abra taken by the plaice in November were spat with an average weight per individual of 0.09 gms; this value rose to 0.259 gms by the following spring. The situation in November then, is that there were large numbers of very small Abra, and relatively fewer, but larger specimens of Pectinaria.

The trends descrined arove for the small size-group apply very well to the 'mediums' (Fig. 2.lb). In the case of the large fish however, several differences exist. Fig. 2.1c shows that no single prey species ever formed more than $60 \%$ of the diet either by weight or by numbers. Whereas the small and medium fish concentrated very heavily on p. koreni in February, this species was only marginally outstanding in the diet of

Fig. 2.1. The species composition of the diet of plaice in the study area in different months. Open blocks $=\%$ by numbers Solid blocks - \% by weight
a: size group $15.5-19.4 \mathrm{~cm}$
b: size group 19.5 - 25.4 cm
c: size group $30.0-35.0 \mathrm{~cm}$

the large size-group at that time of year. The dominant items were the 'other polychaetes' amongst which Nereis spp. formed over $23 \%$ of the diet by weight. Bivalves were also taken in appreciable quantities: 21.4\% Abra and 178 Tellina fabula by weight.

In May the diet appeared to be similar in all size-groups except that the extent of the dominance achieved by Abra alba was not so great in the large fish. Differences between the large and smaller groups reappeared in November. In the former, 'other polychaetes', mainly Notomastus latericeus formed over a quarter of the diet by weight. This was the only occasion on which this worm was taken in significant numbers.
(b) Feeding Chronology The series of Figs. 2.2a-2.2e shows the fraction of fish in each sample which contained food in specific regions of the alimentary canal. The series $2.2 i$ to $2.2 v$ shows the variation in average dry weight of stomach contents with time of day. The closed circles are averages based on all the stomachs sampled in each size-group at each haul. These averages will, in what follows, be referred to as total averages. Assuming less than $100 \%$ synchronisation in the feeding of each size-group, total averages will derive from fish of the following categories:
(i) Fish that are feeding, and contain food either in the stomach only (S.O), or in both stomach and intestine (S.I).
(ii) Fish that have stopped feeding and while evacuating the stomach, contain food in both stomach and intestines (S.I).
(iii) Fish that have completed gastric evacuation but still contain food in the intestine ( $\overline{\mathrm{I}} \mathrm{O}$ ).
(iv) Fish that have completed both gastric and intestinal evacuation and are completely empty (E).

Fig. 2.2. Feeding Chronology.

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    Top - 'smalls'; middle - 'mediums';
    bottom - 'large'.
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Fig. 2.2a-e. The fraction of fish in each sample with food in specific areas of the alimentary canal.

Totally empty

Q with food in the intestines
only (I.O)
with food in both stomach and intestines (S.I)

with food in the stomach only (S.O)

Fig. $2.2(i-v)$ The variation in average stomach contents
with time of day.
Open circles - feeding averages
Solid circles - total averages
$\uparrow$ high tide $\quad \downarrow$ low tide
Dark bars indicate hours of darkness
-

Fig. 2.2 (i) and 2.2 (a)

Feeding chronology in March.


Fig. 2.2 (ii) and 2.2 (b)

Feeding Chronology in May.


Figs. 2.2 (iii) and 2.2 (c)

Feeding Chronology in August.


Figs. 2.2 (iv) and 2.2 (d)

Feeding Chronology in November.


## Figs. 2.2 (v) and 2.2 (e)

Feeding Chronology in February.


Total averages therefore treat each size-group population as a single 'corporate' fish and variations between individuals are not taken into account.

The second set of averages (open circles) are based only on those stomachs containing food and will be referred to as feeding averages. Fish in categories (iii) and (iv) above do not contribute to these averages. Though it was impossible to separate (i) and (ii) further, differences between total and feeding averages will serve to pinpoint those instances where only a small proportion of a population may be feeding.

From the series $2.21-2.2 v$, several features of the feeding chronology of all 3 size-groups can be listed:
(i) Generally the amount of food in the stomach at a given time of day is related to the size of the fish, the 'smalls' having the least, and the large fish the most. Data collected in June showed that stomach contents ( $Y$ gms) were related to fish wej.ght ( $W$ gms) , by the equation

$$
Y=0.002 W^{1.26}
$$

A standard t-test showed the exponent not to be significantly different from 1 ( $t_{0.05}^{(2)} 27=2.052$, calculated $t=0.673$ ). This means that the weight of the stomach contents is the same fraction of the body weight in different sized fish. The absolute amount (gms) will however increase with the weight of the fish.
(ii) Feeding activity does not appear to be entrained to the state of the tide.
(iii) Feeding seems generally restricted to daylight hours. The important exceptions to this, i.e. March and May, will be discussed later (see p. 34 ).

When the two series are considered together, details of the feeding chronology appear to vary with time of year. In November, (Figs. 2.2d and 2.2iv) it is possible to define distinct phases in the feeding chronology of all 3 size-group populations:

Feeding Peak: This occurred at about 16.30 hrs . Over $80 \%$ of each population contained food in the stomach and intestines. Total and feeding averages were at a peak value.

Gastric Evacuation: This lasted 6 hours between 16.30 and 22.30. During this period, there was a fall in the fraction of S.I and an attendant rise in the incidence of $I . O$ and of $E$. At 22.30 , all three populations had over $70 \%$ of the stomachs empty. These changes were accompanied by a steady fall in both averages of stomach contents.

Feeding Pause: 22.30-04.30 hrs. There was little change during this period. The percentage of empty fish increased slightly and total averages remained at a minimum. Feeding averages showed an unsustained rise between 22.30 and 02.10 , suggesting that a few fish had taken some food at this time.

Resumption of Feeding: Between 04.30 and 07.30 hrs . there was a sharp rise in S.I (from zero to $70 \%$ in the mediums), a slight rise in $I . O$, and an increase in the average dry weight of stomach contents.

The four phases described above are recognisable with slight modifications in February and March (Figs. 2.2a and 2.2i; 2.2e and 2.2v). In February, a large proportion of each population appeared not to be feeding, and the feeding averages indicate that even those that were feeding ingested relatively small amounts. February also showed the highest incidence of fish in the $S . O$ condition. From personal observations
made during this study, and from surveys carried out in the study area between 1970 and 1977 by undergraduate classes from this laboratory, most plaice digestive tracts are completely empty from December to January. This suggests a winter fast and February may mark the earliest resumption of feeding.

The trends in May and August appear to be substantially different from those already described. S.O fish were totally absent, feeding pauses did not occur, and very few completely empty fish were encountered throughout each sampling period.

## DISCUSSION

(a) Diet: Almost all earlier reports agree with the results of the present study that plaice are polychaete-mollusc feeders (Smith, 1889-1891; Blegvad, 1916, 1925, 1928, 1930; Steven, 1930; Hartley, 1940; Jones, 1952; De Groot, 1964; Vaas, 1970). There are reports in the literature that the plaice is best suited to deal with polychaetes and molluscs both by the morphology of its mouth and associated structures (De Groot, 1964) and its foraging posture (Jones, 1952). In those cases where polychaetes or molluscs have been replaced in the diet with either crustaceans or echinoderms, this has often been shown to be the result of a scarcity of the two preferred classes in the benthos (Blegvad, 1916; Jones, 1952).

The change in diet with size of plaice observed in this study is also not unique. A similar phenomenon has been reported for several species of flatfish (see Blegvad, 1932 on Pleuronectes ( $=$ Platichthys) flesus in the Baltic; Hartley, 1940 on Limanda limanda in Plymouth Sound, U.K.; Rae, 1956 on Microstomus kitt in the North Sea; Braber and De Groot (1973) on Scophthalmus rhombus in the southem North Sea). The reports dealing with this subject on the plaice have not always concurred in detail. In the North Sea, Todd (1915) found an increase in the importance of molluscs in the diet as the fish grew larger. Polychaetes also rose in importance but declined in the two largest groups (> 30 cm ). Exactly the same trends have been reported by Ritchie (1937) working in Scottish waters. However, in the Norwegian fjord studied by Lande (1973), there was no correlation between size of plaice and relative importance of either polychaetes or molluscs in the diet. In the present study the changes observed are a general increase in the diversity of prey items taken by fish larger than 30 cm . Such items as Crangon crangon, Amphiura filiformis
and Achronidae branchiata were taken only by the large size-group. It may be expected that larger fish with correspondingly larger mouth parts will be able to exploit a more catholic diet than smaller individuals.

In contrast to the subject of change in diet composition with size, there is fair agreement in the literature that when plaice alter their diet with time of year, mclluscs are usually preponderant in late spring and summer, whilst polychaetes predominate in autumn and winter (see Todd, 1915; Lande, 1973). In some cases, such a change in the principle item of the diet occurs in response to changes in availability (see e.g. Seshappa and Bhimachar, (1955) on the Malabar sole Cynoglossus hemifasciatus). In the plaice, no such connection has been shown to exist. Todd (1913) suggested that as the trend from molluscs to polychaetes occurs around the plaice breeding season, it could be a way of avoiding damage to swollen gonads from the jagged ends of shells. This does not explain why the phenomenon is common to both mature and immature fish. In the present case the change does not seem to have been the result of an alteration in the relative abundance of Pectinaria and Abra in the benthos (Table 2.d, p. 36 ).
(b) Feeding Chronology: Frcm studies of feeding activity both in the field and under. laboratory conditions, there is a consensus in the literature that plaice are mainly visual feeders (Wilson, 1893; Bateson, 1889; De Groot, 1967). On the basis of this it is generally inferred (probably mistakenly) that plaice feed only during the day (e.g. Edwards and Steele, 1968). The results of the present study indicate that feeding can occur in the dark. This is shown clearly in the average stomach contents (especially the feeding averages) in Figs. 2.2a-2.2e. Hempel (1964) observed night feeding in large plaice (> 25 cm ) in the deeper waters off Helgoland, but failed to emphasise its significance. Lockwood (1972)
also detected night feeding in O-group plaice along the east coast of England but surmised that this was only made possible by owcoptienally bright moonlight. In an experimental situation, Blaxter (1968) demonstrated that newly metamorphosed young plaice can feed in the dark. Both Wilson (1893) and De Groot (1969) have shown, also experimentally, that plaice can supplement their vision with the olfactory sense when locating prey. The relative size of the olfactory lobes in this species also indicates that this sense is of some importance in routine life (Evans, 1937). In view of the foregoing, it may be unrealistic to contend without strong evidence, that the species feeds only by day.

The feeding pattern during the day is unresolved. There have been reports of gradual filling of the stomach during the day (De Groot, 1971; Lockwood, 1972), a dawn and a dusk peak of feeding activity (Bregnballe, 1961), and maxima of feeding entrained to the period shortly after high tide (Kuipers, 1973; Thijssen et al., 1974). This controversy is due in part to inadequate sampling procedures: Bregnballe's feeding chronology for example, was based on data collected over two months. This was bound to mask the effects of other fluctuating environmental features besides the day/night cycle (e.g. benthos abundance, tides). The results of the present study fail to show any obvious relationship between feeding activity and the state of the tides. The feeding pattern during each twenty-four hour period appeared to vary between size-groups in some cases, and between seasons for each size-group.

The more important points emerging for discussion from the results on feecing chronology are the differences between the sumper months (May and August), and the autumn / early spring months (November, February and March). These differences include the proportion of each size-group population with food in their stomachs during each twentyfour hour sampling period, the quantitiy of such stomach contents, and

Monthly variation in Temperature

| Month | Temperatura ${ }^{\circ} \mathrm{C}$ |
| :--- | :---: |
| March | 6.09 |
| May | 12.34 |
| August | 16.34 |
| November | 9.88 |
| February. | 6.06 |
| Data collected at Menai Bridge | 1977 |

Table 2.c

Variation in Duration of Daily Underwater Irradiance
at Moelfre (from Topliss, 1977)

| Month | Duration of Daily Irradiance (hrs) |
| :--- | :--- |
| March April | 10.9 |
| May June | 14.2 |
| July | 13.1 |
| August September | 11.7 |
| October November | 6.2 |
| December | 6.0 |
| Data collected from an inshore site in 1974 |  |

Table 2.d


Data collucted in 1775 and 1977.
the temporal relationship between gastrointestinal emptying and the intake of fresh food. In the spring/summer months, the proportion of feeding fish seemed higher, average stomach contents were also higher than in winter/spring and there were no pauses for gastric evacuation between feeding bouts.

In predatory demersal fish such as the plaice, the rate of feeding probably depends on the distance between prey items (i.e. their abundance and patchiness) and the speed at which this distance can be covered. Being poikilotherms, the swimming speed will be affected by the ambient temperature. Temperature is also likely to affect appetite and the rate of gastric evacuation through its effects on gastric motility and enzyme activity (see e.g. reviews by Kapoor et al., 1975 and Fänge and Grove, 1978). Total food intake within each twenty-four hour period may also be affected by the duration of daily bottom irradiance as the eyes are the primary (though not the only) organs of food location. Tables $2 b, 2 c$ and 2 d show the monthly variation in temperature, duration of daily bottom irradiance and variation in the density of primary food organisms in Red Wharf Bay. These tables suggest that feeding conditions are ideal in summer, and deteriorate towards autum, winter and early spring.

The above considerations imply that the feeding pauses abserved in November, February and March occurred not because a certain hunger threshold was required to stimulate resumption of feeding, but as a result of a combination of lowered swimming speeds and an impoverished benthos. The restriction of the 5.0 condition to these cooler months can only tentatively be explained on these grounds. It is possible that in the cooler months the stomach functions much as it does in most carnivorous species: ingested food is retained in this region for some degree of
physical and chemical breakdown before it is transferred into the intestines. In late spring and summer increased feeding frequency, larger meals and higher temperatures may stimulate the gastrointestinal tract to the extent that this retention period is drastically shortened and food is transferred into the anterior regions of the intestines almost immediately after ingestion. Support for this theory comes from the following:
(i) Edwards (1971) has produced X-ray photographs of a piece of Arenicola marina being evacuated from the stomach of plaice. His plates showed that there was very little physical disruption before evacuation commenced.
(ii) In his study of daily food intake in a II-group population of plaice in the Wadden Sea, Kuipers (1975) observed that on resumption of feeding at high tide food was passed almost immediately into the intestines. He concluded that the anterior intestine has a 'gastric' role which enabled the plaice to store enough food during a short feeding period to meet their requirements.
(iii) Amongst flatfish (Heterostomata), there is a gradual reduction of the relative size of the stomach from fish feeders (mainly Psettotidae, Bothidae and some Pleuronectidae) through the crustacean feeders (Pleuronectidae and Cynoglossidae) to polychaete-mollusc feeders (Pleuronectidae and Soleidae). At the same time, the intestines form a greater proportion of the total length of the alimentary tract. From the present study the oesophagus and stomach accounted for only $16.5 \%$ of the total length of the alimentary canal. This is very much lower than the $40-50 \%$ quoted for bothids by De Groot
(1969). On the basis of the foregoing, it is tempting to suggest
that as the inorganic content of the diet increases, the need for a

```
stomach gradually recedes and a long complicated intestinal loop
results. In at least two Pacific pleuronectids which feed on
polychaetes and molluscs, (Ammotretis rostrata and Rhombosolea
tapirina) the stomach has disappeared altogether (Grove, pers.
comm.).
```


## Chapter 3

Laboratory studies on gastric evacuation.

In the last section gastric evacuation emerged as one of the more important processes controlling the pattern of food intake in the wild. Certain assumptions were made on how this process could be affected by those environmental factors which alter between seasons to result in differences in the daily ration taken at different times of the year. This section will be specifically concerned with quantifying the effects of some of these factors on the rate and speed of gastric evacuation. The number of studies of this kind already reported in the literature is immense. However, not all of them were undertaken to facilitate the interpretation of field data and only one (Edwards, 1971) has dealt with the species under investigation here. Still, it will be worthwhile to preface the present study with a brief review of this extensive literature in order to provide a background and an introduction to the experimental techniques and precautions involved in studies of this kind.

Gastric evacuation rates have been measured in a variety of ways. Most methods involve giving the experimental animals a meal of known size and estimating the amount remaining in the stomach after various time intervals. Meal sizes have been expressed in such units as volume (Hunt, 1960; Seaburg and Moyle, 1964), wet weight (Magnusson, 1969; Jones, 1974), dry weight (Shrable et al., 1969; Tyler, 1970), dry digestible organic matter (Windell, 1966; Kitchell and Windell, 1968), and caloric content (Gerald, 1973).

The method of presenting the test meal to the experimental animals has also varied. The simplest method has been to allow the experimental animals to feed voluntarily. This is not always possible in practice


#### Abstract

as in many cases the animals do not sufficiently adapt to the experimental situation for voluntary feeding to occur. In the majority of cases therefore, (e.g. Windell, 1966; Steigenberger and Larkin, 1974), the animals have been force-fed. Force-feeding involves handing and the resultant stress may significantly depress gastric evacuation rates (see Swenson and Smith, 1973; Jones, 1974). Still, this method remains virtually the only means of getting relatively large numbers of fish to each consume a meal of pre-determined size at a particular time.


With the test meal consumed, the next step is to monitor the rate at which it leaves the alimentary canal. This requires that the test meal be distinguishable from other items in the stomach. To meet this condition, fish are usually deprived of food prior to the start of the experiment to ensure that the alimentary canal is empty (Cameron and Kostoris, 1973; Peters and Hoss, 1974). There are reports that such pre-experimental starvation (Ishiwata, 1969; Tyler, 1970; Brett, 1971) may depress the rate of gastric evacuation. In an extensive review of the literature, Fange and Grove (1978) state that gastric evacuation rates of previously deprived fish are usually 50-60\% less than those measured in actively feeding fish. To circumvent this difficulty some workers have made the experimental meal distinguishable from items of a previous meal by the use of dyes (Laurence, 1971) or a change to recognisable items (Blaxter, 1963).

Methods which monitor the progress of a meal along the alimentary canal vary in the level of detail they yield. Tagging the meal with a poorly assimilated radioisotope and performing whole body counts (e.g. ${ }^{144}$ Cerium, Peters and Hoss, 1974) gives only estimates of the total time required to clear the whole of the alimentary canal. When the test animals are transparent
larvae, direct visual examination of the progress of the meal may be possible (Rosenthal and Hempel, 1970). Molnár and Tơlg (1962 et seg) have developed a method of in vivo X-ray examination which requires only that the test meal contains a contrast medium. Edwards (1971, 1973) and Jobling et al. (1977) added barium sulphate to their flatifish meal to provide a contrast medium. Such visual examination provides information on how long it takes the experimental meal to be transferred along specific sections of the alimentary canal; quantitative data on the amount of food leaving the stomach per unit time cannot be obtained in this way. To date such data has only been obtained by recovery of the residulum from the stomach at a chosen time after ingestion. Methods of recovery have included the use of an emetic (Markus, 1932), a stomach pump (Seaburg, 1956) and perhaps most commonly, the serial slaughter of sub-samples of the experimental group of fish.

Reports so far indicate that after ingestion there may be a delay before the gastric evacuation of a meal commences. The extent of this delay is affected by temperature and food type (Jones, 1974), and absorption of fluid may result in an increase in the wet weight of the test meal (Steigenberger and Larkin, 1974). Once evacuation commences, the amount of residuum in the stomach decreases with time. For some species, the shape of the curve describing this decline is rectilinear: Lepisosteus (Hunt, 1960), Katsuwonus (Magnusson, 1969), Gadus and related species (Daan, 1973; Jones, 1974). An exponential decline has been reported for young Gadus (Tyler, 1970), Oncorhynchus (Brett and Higgs, 1970), Salmo trutta (Elliot, 1972) and others.

When an evacuation curve is a straight line, the implication is that the rate at which the meal leaves the stomach (gms/hr) is independent
of the brilk of food in the stomach once evacuation has started. An exponential curve on the other hand, suggests that the rate of evacuat.ion is proportional to the instantaneous bulk of food in the stomach. Mathematically this can be expressed as

$$
w_{t}=W_{0} e^{-b(t-a)}
$$

where
$W_{t}$ is the stomach contents at time $t$ after ingestion
$W_{o}$ is the size of the meal given
a is the delay before evacuation commences
b is the instantaneous rate of evacuation

In man (Hopkins, 1966), a linear relationship exists between the square root of the volume of the residuum and time. Hunt and Knox (1968) have also reported this for other mammals and suggested that the stomach may function as a constant frequency pump whose stroke volume increases with radial distension. There are indications that this may apply to some fish species: in Sebastes inermis the stomach diameter increases linearly with meal size (Karya et al., 1969); Jobling (pers. comm.) has shown for 0-group Pleuronectes platessa that a Inear evacuation curve is obtained when the square root of the residuum (dry weight) is plotted against time.

The speed of gastric evacuation measured either as gms/hr or as time taken to evacuate a given percentage of a meal is now generally accepted to be affected by 4 main factors, viz:
i) Temperature The influence of temperature on the speed of gastric evacuation in fish is in keeping with the susceptibility of poikilotherm physiology to changes in the ambient temperature. This susceptibility

Table 3.a Some Published Data on the effect of (I) Temperature and (II) Meal size on



#### Abstract

is usually expressed in alterations in the rate and intensity of physiological processes (e.g. basal metabolism) to achieve a new steady state. Temperature can thus affect gastric evacuation rates via its effects on the underlying physiological processes, e.g. rate of enzyme secretion, molecular kinetics of enzyme hydrolysis, gastro-intestinal motility and rate of intestinal absorption. Achievement of a new steady state for such processes is gradual and experiments which measure performance at different temperatures must allow time for acclimation to occur. When acclimation is incomplete performance at a new temperature will differ from the acclimated rate. Gwyther (1978) has noted that not all workers have been sufficiently thorough in this respect and the instance of Nicholls (1933) was cited - killifish Fundulus heteroclitus were acclimated to $15-19^{\circ} \mathrm{C}$ and then tested over the much wider range of $6-30^{\circ} \mathrm{C}$.


Whatever the shortcomings of individual studies, the literature does indicate (Table.3.a(i)) that the speed of gastric evacuation increases with temperature, though the trend may be reversed at temperatures near the physiological limit of the species being investigated (Tyler, 1970). A plot of evacuation time against temperature can give a straight line with either semi-log (Jones, 1974) or log-log units (Molnár and Tölg, 1967). This is not always the case and when the data shows marked deviations from a straight line with these units, Fange and Grove suggest that a Krogh's Curve (Krogh, 1914) with a $Q_{10}$ of ca. 2.6 (after Backiel, 1971) may be more appropriate.
ii) Meal size The general opinion in the literature is that large meals take longer to evacuate. Table $3 \mathrm{a}(\mathrm{ii})$ illustrates this effect. Digestion is a surface area phenomenon and it may be reasonable to suppose that the rate of digestion will be proportional to the surface
area of the bolus. Thus

$$
\begin{equation*}
\frac{d W}{d t}=-f\left(\text { area }=-f\left(L^{2}\right)=-f\left(W^{2 / 3}\right)\right. \tag{a}
\end{equation*}
$$

where $L$ gives the linear dimensions of the bolus and $W$ its weight or volume. From the above relationship a plot of log evacuation rate. (g/hr) against log meal size should have a slope of 0.67 . It also follows that a larger meal will have a faster rate of evacuation ( $\mathrm{g} / \mathrm{hr}$ ) than a small meal. If equation (a) is integrated then the time to complete digestion ( $t_{\lambda}$ ) of a given meal ( $W$ ) is given by

$$
\begin{equation*}
t_{\lambda}=f\left(w^{0.33}\right) \tag{b}
\end{equation*}
$$

Thus though a large meal will be digested at a faster rate ( $g / \mathrm{hr}$ ), the total time required for complete digestion is also greater than for a small meal.

These considerations, expounded in the literature by Fange and Grove (1978), receive some support from the available evidence. Beamish (1972) has found for Micropterus that a fourfold increase in meal size will only double the gastric evacuation time. Jobling et al. (1977) have similarly reported for Limanda limanda that increasing the meal size from $1 \%$ to $5 \%$ body weight led to only a fourfold increase in the time to clear the stomach. In both cases gastric evacuation rate and gastric evacuation time altered with meal size in the manner predicted by the model. F'ange and Grove (1978) have analysed data from several sources and found that the exponent describing the change in digestion rate ( $\mathrm{g} / \mathrm{hr}$ ) with wet weight of meal lies between 0.5 (Jobling et al., 1977, Limanda) and 1.0 (Windell, 1966, Lepomis). Digestion and gastric evacuation are the outcome of several processes acting in concert and
these variations about the 0.67 value predicted by the model may represent distortions of the surface area phenomenon by these processes. For instance, enzyme concentration may increase with meal size (Smit, 1967) to raise the evacuation rate above that predicted by the model. 1ii) Fish size It has been reported for several species that larger fish evacuate a given weight of meal ( $g$ ) faster than smaller individuals e.g. Gadus and related species (Jones, 1974), Stizostedion (Swenson and Smith, 1973), Limanda limanda (Jobling et al., 1977). In the latter report the authors pointed out that stomach volume in Limanda is related to fish size and suggested that it would be more appropriate to compare evacuation times for meals of equal stimulus by feeding fish to a given percentage of their body weight. In those cases where this has been done (Pandian, 1967 and Gerald, 1973) small fish evacuated a given meal (as \% b.w.) in a shorter time than large fish. This lends additional support to the surface area model, as a given $\%$ body weight means a small meal (gms) in small fish and a comparatively large meal (gms) in large fish.
iv) Type of food Results from several studies show that gastric evacuation rates can be markedly affected by the digestibility of the food ingested. Differences in digestibility of prey items taken in the wild are usually the outcome of differences in the thickness of exoskeletal structures. Thus Elliot (1972) found that brown trout Salmo trutta completed $90 \%$ evacuation of gammarids in 22 hours at $12^{\circ} \mathrm{C}$ whilst Protonemura required 26 hours and Hydropsyche 30 hours. The same trend has been reported for gadoids by Jones (1974) where after an initial delay, evacuation rates for different items at $12^{\circ} \mathrm{C}$ were as follows:

| Nereis/Nephthys | $0.31 \mathrm{~g} / \mathrm{hr}$ |
| :--- | :--- |
| Pollachius muscle | $0.26 \mathrm{~g} / \mathrm{hr}$ |
| Crangon | $0.19 \mathrm{~g} / \mathrm{hr}$ |

From the foregoing survey it is obvious that the study of gastric evacuation in fish can be fraught with practical difficulties. Some familiarity with the literature is required of the experimenter if flaws in technique which may invalidate the results are not to occur. Perhaps more important, the conditions of each experiment need to be defined in terms of a considerable number of factors before results can be evaluated with any certainty. Amongst these are the four main factors just outlined plus such others as feeding history, method $\cdot \mathrm{Jf}$ presenting the test meal and type of food. The present study was undertaken to faciiitate the interpretation of the field data prosented in section II. The aim was to establish quantitative relationships between the speed of gastric evacuation (measured as gastric evacuation time, GET) and certain factors which fluctuate between seasons in the field. These factors were temperature, meal size as a measure of benthic density, and inorganic content of the diet. The last factor was included as a means of determining the effect of the change to an almost exclusive bivalve diet in future, reported in section II. s'גch a change would have resulted in an increase in the inorganic content of the diet since A. alba is 75\% ash, Pectinaria $55 \%$ ash and Nereis/Nerhthys $15 \%$ ash.

Table 3.c.

| Composition of the Flatfish Meal, " $50 \%$ White Fish |
| :--- |
| Meal Protein" (Values are g/Kg) |
|  |
| White fish meal |
| Vitamin mix |
| Mineral mix |
| Dextrin |
| Cod liver oil |
| a-cel |
| Edifus binder |
| Prepared by the NERC Unit, Institute of Marine |
| Biochemistry, Aberdeen |

Biochemistry, Aberdeen

The test animals used in the experiments to be described were trawled from the study area as they were needed. In the laboratory they were kept in 20 gallon fibreglass tanks containing recirculating seawater. Temperature was maintained to within $\pm 0.5^{\circ} \mathrm{C}$. The animals were allowed a fortnight to adapt to laboratory conditions before being used in experiments. Besides routine cleaning of the tanks, the fish were left completely undisturbed during the first five days of this period. Thereafter each fish was weighed, tagged and then force-fed once to satiation on alternate days. If the holding tanks are shallow and the incident light too bright, plaice will only feed voluntarily in the laboratory after prolonged training. Because of this, the animals were force-fed for all experiments and the maintenance meals given during the adaptation period also served to accustom them to handing.

Test meals were based on an artificial powdered flatfish diet (Table 3.c). After mixing with $25 \%$ w.w. barium sulphate, water was added in the ratio of 1 part mixture to 3 parts water to give a paste with the following weight relationships:
$1 \mathrm{ml}=1.01 \mathrm{gms}$ wet $=0.242 \mathrm{gms}$ dry.

Experimental meals were administered 48 hours after the last maintenance meal as preliminary observations showed that the digestive tract was empty by then. The evacuation of the meal from the stomach was followed by periodic X-ray examination using a portable Chirax unit (Model PR I 10/III). Care was taken to disturb the fish as little as possible during experiments. With practice it became possible to make conservative estimates of the time required by individual fish to complete evacuation after their first $X$-ray examination. This obviated
the need for examinations at regular intervals thus reducing the risk of additional stress on the test animals.

Total time to evacuate the stomach (GET) was investigated with respect to the following conditions:
(i) Fish size
(ii) Temperature
(iii) Meal size
(iv) Meal composition

It was not possible nor indeed necessary to do a complete factorial design and the following format was adopted:

Experiments were conducted at each of 3 temperatures ( $9.5,12.5,15.5^{\circ} \mathrm{C}$ ), chosen for their similarity to field temperatures (see Table 2.b, p. 36 ). At each of these temperatures fish of varying sizes (50-350 gms) were given meals corresponding to $0.5 \%, 1 \%$ and $2 \%$ body'weight in three separate experiments. Meals larger than 28 body weight appeared to exceed the stomach capacity in some cases. As the volume of the stomach is proportional to fish weight in plaice, it was considered that weightspecific meals would present an equal 'stimulus' to fish of different sizes. In addition two experiments were conducted to determine the effects of meal composition on GET. In these experiments the test paste was altered to $75 \%$ and $50 \%$ barium sulphate respectively.

The shape of the gastric evacuation curve was investigated by serial slaughter. Two sizeugroups of fish of average weight, 94 gms (range 80-110 gms) and 190 gms (range $170-220 \mathrm{gms}$ ) were fed a meal of 18 body weight and killed at various intervals afterwards. The contents of each stomach was rinsed into a crucible and dried to constant weight at $60^{\circ} \mathrm{C}$.

Plate 2. X-ray photographs of the position of a $1 \%$ meal (25\% $\mathrm{BaSO}_{4}$ ) in the alimentary canal of a 30 cm fish at various intervals after force-feeding. Temperature $=12.5^{\circ} \mathrm{C}$.

1.5 Hours

$s$

5 Hours


9 Hours


13 Hours


19 Hours
23.5 Hours

## RESULTS

The results of the experiment on gastric evacuation time are shown in Fig. 3.1. The equation for the lines in this figure are contained in Table, 3 b . There is considerable scatter about some of the lines and Steigenberger and Larkin (1974) have suggested that this may mean that the conditions of the experiment were not adequately controlled. Peters and Hoss (1974) have also shown that fish of similar size can give consistently different evacuation times when fed meals of

Table 3.b. The Relationship between Gastric Evacuation Time (GET) and Fish Weight under Specified Conditions
$\mathrm{Y}=\log _{10}$ GET. (hours) $\quad \mathrm{X}=\log _{10}$ Fish weight (gms)

| $\begin{gathered} \text { Temperature } \\ { }^{\circ} \mathrm{C} \end{gathered}$ | Sample Size | Ration Size <br> \% body weight | Regression Equation | Calculated Fit with Common slope |
| :---: | :---: | :---: | :---: | :---: |
| 9.5 | 15 | 0.5 | $Y=0.3802 \mathrm{X}+0.2304$ | $Y=0.4227 \mathrm{X}+0.1470$ |
| 9.5 | 19 | 1.0 | $Y=0.3526 X+0.4270$ | $Y=0.4227 \mathrm{X}+0.2860$ |
| 9.5 | 13 | 2.0 | $Y=0.3322 \mathrm{X}+0.5819$ | $Y=0.4227 \mathrm{X}+0.4045$ |
| 12.5 | 14 | 0.5 | $y=0.5679 x-0.3763$ | $Y=0.4227 \mathrm{X}-0.0523$ |
| 12.5 | 12 | 1.0 | $Y=0.4557 X+0.032$ | $Y=0.4227 \mathrm{X}+0.1069$ |
| 12.5 | 12 | 2.0 | $\mathrm{Y}=0.5346 \mathrm{X}+0.0342$ | $Y=0.422 \mathrm{TX}+0.2738$ |
| 15.5 | 19 | 0.5 | $Y=0.3532 \mathrm{X}+0.0284$ | $Y=0.4227 \mathrm{X}-0.1151$ |
| 15.5 | 18 | 1.0 | $Y=0.4399 \mathrm{X}+0.0554$ | $Y=0.4227 \mathrm{X}+0.0992$ |
| 15.5 | 12 | 2.0 | $Y=0.4245 x+0.1681$ | $Y=0.4227 \mathrm{X}+0.1774$ |

identical size. In the present case at least some of this variability must be the result of stress caused by handling during periodic y-ray examinations. Despite the scatter of points, GET varies quite clearly with fish size in each experiment. Subjected to an analysis of covariance, the slope of $\log _{10}$ GET on $\log _{10}$ fish size was found to be not significantly different amongst all experiments (morksheet 3.1). From the common slope calculated GET varies with fish size raised to the power 0.42 .

The lines in Fig. 3.1 have been replotted in Fig. 3.2 using the common slope. From this second series of lines and the intercept values in Table $3 . b$ it will be noticed that the elevation of the line

Fig. 3.1. The relationship between $\log _{10}$ GET $(h)$ and $\log _{10}$ fish weight (s) under specified conditions. Each point represents

1 fish.


Fig. 3.2. Utilising the common slope from
Worksheet 3.1 to replot the data
in Fig. 3.1.


Worksheet 3.1 Calculations for Testing for Significant Differences between Slopes and Elevations of the Sinple Linear Regression Lines (Logio GET vs Login Figh Weight) obtained under specified conditions

| $\underset{\propto_{C}}{\substack{\text { Temperature }}}$ | Meal size <br> 1 body wt. | $\sum x^{2}$ | $\tau_{x y}$ | [ $y^{2}$ | Residual ss | Resicual ${ }^{\text {d }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9.5 | 0.5 | 万. 7660 | 0.2913 | 0.1753 | 0.0645 | 13 |
|  | 1.0 | 0.9265 | 0.3267 | 0.3817 | 0.2665 | 17 |
| " | 2.0 | 0.900 | 0.2999 | 0.1141 | 0.0142 | 11 |
| 12.5 | 0.5 | 0.8547 | 0.4854 | 0.3522 | 0.0765 | 12 |
| " | 1.0 | 0.4709 | 0.2146 | 0.1088 | 0.0110 | 10 |
| " | 2.0 | 0.8447 | 0.4516 | 0.2765 | 0.0351 | 10 |
| 15.5 | 0.5 | 1.0893 | 0.3847 | 0.2942 | 0.1583 | 17 |
|  | 1.0 | 1.0716 | 0.4714 | 0.3146 | 0.1072 | 16 |
| " | 2.0 | 0.7100 | 0.3014 | 0.1557 | 0.0278 | 10 |
| Pooled Regression |  |  |  | 2.1731 | 0.7611 | 116 |
| Common Regression |  | 7.6337 | 3.2270 | 2.1731 | 0.2090 |  |
| Total Regression |  | 7.9784 | 2.5079 | 4.8377 | 4.0494 | 132 |
| (i) To test for differences between slopes: $\mathrm{H}_{0}: \mathrm{B}_{1}=\mathrm{B}_{2}=\mathrm{B}_{3}, \mathrm{H}_{A}$ : All 9 B 's are not equal |  |  |  |  |  |  |
| $F=\frac{0.8090-0.7611}{9-1}+\frac{0.7611}{116}=0.913$ |  |  |  |  |  |  |
| Since $F_{0.05}(1), 8,116 \sim 2.02$, do not refect $H_{0}$ |  |  |  |  |  |  |
| $F=\frac{4.0494-0.8090}{9-1}+\frac{0.8090}{116}=58.03$ |  |  |  |  |  |  |
| Since $\mathrm{F}_{0.05}(1), 8,116=2.02$, reject $\mathrm{H}_{0}$ |  |  |  |  |  |  |

Worksheet 3.2 Testing for Significant Differences between the Elevations of the Simple Linear Regression (Log 10 GET vs Log 10 Fish Weight) obtained under specified conditions

| Temperature ${ }^{\text {Condition }}{ }^{\circ}$ | $\begin{gathered} \text { Between meal sizes } \\ \text { b. we. } \end{gathered}$ | $\begin{aligned} & \text { Critical } q \\ & a=0.05 \end{aligned}$ | Calculated q | Whether sigmificant |
| :---: | :---: | :---: | :---: | :---: |
| 9.5 | 0.5 vs 1.0 | 2.89 | 31.93 | YES |
|  | 1.0 vs 2.0 | 2.89 | 4.40 | " |
| 12.5 | 0.5 vs 1.0 | 4.46 | 9.30 | * |
|  | 1.0 vs 2.0 | 4.46 | 12.28 | - |
| 15.5 | 0.5 vs 1.0 | 2.89 | 10.26 | ${ }^{*}$ |
|  | 1.0 vs 2.0 | 2.92 | 4.07 | * |
| Condition <br> Meal size body wt. | Between temperatu ${ }^{\circ} \mathrm{C}$ |  |  |  |
| 0.5 | 9.5 vs 12.5 | 2.92 | 22.56 | rES |
|  | $12.5 \mathrm{vs}: 5.5$ | 2.89 | 11.04 | * |
| 1.0 | 9.5 vs 12.5 | 2.89 | 15.77 | - |
|  | 12.5 vs 15.5 | 2.92 | 5.31 | - |
| 2.0 | 3.5 v8 12.5 | 2.95 | 11.42 | * |
|  | 12.5 vs 15.5 | 2.95 | 18.96 | - |
| $12.5{ }^{\circ} \mathrm{C}, 1 \mathrm{c}$ Condition body we. | Between meal compo $\text { - } \mathrm{BaSO}_{4}$ |  |  |  |
|  | 25 vs 50 | 3.01 | 2.05 | NO |
|  | 50 vs 75 | 2.99 | 0.836 | $\cdots$ |
|  | 25 vs 75 | 2.97 | -3.378 | res |

N.B. The summations $\sum x^{2}, \sum x y, \sum_{y^{2}}$ are sums of squares.
relating $\log _{10}$ GET to $\log _{10}$ fish size increases with meal size at each temperature. The elevation also decreases with a rise in temperature at each meal size. These differences are statistically significant (Worksheet 3.1) and more detailed tests were carried out to determine between which lines the significant differences occurred. The test used was a modification of the Newman-Keuls Test (Zar, 1974) for which the test statistic $q$, is given by:

$$
q=\frac{\bar{Y}_{A}-\bar{Y}_{B}-b c\left(\bar{X}_{A}-\bar{X}_{B}\right)}{S E}
$$

where

$$
b_{C}=\frac{\left(\sum x y\right)_{A}+\left(\sum x y\right)_{B}}{\left(\sum x^{2}\right)_{A}+\left(\sum x^{2}\right)_{B}}
$$


and the suffices $A$ and $B$ refer to the two regressions being compared (Worksheet 3.2). The worksheet shows that at each temperature GET is significantly shorter the smaller the meal. In addition, for each meal, GET is significantly reduced by a rise in temperature. Before these alterations in GET could be quantified it was necessary to determine whether the extent of each (i.e. that caused by changes in temperature and that caused by changes in meal size) was affected by the specified conditions of the experiment.

To do this the fish used in each experiment were grouped into 3 size classes: 60-100. gms, 120-160 gms and 220-260 gms. Worksheet 3.3a shows that neither fish size nor temperature affects the rate at which GET alters with meal size and the common slope calculated is 0.21 . The effect of temperature on GET is similarly unaffected by the

Worksheet 3.3a Testing for Differences in the Slope of the Simple Linear Regression (Login GET vs Login Meal Size) obtained for 3 size groups of fish each tested at 3 temperatures

| Regression |  |  | Resifual |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pish Size (gms) | Temperature ( ${ }^{\circ} \mathrm{C}$ ) | Ex ${ }^{2}$ | Exy | Ly ${ }^{3}$ | SS | D |
| 60-100 | 9.5 | 4.735 | 1.007 | 0.265 | 0.051 | 15 |
| " | 12.5 | 3.875 | 0.777 | 0.172 | 0.016 | 6 |
| " | 15.5 | 4.229 | 0.838 | 0.272 | 0.106 | 10 |
| 120-160 | 9.5 | 3.909 | 0.685 | 0.170 | 0.050 | 9 |
| " | 12.5 | 3.682 | 0.821 | 0.198 | $0.015$ | 9 |
| * | 15.5 | 3.909 | 0.923 | 0.288 | $0.070$ | 9 |
| 220-260 | 9.5 | 2.719 | 0.427 | 0.084 | 0.017 | 6 |
|  | 12.5 | $2.714$ | $0.646$ | 0.177 | 0.023 | 5 |
| " | 15.5 | $0.375$ | $0.226$ | 0.150 | 0.014 | 4 |
| Pooled |  |  |  |  | 0.362 | 73 |
| Common |  | 30.147 | 6.350 | 1.776 | 0.439 |  |

$F_{0.05}$ 6, $73=2.07 \quad$ Calculated $F=1.941$ (not significant)
Common slope $=0.211$

Worksheet 3.3b Testing for differences in the slope of the Simple Linear Regression (Logio GET vs Logio Temperature) obtained for 3 size groups of fish each tested at 3 meal sizes


| Worksheet 3.3 c |  |  |  |
| :--- | :--- | :--- | :--- |
|  | MEANS: |  |  |
| $\mathrm{N}=134$ | 1 | 2.1163 |  |
| $\mathrm{M}=$ | 4 | 2 | 1.0892 |
| $\mathrm{~K}=$ | 3 | 3 | 0.0916 |
|  |  | 4 | 1.0283 |

SUMS OF SQUARES AND CROSS PRODUCTS ABOUT IEEANS:


MULTIPLE COPRELN. 0.91128
STANDARD ERROR OF ESTDMATE 0.07795
F-VALEE 212.22062
SUM OF SQUARES AITRIBUTAALE TO REGRESSICN 3.86864
SUA OF SQUARES OF DEVIATION FROM REGRESSION 0.78994

$$
\begin{array}{ll}
\text { Variables: } \quad 1=x_{1}=\log _{10} \quad \text { Fish Weight (gms) } \\
2=x_{2}=\log _{10} \quad \text { Temperature ( }{ }^{\circ} \mathrm{C} \text { ) } \\
3=x_{3}=\log _{10} \quad \text { Meal size (gms) } \\
4=Y=\log _{10} \text { GET (hours) } \\
\text { Equation: } Y=2.269-0.068 x_{1}-1.048 x_{2}+0.490 x_{3}
\end{array}
$$

specified meal size or fish size and GET alters with temperature raised to the power -1.03 (Worksheet 3.3b).

The common slope obtained in Worksheet 3.3a is of limited use. As the meal sizes are expressed in $\%$ body weight, this exponent does not describe the change in GET with change in absolute mass (or volume) of food given. To obtain a more relevant exponent, it was necessary to return to the raw data and transform the meal given to each fish from \% body weight units to grams. A graph of $\log _{10}$ GET against $\log _{10}$ meal size was then prepared for each of the three size groups of fish used in Worksheet 3.3a and b. Fig. 3.3 gives the series of lines obtained for GET data at $15 \cdot 5^{\circ} \mathrm{C}$. These lines are almost parallel and the differences between slopes not being significant amongst all size-groups at all temperatures (Worksheet 3.3dp57) a common slope was obtained with a value of 0.516 . A significant point to note from Fig. 3.3 is that for a given meal size (gms) the GET is shorter the larger the fish; this trend is opposite to that obtained when meal sizes are expressed to \% body weight (see Fig. 3.2).

In worksheet 3.3c all the gastric evacuation data have been pooled and analysed by computer to give the multiple regression equation:

$$
\mathbf{y}=2.269-0.068 x_{1}-1.048 x_{2}+0.490 x_{3}
$$

It will be noticed that the exponent describing the change in log GET (Y) with log animal size $\left(X_{1}\right)$ is negative, so that when all other factors are kept constant and meal size is expressed in grams, GET will be shorter the larger the fish. The correlation coefficients in worksheet 3.3c indicate that meal size is the most potent factor affecting GET whilst fish size produces the least effect.

Fig. 3.3. The relationship between $\log _{10}$ evacuation time and $\log _{10}$ meal size at $15.5^{\circ} \mathrm{C}$.

Squares and dashed line. 60-100 gm fish Circles and solid line 200-260 gm fish


Worksheets 3.3d. Testing for differences in the slopes of the simple linear regressions relating $\log _{10}$ GET (Y) to $\log _{10}$ meal size ( $X$ ) obtained under specified conditions

| Regression |  |  |  |  | Residuals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Fish weight (grns) | Temperature $\left({ }^{\circ} \mathrm{C}\right)$ | $\Sigma x^{2}$ | $\Sigma x y$ | $\Sigma y^{2}$ | SS | DF |
| 60-100 | 9.5 | 0.836 | 0.353 | 0.666 | 0.517 | 15 |
| " | 12.5 | 0.578 | 0.306 | 0.172 | 0.01 | 6 |
| " | 15.5 | 0.610 | 0.344 | 0.271 | 0.077 | 10 |
| 120-160 | 9.5 | 0.813 | 0.374 | 0.232 | 0.060 | 11 |
| " | 12.5 | 0.566 | 0.330 | 0.199 | 0.007 | 10 |
| " | 15.5 | 0.679 | 0.40 | 0.293 | 0.057 | 9 |
| 200-260 | 9.5 | 0.426 | 0.170 | 0.076 | 0.010 | 6 |
| " | 12.5 | 0.265 | 0.146 | 0.111 | 0.031 | 3 |
| " | 15.5 | 0.264 | 0.156 | 0.156 | 0.064 |  |
| 300-360 | 15.5 | 0.333 | 0.196 | 0.138 | 0.023 | 5 |
| Pooled |  |  |  |  | 0.856 | 81 |
| common |  | 5.380 | 2.775 | 2.314 | 0.883 |  |
|  | To test | ${ }^{B} 2$ | $10$ | $\text { all } 10$ | not equa |  |
|  | $\mathbf{F} \quad \text { SiI }$ | 9,81 | Do | $\mathrm{H}^{\circ}$ |  |  |
| Common slope $=0.516$ |  |  |  |  |  |  |

Establishing the shape of the Gastric Evacuation Curve: The data obtained from the serial slaughter experiments are shown untransformed in Fig. 3.6. The scatter of points confirm that fish of similaf size do have different evacuation rates. To determine the best description of the decline of stomach contents with time the data were transformed to give several regression models as shown in Worksheet 3.4. Each

Worksheet 3.4 Comparisons of Regressions performed on gastric evacuation data obtained from plaice force-fed 18 body weight of a paste meal and sacrificed at intervals Top series: $20-22 \mathrm{~cm}$ fish Bottom series: $26-28 \mathrm{~cm}$ fish $\quad Y=$ dry weight of residuum


* Significant at $P \leqslant 0.05$
model used gave a'significant regression with both sets of data but there were considerable variations between the $F$-values. The F-values for the larger fish were generally higher than those for the smaller fish. This may be the result of greater variability amongst the $Y$ values of the smaller fish caused by proportionally larger losses in the recovery of the much smaller residues. The status of the models alter between the two size-groups, e.g. the linear plot of $\sqrt{ } Y$ gives the highest F -value with the smaller fish but ranks only fourth with the larger size-group. The overall fit appears to be provided by the linear $\sqrt{ } \mathrm{Y}$ and the semi-log plots. Of the two the former is more acceptable since as outlined in the preface to this chapter, it may

Fig. 3.6. The decline in amount of stomach contents with time. Each point
represents 1 fish.

| Top | $20-22 \mathrm{~cm}$ fish |
| :--- | :--- |
| Bottom | $26-28 \mathrm{~cm}$ fish |


have a physiological basis.

The applicability of the square root relationship having been verified above, attempts were made to estimate the rate of evacuation ( $g / h r$ ) from the GET data. At each of the three temperatures the equations describing $\log _{10}$ GET vs $\log _{10}$ fish size (Table 3.b) were used to calculate the time required to clear the stomach of meals of specified size in fish of 400,200 and 100 gms. These meal sizes, expressed in the original equations as $\%$ body weight, were transformed into $\sqrt{ }$ gms and the rate of evacuation averaged over the first two hours after ingestion. Fig. 3.4 and legends give a worked-out example of this procedure. It will be noticed that the evacuation lines for the three meals are parallel. This was so in every other case tested and indicates that once the line describing evacuation of the largest meal the stomach can hold has been established, the depletion curve of any other meal can be constructed by starting at the appropriate point on the $Y$-axis and drawing a line parallel to that of the maximum meal. In other words, the depletion curves of meals of various sizes would be statistically indistinguishable. Similar trends have been observed by Tyler (1970) for young Gadus and Beamdsh (1972) for Micropterus.

The procedure outlined in Fig. 3.4 makes it possible to investigate the effect of meal size on the rate of evacuation. This is done by plotting the $\log _{10}$ rate of evacuation ( $\mathrm{gm} / \mathrm{hr}$ ) against $\log _{10}$ meal size (gm) and is illustrated in Fig. 3.5 for fish of $50,100,200$ and 400 gms at $9.5,12.5$ and $15.5^{\circ} \mathrm{C}$. It is obvious from this plot that the specified temperature does not affect the exponent describing the change in evacuation rate with change in meal size though the elevation of

Fig. 3.4. Estimating the rate of evacuation
from G.E.T. data. The diagonal lines
connect the square root of meal size
to GET. Evacuation rate was
averaged over the first two hours.
Fish Size

Fig. 3.5. The relationship between evacuation rate and meal size.

| Circles | 60-100 gm fish |
| :--- | ---: |
| Squares | 120-160 gm fish |
| Triangles $200-260$ gm fish |  |
| Stars | $300-360$ gm fish |

Open symbols $\quad 9.5^{\circ} \mathrm{C}$
Solid symbols $\quad 15.5^{\circ} \mathrm{C}$
The points for the $12.5^{\circ} \mathrm{C}$ (dashed)
line have been omitted for visual clarity.


Worksheet 3.3 e . Testing for differences in the slope of the simple linear regressions of log 10 ration (Y) on $\log _{10}$ meal size ( x ) obtained for fish of $50,100,200$ and 400 gms of 3 temperatures

the lines alter with temperature. All the points were therefore pooled and a total regression slope of 0.60 was obtained (Worksheet $3.3 e$ ).

## DISCUSSION

The findings of the present study on the effects of temperature, fish size and meal size on gastric evacuation times agree with what a review of the literature would predict, viz:

1) A rise in temperature will shorten the GET for a meal of given size. GET was found to vary with temperature raised to the power -1.03 (Fig. 3.2; Table 3b; Worksheet 3.3b, p. 54-57).
i1) When fed weight-specific meals (i.e. of body weight units) of equal size, small fish will complete gastric evacuation earlier than larger fish at the same temperature. GET varied with fish size raised to the power 0.42 (Fig. 3.2; Tahle 3b; worksheet 3.1 , p. 54-57).
iii) When fed meals of equal absolute size (gms) small fish require a longer time to complete gastric evacuation than larger fish. GET varied as fish size raised to the power - 0.068 (Worksheet 3.3c).
iv) For a fish of given size at a specified temperature, the larger the meal ( $\%$ body weight or gms), the longer the time to complete gastric evacuation. For meals expressed as o body weight GET altered as meal size raised to the power 0.211 (Worksheet 3.3a, p. 54-57). For meals expressed as gms the exponent was ca. 0.50 (Fig. 3.3; Worksheets 3.3c and d, p.54-57).
v) The rate of evacuation as gms/hr is faster the larger the meal (gms). Gastric evacuation rate was found to vary as meal size raised to the power 0.60 (Fig. 3.5; Worksheet 3.3e, p. 59-61).

In the preface to this chapter it was made obvious that the literature is replete with gastric evacuation data. Unfortunately very few attempts have been made to construct models that would describe these data and predict the performance of fish under various conditions. To date only one model, that of Fange and Grove (1978) has been formulated for this purpose. This is the surface-area model which predicts that:

1) GET will change according to meal size raised to the power 0.33 .

1i) If fish are given weight specific meals, GET for a given meal size should vary as fish size to the power 0.33.
iii) The rate of gastric evacuation ( $\mathrm{g} / \mathrm{hr}$ ) should vary as meal size to the power 0.67.

The beginnings of another model also exist in the statement by Hunt and Knox (1968) that the stomach may function as a constant frequency pump whose stroke volume is regulated by radial distension. Since most fish stomachs tend to approximate to a cylindrical shape, the radius will vary according to the square root of the volume. If volume is determined by the amount of stomach contents then the radius at any time is proportional to the square root of the volume or (if the same food type is used and density is therefore constant) to the square root of the weight of the food. Since radius is also proportional to circumferential tension, the strength of stimulus received by receptors in the stomach wall and therefore perhaps the muscular response, will be proportional to the (meal size) ${ }^{\frac{1}{2}}$. Rate of emptying will therefore vary as meal size to the power 0.5, i.e.

$$
\frac{d W}{d t}=-f(M)^{0.5}
$$

The time taken to clear the stomach (GET, $t_{\lambda}$ ) will also vary in the
same way, i.e.

$$
\text { GET } \propto \quad(\text { Meal size })^{0.5}
$$

This relationship will hold whether meal sizes are expressed in gms or \% body weight.

In the present work GET varied as meal size to the power ca. 0.5 (Worksheets 3.3c and d). This value is much closer to the square root model than it is to the surface-area model of $F$ änge and Grove. The exponent for the rate of evacuation was 0.6 and was not significantly different from the 0.67 predicted by the surface-area model $\left(t_{0.05} 34\right.$, - 2.03; calculated $t=-16.75$ ). When tested with the square root prediction of 0.5 , there was a significant difference ( $t=2.5$ ). It is more than likely that neither model can adequately describe all gastiric evacuation data on its own, mainly because in the view of. this writer, each gives insular consideration to one of a pair of factors that may frequently work in concert. Descriptively it would be difficult to discuss the transfer of food from stomach to intestines without mentioning either enzymes and the surface-area nature of their release and activity, or the churning action resulting from gastric motility. It may be unrealistic to free mathematical models from these constraints and the solution may lie in a successful combination of these two models.

Swenson and Smith (1973) worked with the walleye Stizostedion vitreum vitreum and concluded that the evacuation rates obtained by force-feeding single meals were too retarded to be of much use in field determinations of daily ration. This view is confirmed in the present study. In November, gastric evacuation was completed in 6 hours between 16.30 and 22.30 hours by all 3 size-groups (Figs. 2.2d, 2.2iv). If
the median length of each size-group is taken as its average length (i.e. 17.5, 22.5 and 32.5 cm respectively) and a length-weight relationship of $0.01 L^{3}$ adopted (see Chapter 4, p. 74 ) this means that meals of $0.6 \%$ body weight (smalls) and $1.5 \%$ body weight (large) took only 6 hours to evacuate in the wild. Laboratory values at that temperature (ca. $10^{\circ} \mathrm{C}$ ) would be 14.3 hours ( x 2.3 ) and 22.79 hours ( x 3.8 ) respectively. This is not to say that laboratory data are valueless. It is possible that the direction (though not the amount) of the changes in GET caused by such factors as meal size and temperature indicate the trends in field situations.

The results obtained here may then be taken as support for the postulations in Chapter 2 that larger meal sizes and higher temperatures will mean greater evacuation rates in summer. Large fish have been shown to have a faster evacuation rate (gm/hr) than small fish. However the time required to evacuate a weight-specific meal of equal size (\% body weight) is longer for larger fisin. It follows from this that unless they are more efficient at foraging, the daily ration of large fish ( $\%$ body weight) will be less than that achieved by smaller individuals. These expected differences in ration size between seasons for fish of a given size and between different sized fish during a given season should be reflected in seasonal changes in condition and in seasonal patterns of growth. This possibility will be investigated in the next chapter.

GET was significantly altered only when the inorganic content of the diet exceeded $50 \%$ (Worksheet 3.2 , p. 53 ). This may mean the existence of a calorie threshold below which gastric evacuation rate may be increased to raise total food intake in compensation for the drop
in nutritive value. This phenomenon, referred to in the literature as "calorie counting", has been reported for the goldfish Carassius (Rozin and Meyer, 1961, 1964), Salmo gairdneri (Lee and Putnam, 1973; Grove et al., 1978). In each case an increase in the daily ration followed dilution of the diet and Grove et al. were able to show for $\underline{S}$. gairdneri that this was due to increased evacuation rates. The mechanisms responsible for this are as yet unknown but may either depend on decreased production of enterogastrone from the intestines or a change in activity of extrinsic nerves supplying the stomach (Fänge and Grove, 1978) .

## Chapter 4

Studies on seasonal trends in growth and condition.

## Preface

Seasonal variations in temperature and prey density provide an a priori reason for expecting the growth and condition of fish populations to follow a seasonal schedule. The literature on condition is a chronology of successive attempts to obtain a mathematical description of general applicability. Condition is a measure of fatness and can therefore be an index to the suitability of the environment for the growth of fish. To be of any use, a mathematical description of condition should make possible the measurement of temporal changes in this feature within a population, as well as allow comparisons between monospecific populations inhabiting different localities. Fatness has logically been thought of as the amount of mass associated with a unit length of fish and measurements of condition are based on length-weight relationships. For most species of fish, the relationship between length ( $L$ ), and weight (W) is adequately described by the equation:

$$
\begin{equation*}
\mathrm{W} \geq \mathrm{a}^{\mathrm{n}} \tag{i}
\end{equation*}
$$

where $a$ is $a$ constant and $n$ is an exponent usually lying between 2.5 and 4.0 (Le Cren, 1951). Ideally growth would be isometric so that $n=3$ and this has been reported for Salmo trutta by Allen (1938).

In the majority of cases, condition has been measured as a condition factor obtained by dividing the weight observed at length (L) by the cube of the length $\left(L^{3}\right)$. Fulton (1911) used the expression:

$$
\begin{equation*}
\text { Condition factor }(C)=\frac{W}{L^{3}} \tag{ii}
\end{equation*}
$$

Menzies (1920) obtained an average value of $C$ for Salmo gairdneri and used it to calculate a new cordition factor $K$, where

$$
\begin{equation*}
K=\frac{W}{C(=0.000427) L^{3}} \tag{iii}
\end{equation*}
$$

Hile (1936) working with ciscoes Leucichthys artedi multiplied the right hand side of (ii) by 100 to obtain the expression

$$
\begin{equation*}
K=\frac{100 W}{L^{3}} \tag{iv}
\end{equation*}
$$

The reason for this appears to be that $C$ obtained from (ii) is usually an awkward decimal number similar to that obtained by Menzies (op. cit.) for the denominator of equation (iii). Equation (iv) is the most widely used expression in studies on condition. (e.g. Todd, 1915 on p. platessa; Johnstone, 1924, and Stanek, 1964 on Gadus morhua). By dividing the observed weight at length by the cube of the length, equations (ii) - (iv) measure condition as the extent to which the observed weight deviates from that predicted by isometric growth. In practice, most fish species grow allometrically (Le Cren, 1951; Weatherly, 1972) and $n \neq 3$. In such cases the condition factor ( $K$ or $C$ ), will vary with the length of the fish in the manner

$$
C(\text { or } K) \propto L^{n-3}
$$

For this reason equations (ii) - (iv) are inapplicable when $n \neq 3$ and they can only then be used to compare fish of the same length (Ricker, 1975).

The negative condition factor, $K_{n}$, (Le Cren, 1951), compares the observed weight with that predicted by an empirical length-weight relationship:

$$
W=a L^{n}
$$

in which the exponent $n$ is derived from observed data. For each length the observed weight (W) can be compared with that predicted by the empirical relationship ( $\hat{W}$ ) thus:

$$
K_{n}=\frac{W}{\hat{W}} \quad(\text { Le Cren, 1951) .............................. } v \text { ) }
$$

As with $K$ in equation (iv), $K_{n}$ is usually an awkward decimal number and it is customary to multiply the right hand side of (v) by 100 (see e.g.

Tyler and Dunn, 1976). Equation (v) can only be used to compare groups of fish that are homogenous with respect to $n$. Homogeneity can be tested for by an analysis of covariance and, when no significant differences exist, a common exponent can be established. This exponent can then be substituted into equation (v) and adjusted 'a' values obtained for each group of fish being tested; these 'a' values will be reliable measure of the condition of each group (Le Cren, 1951).

The length of the growing season and the shape of the growth curve have been established for several freshwater species e.g. the cisco Leucichthys artedi (Hile, 1936), the black crappie Pomoxis nigromaculatus (Deason and Eile, 1947), O-group sockeye salmon Onchorhynchus nerka (Ricker and Foerster, 1948), brook trout Salvelinus fontinalis (Cooper, 1953) and lake trout Salvelinus namaycush (Fry, 1953; Lawrie, 1962). Relatively few marine fish have been investigated in this way, and they include the Atlantic herring, Clupea harengus (Hodgson, 1925), O-group winter flounder, Pseudopleuronectes americanus (Pearcy, 1962), and O-group plaice Pleuronectes platessa (Lockwood, 1972). From the above and other reports in the literature, growth in northern temperate waters starts in March and is virtually over by the end of September. In some cases (e.g. Lawrie, 1962; Lockwood, op. cit.) seasonal growth curves have been interpreted as sigmoid: growth rate was slow at the start of the growing season, increased to a maximum after a few weeks, and later tapered off at the approach of winter. Other reports (e.g. Cooper, op, cit.; Macer, 1967) contain growth curves which rise abruptly with no sign of an initial period of slow growth. According to Gerking (1966) such curves are the result of inadequate sampling and measurement during the earliest parts of the growing season.

Ricker and Foerster(op. cit.) fitted their seasonal growth curve by inspection. Semi-monthly instantaneous growth rates were obtained by reading logarithms of weights from the curve, calculating the differences between successive values and dividing by 0.4343. The annual instantaneous growth rate was taken as the sum of the semi-monthly rates. Allen (1951) obtained instantaneous annual growth rates for . fontinalis by the expression

$$
\frac{\log _{e} W_{2}-\log _{e} W_{1}}{365}
$$

where $W_{1}$ and $W_{2}$ refer respectively to the average weight per individual at the start and end of the year. Lockwood (1972) fitted his seasonal data on the growth of O-group plaice to the Von Bertalanffy equation. Instantaneous growth rate ( $K$ ) was calculated as the slope of the plot of increase in average length per unit time ( $\Delta \bar{l} / \Delta t$ ) against median length for time interval $\Delta t\left(\left(\bar{l}_{1}+\bar{l}_{2}\right) / 2\right)$. The asymptotic length was taken as the intercept value of this regression on the X -axis.
n!'me fish used in these investigations were collected by otter trawl from the study area as they were needed. For studies on condition factor, the aim was a sample size of at least 30 fish of each sex with as wide a si?: range as possible. Each fish was sexed, its total length recorded to the nearest centimetre and its ungutted weight in grams to two places of decimal. In January and March mature and immature fish of each sex were treated separately.

Growth data were based on otoliths extracted from stratified subsamples and read in the manner described in Chapter 1 (p. 11). Whenever possible, 10 fish of each sex were sampled at each centimetre length within the size range 14 cm and over. It was not always possible to achieve the required sample size with larger fish (> 30 cm ) and generally the sample size decreased with the ace of the fish. A mathematical description of seasonal growth requires that dates of sample collection be known with some accuracy. As it. was not possible to catch the required numbers of fish in a single day's fishing, samples were collected over a period of not more than two weeks. In each case the midpoint of each collection period was taken as tine date of collection. a study of seasonal growth also requires that a 'birthday' be assigned to the fish to mark the start of the growing season. In plaice, the opaque bands on the otolith are laid down in the season of heaviest feeding and growth (Blacker, 1974). As a first approximation therefore, the start of the growing season in spring was assumed to correspond to the appearance of a dark band on the edge of tine otolith, outside the hyaline band characteristic of winter. To determine when this occurred, otoliths collected in different months were classified into 4 categories on the basis of the condition of their edges, viz.:

Those with a dark band typical of summer (' + ').

Those with the hyaline band typical of winter ('++').

Those with an incipient and discontinuous dark band on the edge of the existing hyaline band ('+++'). (This condition was also found to be restricted to late autumn and winter).

Those with a very thin but mostly continuous dark band outside an existing hyaline band ('spots'). Fish with otoliths in this condition were assumed to be at the start of the new growing season.

The various otolith conditions described above are illustrated in Plate 3.

Plate 3. The 4 otolith conditions used in determining the length of the growing season. Magnification x 10.


## SPOT

Note the incomplete bu: alotinc.
opaque tand at the edpe.
This condition was most fremuent in

April but also occurred in Fetruary.
In April this fish would be taker
as 5 spot. For reasons explained

In the text. it would be retainea
as a 4 year cld in February.


## H

The edge is a nyeline band. Tyoical
of autumn/winter 2.e. September

Fedurary.


## H

The very faint beginnings of a car
band can be seen at $120^{\prime}$ clock.
within the hyalane zone occupying
the edga.

Table 4a. The length-weight. relationship of male and female plaice in different months. $Y=\log _{10}$ weight (gms). $X=\log _{10}$ length (cm). $N=$ sample size. $\quad r=$ correlation coefficient. Equations and predictive regressions.

|  |  |  |  |  |  | male |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Month | Group | Equation | N | $r$ | Equation | N | $r$ |
| May | Mature and immature | $Y=0.023+2.76 x$ | 30 | $0.9364^{*}$ | $Y=0.017+2.88 x$ | 30 | 0.9729* |
| June | " | $Y=0.059+2.51 \mathrm{x}$ | 30 | $0.9524 *$ | $Y=0.020+2.83 x$ | 30 | 0.9883* |
| July | " | $\mathbf{Y}=0.086+2.40 \mathbf{x}$ | 30 | 0.8605* | $Y=0.035+2.67 \mathrm{X}$ | 30 | 0.9587* |
| September | " | $Y=0.009+3.09 x$ | 22 | 0.9833* | $\mathbf{Y}=0.013+2.97 \mathrm{x}$ | 30 | $0.9476 *$ |
| November | " | $Y=0.024+2.74 \mathrm{X}$ | 32 | 0.9808* | $Y=0.009+3.04 \mathrm{X}$ | 35 | 0.9828* |
| J anuary | Immature | $\mathbf{Y}=0.030+2.68 \mathrm{x}$ | 44 | 0.9725* | $Y=0.014+2.92 \mathrm{X}$ | 27 | 0.9689* |
|  | Mature | $y=0.037+2.62 x$ | 35 | $0.914{ }^{*}$ | $\mathbf{Y}=0.010+3.01 \mathrm{x}$ | 49 | 0.9559* |
|  | Spent | - |  |  | $\mathbf{Y}=0.022+2.75 x$ | 42 | 0.9580* |
| March | Immature | $(Y=0.012+2.93 x$ | 18 | 0.9842*) | $\mathrm{Y}=0.007+3.10 x$ | 16 | 0.95 39* |
|  | Mature |  |  |  | $\mathbf{Y}=0.007+3.08 \mathrm{x}$ | 25 | 0.9472* |
|  | Spent |  |  |  | $\mathrm{Y}=0.038+2.60 \mathrm{x}$ | 16 | $0.976{ }^{*}$ |
| *Significant at $\rho<0.001$. |  |  |  |  |  |  |  |
| ) mature and immature combined, and may include some spent males. |  |  |  |  |  |  |  |

) mature and immature combined, and may include some spent males.

## Results

(a) Condition: The results obtained are presented as length-weight
relationships in Table 4a. An analysis of covariance in the manner of worksheet 3.1 (p. 53 ) showed that the slopes of all groups were homogenous ( $F_{0.05}$ (1) $17,562=1.62$, calculated $F=1.53$ ). The value of the common exponent was 2.83, with a correlation coefficient of 0.9606 (significant at $\rho<0.001)$. The common slope was then divided by the correlation coefficient to give a geometric mean slope of 2.946 (Ricker, 1973). Next it was necessary to determine whether the ' $a$ ' values of males and females were significantly different within each month. The test employed was the modified Newman-Keuls test described earlier on p. 54 . The results of these tests are contained in Table $4 b$ and show no significant differences in ' $a$ ' between males and females within the months of May, June, July, September and November. In January and March when spawning is imminent, data were collected for immature and mature fish of each sex separately. With the exception of spent female plaice, there was no detectable difference in the 'a' values of immature and mature fish of either sex in a given month. The number of spent males caught were too few to allow a similar comparison. On the basis of these findings, male and female fish have been combined in $T$ able $4 c$ which gives for each month, the condition factor of the plaice in the study area. These factors were obtained as adjusted 'a' values with the common (GM) slope as outlined earlier ( $p .69$ ). This table also gives the calculated weight of a 30 cm fish as an illustration of the changes in condition with time of year. Statistical comparisons of the condition factors in Table $4 c$ revealed the following: The fish were fattest in June and July. In each of the intervals July to September, September to November and November to January, there was a significant loss of condition. Spent females were significantly leaner than other fish in January and in March. The steepest decrease in condition occurred between January and March. This

Table 4b. Festing for significant differences between the unadiusted
'a' values of the predictive linear regressions (Log 10 fish weight vg. Log 10 fish length: Table 4a) obtained for several groups of plaice in different months

| Month | Between Groups | Critical q at $a=0.05$ | Calculated $\qquad$ |
| :---: | :---: | :---: | :---: |
| May | 9 ve \% | 2.829 | 0.631 |
| June | * | 2.829 | 1.042 |
| July | $\cdots$ | 2.829 | 0.944 |
| September | $\cdots$ | 2.858 | 0.422 |
| November | * | 2.829 | 2.57 |
| January | If (mature vs immature) | 2.829 | 0.624 |
|  | O (mature us immature) | 2.829 | 0.212 |
|  | 9 (spent vs others) | 2.829 | 5.590* |
| March | $q$ (mature vs others) | 2.858 | 0.721 |
|  | $q$ (spent vs others) | 2.858 | 7.03* |

significant at $\alpha-0.05$

Table 4c. Variation or the condition factor with time of year

*spent females.

Table 4d (i)
Occurrence of the four orolith conditions in fomale plaice in different months


Table 4d (ii) occurrence of the four otolith conditions in male plaice in different months

| Date | Age-group | + | ++ | * Occurrence of Otolith Conditions |  | sample size |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | +++ | spot |  |
| 31.10 .76 | II | 12.9 | 49.4 | 27.1 | 10.6 | 85 |
|  | III | 0 | 82.2 | 13.3 | 4.4 | 45 |
|  | IV | 0 | 83.3 | 16.7 | 0 | 12 |
|  | $v$ |  |  |  |  |  |
| 14.2.77 | II |  | 39.4 | 33.3 | 15.2 | 33 |
|  | III | $5.3$ | 52.6 | 42.1 |  | 19 |
|  | IV |  | 63.6 | 36.4 | $0$ | 11 |
| * | V |  |  |  |  |  |
| 18.4 .77 | II | 15.1 | 26.4 | 5.7 | 54.7 | 54 |
| - | III | 15.8 | 13.2 | 5.3 | 65.8 | 38 |
|  | IV | 16.7 | 50.0 | 0 | 35.3 | 12 |
| - | v |  |  |  |  |  |
| 6.6 .77 | II | 75.5 | 15.3 | 0 | 8.2 | 49 |
| $\cdots$ | III | 37.7 | 23.3 | 9.8 | 29.5 | 61 |
|  | IV | 25.0 | 25.0 | 25.0 | 25.0 | 24 |
| * | V |  |  |  |  |  |
| 15.9 .77 | II | 12.8 | 87.2 | 0 | 0 | 39 |
| - | III | 4.0 | 96.0 | 0 | 0 | 24 |
|  | IV | 9.1 | 90.9 | 0 | 0 | 11 |
| * | V |  |  |  |  |  |
| 2.11.77 | II | 7.5 | 88.1 | 1.5 | 3.0 | 67 |
| * | II | :5. 3 | 71.9 | 12.3 | 0 | 57 |
|  | IV | 14.3 | 81.0 | 4.8 | 0 | 21 |
| * | V |  |  |  |  |  |

period coincides with the spawning period, but it is interesting that the dramatic loss of condition also affected fish that were not spent. Condition improved between March and May and between May and June. In summary, there appeared to be 3 parts to the calendar year: Peak condition in June, July and perhaps part of August; intermediate condition in spring (improving) and autumn (deteriorating), and poor condition in winter.
(b) Growth: The percentage occurrence of the 4 otolith conditions showed that the highest incidence of the spot condition was in April (Fig, 4.a). The start of the growing season was therefore set tentatively as the first day of April. Fig. 4.1 is based on data pooled from all ages and both sexes. Examined in more detail ( $T a b l e 4 d$ ) the data for April suggests that for both sexes, the younger fish were more synchronised in the start of their growing season. On the same basis female fish showed better synchrony than male fish. As April shows the highest incidence of the 'spot' condition in each age group, these differences could be taken as evidence that female fish may start their growing season earlier than males; within each sex, younger individuals may begin seasonal growth earlier than older ones. This view is strengthened by the data for June (Table 4d) which shows age groups II, III and IV well into their summer growth (i.e. ''+' condition). In contrast only age group II amongst the males are well into their summer growth at this time. $16.3 \%$ age III and 25\% age IV were still in the hyaline winter ('++') condition. In September there was a return to the winter otolith condition by all age groups of both sexes. It is interesting to note that tris time the situation was reversed: For each sex the better synchrony was amongst the older fish (Table 4d). If the 'spot' and hyaline ('++') conditions respectively mark the start and end of the growing season, these observations may mean that Eemale fish have a longer growing season than males. In addition younger

Fig $4 a$

Percentage occurrence of the 4 otolith conditions in different months.


Table 4e. The average length of age II fish of various otolith conditions in (i) November and (ii) February. Top: females, Bottom: males.

|  | Numbers | Average length (cm) | $\pm$ |
| :---: | :---: | :---: | :---: |
| spot | 13 | 22.46 | 2.99 |
| + | 10 | 21.20 | 4.92 |
| ++ | 39 | 25.36* | 5.39 |
| +++ | 29 | 28.48* | 4.30 |
| spot | 2 | 17.50 | 0.71 |
| + | 7 | 21.0* | 3.16 |
| ++ | 18 | 22.33* | 3.50 |
| +++ | 8 | 27.25* | 3.62 |
| spot | 9 | 23.89 | 1.27 |
| $+$ | 11 | 22.64 | 3.23 |
| ++ | 42 | 24.69 | 3.94 |
| +++ | 23 | 26. 39* | 3.29 |
| spot | 5 | 20.40 | 3.21 |
| + | 4 | 20.75 | 0.50 |
| ++ | 13 | 21.77 | 3.63 |
| +++ | 11 | 25.82* | 3.31 |

* significantly different from the appropriate spot condition at $t_{0.05(2)}\left(v_{1}+v_{2}\right)$.
age groups may have a longer growing season than older fish.

The data in Table 4d show that the onset of seasonal growth is not perfectly synchronous amongst members of each age group. At any one time, each year class may exhibit several otolith conditions though one usually predominates. In February a small proportion of each age group ( $n$ ) were found to have initiated the formation of a thin opaque zone outside the hyaline band characteristic of winter, i.e. they had become 'spots' a month earlier than the bulk of the population. Theoretically these fish then belonged to the age group above (i.e. $n+1$ ) the majority of whom were still in their winter condition prior to becoming $n+2$ fish in April. It was reasoned that including these precocious growers in age group $n+1$ would have the effect of artificially reducing the average length of that age group (see Table 4 e for the size relationships of fish in different otolith conditions). As a result all new members of each age group in February (i.e. spots) were retained in the age group below when it came to assigning length-at-age values. Incidentaily it will also be noticed from Table 4 e that ('++') fish (i.e. winter condition) tended to be larger than those still in the summer otolith condition ('+'). This may mean that the smaller members of an age group have a longer growing season than the larger ones.

Figs. 4.2M and $F$ show the changes in the average length of each age group with time of year. In each case the minimum length for each age group occurs in April, after which average length increases asymptotically with time. These trends justify the initial choice of April 1 as the probable 'birthday' of plaice in the study area. Despite the precautions outlined above, all age groups independent of sex were smaller in February than they were in the preceding October. The fish cannot possibly have shrunk between October and February and this effect must have originated either from changes in the population being sampled, or a
bias in the sampling method. Of these two possibilities the first is the more likely, as the same area was fished by the same crew using the same gear throughout the study. Whatever its origins this bias also affected the April samples and fish of age $n+1$ were smaller in April than they were as members of the $n$ age group in October.

Because of the discrepancies outlined above two separate curves have been fitted to each set of data. Each curve was fitted by use of the equation:

$$
\ell_{t}=\ell_{n}-\Delta \ell\left(e^{-K t}\right)
$$

where for each age group
$\ell_{t}=$ length on any day after April 1.
$\ell_{n}=$ the asymptotic length.
$K=$ the instantaneous seasonal growth rate.
$\Delta l=$ the distance between the $Y$-axis intercept of the curve (i.e.
$\ell_{0}$. length on April 1) and the asymptotic length $\ell_{n}$.

Thus $\Delta l=\ell_{n}-\ell_{0}$, and is the seasonal growth increment. It will be recognised that this relationship is the function

$$
Y=A-B\left(e^{-K t}\right)
$$

of which the von Bertalanffy equation

$$
y=A\left(1-e^{-K\left(t-t_{0}\right)}\right)
$$

is a modification allowing $A$ to be equated to $B$ with the factor $t_{0}$ included to account for the fact that in practice, the growth curves of fish do not go through the origin of the abscissa and $A \neq B$. In fitting the dashed curves shown in Fig. 4.2, the length on April 1 was taken as the asymptotic length achieved during the previous year's growth. The data for April and February vere omitted from these calculations. The solid curves were fitted using all the observed data except those for february; the assumed length on April 1 was exciuded in these calculations. The

Fig. 4.2. Seasonal growth of plaice in the study area. The stars on the $y$-axis at the start of the growing season are, in each case, the asymptotic length of the age-group below. These lengths were assumed to be the length-at-age on April 1 when fitting the dashed curves. The standard deviation about all points ranged between 2.76 and 5.21 cm . There was no obvious relationship between standard deviation and either age or sample size.

Top: Fig. 4.2 M Seasonal growth of male plaice of ages II - IV in the study area.

Bottom: Fig. 4.2 F Seasonal growth of female plaice of ages II - V in the study area.



Table 4f. Seasonal growth parameters for male and female plaice of ages $I I-V$ for the equation $\ell_{t}=\ell_{n}-\Delta \ell\left(e^{-K t}\right)$. Top: Dashed curves Fig. 4.2. Bottom: Continuous curves Fig. 4.2.
$\ell_{t}=$ length in cm on any day after April 1. $\ell_{\mathrm{n}}=$ asymptotic length at age. $\Delta \ell=$ seasonal growth
increment. $K=$ instantaneous seasonal growth rate.

| Age-group | Growth Parameters |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Females |  |  |  | Males |  |  |  |
|  | $\ell{ }_{0}(\mathrm{~cm})$ | $\ell_{n}(\mathrm{~cm})$ | $\Delta \ell$ (cm) | K | $\ell_{0}(\mathrm{~cm})$ | $\ell_{n}(\mathrm{~cm})$ | $\Delta \ell$ (cm) | K |
| II | 16.7 | 26.0 | 9.3 | 0.0231 | 20.0 | 24.42 | 4.4 | 0.0124 |
| III | 24.3 | 30.0 | 5.7 | 0.0235 | 23.8 | 27.8 | 4.0 | 0.0106 |
| IV | 29.6 | 34.5 | 4.9 | 0.0119 | 28.2 | 29.5 | 1.3 | 0.0213 |
| V | 33.9 | 37.0 | 3.1 | 0.0134 |  |  |  |  |
| II | 15.72 | 26.0 | 10.28 | 0.02606 | 18.51 | 25.0 | 6.49 | 0.01103 |
| III | 20.16 | 29.5 | 9.34 | 0.02652 | 21.46 | 27.8 | 6.43 | 0.01314 |
| IV | 24.01 | 32.4 | 10.19 | 0.02311 | 26.67 | 39.04 | 3.74 | 0.01033 |
| V | 27.93 | 36.8 | 8.87 | 0.02583 |  |  |  |  |

parameters for these curves are given in Table $4 f$.

## Discussion

(a) Condition: Todd (1915) obtained condition factors for North Sea plaice that ranged from 0.88 to 1.15 during the year. It is doubtful if these values can be validly compared with those of the present work. Todd used the popular equation (iv) (p.68) to compare his fish with an ideal isometrically-growing fish and his range of factors must have depended in part on the fish length used in the calculations. The North Sea plaice showed an improvement in condition from the end of spawning in March, and attained peak condition in November. Their condition therefore continued improving for over two months after the plaice of the present study had commenced a decline. Though feeding continued till November in both studies, this discrepancy may mean that, by the end of August, food was already becoming a limiting factor to growth and condition to plaice in this study area. This is consonant. with the interpretation placed on the feeding chronology data in Chapter 2. A similar discrepancy exists between Bagenal (1957) and Mackinnon (1972) on the timing of peak condition in the related species , Hippoglossoides platessoides. Bagenal obtained maximum condition between November and December, and minimum values in April. In Mackinnon's study, minimum values were also recorded in April but peak condition occurred two months earlier in September. Tyler and Dunn (1976) have shown for another flatfish species, Pseudopleuronectes americanus, that condition is largely dependent on ration. It is thus possible that differences between localities in the timing, duration and intensity of benthic productivity may be depicted by parallel differences in the condition factors of their respective fisn populations. These discrepancies may ultimately be manifested as differences in total fish production. With regard to the differences between Todd's results and the present work, it may be mentioned that after reviewing the Irish Sea fisheries, Brander (1977) concluded that the Irish Sea and Bristol Channel are much less productive of fish than the

Table 4g. Simple linear regression equations relating gonad weight to fish length in mature female plaice caught in the study area at different times of the year. $G=$ gonad weight ( gm ) . $\mathrm{L}=\mathrm{fish}$ length (cm).

| Month | Sample size | Equation | Correlation coefficient $r$ | Calculated <br> Ovary weight of a 30 cm fish (gm) <br> (\% body weight) | Water content of ovary <br> \% wet weight |
| :---: | :---: | :---: | :---: | :---: | :---: |
| July | 20 | $G=1.6 \times 10^{-7} \mathrm{~L}^{4.79}$ | 0.849* | 1.950 .62 | 85.37 |
| October | 20 | $\mathrm{G}=0.00001 \mathrm{~L}^{3.94}$ | 0.6864* | 6.94 2.30 | 70.17 |
| November | 36 | $\mathrm{G}=3.39 \mathrm{~L}^{0.65}$ | 0.9908* | 30.9310 .59 | 67.54 |
| March | 28 | $\mathrm{G}=0.046 \mathrm{~L}^{2.11}$ | 0.7390* | $60.18 \quad 23.18$ | $69.06 \underset{\sim}{\infty}$ |

* significant at $\rho<0.001$.

Ripe and running females were not included in these samples.
6 ripe and running females caught in the study in February 1977
ranged from $33-38 \mathrm{~cm}$, their ovaries averaged $34.2 \%$ body weight
and contained $87.8 \%$ water.

North Sea.

From the interpretations placed on the feeding chronology data in Chapter 2, feeding conditions were already deteriorating in the study area by the end of November. However the enlargement of gonads in preparation for spawning also commenced at this time. Table 4 g is a list of equations relating ovary weight to fish length during the period July to March. By March, the ovaries of a 30 cm female weighed about 60 gms on average; testes weight for a male fish of similar size was 4. 85 gms. Yet at this time there were no significant differences in weight at length (i.e. condition) between mature and immature fish of each sex. Indeed the development of the gonads was accompanied by a loss of condition. It is tempting to infer from these observations that the elaboration of gonad tissue is achieved at the expense of somatic tissue without a net change in the overall weight of the fish. This would explain why significant differences between nature and immature fish were only detectable when the former were spent. Unfortunately comparison between immature and spent males was not possible as so few of the latter were caught. Given the relatively small size of the testes, however, it is doubtful whether any significant difference would have been detected.

There exists an extensive body of literature purporting to link gonad maturation in fish with somatic tissue depletion. Such depletion is usually characterised by a mobilisation of amino acids as well as alterations in the levels of sex hormones and other substances in the blood. In an extensive and thorough review of the literature, Love (1970) commented, "..... some depletion seems to be the invariable accompaniment of maturation in fish .....". Because most of the relevant reports deal with fish species that go through a fasting period prior to and during spawning (e.g. Salmo salar, Cowey et al., 1962), it is difficult to discern the extent to which these biochemical events are a direct response
to the onset of maturation. Indeed, Love concedes that "..... many of the phenomena described are not the direct result of maturation at all, but can be duplicated by straightforward depletion .....". Where the interest is trophic ecology (as it is in the present case) the problem could be solved with much less difficulty by energy budget studies. In one such study, Mackinnon (1972) was able to estimate how much of the depletion occurring during the fasting-spawning-overwintering period of E. platessoides is attributable to gonad elaboration. This amounted to 20 Kcals out of a total of 92 Kcals stored in the liver and other somatic tissues during the summer feeding period. In the chapter that follows a similar exercise will be undertaken as a conclusion to the present study.
(b) Seasonal Growth: Proximate limits for the start and end of the growing season of plaice are mentioned incidentally in several reports. Dawes (1930, 1931) observed that 2-year old plaice contained in floating boxes at Plymouth Sound started growth in April and stopped in October and November. Blegvad (1934) monitored the growth of North sea plaice transplanted to the Baltic and noted that growth occurred mainly between May and September. In the north-east Irish Sea Hill (1971) took April 1 as the birthday of plaice because it corresponded to the middle of the spawning season as defined by Simpson (1959). For O-group plaice in a bay on the east coast of England, Lockwood (1972) took May 1 as the 'birthday', based on the earliest date of larval settlement. The birthday for the present work, taken as April 1, falls well within the range established by these studies. It must be pointed out, however, that the population was not perfectly synchronised. Some individuals started growth as early as February and the date April 1 was chosen on ly because it apparently marked the 'average' start of seasonal growth.

There was a noticeable difference in the degree of synchrony with which individuals of the different age-groups began their growing
season. The general tendency was for younger fish to be better synchronised than those belonging to older age groups; this trend was reversed when it came to ending the growth season. There were also differences between the sexes: At each age female fish appeared to commence growth earlier than males. It has already been pointed out that these differences may allow some groups of fish to have a longer growing season than others. In this way, female fish could attain a greater size at age than males; younger fish may grow more during a growing season than older individuals. Gerking (1966) observed similar differences in the growth rates of bluegill (Lepomis macrochirus) populations inhabiting different lakes, and was able to show that a fast growth rate was characterised by a longer growing season. Two features were found to characterise longer growing seasons, viz.: An earlier time of annulus formation in the scales, and "..... a considerably longer period of growth in the late summer and autumn".

The very pronounced reductions in average length-at-age abserved in February and April deserve some comment if not a cogent explanation. Since this phenomenon occurred during the spawning season it is likely to be connected with this activity. The onset of maturity in plaice is determined by both size and age (Simpson, 1959; present work). Two statements follow logically from this:

1) During the spawning season it is the larger members of each age group that will undertake spawning migrations.
2) The structure of inshore plaice populations will undergo alterations during the spawning season and show a higher proportion of smaller fish. To test (2) above, the length-frequency of catches obtained in the study area in March (1975 and 1977) by postgraduate Marine Biology classes were compared by inspection with the November catches presented in Fig. 1.2 (p. 6). No obvious differences were apparent and the modal length still
occurred between 19 and 22 cm . The length at which $50 \%$ of males and females are mature in the study area is between $25-26 \mathrm{~cm}$. The lengthfrequency plots of Fig. 1.2 show that fish greater than 26 cm usually have a frequency of less than 4\%. Because of their relatively low frequency, it is possible that the departure of numbers of these fish will fail to markedly alter the gross population structure. Gowever, when the population is stratified into age-groups the effects of such selective migration will become progressively more marked in older age-groups. This stems from the fact that the frequency of larger fish is much higher in older year classes than in the population as a whole. It is therefore not surprising to find that in Figs. 4.2 M and $F$, the discrepancy'between the average length-at-age in October and that obtained for February increases steadily with the age of the fish, e.g. for female fish the reduction in average length was ca. 2 cm for age $I I, 3 \mathrm{~cm}$ for age III and over 4 cm for age $v$. These differences are not as severe for male fish, possibly because they have a shorter length-at-age. In a recent survey of the north-east Irish Sea, Brander and Nallace (1976) treated their catch data statistically. Their maln conclusions were that 'large female plaice were very scarce in March and numbers also dropped off at greater depths outside 6 miles in June'. None of these factors, i.e. depth up to 10 fm , distance from coast, or month (June, October, March) affected the male
distribution of large/plaice significantly.

Because it was not possible to ascertain what proportion, if any, of the migrant fish returned at the end of the spawning season, two separate curves have been fitted to each set of data. The dashed curve takes $\ell_{0}$ for each age group as the asymptotic length of the age group below, thereby assuming that all the migrant fish eventually return. The solid curves on the other hand assume that none of the migrants return and regard the April lengths as the true size-at-age of a year class at the start of the growing season.

Lockwood (1972) is responsible for the only mathematical description of seasonal growth of fish that exists in the literature. He obtained the Bertalanffy parameters $K$ and $L_{\infty}$ for $O-$ and $I$-group plaice by regressing the increase in average length per time interval on the median length for interval. This regression gave two lines, one with a positive, and the other with a negative slope. The former was taken to represent the sigmoid portion of the growth curve during which growth rate was increasing. The instantaneous seasonal growth rate $K$, was taken as the slope of the second line. Attempts to treat the data obtained here in similar fashion gave wildly improbable results with age II females attaining a larger asymptotic length than age IV fish. The reason for this could well have been the paucity of points available for the regression to obtain K. Lockwood used 7 points in his plot and there was considerable scatter about the least squares line. Indeed, analysis of his raw data shows that the correlation for'his regression was 0.4429 , a value insignificant at $p=0.10$.

The function used in the present study to describe seasonal growth bears little resemblance to the Bertalanffy equation except to the extent that they both assume growth to be exponential. The various parameters cannot be imbued with any physiological significance and serve only as convenient mathematical tools for describing the observed data. Nevertheless the equations contained in Table $4 f$ will give length-at-age estimates for any interval after April 1. As each equation is a description of the available data these estimates will be only as reliable as the original data.

## Chapter 5

Estimates of annual food consumption and annual production.

## Preface

In this chapter, the results obtained on feeding chronology, diet, condition and growth will be used to estimate the total annual food intake and annual production of the plaice population. It is realised that these estimates will be very proximate because of the quality of the available data. In particular it is conceded that little was known about the efficiency of the trawl used in the estimation of stock size. Nevertheless the computations that follow should indicate the possible extent to which production in the fishable population is influenced by such factors as its age structure, the timing and duration of benthic production, and the metabolic consequences of reproduction and winter fasting.

| $\overline{\text { Fish }}$ $\qquad$ | $r_{c}$ | $r_{s}$ | Total numbers | Total Females at length | Total males at length |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 14 | 0.5 | 0.4 | 670 | 479 | 191 |
| 15 | 1.5 | 1.2 | 2680 | 1218 | 1218 |
| 16 | 1.84 | 1.47 | 7897 | 3197 | 4700 |
| 17 | 1.0 | 0.8 | 14072 | 7818 | 6254 |
| 18 | 1.43 | 1.14 | 34701 | 16215 | 18486 |
| 19 | 1.58 | 1.26 | 47145 | 20861 | 26284 |
| 20 | 1.16 | 0.93 | 57531 | 29809 | 27722 |
| 21 | 1.22 | 0.98 | 48198 | 24342 | 23856 |
| 22 | 2.42 | 1.94 | 43603 | 14831 | 28772 |
| 23 | 2.02 | 1.62 | 40779 | 15565 | 25215 |
| 24 | 2.27 | 1.82 | 32260 | 11440 | 20820 |
| 25 | 2.12 | 1.70 | 27138 | 10051 | 17087 |
| 26 | 2.03 | 1.62 | 23452 | 8951 | 14501 |
| 27 | 1.86 | 1.49 | 19959 | . 8016 | 11943 |
| 28 | 1.03 | 0.82 | 17135 | 9415 | 7720 |
| 29 | 0.51 | 0.41 | 10913 | 7740 | 3173 |
| 30 | 0.41 | 0.33 | 9956 | 7486 | 2470 |
| 31 | 0.37 | 0.30 | 8472 | 6517 | 1955 |
| 32 | 0.22 | 0.18 | 6747 | 5718 | 1029 |
| 33 | 0.15 | 0.12 | 6318 | 5641 | 677 |
| 34 | 0.07 | 0.06 | 4451 | 4199 | 252 |
| 35 | 0.13 | 0.10 | 2968 | 2698 | 270 |
| 36 | 0.06 | 0.05 | 3111 | 2963 | 148 |
| 37 | 0.03 | 0.02 | 1723 | 1689 | 34 |
| 38 | 0.07 | 0.06 | 1532 | 1445 | 87 |
| 39 | 0.03 | 0.02 | 1005 | 985 | 20 |
| 40 |  |  |  | 1292 |  |
| 41 |  |  |  | 574 |  |
| 42 |  |  |  | 814 |  |
| 43 |  |  |  | 574 | N |
| 44 |  |  |  | 335 |  |
| 45 |  |  |  | 144 |  |
| 46 |  |  |  | 239 |  |
| 47 |  |  |  | 192 |  |
| 48 |  |  |  | 192 |  |
| 49 |  |  |  | 48 |  |
| 50 |  |  |  | 48 |  |

$r_{c}=$ sex ratio of catch
$=$ No, of males * No. of females
$r_{s}=$ sex ratio of stock and is related to $r_{c}$ by
$r_{\mathbf{a}}=r_{\mathbf{c}}{ }^{i} r_{\mathbf{q}}$ (Beverton, 1964)
where $r_{q}$ is the relative catchability of males to females and is given by
$r_{q}=F_{m} \div F_{E}$
$F_{m}=f i s h$ mortality of males
$F_{f}=f i s h$ mortality of femalea
The maximum values for these factors in the Irish Sea for 1976 were
$F_{m}=0.6 \quad F_{f}=0.48$ (ICES Irish Sea unpublished data)
$\therefore r_{s}=0.8 r_{c}$
N.B. The Nos. in column 4 were estimated by proportion from the length frequency of catches (1974-1977) and the total stock size.

Production: Production, as defined by Ivlev (1945) and Clarke (1946), is the total quantity of biomass elaborated during a stated period of time, regardless of whether or not all of it survives to the end of that time. In this study production has been calculated as the product of average population biomass during a time interval $\Delta t$, and average individual growth increment during the same period (after Ricker, 1946; Picker and Foerster, 1948; Pearcy, 1962). Because growth rates were seen to vary seasonally (Chapter 4), and also because the intensity of feeding showed a similar pattern, production estimates have been carried out for subsections of the year which will, in what follows, be called growth periods. The trends in growth, feeding intensity and condition were used as a basis for the limits of these growth periods. In keeping with the simplistic assumption made in Chapter 1 (p. 6 ), i.e. that the stock size in the study area remains relatively stable from year to year, the total stock at the start of the growing season in April was assumed to be 478,630 individuals. The length/frequency data for the catches of 1974-1977 (Appendix 1.1 p. 136 - 139) have been used to assign a length frequency structure to this stock (Table 5a). Using methods outlined by Beverton (1964) the sex ratio of these catches (given in Table 1c, p. 10) have been used to segregate the total population into male and female segments (Table 5a). The age structure of each sex population was then obtained by proportionately distributing the numbers at each length on the basis of the length/age matrices obtained from the stratified samples described in Chapter 1 and contained in Appendices 1.4 M and 1.4F (p. 142-1.43). The results of these computations are contained in Table $5 b$ as total numbers at age for each sex. This data was used in conjunction with the mortality coefficients in Figs. 1.6 M and 1.6 F to estimate numbers at age for each sex at the start and end of each growth period.

In Worksheets 5 am and 5 aF , production has been computed for each age group during 4 growth periods. For each period two separate estimates


|  |  | 0 | I | II | III | IV | V | VI | VII | VIII | IX | X | XI |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 14 |  | 191 |  |  |  |  |  |  |  |  |  |  |
|  | 15 | 183 | 1196 | 133 |  |  |  |  |  |  |  |  |  |
|  | 16 | 336 | 3525 | 839 |  |  |  |  |  |  |  |  |  |
|  | 17 | 195 | 4300 | 195 | 195 |  |  |  |  |  |  |  |  |
|  | 18 |  | 13119 | 5370 |  |  |  |  |  |  |  |  |  |
|  | 19 |  | 17249 | 8214 |  | 821 |  |  |  |  |  |  |  |
|  | 20 |  | 17326 | 6064 | 2599 | 866 | 866 |  |  |  |  |  |  |
|  | 21 |  | 14165 | 7455 | 2237 |  |  |  |  |  |  |  |  |
|  | 22 |  | 7193 | 14386 | 6474 | 719 |  |  |  |  |  |  |  |
|  | 23 |  | 4880 | 12201 | 7321 | 814 |  |  |  |  |  |  |  |
|  | 24 |  | 4759 | 8923 | 5949 | 595 |  | 595 |  |  |  |  |  |
|  | 25 |  | 5126 | 7689 | 2563 | 1282 |  | 427 |  |  |  |  |  |
|  | 26 |  | 372 | 6693 | 5206 | 1487 |  | 744 |  |  |  |  |  |
|  | 27 |  |  | 7025 | 2810 | 1405 | 703 |  |  |  |  |  |  |
| 1 | 28 |  |  | 2989 | 3238 | 747 | 498 | 249 |  |  |  |  |  |
| $\underset{\sim}{*}$ | 29 |  |  | 1169 | 919 | 418 | 334 | 167 | 84 | 84 |  |  |  |
| 1 | 30 |  |  | 659 | 741 | 329 | 412 |  | 82 | 82 | 165 |  |  |
| 1 | 31 |  |  | 196 | 977 | 326 | 261 | 130 | 65 |  |  |  |  |
|  | 32 |  |  | 94 | 234 | 234 | 281 | 94 | 47 |  |  |  | 47 |
|  | 33 |  |  | 118 | 265 | 118 | 88 | 29 | 29 |  | 29 |  |  |
|  | 34 |  |  |  | 46 | 69 | 23 | 92 | 23 |  |  |  |  |
|  | 35 |  |  |  | 68 | 68 | 34 |  | 34 |  |  | 68 |  |
|  | 36 |  |  |  | 49 |  |  |  | 25 | 49 | 25 |  |  |
|  | 37 |  |  |  |  | 17 |  |  |  | 17 |  |  |  |
|  | 38 |  |  |  |  |  |  | 87 |  |  |  |  |  |
|  | 39 |  |  |  |  |  |  | 20 |  |  |  |  |  |
| Total Nos. at Age 66493401 |  |  |  | 90412 | 41891 | 10315 | 3500 | 2634 | 389 | 232 | 219 | 68 | 47 |

were made using data from the two sets of growth curves in Figs. 4.2M and F. Average length at age obtained from these curves was converted to weight using appropriate condition factors reported earlier in Table $4 c$ (p. 75 ). These factors indicate that there was some production in March resulting in improved condition without a change in length at age. For this reason the start of the first growing season has been taken as March 1 though growth in length is calculated from April 1. This time-lag between improvement in condition and growth in length is again evident towards the end of the year: while colums $V$ and IX show some slight increase in length between July and September in all cases, production for this period (Columns VIII and XII) is sometimes negative (ages IV males; II, III, IV and $V$ females). Production is negative for all age groups between December and the end of February reflecting the sharp loss of condition reported earlier for this period. It will be recalled that in fitting the dashed curves in Figs. $4 M$ and $F$, it was assumed that all migrant fish returned to the study area in April: the opposite assumption was made for the continuous curve i.e. that all migrant fish stayed away permanently. As a result size at age values at the start of the growing season were higher for the dashed curves. This is reflected as a discrepancy between production values derived from the two curves in Columns VIII and XII in worksheets $5 M$ and $F$ with the dashed curves giving constantly lower production estimates. To some extent, therefore, columns VIII and XII give minimum and maximum estimates of production in the study area. It is more than likely that some of the migrants do return, so that the true value probably lies somewhere between these two estimates. Since there is no growth and virtually no feeding between mid December and the end of February the negative production obtained for this period is in effect an index of the metabolic requirements of the population during winter.

|  |  |  |  | Data from con | continuous | s curve | Pig. 4 P | Data fr | om dashed | curve P | 19. 47 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $I$ | II | III | Iv | v | vi vir | VII | VIII | Ix | $y$ | XI | XII |
| Growth Period | Year <br> class | N | $\overline{\mathrm{N}}$ | $\begin{gathered} \overline{2} \\ (\mathrm{~m}) \end{gathered}$ | $\begin{gathered} \bar{w} \\ (\mathrm{gm}) \end{gathered}$ | $\begin{gathered} \Delta \bar{w} \\ (\mathrm{gm}) \end{gathered}$ | $\begin{gathered} \overline{\mathbb{N}} \Delta \bar{W} \\ (\mathrm{k} i 1 \mathrm{i} \mathrm{~s}) \end{gathered}$ | $\begin{gathered} \overline{\mathrm{I}} \\ (\mathrm{~cm}) \end{gathered}$ | $\begin{gathered} \bar{W} \\ (\mathrm{~g} \times \mathrm{m}) \end{gathered}$ | $\begin{gathered} \Delta \bar{W} \\ (\mathrm{gm}) \end{gathered}$ | $\begin{gathered} \mathrm{N} \Delta \overline{\mathrm{~W}} \\ (\mathrm{k} 11 \mathrm{os}) \end{gathered}$ |
| End Feb - End April |  | 77508 |  | 15.72 | 38.83 |  |  | 16.7 | 46.41 |  |  |
|  |  |  | 75491 |  |  | 35.012 | 2642.940 |  |  | 66.83 | 5045.064 |
| End April - End July |  | 73473 |  | 18.31 | 73.84 |  |  | 21.35 | 107.24 |  |  |
|  |  |  | 67907 |  |  | 131.50 | 8921.771 |  |  | 90.45 | 6142.188 |
| End July - End Sept |  | 62341 |  | 25.77 | 205.34 |  |  | 25.44 | 197.69 |  |  |
|  | 2 |  | 59125 |  |  | - $8.37-$ | -494.876 |  |  | -1.83 | -108. 199 |
| End Sept - Mid Dec |  | 55909 |  | 25.91 | 196.97 |  |  | 25.36 | 191.19 |  |  |
|  |  |  | 52348 |  |  | - $5.34-$ | -279.538 |  |  | -4.67 | -244.886 |
| Mid Dec - End Feb |  | 48787 |  | 25.91 | 191.63 |  |  | 25.98 | 185.31 |  |  |
|  |  |  | 45735 |  |  | - $5.90-$ | -269.837 |  |  | -5.88 | -268.922 |
|  |  | 42683 |  | 25.91 | 186.73 |  |  | 25.98 |  |  |  |
|  |  |  |  | Annual Prod | duction $\begin{array}{r}3 \\ 2 \\ \\ \hline\end{array}$ | $\begin{aligned} & 3 \\ & \Sigma=1052 \\ & 2 \end{aligned}$ | 20.460 kg | Annual Pr | roduction | $\begin{aligned} & 3 \\ & i=1056 \\ & 2 \end{aligned}$ | 5.245 kg |
| End March - End April |  | 38846 |  | 20.16 | 80.81 |  |  | 24.3 | 140.11 |  |  |
|  |  |  | 37835 |  |  | 95.60 | 3617.060 |  |  | 78.28 | 2961.724 |
| End April - End July |  | 36824 |  | 25.28 | 176.41 |  |  | 27.18 | 218.39 |  |  |
|  | 3 |  | 34034 |  |  | 118.22 | 4023.499 |  |  | 92.32 | 3142.019 |
| End July - End Sept |  | 31244 |  | 29.13 | 294.63 |  |  | 29.66 | 310.71 |  |  |
|  |  |  | 29633 |  |  | - 7.95 | -235.82 |  |  | -9.74 | -288.625 |
| End Sept - M1d Dec |  | 28021 |  | 29.43 | 286.68 |  |  | 29.92 | 300.97 |  |  |
|  |  |  | 26236 |  |  | - 8.68 | -227.729 |  |  | -9.15 | -240.059 |
| Mid Dec - End Feb |  | 24451 |  | 29.5 | 278.0 |  |  | 29.99 | 291.82 |  |  |
|  |  |  | 22922 |  |  | - 8.56 | -196.212 |  |  | -9.18 | -210.424 |
|  |  | 21392 |  | 29.5 | 269.44 |  |  | 29.99 | 282.84 |  |  |
|  |  |  |  | Annual Prod | oduction $\begin{array}{r}4 \\ 3\end{array}$ | $\begin{array}{ll}4 \\ \Sigma & 6980 . \\ 3\end{array}$ | . 748 | Annual Pro | duction $\begin{array}{r}4 \\ 5 \\ 3\end{array}$ | 5364.6 | $635$ |
| End March - End April |  | 14919 |  | 24.01 | 135.24 | . |  | 29.6 | 250.54 |  |  |
|  |  |  | 14531 |  |  | 132.07 | 1919.109 |  |  | 73.34 | 1065. 704 |
| End April - End July |  | 14142 |  | 29.14 | 267. 31 |  |  | 31.07 | 323.88 |  |  |
|  | 4 |  | 13071 |  |  | 180.97 | 2365.459 |  |  | 115.03 | 1503.557 |
| End July - End Sept |  | 12000 |  | 33.59 | 448. 28 |  |  | 33. 35 | 438.91 |  |  |
|  |  |  | 11381 |  |  | - 7.78 | -88.544 |  |  | - 2.58 | - 29.363 |
| End Sept - Mid Dec |  | 10762 |  | 34.05 | 440.50 |  |  | 33.94 | 436.33 |  |  |
|  |  |  | 10077 |  |  | -11.89 | $-119.816$ |  |  | - 3.37 | - 33.960 |
| Mid Dee - End Feb |  | 9391 |  | 34.17 | 428.61 |  |  | 34.28 | 432.96 |  |  |
|  |  |  | 8804 |  |  | -13.19 | $-116.125$ |  |  | -13.59 | -119.646 |
|  |  | 8216 |  | 34.17 | 415.42 |  |  | 34.28 | 419.37 |  |  |
|  |  |  |  | Annual Prod | oduction 5 | 5  <br> $\Sigma$ 3960. <br> 4  | 0.083 kg | Annual Pror | racuction | $\begin{array}{ll}5 \\ \Sigma & 2386 . \\ 4\end{array}$ | 292 kg |
| End March - End April |  | 8925 |  | 27.93 | 211.15 |  |  | 33.9 | 373.62 |  |  |
|  |  |  | 8693 |  |  | 125.14 | 1087.842 |  |  | 83.69 | 727.517 |
| End April - End July |  | 8460 |  | 32.71 | 336.29 |  |  | 34.93 | 457.31 |  |  |
|  | 5 |  | 7820 |  |  | 232.62 | 1819.088 |  |  | 110.68 | 865.518 |
| End July - End Sept |  | 7:79 |  | 36.42 | 568.91 |  |  | 36.4 | 567.99 |  |  |
|  |  |  | 5809 |  |  | -18.69 | -127.260 |  |  | -17.33 | -118.000 |
| End Sope - Mid Dee |  | 6438 |  | 36.72 | 550.22 |  |  | 36. 13 | 550.66 |  |  |
|  |  |  | 6028 |  |  | -16.97 | -102.295 |  |  | -13.13 | -79.148 |
| M1d Dec - End Pab |  | 5618 |  | 36.8 | 533.25 |  |  | 36.9 | 537.53 |  |  |
|  |  |  | 5267 |  |  | -16.41 | -86.432 |  |  | -15. 54 | -87.116 |
|  |  | 4915 |  | 36.8 | 516.84 |  |  | 36.9 | \$20.99 |  |  |
|  |  |  |  | Annual Pro | coduction | 6 L 2590. 5 | .943 kg | Nnnual Pr | roduction | $\begin{array}{ll}6 & \\ 5 & 1308 . \\ 5\end{array}$ | 771 kg |
|  |  |  | total | Annual Prod | duction $\begin{aligned} & 5 \\ & 4 \\ & 2\end{aligned}$ | $L_{2}^{5}=2405$ | $52.234 \mathrm{kt1}$ | Total | Annual Pro | duction | $\begin{aligned} & 6 \\ & t=19624.943 \\ & 2 \end{aligned}$ |

[^0]Worksheet 5a M Computation of Production for Male plaice of Agen II - IV in the study area


Mean $11451.664 \pm 2221.807(19.49)$ kilos

Note: The values for $N$ for the start and end of each growth period were calculated using the $Z$ values of Fig. $1 \cdot 6$. For simplicity average values ( $\bar{N}$ ) for each period were taken as arithmetic means and not as average integrals.
both sexes: i.e. that production decreases with age. No doubt this is due to the larger numbers of young fish and their larger growth increments.

Use of appropriate condition factors in converting length to weight has made it possible to estimate how much of the production achieved in the spring/summer months is retained into the next age-group. Though slight increases in length may occur beyond September, colums VIII and XII in the worksheet show that the fish were already using up reserves at this point. By the end of February mean values from the two curves show that between 7.3 and $13.4 \%$ of the summer production has been dissipated. Because the condition factor employed for the winter calculations was not that obtained for spent fish, the loss does not include the reproductive products.

Assuming that recruitment in the population is complete by age II, the age-groups in Worksheet $5 \mathrm{a} M$ and $F$ represent $94 \%$ of the fishable population in the study area. The fishable population thus produces ca. $33,300 \mathrm{~kg}$ annually. When the reductions due to loss of condition in winter are ignored this value becomes $35,900 \mathrm{~kg}$. This gives a value of ca. $0.14 \mathrm{gms} / \mathrm{m}^{2}$. Based on commercial landings, clarke (1946) calculated that the total demersal production of the George's Bank of the North Sea approaches $3.68 \mathrm{~g} / \mathrm{m}^{2} / \mathrm{yr}$ ( $=331 \mathrm{~b} /$ acre). Harvey (1950) estimated in very proximate fashion, that
daily demersal production in the English Channel is 0.001 gm dry wt/ma which, assuming $75 \%$ water content, gives ca. $1.46 \mathrm{~g} / \mathrm{m}^{2} / \mathrm{yr}$. Pearcy (1962) working with estuarine $0-$ and I-group winter flounder Pseudopleuronectes americanus, obtained yearly production estimates of $3.68 \mathrm{gm} / \mathrm{m}^{2}$. Lockwood (1972) obtained half-yearly production estimates (May-October) of between 2.49 and $5.19 \mathrm{gm} / \mathrm{m}^{2}$ for O-group plaice. Considering that the present study excludes 0 - and I-group fish which must be the most numerous and fastest growers in the population, the present study does not compare too badly with these earlier reports. In terms of $P / B$ ratios, the fishable population more than replaces itself annually,producing 1.26 of the biomass available at the start of the year. Pearcy's winter flounders on the other hand produced about twice the average biomass and the same is true of Lockwood's O-group plaice.

## Daily food Intake

The estimation of the daily food intake (d.f.i.) of fish populations in the wild has proved to be difficult. It is not feasible to observe the feeding activities of fish directly in the field and information is therefore derived from the stomach contents of freshly caught specimens. However, the amount of such contents will on any occasion be the outcome of two concurrent processes, viz. ingestion and gastric evacuation. In fish populations where the feeding is not synchronised amongst individuals, consecutive samples of stomach contents will tend to oscillate about a mean. When the ingestion rate exceeds the rate of gastric evacuation, consecutive samples of fish from a population which is synchronised will show a rise in stomach contents. This trend will be reversed when the rate of gastric evacuation exceeds that of ingestion. These considerations mean that the average stomach contents obtained from a single sample of fish are a static picture from what is essentially a dynamic flow. Originally these factors were not quite appreciated and in 1935 A.J.

Bajkov suggested catching large numbers of fish and killing some immediately to establish the average stomach contents in the wild. Serial slaughter of the remaining individuals could then be used to estimate total gastric evacuation time from which daily food intake (D.f.i.) could be estimated by use of the expression

$$
D=\frac{A 24}{N}
$$

where $D=$ D.f.i., $A=$ original stomach contents, $N$. $=$ number of hours required to empty the stomach of $A$.

Since the mid-sixties the literature has seen a spate of feeding chronology and gastric evacuation studies which now make it possible to fault the rationale of Bajkov's equation in some respects. The equation assumes in effect that feeding is not synchronised amongst the members of a fish population and that consecutive samples throughout a 24-hour period will give average stomach contents that oscillate about A. In other words the population as a whole (not the separate individuals) feeds at an unchanging intensity. Tbis is probably true of the cod, Gadus morhua (see Daan, 1973). However, when feeding is synchronised and the population behaves essentially like a single 'corporate' individual, alterations in the relationships between evacuation rate and ingestion rate will result in a fairly smooth rise and fall of stomach contents. It follows then that estimates of daily food intake must be preceded and guided by investigations of the feeding chronology.

The weight of stomach contents of fish at any given time of day depends on, amongst other factors, the digestibility of the various items and the time since they were ingested. Failure to take this into account is another shortcoming of Bajkov's equation and one which several subsequent expressions have sought to rectify. For example, Swenson and Smith (1972) estimated the daily food intake of Stizostedion vitreum

$$
c=\Sigma_{t} \Sigma_{s} \frac{\left(\Sigma f_{\cdot} s c\right)}{F}
$$

where $C=$ daily food intake in gms for the average fish; sc $=$ undigested weights of stomach contents for foods of a given size not more than 90\% digested and consumed during a given period; $\Sigma f=$ summation of corrected weights of stomach contents for all fish in the sample having consumed food of a given size during a time period; $F$ - number of fish in the sample which could have contained food of a given size during a time period in a state of digestion not exceeding 90\%; $\Sigma_{s}=$ summation of food sizes; $\Sigma_{t}=$ summation of time. This is one of the most carefully constructed equations of its kind in the literature. It makes provision for loss of weight of food items due to digestion and also recognised that the extent of such digestion will vary with the digestibility and size of each food item. Daan (1973) working with the more macrophagous cod, assumed that the average stomach contents from a sample of freshly killed specimen would be half the original weight and used a much simpler expression for estimating food consumption viz.:

$$
\phi_{L}=\frac{2 . W_{L}}{D_{L}}
$$

where $\phi_{L}=$ daily ration of fish of length $L$; weight of the stomach contents at length $L ; D_{L}=$ digestion time in days at length $L$.

Perhaps more relevant to the present study, is the method devised by Lockwood (1972) to estimate the daily ration of O-group plaice in a bay on the east coast of England. Trawls were carried out at 3 hourly intervals over a 24-hour period. Each catch was divided into two groups designated $A$ and $B$. Sample $A$ were killed immediately and their stomach contents preserved. Sample $B$ were kept alive on deck. After 3 hours, when the next catch was taken, sample $B$ were killed. This process,repeated over the 24-hour sampling period, gave 8 pairs of samples: ' $A$ ' samples preserved at the time of capture and ' $B$ ' samoles preserved after holding alive on
deck for 3 hours. The following assumptions were then made:

1) During each 3 hour period all fish free in the sea were feeding/ digesting/behaving normally.
2) The mean stomach contents of sample $A_{t}$ (where $t$ is the time of death) is representative of the population at the time of capture.
3) Sample $B_{t}$ have digested as much food during the 3 hours spent in the tanks on deck as sample $A_{z}$ ingested while still free.

On the basis of these assumptions, the difference between $A_{t}$ and $B_{t}$ was the amount eaten in 3 hours (and the difference between $A_{t}-3$ and $B_{t}$ was tine amount digested).

- food intake per 3 hours $=A_{t}-B_{t}$ and daily food intake D.f.i. $=\Sigma\left(A_{t}-B_{t}\right)$.

Lockwood realised that assumption (3) was likely to be unjustified because of the stress occasioned by trawling/handling which was bound to depress the evacuation rate of sample $B_{t}$. As the fish feed on a tidal cycle he reasoned that cessation of feeding should theoretically be the same in tanks $\left(B_{t}\right)$ as in the sea $\left(A_{t}\right)$ and $A_{t}=B_{t}$. On the basis of this he assumed that the mean value of the difference when $A_{t}<B_{t}$ was an estimate of the food not digested, $C$, due to stress that would have been digested in unstressed, i.e. free fish.

$$
\therefore \text { when } A_{t}<B_{t}, \quad B_{t}-A_{t}=C
$$

As fish were stressed by an equal amount throughout the 24 hour period the mean value of $C, \bar{C}$ was added to each estimate of food intake

$$
\begin{aligned}
\text { f.i. } & =\left(A_{t}-B_{t}\right)+\bar{C} \\
\text { D.f.i. } & =\sum\left(A_{t}-B_{t}\right)+\bar{C}
\end{aligned}
$$

Lockwood's method was considered unsuitable for the present study for several reasons. Some of these were practical: e.g. there would not have
been enough room on deck on the R.V. 'Prince Madog' to hold sufficiently large samples of each of the three size-groups under reasonable conditions. There were also theoretical considerations most of which centred around assumption (3) and the stress effects of trawling and handling. Evidence for this is extensive (see e.g. Windell, 1966) and it is not surprising that the correction factor $\bar{C}$ usually accounted for ca. $50 \%$ of the estimated D.f.i. in each case. As there were only a few short periods in the study when stomach contents fell steadily, it was thought that estimates of $C$ would be unreliable. The problem therefore was to obtain reliable estimates of the gastric evacuation rate in the wild and this was done as follows. The series of Figs. (2.2 $1-v$ and 2.2 a-e) was examined in detail. It was considered that a period of no feeding and gastric evacuation would be characterised by the following:
a) A consistent fall in both feeding and total averages of stomach contents.
b) A fall in S.I. and an increase in I.O and perhaps E.

Figs. 2.2ii and 2.2b have been modified in Fig. 5a to illustrate the process. It was found that conditions (a) and (b) above were not necessarily met simultaneously, e.g. in Fig. 5a the period marked (1) for small fish shows a drop in average stomach contents but also a rise in S.I. This means that the fish were still feeding and the decline in stomach contents during this period is an underestimate of the gastric evacuation rate. For those periods which met both conditions simultaneously, gastric evacuation was calculated as the slope of the regression of the square root of total average against time. Where more than one period was available an average slope was calculated (after Thorpe, 1977; see Notes on Fig. 5a). The gastric evacuation rate obtained for each size group was used to predict the amount of food evacuated between hauls by use of the following equation

$$
c_{2}=\left(\sqrt{ } C_{1}-R \Delta t\right)^{2}
$$

where $C_{2}$ is the predicted stomach content for haul $n+1 ; C_{1}=$ observed

Fig. 5a. Estimating average gastric evacuation rates for each size-group population from the variation in average stomach contents with time of day. Gastric evacuation for each period (i.e. (i), (ii), (iii)), was calculated by regressing the square root of total averages against time. An average was obtained for each sizegroup as the arithmetic mean of the individual rates obtained for each period. Where a decline in stomach contents was not accompanied by a fall in $5 . O$ the period in question was excluded from the calculations e.g. period (ii) smalls.

stomach content for haul $n ; R=$ gastric evacuation rate; $\Delta t=$ time interval between hauls $C_{1}$ and $C_{2}$. The difference between predicted values of $C_{2}$ and those observed was taken as the food intake during $\Delta t$. If the evacuation $R$ iz an underestimate,predicted values will tend to be higher than observed values i.e. food intake will be negative. Tables $5 b-5 f$ show the estimation of D.f.i. for the three size-groups of fish in March, May, August and November. The asterisks indicate those occasions when evacuation was faster than predicted resulting in negative intake. This occurred cil only 10 occasions (12\%) and may mean that the method does not greatly widerestimate gastric evacuation in the wild.

Conversion Efficiencies: The data necessary for the computation of conversion efficiencies are contained in Tables 5a-5n. In Table 5g the dry weight values of D.f.i. have been converted to wet weight using rezationships obtained from the respective stomach contents. In Table 5 h daily ration has been regressed on the average weight of the 3 sizegroups; the resultant equations makes it possible to estimate the daily ration of fish of any size. The average length of each size group was stained from the length-frequency structure of the total population (Table 5a p. 91 ). These lengths were converted to weight by raising to the power 2.946 and multiplying by the appropriate condition factor. The caloric content of fish tissue was obtained from whole fish that were minced, oven dried at $60^{\circ} \mathrm{C}$ and/ignited in a bomb calorimeter at 20 atm. $\mathrm{O}_{2}$. Table $5 k$ shows that caloric content of plaice tissue can be considered constant throughout the year. The proportion of each food type in the mean of each size group is based on the frequency of occurrence by weight shown in Fig. 2.la-c (p. 28). All molluscs have been grouped together because of the similarity of their caloric contents; Pectinaria is separate from other polychaetes because of its comparatively low caloric value (Table 5 n ). Common values are similarly given for small (19.420.4 cm ) and medium (20.5-25.4 cm) fish in Table 5 n because of the

| $\begin{aligned} & \text { Hauls } \\ & \text { o'clock } \end{aligned}$ | smalls |  |  |  | mediums |  |  |  | large |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\underset{\substack{\text { Initial } \\ \text { gra }}}{ }$ | $\underset{\text { ginal }}{\substack{\text { gin }}}$ | $\begin{aligned} & \text { Expected } \\ & \text { gmm } \end{aligned}$ | Intake gma |  | $\underset{\text { Final }}{\substack{\text { gm }}}$ | $\underset{\text { gm }}{\text { Expected }}$ | Intake gm | $\underset{\substack{\text { Intital }}}{\text { git }}$ | $\begin{gathered} \text { Final } \\ \text { gin } \end{gathered}$ | $\begin{aligned} & \text { Expected } \\ & \mathrm{mm} \end{aligned}$ | $\begin{gathered} \text { Intake } \\ \mathrm{gm} \mathrm{~m} \end{gathered}$ |
| 1234+1434 | 0.026 | 0.012 | 0.00 | 0.012 | 0.065 | 0.032 | 0.00 | 0.032 | 0.165 | 0.00 | 0.00 | 0.00 |
| $1434 \cdot 1640$ | 0.329 | 0.329 | 0.00 | 0.329 | 0.032 | 0.503 | 0.00 | 0.603 | 0.00 | 1.053 | 0.00 | 1.053 |
| $1640+1900$ | 0.329 | 0.216 . | 0.1088 | 0.1072 | 0.603 | 0.346 | 0.1197 | 0.2263 | 1.053 | 0.140 | 0.2033 | 0.00 |
| $1900+2100$ | 0.216 | 0.018 | 0.0653 | 0.0* | 0.346 | 0.00 | 0.0674 | 0.00* | 0.140 | 0.00 | 0.00 | 0.00 |
| $2100 \cdot 2400$ | 0.018 | $0.001^{\circ}$ | 0.000 | 0.001 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| $2400+0300$ | 0.001 | 0.024 | 0.000 | 0.024 | 0.00 | 0.451 | 0.00 | 0.451 | 0.00 | 0.688 | 0.00 | 0.688 |
| $0300-0600$ | 0.024 | 0.133 | 0.000 | 0.133 | 0. 451 | 0.266 | 0.0137 | 0.2523 | 0.688 | 0.452 | 0.0078 | 0.442 |
| 0600-0800 | 0.133 | 0.047 | 0.0242 | 0.023 | 0.265 | 0.239 | 0.0211 | 0.2179 |  |  |  |  |
| $0800 \cdot 1000$ | 0.047 | 0.103 | 0.001 | 0.102 | 0.239 | 0.040 | 0.0142 | 0.0258 | 0.452 | 0.220 | 0.00 | 0.220 |
| $1000 \cdot 1200$ | 0.103 | 0.052 | 0.0125 | 0.0395 | 0.040 | 0.055 | 0.00 | 0.055 | 0.220 | 0.00 | 0.00 | 0.00 |
| D.f.1. - 0.7714 gms dry |  |  |  |  | D.f.1. - 1.8633 gms dry |  |  |  | D.f.1. $=2.4052 \mathrm{~g}$ |  |  |  |

Table Sc Estimation of D.f.1. in May

| Smalls |  |  |  |  | mediums |  |  |  | large |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { Hauls } \\ 0^{\circ} \text { clock } \end{gathered}$ |  | $\underset{\mathrm{gm}}{\text { Final }}$ | $\underset{\text { gin }}{\text { Expected }}$ | Intake gm | $\underset{\text { gm }}{\text { Initial }}$ | $\begin{gathered} \text { Final } \\ \text { gin } \end{gathered}$ | $\underset{\mathrm{gm}}{\text { Expected }}$ | Intake gm | $\underset{\text { gm }}{\text { Initial }}$ | $\underset{\text { gin }}{\text { Final }}$ | $\underset{\text { gm }}{\text { Expected }}$ | Intake $\mathrm{gm}^{\mathrm{m}}$ |
| 1145 -1445 | 0.1213 | 0. 223 | 0.00 | 0.233 | 0.564 | 0.208 | 0.1538 | 0.0542 | 0.886 | 0.255 | 0.2491 | 0.0059 |
| $1445 \cdot 1745$ | 0.233 | 0.00 | 0.0086 | 0.0* | 0.208 | 0.204 | 0.0095 | 0. 1945 | 0.255 | 0.060 | 0.0037 | 0.0563 |
| $1745+2045$ | 0.00 | 0.00 | 0.00 | 0.0 | 0.204 | 0.013 | 0.0086 | 0.0044 | 0.060 | 0.027 | 0.00 | 0.027 |
| $2045 \cdot 2345$ | 0.00 | 0.011 | 0.00 | 0.011 | 0.013 | 0.017 | 0 | 0.017 | 0.027 | 0.510 | 0.00 | 0.510 |
| $2345+0245$ | 0.011 | 0.131 | 0.00 | 0.131 | 0.017 | 0.057 | 0.0 | 0.057 | 0.510 | 0.330 | 0.0740 | 0.256 |
| $0245+0545$ | 0.131 | 0.329 | 0.00 | 0.329 | 0.057 | 0.657 | 0.0 | 0.657 | 0.330 | 0.941 | 0.0175 | 0.9235 |
| $0545-0800$ | 0.329 | 0.209 | 0.0618 | 0.1472 | 0.657 | 0.009 | 0.2932 | 0.5158 | 0.941 | 1.802 | 0.4101 | 1. 3919 |
| $0800+1000$ | 0.209 | 0.233 | 0.0389 | 0.1931 | 0.809 | 0.562 | 0.4359 | 0.1261 | 1. 802 | 1.000 | 1.0974 | 0.0* |
| $1000+1200$ | 0.233 | 0.069 | 0.0491 | 0.0199 | 0.562 | 0.095 | 0.2606 | 0.0 | 1.000 | 0.393 | 0.4973 | 0.0* |




[^1]Table 5 g Converting the dry weights of D.f.i. to wet weight
$\mathrm{Y}=$ wet weight (gms) $\mathrm{X}=$ dry weight (gms)

| SMaLlS $15-19.4 \mathrm{~cm}$ |  |  |  |  | MEDIUMS 19.4-25.4 cm |  |  |  | LARGE $30-35 \mathrm{~cm}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Vonth | $\begin{aligned} & \text { D.f.i. } \\ & \text { gms dry } \end{aligned}$ | Wet wt. (Y) vs Dry wt (x) | $\begin{aligned} & \text { D.f.i. } \\ & \text { gms wet } \end{aligned}$ | D.f.i. <br> 8 body wt | $\begin{aligned} & \text { D.f.i. } \\ & \text { gms dry } \end{aligned}$ | Wet wt (y) vs Dry wt (x) | $\begin{aligned} & \text { D.f.i. } \\ & \text { gms wet } \end{aligned}$ | D.f.1. <br> 8 body wt | $\begin{aligned} & \text { D.f.1. } \\ & \text { gms dry } \end{aligned}$ | Wet wt (Y) vs Dry wt (x) | D.f.i. gms wet | D.f.i. <br> - body ut |
| March | 0.7714 | $\mathrm{Y}=3.4335 \mathrm{x}+0.1856$ | 2.8342 | 5.32 | 1.2283 | $\mathrm{Y}=3.2120 \mathrm{x}+0.4351$ | 4.3804 | 3.90 | 3.3182 | $\mathrm{Y}=2.6289 \mathrm{x}+0.6726$ | 10.3958 | 3.15 |
| May | 1.0642 | $\mathrm{Y}=3.5009 \mathrm{x}+1.207$ | 4.9327 | 8.26 | 1.626 | $\mathrm{Y}=3.8574 \mathrm{x}+3.3278$ | 9.60 | 7.67 | 3.1706 | $\mathrm{y}=3.9646 \mathrm{x}+0.9398$ | 13.1349 | 3.55 |
| Auçust | 1.2606 | $\mathrm{Y}=3.1473 \mathrm{X}-0.0320$ | 3.9355 | 5.32 | 2.0367 | $\mathrm{Y}=2.8134 \mathrm{X}+0.3805$ | 6.1109 | 4.26 | 2.0396 | $\mathrm{y}=2.7991 \mathrm{x}+1.1726$ | 10.4811 | 2.81 |
| November | 0.4336 | $\mathrm{Y}=3.5930 \mathrm{x}-0.0309$ | 1.527 | 2.56 | 0.818 | $\mathrm{Y}=3.3923 \mathrm{x}+0.6466$ | 3.4215 | 2.70 | 2.953 | $\mathrm{Y}=3.6422 \mathrm{x}+3.0561$ | 11.1521 | 3.02 |
| February | 0.2085 | $\mathrm{Y}=5.075 \mathrm{x}+0.0084$ | 1.0665 | 1.65 | 0.473 | $\mathrm{Y}=4.5259+0.2384$ | 2. 3792 | 2.13 | 0.163 | $\mathrm{Y}=3.7125 \mathrm{x}+0.0496$ | 0.6547 | 0.20 |

Table 5 h The relationship between daily food intake (D.f.i. gms) and fish size (W gms)

| Month | Equation | Correlation $(r)$ | Level of signficance |
| :--- | :---: | :---: | :---: |
| March | D.f.i. $=0.102 \mathrm{~W}^{0.804}$ | 1.00 | $\rho \leq 0.005$ |
| May | D.f.i. $=0.524 \mathrm{~W}^{0.562}$ | 0.9247 | $\rho=0.50$ |
| August | D.f.i. $=0.328 \mathrm{~W}^{0.591}$ | 0.9919 | $\rho=0.01$ |
| November. D.f.i. $=0.01 \mathrm{~W}^{1.211}$ | 0.9970 | $\rho=0.05$ |  |

Table $5 k$ The caloric content of plaice tissue in different moths

| Month | \% Water | KCals/gm wet | KCales/gm dry |
| :--- | :---: | :---: | :---: |
| March | 72.4 | 1.40 | 5.07 |
| May | 71.8 | 1.45 | 5.13 |
| June | 71.0 | 1.51 | 5.19 |
| August | 72.1 | 1.51 | 5.42 |
| September | 72.2 | 1.45 | 5.21 |
| Means: $71.9 \pm 0.55$ | $1.46 \pm 0.05$ | $5.204 \pm 0.13$ |  |

Table 5 m The caloric content of prey items

| Item | \% Water | $\mathrm{KCals} / \mathrm{gm}$ wet | $\mathrm{KCals} / \mathrm{gm}$ dry |
| :--- | :---: | :---: | :---: |
| Molluscs | 67.76 | 1.37 | 4.25 |
| Pectinaria | 71.48 | 0.813 | 2.85 |
| Other Polychaetes | 80.12 | 0.950 | 4.78 |

Table $5 n$ The composition by weight of plaice diet in the study area in different months $()=$, large fish $>30 \mathrm{~cm}$

similarity of their diet. compositions as outlined earlier in Chapter 2.

Worksheets $5 b M$ ansi $F$ give the steps involved in the computation of conversion efficiencies. Each initial and final weight is an average calculated from values obtained from each growth curve as Columns VI and X of Worksheet 5a. Daily food intake for each growth period was calculated by substituting the average weight per individual ((initial + final)/2) in the appropriate equation contained in Table 5h. The D.f.1. for March was used for perisd 1; the D.f.i. for May was used for period 2 and that for August for feriod 3. Conversion efficiencies have been calculated only up to the point when $90 \%$ of the annual increment has been achieved; this is usually up to the 3 rd growth period for male fish and only up to the second growth period for female fish. Gross conversion efficiencies have been calculated as

$$
K_{1}=\frac{\Delta W}{R \Delta t} \times 100
$$

where $K_{1}$ - gross efficiency, $\Delta W=$ growth increment during growth period; $\Delta t=$ length of growti period in days; $R=$ daily ration. Net conversion efficiency $K_{2}$ was calculated as

$$
K_{2}=\frac{\Delta W}{\rho R \Delta t}
$$

where $\Delta W$ and $\Delta t$ remain as in the $K_{1}$ equation and $\rho R$ is the assimilated fraction of R. $c R$ was taken as 0.8R after Winberg (1956). Growth efficiency of the third order $K_{3}$ was calculated as

$$
K_{3}=\frac{\Delta W}{\rho R \Delta t-T_{R}}
$$

where $T_{R}$ is the amount of $\rho$ that meets metabolic needs. According to Edwards, Finlayson and Steele (1968), oxygen consumption in resting plaice obeys the formula:

$$
\underline{O}_{2}=0.214 \mathrm{w}^{0.721} \text { at } 10^{\circ} \mathrm{C}
$$

where $\mathrm{CO}_{2}=$ oxygen consumption as $\mathrm{ml} / \mathrm{hr}$, and $\mathrm{w}=$ fish weight. The resting metabolic rate for each age group was obtained using this formula and then

| Age | Growth Pericd | Length ofGrowth Period | Initial <br> weightgm (Kcal) | Final <br> weight <br> $g($ Kcal $)$ | Growth <br> Incrementg (Kcal) | $\frac{\text { D.f.i. }}{\mathrm{g}(\text { Kcal })}$ | Total <br> Intake <br> $g($ Kcal $)$ | Routine <br> Metabolism <br> Kcal | Conversion eff iciencies |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  | Gross ( $\mathrm{K}_{1}$ ) | Net $\mathrm{K}_{2}$ | 3 rd Order $\mathrm{K}_{3}$ |  |
|  |  |  |  |  |  |  |  |  | g (Kcal) | g (Kcal) | g(K.cal) |  |
| II | End February - End April | 61 | $\begin{gathered} 70.84 \\ (103.43) \end{gathered}$ | $\begin{aligned} & 100.4 \\ & (146.58) \end{aligned}$ | $\begin{gathered} 29.56 \\ (43.16) \end{gathered}$ | $\begin{gathered} 3.66 \\ (3.62) \end{gathered}$ | $\begin{gathered} 223.26 \\ (221.03) \end{gathered}$ | $\begin{gathered} 66.51 \\ (65.84) \end{gathered}$ | $\begin{gathered} 13.24 \\ (19.53) \end{gathered}$ | $\begin{gathered} 16.55 \\ (24.41) \end{gathered}$ | $\begin{gathered} 26.37 \\ (38.89) \end{gathered}$ |  |
|  | End April - End July | 92 | $\begin{gathered} 100.40 \\ (103.43) \end{gathered}$ | $\begin{gathered} 154.16 \\ (225.07) \end{gathered}$ | $\begin{gathered} 53.76 \\ (78.49) \end{gathered}$ | $\begin{gathered} 7.99 \\ (10.27) \end{gathered}$ | $\begin{gathered} 735.08 \\ (944.58) \end{gathered}$ | $\begin{gathered} 78.08 \\ (100.33) \end{gathered}$ | $\begin{gathered} 7.31 \\ (8.31) \end{gathered}$ | $\begin{gathered} 9.14 \\ (10.39) \end{gathered}$ | $\begin{gathered} 10.54 \\ (11.98) \end{gathered}$ |  |
|  | End July - Enc September | 61 | $\begin{gathered} 154.16 \\ (225.07) \end{gathered}$ | $\begin{gathered} 158.55 \\ (231.48) \end{gathered}$ | $\begin{gathered} 4.39 \\ (6.41) \end{gathered}$ | $\begin{gathered} 6.42 \\ (7.41) \end{gathered}$ | $\begin{gathered} 391.74 \\ (452.07) \end{gathered}$ | $\begin{gathered} 188.18 \\ (217.16) \end{gathered}$ | $\begin{gathered} 1.12 \\ (1.42) \end{gathered}$ | $\begin{gathered} 1.40 \\ (1.77) \end{gathered}$ | $\begin{gathered} 3.51 \\ (4.44) \end{gathered}$ |  |
| 111 | End February - End April | 61 | $\begin{gathered} 114.47 \\ (167.13) \end{gathered}$ | $\begin{gathered} 155.57 \\ (227.13) \end{gathered}$ | $\begin{gathered} 41.10 \\ (60.01) \end{gathered}$ | $\begin{gathered} 5.28 \\ (5.23) \end{gathered}$ | $\begin{gathered} 322.08 \\ (318.86) \end{gathered}$ | $\begin{gathered} 92.36 \\ (91.44) \end{gathered}$ | $\begin{gathered} 12.76 \\ (18.82) \end{gathered}$ | $\begin{gathered} 16.07 \\ (23.52) \end{gathered}$ | $\begin{gathered} 24.86 \\ (36.67) \end{gathered}$ | 1 |
|  | End April - End July | 92 | $\begin{gathered} 155.57 \\ (227.13) \end{gathered}$ | $\begin{gathered} 225.58 \\ (329.35) \end{gathered}$ | $\begin{gathered} 70.01 \\ (102.22) \end{gathered}$ | $\begin{gathered} 10.02 \\ (12.88) \end{gathered}$ | $\begin{gathered} 921.84 \\ (1184.56) \end{gathered}$ | $\begin{gathered} 228.60 \\ (293.75) \end{gathered}$ | $\begin{gathered} 7.60 \\ (8.63) \end{gathered}$ | $\begin{gathered} 9.49 \\ (10.79) \end{gathered}$ | $\begin{gathered} 13.75 \\ (15.63) \end{gathered}$ | $\stackrel{\stackrel{-}{\circ}}{\stackrel{-}{\circ}}$ |
|  | End July End September | 61 | $\begin{gathered} 225.58 \\ (329.35) \end{gathered}$ | $\begin{gathered} 227.91 \\ (332.75) \end{gathered}$ | $\begin{gathered} 2.33 \\ (3.40) \end{gathered}$ | $\begin{gathered} 8.00 \\ (9.23) \end{gathered}$ | $\begin{gathered} 488.00 \\ (563.15) \end{gathered}$ | $\begin{gathered} 245.99 \\ (283.87) \end{gathered}$ | $\begin{gathered} 0.48 \\ (0.60) \end{gathered}$ | $\begin{gathered} 0.60 \\ (0.76) \end{gathered}$ | $\begin{gathered} 1.61 \\ (2.04) \end{gathered}$ |  |
| IV | End February - End April | 61 | $\begin{gathered} 200.76 \\ (293.11) \end{gathered}$ | $\begin{gathered} 244.49 \\ (356.96) \end{gathered}$ | $\begin{gathered} 43.73 \\ (63.85) \end{gathered}$ | $\begin{gathered} 7.90 \\ (7.82) \end{gathered}$ | $\begin{gathered} 481.90 \\ (477.08) \end{gathered}$ | $\begin{gathered} 132.46 \\ (131.13) \end{gathered}$ | $\begin{gathered} 9.08 \\ (13.38) \end{gathered}$ | $\begin{gathered} 11.34 \\ (16.73) \end{gathered}$ | $\begin{gathered} 17.28 \\ (25.48) \end{gathered}$ |  |
|  | End April - End July | 92 | $\begin{aligned} & 244.49 \\ & (356) \end{aligned}$ | $\begin{gathered} 301.85 \\ (440.70) \end{gathered}$ | $\begin{gathered} 57.36 \\ (83.75) \end{gathered}$ | $\begin{gathered} 12.27 \\ (15.77) \end{gathered}$ | $\begin{gathered} 1128.84 \\ (1450.56) \end{gathered}$ | $\begin{gathered} 296.35 \\ (380.79) \end{gathered}$ | $\begin{gathered} 5.08 \\ (7.28) \end{gathered}$ | $\begin{gathered} 6.35 \\ (7.22) \end{gathered}$ | $\begin{gathered} 9.45 \\ (10.74) \end{gathered}$ |  |


| Age | Growth Period | Length of Growth Period | Inftial weight | Final <br> weicht <br> g (Kcal) | Growth Increment <br> g (Kcal) | $\frac{\text { D.f.i. }}{g(\text { Kcal })}$ | Total <br> Intake$g($ Kcal $)$ | $\frac{\begin{array}{l} \text { Metabolic } \\ \text { Requirements } \end{array}}{g(\text { Kcal })}$ | conversion EfFICIE:cICS |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  | Gross $\mathrm{K}_{1}$ | $\text { Net } \mathrm{K}_{2}$ | 3 rd Order $\mathrm{K}_{3}$ |
|  |  | days | g (K cal) |  |  |  |  |  | g (Kcal) | $g$ (Kcal) | g (K cal) |
| II | End February - End April | 61 | $\begin{gathered} 42.62 \\ (62.23) \end{gathered}$ | $\begin{gathered} 90.54 \\ (132.19) \end{gathered}$ | $\begin{gathered} 47.92 \\ (69.96) \end{gathered}$ | $\begin{gathered} 2.98 \\ (2.95) \end{gathered}$ | $\begin{gathered} 181.78 \\ (179.96) \end{gathered}$ | $\begin{gathered} 55.47 \\ (54.92) \end{gathered}$ | $\begin{gathered} 26.36 \\ (38.88) \end{gathered}$ | $\begin{gathered} 32.95 \\ (48.59) \end{gathered}$ | $\begin{gathered} 53.27 \\ (78.56) \end{gathered}$ |
|  | End April - End July | 92 | $\begin{gathered} 90.54 \\ (132.19) \end{gathered}$ | $\begin{gathered} 201.52 \\ (294.22) \end{gathered}$ | $\begin{gathered} 110.98 \\ (162.03) \end{gathered}$ | $\begin{gathered} 8.63 \\ (11.09) \end{gathered}$ | $\begin{gathered} 793.96 \\ (1020.24) \end{gathered}$ | $\begin{gathered} 188.68 \\ (242.45) \end{gathered}$ | $\begin{gathered} 13.98 \\ (15.88) \end{gathered}$ | $\begin{gathered} 17.47 \\ (19.85) \end{gathered}$ | $\begin{gathered} 24.86 \\ (28.24) \end{gathered}$ |
| III | End February - End April | 92. | $\begin{gathered} 110.46 \\ (161.27) \end{gathered}$ | $\begin{gathered} 197.40 \\ (288.20) \end{gathered}$ | $\begin{gathered} 86.94 \\ (126.93) \end{gathered}$ | $\begin{gathered} 5.86 \\ (5.80) \end{gathered}$ | $\begin{gathered} 356.85 \\ (353.28) \end{gathered}$ | $\begin{gathered} 101.52 \\ (100.51) \end{gathered}$ | $\begin{gathered} 24.36 \\ (35.93) \end{gathered}$ | $\begin{gathered} 30.45 \\ (44.91) \end{gathered}$ | $\begin{aligned} & 47.26 \\ & (69.70) \end{aligned}$ |
|  | End April - End July |  | $\begin{gathered} 197.40 \\ (288.20) \end{gathered}$ | $\begin{gathered} 302.67 \\ (441.90) \end{gathered}$ | $\begin{gathered} 105.27 \\ \text { (153.69) } \end{gathered}$ | $\begin{gathered} 11.67 \\ (15.00) \end{gathered}$ | $\begin{gathered} 1073.64 \\ (1379.63) \end{gathered}$ | $\begin{gathered} 278.05 \\ (357.29) \end{gathered}$ | $\begin{gathered} 9.81 \\ (11.14) \end{gathered}$ | $\begin{gathered} 12.26 \\ (13.92) \end{gathered}$ | $\begin{gathered} 18.12 \\ (20.59) \end{gathered}$ |
| IV | End February - End April | 61 | $\begin{gathered} 192.89 \\ (281.62) \end{gathered}$ | $\begin{gathered} 295.60 \\ (431.58) \end{gathered}$ | $\begin{gathered} 102.71 \\ (149.96) \end{gathered}$ | $\begin{gathered} 8.48 \\ (9.27) \end{gathered}$ | $\begin{gathered} 517.28 \\ (565.49) \end{gathered}$ | $\begin{gathered} 128.24 \\ (140.19) \end{gathered}$ | $\begin{gathered} 19.86 \\ (26.52) \end{gathered}$ | $\begin{gathered} 24.82 \\ (33.15) \end{gathered}$ | $\begin{gathered} 35.96 \\ (48.03) \end{gathered}$ |
|  | End April - End July | 92 | $\begin{gathered} 295.60 \\ (431.58) \end{gathered}$ | $\begin{gathered} 443.60 \\ \text { (647.66) } \end{gathered}$ | $\begin{aligned} & 148.0 \\ & (216.08) \end{aligned}$ | $\begin{gathered} 14.53 \\ (16.09) \end{gathered}$ | $\begin{gathered} 1336.76 \\ (1479.79) \end{gathered}$ | $\begin{gathered} 427.81 \\ (473.58) \end{gathered}$ | $\begin{gathered} 11.07 \\ (14.60) \end{gathered}$ | $\begin{gathered} 13.89 \\ (18.25) \end{gathered}$ | $\begin{gathered} 23.07 \\ (30.42) \end{gathered}$ |
| v | End February - End April | 61 | $\begin{gathered} 292.39 \\ (426.89) \end{gathered}$ | $\begin{gathered} 396.80 \\ (579.33) \end{gathered}$ | $\begin{gathered} 104.41 \\ (152.44) \end{gathered}$ | $\begin{gathered} 11.18 \\ (12.22) \end{gathered}$ | $\begin{gathered} 681.98 \\ (754.95) \end{gathered}$ | $\begin{gathered} 164.36 \\ (179.68) \end{gathered}$ | $\begin{gathered} 15.31 \\ (20.19) \end{gathered}$ | $\begin{gathered} 19.14 \\ (25.24) \end{gathered}$ | $\begin{gathered} 27.39 \\ (35.93) \end{gathered}$ |
|  | End April - End July | 92 | $\begin{gathered} 396.80 \\ (579.33) \end{gathered}$ | $\begin{gathered} 568.45 \\ (829.94) \end{gathered}$ | $\begin{gathered} 171.65 \\ (250.61) \end{gathered}$ | $\begin{gathered} 16.89 \\ (18.70) \end{gathered}$ | $\begin{gathered} 1553.88 \\ (1720.15) \end{gathered}$ | $\begin{gathered} 518.56 \\ (574.04) \end{gathered}$ | $\begin{gathered} 11.05 \\ (14.57) \end{gathered}$ | $\begin{gathered} 13.81 \\ (18.21) \end{gathered}$ | $\begin{gathered} 23.69 \\ (31.09) \end{gathered}$ |

corrected to ambient temperature using the expression

$$
\left.\log Q_{10}=\frac{10\left(\log R_{1}-\log R_{2}\right)}{10-T_{2}} \quad \text { (Hoar, } 1966\right)
$$

where $Q_{10}$ was taken as 2.63 (after Backiel, 1971), $R_{1}$ as the oxygen consumption at $10^{\circ} \mathrm{C}$ and $\mathrm{R}_{2}$ as the oxygen consumption at ambient temperature $T_{2}$. Metabolic rates obtained in this way were corrected for activity by multiplying by 2 (Winberg, 1956) and then converted to calories using the factor

$$
1 \mathrm{ml} \mathrm{O}_{2}=4.77 \mathrm{cals}
$$

Worksheets $5 \mathrm{~b} M$ and F show 4 clear trends:

1) In all cases conversion efficiencies measured in grams are lower than values expressed in energy units.
2) Female fish display consistently superior efficiencies when compared with males of similar age.
3) In both males and females the efficiency of conversion declines with age.
4) Conversion efficiency also declines as the growth season progresses in all age groups of both sexes.

The greater efficiencies obtained with energy units are a simple consequence of the fact that 1 gm of plaice tissue has a higher caloric content than 1 gm plaice diet as obtained in this study. Commonly quoted values for the energy content of plaice usually give 1.1 Kcals per gram wet weight (Hatanaka et al., 1956a,b) which is $0.36 \mathrm{Kcals} / \mathrm{gm}$ lower than in the present study. The inferior performance of males as compared with females is explained partly by their slower growth rates. Preliminary checks made during the 24 hour trips reported in Chapter 2 showed no obvious differences in either diet or average stomach contents between male and female fish of the same size. Unless they assimilate less efficiently than females (there appears to be no evidence for or against this) it is
likely that these differences may have a sex-linked genetic basis. The decline in conversion efficiency with age shown by both sexes has heen observed in this and other species, e.g. P. platessa (Dawes, 1930a,b), Limanda yokohamae,Hatanaka et al., 1956a), Megalops cyprinoides, Ophiocephalus striatus (Pandian, 1967), Stizostedion vitreum vitreum (Kelso, 1972). Kelso maintains that this is due not to a decreased ability to grow per se, but to the increase in metabolic requirement that accompanies growth in size. This explanation may be too simplistic for the present case, because not only does efficiency decrease with age, it also declines as the growing season progresses. Temperature and ration also vary throughout the season but not in a unidirectional manner: both rise to a maximum in May/July and then drop off as autumn approaches. Besides, the literature is far from dogmatic on the effects these two variables can exert on efficiencies of conversion. Paloheimo and Dickie (1966a, b) reviewed various earlier works (including that of Dawes 1930-31a on 2 year old plaice) and concluded that gross efficiency $K_{1}$ decreases with ration size. Though LeBrasseur (1969) was able to confirm this for Onchorhynchus keta Brett et al. (1969) were unable to do the same with another species of the same genus 0 . nerka. These workers found that $K_{1}$ increased to an optimum as ration increased. On the other hand Kelso (1972) found no relationship between $K_{1}, K_{2}$ or $K_{3}$ and ration when 2 year old walleye $\underline{S}$. vitreum vitteum were fed young crustaceans.

If temperature affects conversion efficiencies at all it must be via its effects on metabolism,though the data of Kohler (1964) who fed Atlantic cod (G. morhua) at 2.3 and $13.6^{\circ} \mathrm{C}$ show no correlation between temperature and net efficiency (quoted in Jones, 1976). Whatever effects of temperature may exist, the use of $K_{3}$ which eliminates $T$, the metabolic requirement, should remove them to some extent. The $K_{3}$ values in Worksheets 5 bM and F , however, show similar trends to those of gross and
net efficiencies and the suspicion arises that in the wild, the interactions between simultaneous change in temperature, food density, fish size and day length (via its effects on blooc. levels of growth and other hormones), provide field situations more complex than the laboratory regimes under which empirical relationships are established.

Published values on the conversion efficiencies of plaice and related species range between $4.6 \%$ for Imanda yokohamae (Hatanaka et al., 1956a) and 45\% for O-group plaice (Lockwood, 1972). Beverton and Holt (1957) suggested a net efficiency of $20 \%$ for plaice in the North Sea and this fits well with the range of values obtained in the present study.

Energy Budget Calculations. Table 5m gives the annual energy intake of the population and the manner in which it is ultimately utilised. Because the fish fast during late autumn and winter, gonad maturation as well as the metabolic requirements for this period must be at the expense of somatic tissue. Estimates for these two processes have therefore been subtracted from the total growth production in each case to give the final yield that is retaired into the next year of life. Gonad weight for female fish was obtained from the relationship between fish length and ovary weight given in Table 4 g ( p .84 ) for the month of March. There was no correlation between nale fish length and testes size and an average testes weight of 5.0 gms wet, has been adopted. Wet weights of gonads were converted to ene:ngy as 1 gm wet ovary $=1.86$ Kcals,

$$
1 \mathrm{gm} \text { wet testes }=0.5 \text { Kcals. }
$$

The proportion of each male and female age-group involved in gonad elaboration was obcained from Table $1 . g \mathrm{M}$ which contains the results of the probit analysis of maturity data.

The differences in conversion efficiencies between males and females recorded earlier are reflected in the greater proportion of the annual intake used for growth by the female fish. For both sexes metabolic requirements approach a third of the annual intake. Though a

Table $5 \mathrm{~m} \quad$ Annual Energy Budget of the Plaice Population. Values are million Kcals. ( ) = adjacent value expressed as 8 annual intake.

|  | Age | Annual Intake | Routine | Metabolism | Growth | Production | Autumn/Winter loss of condition | Reproduction | Production retained into next yr |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FFMALES | 2 | 135.72 | 42.66 | (31.43) | 16.61 | (12.23) | 1.22 | 1.44 (1.06) | 13.95 (10.78) |
|  | 3 | 97.78 | 30.85 | (31.55) | 10.03 | (10.26) | 0.95 | 1.71 (1.75) | 7.37 ( 7.54) |
|  | 4 | 41.49 | 17.01 | (40.99) | 5.00 | (12.05) | 0.37 | 1.17 (2.82) | 3.46 ( 8.34) |
|  | 5 | 30.40 | 11.46 | (37.70) | 3.29 | (10.82) | 0.44 | 0.89 (2.92) | 1.96 (6.45) |
| MALES | 2 | 133.04 | 37.64 | (28.29) | 10.06 | ( 7.56) | 0.34 | 0.042 (0.032) | 9.68 ( 7.28) |
|  | 3 | 81.10 | 28.64 | (35.31) | 6.04 | ( 7.48) | 0.21 | 0.029 (0.036) | $5.80(7.15) ~ Б$ |
|  | 4 | 25.0 | 7.80 | (31.10) | 1.37 | ( 5.48) | 0.20 | 0.009 (0.036) | 1.16 ( 4.64) |
|  | All Groups | 544.53 | 176.06 | (32.33) | 52.4 | ( 9.62) | 3.73 | 5.29 (0.97) | 43.38 ( 7.97) |

large proportion of older female fish are mature, the younger fish expend a comparable amount on reproduction. Expressed as a fraction of the annual calorie intake however, the older fish are seen to expend proportionally more on reproduction. The fraction of the total growth production lost later as reproductive products is $8.7 \%$ for age $I I, 17 \%$ for age III, 23.4\% for age IV and 25\% for age $V$ (Mean $=18.52 \%$ ). These values are much lower for male fish, being 0.42\% age II, 0.48\% age III and $0.66 \%$ for age IV (Mean $=0.52 \%$ ).

With regard to its impact on the local benthic community, the population crops 491.15 tonnes annually ( $2.08 \mathrm{~g} / \mathrm{m}^{2}$ ). Nicholaidou (1977) has shown that in Beaumaris Bay, production of P. koreni alone approaches $138.82 \mathrm{~g} / \mathrm{m}^{2}$ and it is therefore likely that the requirements of the fish population are met. From personal observations, only one other species in the study area (Limanda limanda) takes $P$. koreni and A. alba to any extent. However, the aspects of duration and timing of production by the benthic communty should not be ignored. Nicholaidou's data show that $93 \%$ of the annual production of $P$. koreni occurs between the first week in June and the first week in October; production was negative in December and January and minimal in February and March. This is unfortunate from the point of view of fish production: instead of sustained production that can meet the needs of the fish population, there is a glut of production in a few short months probably in excess of the maximal rate at which the fish can exploit it. The area occupied by the population was estimated as 23672.5 hectares $\left(=236.73 \mathrm{Km}^{2}\right)$. Population size was 478,630 fish. Biomass was 26.36 tonnes $\left(=0.11 \mathrm{gm} / \mathrm{m}^{2}\right)$.? Assuming that recruitment was complete by age II, 948 (by numbers) of this population were in the fishable phase.

Data on diet and feeding chronology was obtained from fish collected by trawling at known intervals (usually 3 hours) during a 24-hour period. Such trawls were carried out in March, May, August, November and February.

The diet of 'small' (15.5-19.4 cm) and 'medium' (19.5-20.4 cm) fish was found to be similar in each of the months for which data was collected. The two chief items were the polychaetes Pectinaria koreni and the lamellibranch Abra alba; The diet was dominated by P. koreni in February and by A. alba in May. In each case the dominant item formed over $80 \%$ of the diet by weight and by numbers. In August A. alba was still dominant but not to the extent observed in May. In November there was a return to the February situation and the diet was dominated by P. koreni. The large fish ( $30-35 \mathrm{~cm}$ ) had a more catholic diet and no single species ever accounted for more than $65 \%$ either by numbers or by weight. In addition to P. koreni and A. alba, Nereis spp. and the bivalve Tellina fabula were also prominent in the menu of these fish.

> Variation in the average stomach contents with time of day indicated
that
a) Generally the amount of food in the stomach at any time of day was related to the size of the fish; the largest having the most and the smallest the least.
b) Feeding did not appear to be entrained to the state of the tide.
c) Feeding was usually restricted to daylight hours.
d) There was a winter fast from about the second week in December whilst February probably marked the earliest resumption of feeding.

When average stomach contents were considered in conjunction with the occurrence of food in specific regions of the alimentary canal, the feeding chronology appeared to vary between seasons for each sizegroup. In the cooler months - February, March and November - the following phases were recognisable
a) Feeding Peak
b) Gastric Evacuation
c) Feeding Pause
d) Resumption of Feeding.

In the warmer months of May and August, these phases were not recognisable. It was concluded that feeding pauses occurred in the cooler months not because a certain hunger threshold was required to stimulate resumption of feeding, but as a result of lowered swimming speeds, and an impoverished benthos. It appeared that in the cooler months ingested food is retained in the stomach for some degree of physical and chemical breakdown before evacuation into the intestines. In late spring and summer increased feeding frequency, larger meals and higher temperatures may stimulate the gastro-intestinal tract to such an extent that this retention period is drastically reduced and focd is transferred into the anterior regions of the intestines almost immediately after ingestion. The effect of this would be to eliminate the feeding phases shown by each population in the cooler months.

The interpretations placed on the feeding chronology data were supported by data from laboratory studies on gastric evacuation time (GET) which showed that
a) A rise in temperature will shorten the GET for a meal of given size. GET was found to vary with temperature raised to the power
-1.03 (Fig. 3.2; Table 3b; Worksheet 3.3b, p. 54-57).
b) When fed weight-specific meals (i.e. \% body weight units) of equal size, small fish will complete gastric evacuation earlier than larger fish at the same temperature. GET varied with fish size raised to the power 0.42 (Fig. 3.1; Table 3b; Worksheet 3.1, p. 54-57).
c) When fed meals of equal absolute size (gms) small fish require a longer time to complete gastric evacution than larger fish. GET varied as fish size raised to the power -0.068 (Worksheet 3.3 c ).
d) For a fish of given size at a specified temperature, the larger the meal (\% body weight or gms), the longer the time to complete gastric evacuation. For meals expressed as $\%$ body weight GET altered as meal size raised to the power 0.211 (Worksheet 3.3a, p.54-57). For meals expressed as gms the exponent was ca. 0.50 (Fig. 3.3; Norksheets 3.3c and d. p.54-57).
e) The rate of evacuation as gms/hr is faster the larger the meal (gms). Gastric evacuation rate was found to vary as meal size raised to the power 0.60 (Fig. 3.5; Worksheet 3.3e, p. 59-61).

The factors shown to affect the rate of gastric evacuation in the laboratory also vary seasonally in the field. Not surprisingly the condition and growth of the population were found to vary in the same way. Regarding condition, there appeared to be 3 parts to the calendar year: Peak condition in June, July and perhaps part of August; intermediate condition in spring (improving) and autumn (deteriorating), and poor condition in winter. There was no difference in condition between immature and mature fish during the spawning season but spent fish were significantly leaner than other fish.

[^2] of September. As a result of differences in the timing of the start and
end of their growing seasons, younger fish of each age-group may have a longer growing season than older fish; younger fish of each sex may have a longer growing season than older individuals, and female members of a year-class may have a longer growing season than their male counterparts. These observations may account for differences between these groups in their seasonal growth increments. Average lengths-atage showed a drop between October and February. This was attributed to a size-linked spawning migration undertaken during this period. The function
$$
Y=A-B\left(e^{-k t}\right)
$$
was used to describe seasonal growth data.

The variations in average stomach contents with time of day were used to establish gastric evacuation rates in the wild. These rates were then used for estimates of daily ration for each size group at different times of year. When these estimates were utilised in conjunction with growth data it became possible to make estimates of the total annual production of the plaice population in the study area. Net production was 22.85 tonnes for females and 11.68 tonnes for females. Total annual production for the whole population excluding winter losses was 35.9 tonnes $\left(0.15 \mathrm{~g} / \mathrm{m}^{2}\right)$. Assuming that gonad maturation occurred at the expense of somatic tissue ca. 15\% of female production and $0.47 \%$ of male production was later lost as reproductive products.

Total food intake by the population was 491.15 tonnes annually ( $=$ 544.5million Kcals). Further energy budget calculations indicated that in energy units this was eventually distributed as follows:

| Growth | $9.62 \%$ |
| :--- | :---: |
| Routine metabolism | $32.33 \%$ |
| Reproduction | $0.97 \%$ |
| Losses (due to egestion, | $58.4 \%$ |
| $\quad$ conversion etc.) |  |
| Because spawning and winter metabolism were at the expense of |  |
| somatic tissue only $82.7 \%$ of total growth production was retained |  |
| into the next growing season. |  |

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Appendix 1.1

Details of catch data 1974-1977.

1974

| Date | 13 October |  | 1 November 16 Nov. |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Haul | (i) | (ii) | Only | Only | Only | Total | \% Catch |
| Distance Trawled (metres) | 5562 | 7417 | 6488 | 3707 | 7417 | at each | at each |
| Area Trawled | 17.18 | 22.91 | 20.04 | 11.45 | 22.91 | Length | Length |
| $\begin{aligned} & \text { Fish } \\ & \text { Length } \\ & (\mathrm{cm}) \\ & \hline \end{aligned}$ |  |  |  | ! |  |  |  |
| 14 | 3 | 1 |  |  | 1 | 5 | 0.23 |
| 15 | 18 | 1 | 4 |  | 6 | 29 | 1.32 |
| 16 | 20 | 2 | 15 | 7 | 15 | 59 | 2.69 |
| 17 | 27 | 14 | 18 | 13 | 19 | 101 | 4.61 |
| 18 | 69 | 5 | 29 | 21 | 29 | 153 | 6.98 |
| 19 | 83 | 9 | 24 | 36 | 43 | 195 | 8.89 |
| 20 | 96 | 16 | 36 | 38 | 37 | 223 | 10.17 |
| 21 | 111 | 21 | 33 | 33 | 25 | 223 | 10.17 |
| 22 | 104 | 14 | 27 | 40 | 33 | 218 | 9.84 |
| 23 | 90 | 17 | 26 | 26 | 36 | 195 | 8.89 |
| 24 | 78 | 13 | 18 | 35 | 18 | 162 | 7.39 |
| 25 | 89 | 9 | 18 | 25 | 21 | 122 | 5.56 |
| 26 | 56 | 1 | 8 | 15 | 10 | 90 | 4.10 |
| 27 | 36 | 5 | 11 | 20 | 13 | 85 | 3.88 |
| 28 | 18 | 7 | 19 | 13 | 14 | 71 | 3.24 |
| 29 | 14 | 1 | 12 | 5 | 10 | 42 | 1.92 |
| 30 | 14 | 2 | 10 | 7 | 8 | 41 | 1.87 |
| 31 | 7 | 3 | 10 | 2 | 14 | 36 | 1.64 |
| 32 | 3 | 3 | 13 | 4 | 18 | 41 | 1.87 |
| 33 | 1 |  | 4 | 1 | 26 | 32 | 1.46 |
| 34 | 5 | 1 | 2 | 1 | 14 | 23 | 1.05 |
| 35 |  |  | 1 |  | 8 | 9 | 0.41 |
| 36 | 1 |  | 2 |  | 11 | 14 | 0.64 |
| 37 | 1 |  |  |  | 8 | 9 | 0.41 |
| 38 |  |  | 1 |  | 4 | 5 | 0.23 |
| 39 |  |  | 1 |  |  | 1 | 0.05 |
| 40 |  |  |  |  | 2 | 2 | 0.09 |
| 41 |  |  | 1 |  | 1 | 2 | 0.09 |
| 42 |  |  |  |  | 3 | 3 | 0.14 |
| 43 |  |  |  |  |  |  |  |
| 44 |  |  |  |  |  |  |  |
| 45 |  |  |  |  |  |  |  |
| 46 |  |  |  |  | 1 | $1$ | $0.05$ |
| 47 |  |  |  |  | 1 | 1 | 0.05 |
| 48 |  |  |  |  |  |  |  |
| 49 |  |  |  |  |  |  |  |
| 50 - |  |  |  |  |  |  |  |
| Total Catch | 914 | 145 | 343 | 342 | 449 | 2 |  |
| Catch/Hectare | 53.20 | 6.33 | 17.12 | 29.86 | 19.60 |  |  |


| Date | 21 October |  | 22 October |  | 28 October |  | Total | \% Catch |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Haul | (i) | (ii) | (i) | (ii) | (i) | (1i) | at | at |
| Distance Trawled (metres) | 5189 | 4264 | 7802 | 7802 | 4079 | 2233 | each Length | $\begin{gathered} \text { each } \\ \text { Length } \end{gathered}$ |
| Fish Area Trawled Length (hectares) | 16.03 | 13.17 | 24.1 | 24.1 | 12.60 | 6.9 |  |  |
| (cm) |  |  |  |  |  |  |  |  |
| 14 |  |  |  |  |  |  |  |  |
| 15 |  |  |  |  | 2 |  | 2 | 0.19 |
| 16 |  |  |  | 1 |  |  | 1 | 0.10 |
| 17 |  |  | 2 | 1 | 1 |  | 4 | 0.39 |
| 18 |  |  | 4 | 8 | 29 |  | 41 | 3.98 |
| 19 |  |  | 1 | 19 | 39 |  | 59 | 5.72 |
| 20 |  |  | 2 | 22 | 77 |  | 101 | 9.80 |
| 21 |  |  | 5 | 14 | 51 |  | 70 | 6.79 |
| 22 |  |  | 2 | 9 | 50 |  | 61 | 5.92 |
| 23 | 3 |  | 4 | 10 | 62 |  | 79 | 7.66 |
| 24 | 5 |  | 1 | 11 | 68 |  | 85 | 8.24 |
| 25 |  |  | 3 | 10 | 59 |  | 73 | 7.08 |
| 26 | 3 |  | 3 | 8 | 71 |  | 85 | 8.24 |
| 27 | 3 |  | 3 | 9 | 53 |  | 68 | 6.60 |
| 28 | 1 |  | 6 | 12 | 32 |  | 51 | 4.95 |
| 29 | 2 |  |  | 5 | 24 |  | 31 | 3.01 |
| 30 | 3 | 1 | 1 | 6 | 19 |  | 30 | 2.91 |
| 31 |  | 2 | 4 | 4 | 16 |  | 26 | 2.52 |
| 32 | 1 | 3 | 5 | 1 | 7 | 1 | 18 | 1.75 |
| 33 | 1 | 6 | 3 | 4 | 8 |  | 22 | 2.13 |
| 34 | 1 | 1 | 2 | 3 | 6 | 3 | 16 | 1.55 |
| 35 | 1 |  | 4 | 4 | 8 | 2 | 19 | 1.84 |
| 36 |  | 4 | 6 | 3 | 5 | 1 | 19 | 1.84 |
| 37 | 1 |  | 2 |  | 10 | 1 | 14 | 1.36 |
| 38 | 2 | 1 | 4 | 3 | 1 |  | 11 | 1.07 |
| 39 | 1 | 1 | 3 | 3 | 4 | 2 | 14 | 1.36 |
| 40 |  |  | 3 | 2 | 1 | 3 | 9 | 0.87 |
| 41 |  |  | 1 |  | 3 |  | 4 | 0.39 |
| 42 | 1 | 2 | , | 1 |  | 1 | 6 | 0.58 |
| 43 |  |  | 1 | 2 | 1 |  | 4 | 0.39 |
| 44 |  |  |  |  | 1 | 1 | 2 | 0.19 |
| 45 |  | 1 |  |  | 1 |  | 2 | 0.19 |
| 46 |  | 1 |  |  | 1 |  | 2 | 0.19 |
| 47 |  |  |  |  |  |  |  |  |
| 48 |  |  |  | 2 |  |  | 2 | 0.19 |
| 49 |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |
| Total Catch | 30 | 23 | 76 | 177 | 710 | 15 |  |  |
| Nos per hectare | 1.88 | 1.75 | 3.15 | 7.34 | 56.35 | 2.17 |  |  |

1976


1977

| Date | 19 October |  | 25 October |  | 26 October |  | 1 Nov Total |  | \% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Haul | (i) | (ii) | (i) | (ii) | (i) | (ii) | ONLY | at each | Catch |
| Distance Trawled (metres) | 3801 | 2965 | 6209 | 4756 | 6397 | 4756 | 3153 | Length | at eac Lengtr |
| Area Trawled <br> Fish (hectares) | 11.74 | 9.16 | 19.18 | 14.69 | 19.76 | 14.69 | 9.74 |  |  |
|  |  |  |  |  |  |  |  |  |  |
| 14 | 1 |  | 1 |  | 2 | 1 |  | 5 | 0.24 |
| 15 | 2 |  | 2 |  | 1 |  |  | 4 | 0.19 |
| 16 | 9 | 10 | 8 | 1 |  | 1 |  | 29 | 1.41 |
| 17 | 23 | 10 | 11 | 5 | 3 | 4 | 2 | 58 | 2.81 |
| 18 | 43 | 64 | 21 | 11 | 11 | 17 | 3 | 170 | 8.24 |
| 19 | 74 | 101 | 27 | 17 | 10 | 16 | 10 | 255 | 12.36 |
| 20 | 104 | 132 | 28 | 32 | 11 | 23 | 11 | 341 | 16.53 |
| 21 | 67 | 91 | 22 | 21 | 6 | 27 | 12 | 246 | 11.92 |
| 22 | 53 | 80 | 7 | 8 | 12 | 16 | 12 | 188 | 9.11 |
| 23 | 38 | 48 | 31 | 35 | 7 | 19 | 10 | 188 | 9.11 |
| 24 | 22 | 31 | 12 | 9 | 6 | 9 | 6 | 95 | 4.61 |
| 25 | 28 | 12 | 10 | 8 | 11 | 23 | 2 | 94 | 4.56 |
| 26 | 19 | 14 | 11 | 13 | 8 | 10 | 3 | 78 | 3.78 |
| 27 | 11 | 15 | 7 | 13 | 5 | 10 | 6 | 67 | 3.25 |
| 28 | 12 | 12 | 14 | 9 | 8 | 10 | 3 | 68 | 3.30 |
| 29 | 10 | 9 | 5 | 2 | 5 | 5 | 5 | 41 | 1.99 |
| 30 | 6 | 8 | 3 | 2 | 6 | 4 |  | 29 | 1.41 |
| 31 | 11 | 1 | 2 | 1 | 2 | 5 | 4 | 26 | 1.26 |
| 32 | 5 | 2 | 2 | 1 | 1 | 5 | 3 | 19 | 0.92 |
| 33 | 4 | 3 | 1 |  | 3 | 4 | 5 | 20 | 0.97 |
| 34 | 2 |  | 2 | 2 | 1 | 6 | 2 | 15 | 0.73 |
| 35 |  | 2 |  |  | 1 | 1 | 5 | 9 | 0.44 |
| 36 | 1 |  | 1 | 1 | 1 | 2 | 2 | 8 | 0.39 |
| 37 |  |  |  |  |  | 1 |  | 1 | 0.05 |
| 38 |  |  |  |  | 2 | 2 |  | 4 | 0.19 |
| (1) |  |  |  |  |  |  |  |  |  |
| 40 |  |  |  |  |  | 1 | 1 | 2 | 0.1 |
| 41 |  |  |  |  |  |  | 1 | 1 | 0.05 |
|  |  |  |  |  |  |  |  |  |  |
| 43 |  |  |  |  | 1 |  |  | 1 | 0.05 |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| 46 |  |  |  |  |  |  |  |  |  |
| 47 |  |  |  |  |  |  |  |  |  |
| 48 |  |  |  |  |  |  |  |  |  |
| 4950 |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Total Catch | 545 | 645 | 228 | 191 | 123 | 223 | 108 |  |  |
| Nos/hectare | 46.5 | 70.4 | 411.9 | 13.1 | 6.2 | 15.3 | 11.1 |  |  |


| YEARS |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 1974 | 1975 | 1976 | 1977 |
|  | 6.81 | 3.40 | 5.50 | 6.30 |
|  | 4.98 | 3.14 | 5.01 | 6.47 |
|  | 5.84 | 4.33 | 6.47 | 5.43 |
|  | 5.84 | 5.18 | 5.68 | 5.25 |
|  | 6.11 | 6.57 | 6.58 | 4.81 |
|  |  | 2.71 | 4.67 | 5.41 |
|  |  |  | 5.69 | 4.68 |
| Group sums: | 29.58 | 25.33 | 39.60 | 38.35 |

$\sum_{i j}^{\sum \sum X_{i j}}=132.86$
$\Sigma \Sigma \mathrm{X}_{\mathrm{ij}}=734.09$
$\mathrm{N} .=25$
$C=\frac{(132.86)^{2}}{25}=706.07$
Total ss $=734.09-706.07=28.02$

Groups (i.e. years) $S S=\frac{(29.58)^{2}}{5}+\frac{(25.33)^{2}}{6}+\frac{(39.60)^{2}}{7}+\frac{(38.35)^{2}}{7}-$
$706.07=12.18$
Error SS $=28.02-12.18=15.84$

Source of Variation
SS
DF
MS

| Total | 28.02 | $\mathrm{~N}-1=24$ |  |
| :--- | :--- | :--- | :--- |
| Groups | 12.18 | $\mathrm{~K}-1=3$ | 4.06 |
| Error | 15.84 | $\mathrm{~N}-\mathrm{K}=21$ | 0.75 |

$$
\begin{gathered}
F=\frac{4.06}{0.75}=5.41 \\
F_{0.05(1)}^{3.21}=3.07 \quad \text { Reject } H_{0}
\end{gathered}
$$



## Appendix 1.3

## Calculation of the Distance between Trawl Doors during Fishing

## Data

(i) $D^{\prime}$ is the distance between the doors.
(ii) $A B$ and $A^{\prime} B^{\prime}$ are the sides of the ship.
(iii) $S$ and $S^{\prime}$ are the shackles from which the warps leave the ship during fishing.
(iv) Each warp subtends an angle of $10^{\circ}$ with the side of the ship so that

$$
D S B=D^{\prime} S^{\prime} B^{\prime}=10^{\circ}
$$

(v) As the shackles $S$ and $S^{\prime}$ are directly opposite each other, the line joining them must be perpendicular to the sides of the ship and its long axis.

Thus BSM $=B^{\prime} S^{\prime} M=90^{\circ}$
(vi) The line PMX represents the axis of the ship and assuming that the net was towed directly behind the ship, PMX bisects SS' as well as DD'. It is also parallel to $A B$ and $A^{\prime} B^{\prime}$.
(vii) The distance between the shackles $S$ and $S^{\prime}$ is 18 ft , so

$$
S M=M S^{\prime}=9 \mathrm{ft}
$$

Procedure: Construct a line each from $S$ and $S$ ' to meet PMX at a point 2.

Deductions:

```
DSB = ASZ = 10
```

(Vertically Opposite Angles)
$S Z M=A S Z=10^{\circ}$
(Altemate angles on parallel lines)

```
In triangle SZM Sine 10}=\mp@code{sm/ zS
    ZS = 51.829 ft
In triangle zDP sine 10
    But ZD = ZS + SD = 51.829 + 240
    DP = 50.676 ft
    DP = \frac{1}{2}D\mp@subsup{D}{}{\prime}
\therefore DD' = 101.35 ft ( = 30.89 metres)
```

| Length ige | 0 | I | II | III | IV | V | VI | VII | VIII | IX | X | XI | XII | XIII | xİ | XV |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 14 | 1 | 3 |  |  |  |  |  |  |  |  |  |  | - |  |  |  |
| 15 | 1 | 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16 | 2 | 10 | 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17 |  | 24 | 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18 |  | 24 | 6 | 2 |  |  |  |  |  |  |  |  |  |  |  |  |
| 19 |  | 23 | 5 | 3 |  |  |  |  |  |  |  |  |  |  |  |  |
| 20 |  | 19 | 10 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |
| 21 | - | 16 | 13 | 4 |  |  |  |  |  |  |  |  |  |  |  |  |
| 22 |  | 14 | 13 | 3 |  |  |  | - |  |  |  |  |  |  |  |  |
| 23 |  | 7 | 15 | 5 | 2 | 1 |  |  |  |  |  |  |  |  |  |  |
| 24 |  | 4 | 15 | 10 | 1 | 1 |  |  |  |  |  |  |  |  |  |  |
| 25 |  | 6 | 18 | 3 | 1 | 2 |  | - |  |  |  |  |  |  |  |  |
| 26 |  | 5 | 16 | 6 | 4 | 1 | 1 |  |  |  |  |  |  |  |  |  |
| 27 |  | 3 | 12 | 12 | 3 | 1 |  |  |  |  |  |  |  |  |  |  |
| 28 |  | 2 | 16 | 9 | 4 |  |  |  |  |  |  |  |  |  |  |  |
| 29 |  |  | 13 | 13 | 2 | 2 | 3 |  |  |  |  |  |  |  |  |  |
| 30 |  |  | 16 | 11 | 4 | 1 |  | 1 |  |  |  |  |  |  |  |  |
| 31 |  |  | 9 | 16 | 3 | 2 | 1 |  |  |  |  |  |  |  |  |  |
| 32 |  |  | 7 | 13 | 11 | 2 | 3 |  |  |  |  |  |  |  |  |  |
| 33 |  |  | 4 | 15 | 14 | 5 | 1 | 1 |  |  |  |  |  |  |  |  |
| 34 |  |  | 2 | 11 | 13 | 9 | 2 | 2 |  |  |  |  |  |  |  |  |
| 35 |  |  | 2 | 6 | 8 | 15 |  |  | 3 |  |  |  |  |  |  |  |
| 36 |  |  |  | 4 | 10 | 10 | 4 | 3 |  |  |  |  |  |  |  |  |
| 37 |  |  |  | 4 | 12 | 7 | 1 | 4 | 2 |  |  |  |  |  |  |  |
| 38 |  |  |  | 6 | 5 | 5 | 8 | 2 | 4 | 4 | 1 |  |  |  |  |  |
| 39 |  |  |  |  | 5 | 8 | 6 | 4 | 2 | 3 | 1 |  |  |  |  |  |
| 40 |  |  |  |  | 1 | 3 | 12 | 5 | 3 | 1 | 2 |  | 1 |  |  |  |
| 41 |  |  |  |  | 2 | 7 | 9 | 1 | 2 | 3 | 1 | 1 |  |  |  |  |
| 42 |  |  |  |  | 3 | 6 | 2 | 4 | 3 | 2 | 2 | 1 | 2 |  |  |  |
| 43 |  |  |  |  | 1 | 4 | 4 | 1 | 2 | 2 |  | 1 |  | 1 |  |  |
| 44 |  |  |  |  |  | 1 | 2 | 2 | 2 | 2 | 4 | 3 |  | 1 | 1 |  |
| 45 |  |  |  |  |  | 2 | 2 | 4 | 3 | 1 | 2 |  |  | 2 |  |  |
| 46 |  |  |  |  | 1 |  | 2 | 1 | 1 | 1 |  |  |  |  |  |  |
| 47 |  |  |  |  |  |  |  |  | 2 | 2 | 1 |  | 3 |  | 1 | 1 |
| 48 |  |  |  |  | 1 | 1 |  | 1 | 2 |  |  |  |  | 1 |  |  |
| 49 |  |  |  |  |  |  |  |  | 1 | 2 | 1 | 1 |  |  |  |  |
| 57 |  |  |  |  |  |  |  |  |  |  |  |  | 1 | 1 | 1 |  |
| Nos. it kne 4 |  | 164 | 205 | 155 | 111 | 96 | 63 | 37 | 37 | 32 | 23 | 7 | 7 | 6 | 3 | 1 |
| Av. Lergth 15 | 5.25 | 19.74 | 25.12 | 29.57 | 33.99 | 36.40 | 38.65 | 40.14 | 40.14 | 41.59 | 42.00 | 43.86 | 45,00 | 45.67 | 46.67 | 47.00 |
| S.D. 0. | 0.96 | 3.03 | 4.52 | 4.69 | 4.55 | 4.74 | 4. 32 | 4.33 | 4. 33 | 4.06 | 3.32 | 2.55 | 3.65 | 2.34 | 3.87 | 0 |


| Length | 0 | I | II | III | IV | V | VI | VII | VIII | IX | X | XI |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 14 |  | 1 |  |  |  |  |  |  |  |  |  |  |  |
| 15 | 1 | 9 | 1 |  |  |  |  |  |  |  |  |  |  |
| 16 | 2 | 21 | 5 |  |  |  |  |  |  |  |  |  |  |
| 17 | 1 | 22 | 8 | 1 |  |  |  |  |  |  |  |  |  |
| 18 |  | 22 | 9 |  |  |  |  |  |  |  |  |  |  |
| 19 |  | 21 | 10 |  | 1 |  |  |  |  |  |  |  |  |
| 20 |  | 20 | 7 | 3 | 1 | 1 |  |  |  |  |  |  |  |
| 21 |  | 19 | 10 | 3 |  |  |  |  |  |  |  |  |  |
| 22 |  | 10 | 20 | 9 | 1 |  |  |  |  |  |  |  |  |
| 23 |  | 6 | 15 | 9 | 1 |  |  |  |  |  |  |  |  |
| 24 |  | 8 | 15 | 10 | 1 |  | 1 |  |  |  |  |  |  |
| 25 |  | 12 | 18 | 6 | 3 |  | 1 |  |  |  |  |  |  |
| 26 |  | 1 | 18 | 14 | 4 |  | 2 |  |  |  |  |  |  |
| 27 |  |  | 20 | 8 | 4 | 2 |  |  |  |  |  |  |  |
| 28 |  |  | 12 | 13 | 3 | 2 | 1 |  |  |  |  |  |  |
| 29 |  |  | 14 | 11 | 5 | 4 | 2 | 1 | 1 |  |  |  |  |
| 30 |  |  | 8 | 9 | 4 | 5 |  | 1 | 1 | 2 |  |  |  |
| 31 |  |  | 3 | 15 | 5 | 4 | 2 | 1 |  |  |  |  |  |
| 32 |  |  | 2 | 5 | 5 | 6 | 2 | 1 |  |  |  | 1 |  |
| 33 |  |  | 4 | 9 | 4 | 3 | 1 | 1 |  | 1 |  |  |  |
| 34 |  |  |  | 2 | 3 | 1 | 4 | 1 |  |  |  |  |  |
| 35 |  |  |  | 2 | 2 | 1 |  | 1 |  |  | 2 |  |  |
| 36 |  |  |  | 2 |  |  |  | 1 | 2 | 1 |  |  |  |
| 37 |  |  |  |  | 1 |  |  |  | 1 |  |  |  |  |
| 38 |  |  |  |  |  |  | 1 |  |  |  |  |  |  |
| 39 |  |  |  |  |  |  | 1 |  |  |  |  |  |  |
| 40 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 4 | 172 | 200 | 131 | 48 | 29 | 16 | 8 | 5 | 4 | 2 | 1 | Numbers of Age |
|  | 16 | 19.35 | 24.16 | 27.48 | 29.17 | 30.34 | 31.05 | 32.5 | 33.6 | 32.3 | 35.0 | 32.0 | Av. Lenath at Age |
|  | 0.82 | 2.87 | 4.11 | 3.96 | 3.96 | 2.82 | 3.98 | 2.45 | 3.80 | 2.87 | 0 | - | Standara Deviation |

Appendix 1.5. Testing for simificant differences between male and
female plaice in the slope of the simple linear regression $\log _{e} N_{t}(Y)$ vs $t(X)$
$H_{0}=\beta_{+}=\beta_{0}$

|  | $\frac{\text { Females }}{82.5}$ | Males |
| :--- | :---: | :---: |
| $\Sigma x^{2}$ | -53.77 | 42 |
| $\Sigma x y$ | 35.18 | -41.26 |
| $\Sigma y^{2}$ | 10 | 41.17 |
| n | -0.652 | 8 |
| b |  | -0.982 |

Residual SS

| $\left(\sum y^{2}-\frac{\left(\sum x y\right)^{2}}{\sum x^{2}}\right)$ | 0.135 | 0.637 |
| :--- | :--- | :--- |
| Residual $D F$ <br> $(n-z)$ | 8 | 6 |

$$
\left.S_{y \cdot x}\right)_{p} \quad \frac{0.135+0.637}{8+6}=0.005
$$

$$
s_{O}-0=\sqrt{ }=\frac{0.005}{82.5}+\frac{0.005}{42}=0.045
$$

$$
t=\frac{-0.652+0.982}{0.045}=\underline{7.33}
$$

$$
v=8+6=14
$$

$$
t_{\alpha(2) 14}=2.145 \quad \text { Therefore reject } H_{0}
$$

Appendix 2.1 The Percentage Occurrence by numbers and by weight () of the principal prey items in the diet of three sizegroups of plaice in the study area

|  | FEBRUARY |  |  | MAY |  |  | AUGUST |  |  | NOVEMBER |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Small | Medium | Large | Small | Medium | Large | Small | Medium | Large | Small | Medium | Large |
| POLYCHAETES |  |  |  |  |  |  |  |  |  |  |  |  |
| Pectinaria koreni | $\begin{array}{r} 56.25 \\ (57.1) \end{array}$ | $\begin{aligned} & 73.6 \\ & (67.28) \end{aligned}$ | $\begin{gathered} 11.54 \\ (12.21) \end{gathered}$ | $\begin{array}{r} 3.32 \\ (3.7) \end{array}$ | $\begin{gathered} 6.84 \\ (5.2) \end{gathered}$ | $\begin{gathered} 24.76 \\ (15.68) \end{gathered}$ | $\begin{gathered} 28.32 \\ (23.20) \end{gathered}$ | $\begin{gathered} 18.21 \\ (16.25) \end{gathered}$ | $\begin{aligned} & 19.23 \\ & (20.0) \end{aligned}$ | $\begin{aligned} & 42.2 \\ & (75) \end{aligned}$ | $\begin{gathered} 53.2 \\ (72.4) \end{gathered}$ | $\begin{gathered} 37.2 \\ (48.2) \end{gathered}$ |
| Nephthys sp. | -•• | $\begin{gathered} 0.56 \\ (0.53) \end{gathered}$ | $\begin{gathered} 3.85 \\ (4.98) \end{gathered}$ | $\begin{array}{r} 2.77 \\ (3.5) \end{array}$ | $\begin{array}{r} 5.25 \\ (4.6) \end{array}$ | $\begin{aligned} & 4.38 \\ & (3.4) \end{aligned}$ | $\begin{gathered} 1.50 \\ (0.97) \end{gathered}$ | $\begin{gathered} 1.43 \\ (1.20) \end{gathered}$ | $\begin{gathered} 2.44 \\ (0.87) \end{gathered}$ | $\begin{gathered} 0.8 \\ (1.6) \end{gathered}$ | $\begin{gathered} 1.2 \\ (1.5) \end{gathered}$ | $\begin{aligned} & 1.4 \\ & (2.11) \end{aligned}$ |
| Others | $\begin{gathered} 28.57 \\ (26.23) \end{gathered}$ | $\begin{gathered} 8.99 \\ (7.25) \end{gathered}$ | $\begin{gathered} 42.31 \\ (45.2) \end{gathered}$ | $\begin{array}{r} 1.70 \\ (2.8) \end{array}$ | $\begin{gathered} 2.56 \\ (0.53) \end{gathered}$ | $\begin{gathered} 1.99 \\ (1.12) \end{gathered}$ | $\begin{aligned} & 10.77 \\ & (4.26) \end{aligned}$ | $\begin{gathered} 5.74 \\ (2.01) \end{gathered}$ | $\begin{gathered} 3.83 \\ (7.63) \end{gathered}$ | $\begin{gathered} 3.8 \\ (2.0) \end{gathered}$ | $\begin{aligned} & 25.4 \\ & (9.38) \end{aligned}$ | $\begin{gathered} 38.7 \\ (28.29) \end{gathered}$ |
| BIVALVES |  |  |  |  |  |  |  |  |  |  |  |  |
| Abra alha | $\begin{gathered} 4.46 \\ (4.2) \end{gathered}$ | $\begin{array}{r} 5.62 \\ (7.2) \end{array}$ | $\begin{gathered} 19.23 \\ (20.46) \end{gathered}$ | $\begin{gathered} 88.9 \\ (84.3) \end{gathered}$ | $\begin{gathered} 81.78 \\ (88.63) \end{gathered}$ | $\begin{gathered} 62.28 \\ (59.07) \end{gathered}$ | $\begin{gathered} 45.61 \\ (61.58) \end{gathered}$ | $\begin{gathered} 64.21 \\ (75.11) \end{gathered}$ | $\begin{gathered} 48.25 \\ (57.12) \end{gathered}$ | $\begin{gathered} 47.7 \\ (18.19) \end{gathered}$ | $\begin{aligned} & 12.9 \\ & (6.2) \end{aligned}$ | $\begin{aligned} & 6.6 \\ & (1.52) \end{aligned}$ |
| Cultellus pellucidus | $\begin{gathered} 2.68 \\ (3.01) \end{gathered}$ | $\begin{gathered} 3.37 \\ (3.43) \end{gathered}$ | $\begin{gathered} 1.99 \\ (2.23) \end{gathered}$ | $\begin{gathered} 1.47 \\ (1.91) \end{gathered}$ | $\begin{gathered} 1.22 \\ (0.73) \end{gathered}$ | $\begin{gathered} 0.76 \\ (0.63) \end{gathered}$ | $\begin{gathered} 6.26 \\ (4.90) \end{gathered}$ | $\begin{gathered} 3.51 \\ (3.17) \end{gathered}$ | ... | $\begin{gathered} 3.4 \\ (2.01) \end{gathered}$ | $\begin{gathered} 3.4 \\ (4.33) \end{gathered}$ | $\begin{aligned} & 12.5 \\ & (15.54) \end{aligned}$ |
| Ensis ensis | $\begin{gathered} 4.46 \\ (5.57) \end{gathered}$ | $\begin{gathered} 5.06 \\ (5.32) \end{gathered}$ | $\begin{gathered} 7.69 \\ (9.71) \end{gathered}$ | $\begin{gathered} 0.18 \\ (0.24) \end{gathered}$ | $\begin{array}{r} 0.12 \\ (0.1) \end{array}$ | $\begin{gathered} 1.71 \\ (1.25) \end{gathered}$ | $\begin{gathered} 2.25 \\ (2.73) \end{gathered}$ | $\begin{gathered} 1.27 \\ (1.20) \end{gathered}$ | $\begin{gathered} 14.68 \\ (13.06) \end{gathered}$ | $\begin{gathered} 0.8 \\ (0.3) \end{gathered}$ | $\begin{aligned} & 2.4 \\ & (3.21) \end{aligned}$ | $\begin{gathered} 2.7 \\ (3.42) \end{gathered}$ |
| Other bivalves | $\begin{gathered} 3.57 \\ (3.99) \end{gathered}$ | $\begin{aligned} & 12.81 \\ & (8.99) \end{aligned}$ | $\begin{aligned} & 13.39 \\ & (5.21) \end{aligned}$ | $\begin{gathered} 1.28 \\ (2.68) \end{gathered}$ | $\begin{gathered} 1.81 \\ (0.53) \end{gathered}$ | $\begin{gathered} 2.65 \\ (10.28) \end{gathered}$ | $\begin{gathered} 2.4 \\ (0.8) \end{gathered}$ | $\begin{aligned} & 2.5 \\ & (0.87) \end{aligned}$ | $\begin{array}{r} 2.41 \\ (1.0) \end{array}$ | -•• | $\begin{gathered} 0.6 \\ (0.8) \end{gathered}$ | $\begin{aligned} & 0.5 \\ & (0.06) \end{aligned}$ |
| Miscellaneous | -•• | -•• | -•• | $\begin{gathered} 0.18 \\ (0.87) \end{gathered}$ | $\begin{gathered} 0.36 \\ (0.21) \end{gathered}$ | $\begin{gathered} 1.47 \\ (8.62) \end{gathered}$ | $\begin{gathered} 3.25 \\ (1.56) \end{gathered}$ | $\begin{gathered} 3.13 \\ (0.19) \end{gathered}$ | $\begin{gathered} 9.26 \\ (0.32) \end{gathered}$ | $\begin{gathered} 1.3 \\ (0.9) \end{gathered}$ | $\begin{aligned} & 0.9 \\ & (2.18) \end{aligned}$ | $\begin{aligned} & 0.5 \\ & (0.86) \end{aligned}$ |


[^0]:    $M_{\text {man }}=21838.588 \pm 3130.568$ (14.348)

[^1]:    1

[^2]:    Seasonal growth started in April and was virtually over by the end

