Riparian research and legislation, are they working towards the same common goals? A UK case study

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1 **Riparian research and legislation, are they working towards the same**
2 **common goals? A UK case study**

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Abstract

The value of riparian areas has long been recognised due to their contribution in supporting wildlife diversity and their capacity to deliver a wide range of ecosystem services. Their multiple uses (e.g. flood prevention, biodiversity, pollutant attenuation) combined with an inconsistent use of terminology (e.g. river bank, floodplain, wetland, buffer strip), however, has led to the development of fragmented policies associated with riparian areas. This review brings together current EU and UK legislation alongside research publications focused on riparian areas. We critically evaluate the current legislative framework relating to riparian areas and identify key scientific knowledge gaps which need to be addressed to support future decision-making. Our findings revealed several major problems associated with riparian policy and management, including: (i) the fragmented nature of legislation concerning riparian areas; (ii) the presence of redundant policy instruments, (iii) a lack of practical objectives, (iv) contradictory measures, and (v) unachievable targets. Further, our results suggest that most research is focused on agricultural systems and single ecosystem attributes or functions, rather than supporting an ecosystem-service approach that is widely aspired to in policy statements. We recommend that future research could better support riparian protection policies by focusing less on what the different ecosystems ‘are’, and more on what they can ‘offer’ by way of multiple benefits.

Keywords: Ecosystem services; freshwater protection; Riparian management; buffer strip, multiple benefits, river restoration

1. Introduction

The value of riparian areas has long been recognised due to their abundant vegetation, ability to support wildlife diversity and capacity to provide a range of ecosystem services (Hawes and Smith, 2005; Clerici et al., 2011; Aguiar et al., 2015). The riparian zone was first described a century ago (Clements, 1905) and its definition has been continually evolving as our understanding of different ecological and hydrological processes has improved (Baker, 2004; Verry et al., 2004). Historically, they have been the subject of numerous legal conflicts over water rights, partly because there has been no consensus about their delineation and the challenges faced by different owners and water users (Fischer et al., 2001).

There have been many attempts to improve the way that riparian zones are managed and regulated to provide multiple simultaneous benefits (e.g. biodiversity, flood control, cultural services). Furthermore, the growing demand for water, the decline in water quality due to agricultural intensification and industrial pollution, the increasing abstraction for domestic and industrial use and the modification of watercourses over the last 200 years (UK NEA, 2011; Broetto et al., 2017), have made protection of riparian zones increasingly important.

National and regional UK regulations established that riparian landowners (i.e. any landowner whose property is adjoined, above or with a watercourse running through it; NRW, 2017) are ultimately responsible for preserving and managing the riparian zone in collaboration with local organizations. However, inconsistent use of terminology and fragmented policies around riparian areas make it difficult to identify which specific management applications are effective under different scenarios, particularly regarding prevention of land degradation.

Efforts to engage and collaborate with key stakeholders, especially farmers, have been encouraged through European Union (EU) legislation and national initiatives to ensure farming strategies contribute to the sustainable management of riparian areas. It has been found that clear and targeted support is required to assist farmers to develop a focus on conservation and

69 broader sustainability alongside agricultural production (Kaine et al., 2017). This requires
70 policy-makers to appreciate the tight financial situation that farmers usually operate within and
71 make up for the fact that riparian areas provide services that are not directly traded in markets
72 (Orr and Colby, 2004). Key to the success of agri-environment schemes is to have farmer input
73 into their design. Ahnström et al. (2009) highlighted that the lack of integration of “farmers’
74 perceptions and knowledge of nature” in the design of agri-environment schemes was a major
75 problem that needs addressing.

76 Another major issue is the lack of dialogue between scientists and policy-makers which
77 has resulted in the popular perception that policies lack an evidence base, with both parties
78 often in disagreement with each other (Sutherland et al., 2004, 2006). Therefore, identifying
79 knowledge gaps between scientists and policy-makers and understanding the way information
80 is exchanged has become an essential task in the design of effective legislation.

81 The impending departure of the UK from the EU, through which much of the legislation
82 and initiatives protecting our environment have derived, highlights the need for careful
83 consideration of alternatives and the development of strong new policies that set a clear
84 direction. Recently, the EU has set an ambitious target of which UK is a signatory country, to
85 halt biodiversity decline and to ensure well-functioning of ecosystems to provide essential
86 services to people by 2020 (Maes et al., 2016). Although a considerable effort has been made
87 in recent decades to stop further ecosystem decline in the UK (i.e. increase of 12.9 million ha
88 of protected areas from 2012 to 2017; Defra and JNCC, 2017), recent reports do not suggest a
89 positive picture of the current state of biodiversity. For example, the recent publication of the
90 ‘Biodiversity Intactness Index’, which is an indicator of how intact a country’s biodiversity is,
91 places the UK in the 29th lowest position out of 218 countries assessed (Scholes and Biggs,
92 2005; Hayhow et al., 2016). Regarding riparian areas, one of the most diverse and valuable
93 ecosystems in terms of services to people, there is evidence that suggests that disturbance

factors such as anthropogenic activities (i.e. land use changes, pollution), changes in hydrological regimes or invasion of non-native species, have heavily degraded and made them less resilient and more prone to further degradation (González del Tánago and García de Jalón, 2006; Dudgeon et al., 2006; Sinnadurai et al., 2016). Therefore, scientific research could greatly assist in identifying driving factors of riparian degradation and guiding new policy instruments to develop the most effective restoration strategies (Maltby et al., 2013).

This paper brings together legislation and associated regulations and guidance relative to riparian areas from the EU and the UK with the aim to determine how current conservation efforts can be improved and to guide the development of new strategies. Additionally, we conduct a comprehensive analysis of scientific publications focused on riparian areas within the UK, in order to identify scientific gaps that will likely need to be addressed to support future decision-making.

2. Methods

2.1. Literature review of legislation

Sources from the EU and the UK were used to evaluate the most recent legislation either directly or indirectly related to riparian areas. We acknowledge that there is a vast body of legislation applicable to riparian areas which may not be presented in this study, however, our aim was to present a general legislative framework highlighting the most important actions. Four areas of particular legislative importance were identified: i) biodiversity, as riparian areas are considered one of the most diverse and priority habitat types as expressed in national biodiversity strategies (Clerici et al., 2011; Forestry Commission, 2017); ii) nutrients and water quality as riparian zones can help control non-point pollutant sources in freshwaters (Jontos, 2004; Aguiar et al., 2015); iii) water dynamics and modelling due to riparian areas potentially modifying natural flow regimes, thus altering biotic communities, river systems and their

119 associated floodplain (McKay and King, 2006); and iv) future outlook, current status and
120 impacts (e.g. influence of climate change on riparian dynamics) (Seavy et al., 2009). We also
121 considered riparian guidance and best management practices as they usually refer to certain
122 binding actions required by public organisations to qualify for Common Agricultural Policy
123 (CAP) payments.

124

125 2.2. Literature review of scientific research

126 Three major scientific search engines (i.e. Web of Science, Science Direct and Jstor)
127 were used to locate scientific publications with ‘riparian’ or ‘buffer strip’ and ‘UK’ as
128 keywords. The search was refined according to each engine’s advanced search options (Table
129 S1). Firstly, we classified publications according to their country of origin to identify any trends
130 in the geographical focus of riparian studies. A paper was included in the category ‘UK’ if it
131 addressed different regions of UK or covered broad topics such as reviews or habitat surveys.
132 Additionally, publications were divided with respect to the dominant land cover on which the
133 research was based. The UK NEA Broad Habitat categories (UK NEA, 2011) were used as a
134 classification framework for the different land cover types described in each publication. A
135 detailed description of the broad habitat types considered here is provided in Table S2. Two
136 additional categories (‘Contrasting land cover’ and ‘General’) were added to encompass studies
137 conducted across multiple habitat types and studies that by the nature of the research could not
138 be included within any specific habitat category (i.e. general reviews, models, studies on
139 specific species).

140 Secondly, the publications were grouped into four thematic categories according to their
141 subject matter (paralleling those used for the legislative review). In addition, subcategories
142 were added to these to provide a further level of detail (Table 1). It should be noted that some
143 publications covered more than one category.

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Table 1. Main categories and subcategories used to itemize the publications relating to riparian areas within the UK.

Category	Subcategory
1. Biodiversity	1.1. Ecology
	1.2. Vegetation
2. Nutrients and water quality	2.1. Riparian buffer strips
	2.2. Nonpoint of diffuse (NPD) pollution
	2.3. Denitrification
	2.4. Shading
3. Water dynamics and modelling	3.1. Modelling of riparian interactions with abiotic parameters (i.e. geology, climate, hydrology, vegetation).
	3.2. Hydrological dynamics and interactions with groundwater
4. Future outlook and impacts	4.1. Land use change and restoration
	4.2. Climate change
	4.3. River and habitat survey

3. Results and discussion

3.1. Legislative review

Riparian regulation covered a broad range of disciplines as it is influenced by both terrestrial and aquatic regulations. At a European scale, the legal framework concerning riparian areas is built via a number of mechanisms such as strategies, directives and regulations (Table [S23](#), see also supplementary information for key legislative concepts). However, although these pieces of legislation normally establish the goals that all EU countries must achieve, they do not usually include mandatory and standardised measures, leaving the way goals are incorporated into national legislation up to each Member State. For example, Regulation (EU) No 1307/2013 stipulates the creation of buffer strips along watercourses but leaves the decision of the buffer width to the discretion of each Member State. ~~Another similar example is the specific requirement for buffer strips according to the Nitrates Directive~~

~~(91/676/EEC) if the land is included inside National Vulnerable Zones (NVZs) defined by~~
~~Member States.~~ Further, the introduction of the EU Water Framework Directive (WFD) greatly
encouraged the study of riparian areas as they were identified as key elements involved in the
determination of good ecological status of water bodies. Thus, a broad range of methods to
evaluate riparian conditions and their main physical features came into being (González del
Tánago and García de Jalón, 2006). However, the most recent legislation relating to
environmental issues, seems to be switching the emphasis towards a more functional side of
ecosystems requiring an assessment and mapping of physical attributes but relating them with
the multiple services they provide and their interactions with adjacent ecosystems. Hence, it is
now possible to create conceptual models which allow ecosystem services to be linked to
human wellbeing (Maes et al., 2016). However, it is worth noting that while the regulatory
system encourages the uptake of a multidisciplinary ecosystem services-based approach, the
legislative information is supplied by fragmented policies spread across over different issues
and sectors (e.g. biodiversity, flooding, Table ~~S23~~)

178 Table 2. Compilation of legislation affecting riparian areas both directly and indirectly in a European, national (UK) and regional (England, Scotland, Wales,

Legislation name	Scope of application	Year	Objective	Type	Action applied by
1. Biodiversity					
Council Directive 92/43/EEC	Europe	1992	<ul style="list-style-type: none"> • Protecting natural habitat both terrestrial and aquatic. • Designation of Special Areas of Conservation (SAC) of sites selected (Annex I habitat) (Annex II species). • Creation of Natura 2000 as a network of special areas of conservation. 	Directive	Member States
EU Biodiversity Strategy to 2020	Europe	2015	<ul style="list-style-type: none"> • Target 1. Reinforce the implementation of Natural 2000. • Target 2. Maintenance of ecosystem services. Map and evaluate the status of ecosystems along with their economic value. • Cross compliance, which includes Statutory Management Requirements and Good Agricultural and Environmental Condition. 	Strategy	Member States
Environment (Wales) Act	Regional (Wales)	2016	<ul style="list-style-type: none"> • Duty on conserve biodiversity and enhancing the resilience of ecosystems and the benefits they provide. • UK Biodiversity Action Plan (UK BAP) which entails the creation of a list of priority habitats. • Greenhouse emissions (CO₂, N₂O) at least 80% lower than the baseline year (1990). 	Act	Natural Resources Wales Local and regional authorities
The Natural Environment and Rural Communities (NERC) Act	Regional (England)	2006	<ul style="list-style-type: none"> • General duty on all public bodies office holders to conserve biodiversity which includes restoring or enhancing a population or habitat. • UK Biodiversity Action Plan (UK BAP) which entails the creation of a list of priority habitats. • Providing codes of practice to offer recommendations, advice and information on how to stop the damage caused by non-native animals and plants. 	Act	Environment Agency Local and regional authorities
Nature Conservation Act 2004	Regional (Scotland)	2004	<ul style="list-style-type: none"> • General duty on all public bodies to conserve biodiversity which includes restoring or enhancing a population or habitat. • UK Biodiversity Action Plan (UK BAP) which entails the creation of a list of priority habitats. • Duty to give notification of sites of special interest. 	Act	Scottish Environment Protection Agency Local and regional authorities
Wildlife and Natural Environment Act 2011	Regional (Northern Ireland)	2011	<ul style="list-style-type: none"> • General duty on all public bodies to conserve biodiversity which includes restoring or enhancing a population or habitat. • UK Biodiversity Action Plan (UK BAP) which entails the creation of a list of priority habitats. • Power of wildlife inspector to examine specimens and take samples if there is evidence of a relevant offence against biodiversity. 	Act	Northern Ireland environment agency Local and regional authorities

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Legislation-name	Scope of application	Year	Objective	Type	Action applied by
2. Nutrients and water quality					
Basic Payment Scheme (BPS)	Regional (general)	2016/2017	<ul style="list-style-type: none"> Statutory Management Requirements (SMR) 1. Nitrate Vulnerable Zones (NVZs). Good Agricultural and Environmental Condition (GAEC) 1. Water Establishment of buffer strips (minimum of 2 m). GAEC 5. Soil and carbon stock. Monitoring excessive bank erosion alongside watercourses where livestock have access. 	Scheme	Natural Resources Wales Environment Agency Scottish Environment Protection Agency Northern Ireland environment agency Landowner
Other schemes Glastir	Regional (Wales)	2016	<ul style="list-style-type: none"> Commitment to cross-compliance (Basic Payment Scheme). Commitment to the Whole Farm Code (WFC). Paid management options: buffer to control erosion and rough grass buffer zone. 	Agri-environment scheme	Natural Resources Wales Landowner
3. Water dynamics and management					
Directive 2007/60/EC	Europe	2007	<ul style="list-style-type: none"> Identifying the river basins and associated coastal areas at risk of flooding. Elaborating flood risk maps and establish flood risk management plans focused on prevention, protection and preparedness. Monitoring programs to check river status. 	Directive	Member States
Land Drainage Act	National (UK)	1991	<ul style="list-style-type: none"> Regulating land drainage and water abstraction. Creation of Internal Drainage Boards (IDB) to maintain water levels and secure the provision of water. Securing flood protection. 	Act	Natural Resources Wales Environment Agency Scottish Environment Protection Agency Northern Ireland environment agency
The Water Environment (Floods Directive) Regulations	Regional (Northern Ireland)	2009	<ul style="list-style-type: none"> Development of flood risk map of protected areas which potentially could be affected if any flood scenario. Identifying the flood extent and flood conveyance routes and areas which have the potential to retain flood water such as natural flood plains. Assessing natural features (for example flood plains, wetlands or woodlands) which can assist in the retention of water. 	Regulation	Northern Ireland environment agency
Flood Risk Management Act 2009	Regional (Scotland)	2009	<ul style="list-style-type: none"> Creation of flood risk assessment, maps and plans at a proper scale specifying land and water management actions. Considering measures to manage flood water by altering (including enhancing) or restoring natural features and characteristics. Local flood risk management plan to supplement the relevant flood risk management plan 	Act	Scottish Water Local authorities

Legislation name	Scope of application	Year	Objective	Type	Action applied by
3. Water dynamics and management					
Flood and Water Management Act 2010	Regional (England and Wales)	2010	<ul style="list-style-type: none"> • Creation of a strategy for flood and coastal erosion risk management in England and Wales. • Enhancing the constitution of local flood authorities. • Assessing flood risk from surface runoff, groundwater and ordinary watercourses. 	Act	Natural Resources Wales Environment Agency Local authorities
River Basin Plan Management (specific for each River Basin District (RBD))	Local (RBD, general)	2015/ 2016	<ul style="list-style-type: none"> • Monitoring rivers water ecological status. • Manage ecosystem services at the most appropriate scale. • Commitment of engaging and promoting collaboration with stakeholders, including local authorities, communities, developers and industry. 	Strategic documents	Natural Resources Wales Environment Agency Scottish Environment Protection Agency Northern Ireland environment agency RBD
4. Future outlook and impacts					
Paris agreement on climate change	Global	2016	<ul style="list-style-type: none"> • Limit the amount of greenhouse gases emitted by human activity to the same levels that trees, soil and oceans can absorb naturally. • Keeping average warming below 2°C. • Establishing a global goal of “enhancing adaptive capacity, strengthening resilience and reducing vulnerability to climate change”. 	Treaty	Parties to the Convention
Climate change Act	National (UK)	2008	<ul style="list-style-type: none"> • Reducing emissions from the devolved administrations (Scotland, Wales and Northern Ireland) by at least 80% of 1990 levels by 2050. • Legally binding ‘carbon budgets’ set by the UK Government. 	Act	Regional governments
Wales passed the Environment (Wales) Act	Local (Wales)	2016	<ul style="list-style-type: none"> • Sustainable management of natural resources (e.g. air, water, soil, geological and physiographical features and processes). • Enhancing a biodiverse natural environment with healthy functioning ecosystems. • Assessing and reporting diversity between and within ecosystems as well as their conditions and connections. 	Act	Welsh Ministers Natural Resources Wales Local authorities
The Climate Change Act	Regional (Scotland)	2009	<ul style="list-style-type: none"> • Commitment of a 56% of reduction of greenhouse emissions by 2020. • Creation of programmes for adaptation to climate change giving clear objectives to enhance resilience of the system. • Duty to produce a land use strategy where sustainable objectives are indicated. 	Act	Scottish Environment Protection Agency

215 Together with EU legislation, UK legislation (primary and secondary legislation or
216 subordinate legislation), as well as common law, also support riparian regulatory processes. In
217 the case of environmental issues, this is largely the responsibility for devolved administrations
218 within different parts of the UK. Therefore, each nation is responsible for setting their own
219 policies and providing incentives as well as designating public bodies (e.g. The Environmental
220 Agency in England or NRW in Wales) to ensure the delivery of measures agreed by each
221 Government for the protection and enhancement of the environment. Although legislation related
222 to riparian areas follows a common framework between the different parts of the UK, there are
223 clear regional differences in policy (House of Lords, 2017). For example, Wales has set its own
224 targets with respect to climate change mitigation, while Scotland explicitly specified binding
225 rules within its Water Environment Regulation to limit specific activities from taking place
226 within riparian areas.

227 Based on the legislative information gathered, riparian legislation within the UK seems to
228 be more incentivised (through the use of different agri-environment schemes and good
229 management practices) rather than by enforcement. The Basic Payment Scheme (BPS) or
230 specific documents provided by each nation (e.g. ‘A guide to your rights and responsibilities of
231 riverside ownership in Wales’; NRW, 2017) provide specific binding actions (cross-compliance
232 measures) that the landowner is required to follow in order to benefit from direct payment
233 schemes.

234 Most of the EU and UK-based policies reviewed here address the protection of riparian
235 areas in two ways: i) limiting activities that can be undertaken within the riparian buffer zone,
236 e.g. limiting fertilizer application (2 m from the edge of the river) (Nitrates Directive
237 91/676/EEC) or limiting water abstraction from rivers and lakes to $<20 \text{ m}^3 \text{ day}^{-1}$ (Land Drainage
238 Act, 1994), or ii) monitoring, mapping and evaluating the ecological and chemical status of
239 riparian zones and adjacent ecosystems. Examples of initiatives that include monitoring

240 programs are the WFD (2000), Nitrates Directive (1991), EU Biodiversity Strategy (2020) and
241 River Basin Plan Management (RBPM). ~~They seek to ensure the sustainable management~~
242 ~~through effective monitoring and reviewing actions implemented by the Member States to~~
243 ~~achieve the wider objectives of other EU Directives.~~ In recent years, 70% of the measures
244 adopted to address the environmental pressures of agriculture involved the establishment of
245 riparian buffer strips funded via agri-environmental payment schemes (Dworak et al., 2009) .
246 For example, the European Council regulation No 1698/2005 stipulates that ‘support shall be
247 granted annually and per hectare to farmer in order to compensate for costs incurred and income
248 foregone resulting from disadvantages in the areas concerned related to the implementation of
249 Directives 79/409/EEC, 92/43/EEC and 2000/60/EC’. Hence, at a national scale, this translates
250 for example into a compensation of £301 to £400 (per hectare per year) if a 4 m to 6 m buffer
251 strip on the edge of cultivated land is established in England (Natural England, 2015) or the
252 entitlement to the BPS of a variable income with the commitment to a 2 to 10 m buffer strip and
253 Good Agricultural and Environmental Condition (GAEC) and Statutory Management
254 Requirements (SMR) (BSP, 2017). However, it is worth noting that to be able to claim for these
255 payments at least 5 ha of eligible land is required.

256 An important point presented within the River Basin Management Plans (RBMPs), and
257 commonly stressed within legislation affecting riparian areas, is the commitment and the
258 importance of engaging and promoting collaboration with stakeholders, including local
259 authorities, communities, developers and industry. The importance of stakeholder collaboration
260 is crucial, as for example in Wales, only 7% of the land is owned or managed by the competent
261 authority itself (NRW, 2015). Current riparian management policies strongly promote landowner
262 collaboration and participation, often via the different payment schemes (e.g. BPS, Glastir),
263 which are subject to compulsory cross-compliance measures to promote sustainable farming
264 techniques. However, studies such as Ahnström et al. (2009) or Ingram (2008) report

265 contradictory responses from land managers. While they claim to be technically well informed
266 and willing to embrace good ecological practices (e.g. application of manures outside the riparian
267 zone or the establishment of a riparian buffer), evidence shows there is a need for clearly
268 articulated information to better communicate costs and benefits of the measures applied and
269 how they will be recompensed for services provided (Holden et al., 2017) . ~~In this respect, the~~
270 ~~report by DEFRA (2004) on catchment sensitive farming also indicated that when landowners~~
271 ~~were provided with the right and precise information (often face to face) their actions were much~~
272 ~~more effective, costs were reduced and as a result they become less dependent on subsidies.~~

273 There is no shortage of reports (EA, 2004; UK NEA, 2011; EU Technical Report No
274 9/2015, EU Biodiversity, 2020) that warn about the decline of ecosystem service provision
275 associated with riparian areas (e.g. river water quality, biodiversity). Some argue this may be due
276 to the lack of linkage between the many different elements that feed into policy (ecology,
277 geomorphology, soil science, hydrology and fisheries science, etc.) (Kohm and Franklin, 1997;
278 Hickey and Doran, 2004). Most of the recent EU and UK legislation acknowledges this and
279 attempts to halt or reverse this loss of ecosystem service provision. The EU Biodiversity Strategy
280 2020 and the Environment Wales Act (2016) are two recent European and regional examples of
281 this, respectively. However, policy-makers, researchers and scientists need to work together to
282 better understand the effectiveness and potential impact of decisions (Holden et al., 2017).

283

284 3.2. Research review

285 The search yielded a total of 820 publications addressing the topic of riparian areas from
286 1997 to 2017 in the UK. The scientific publications were scrutinised and 161 articles of pertinent
287 material with respect to ‘riparian studies in the UK’ were selected. We acknowledge that we may
288 have missed some publications focused on riparian areas due to the multiple terms used to refer

289 them (i.e. floodplain, buffer strip, riverine systems). Despite this, we feel that our broad cross-
 290 section was sufficient to identify general trends.

291

292 *3.2.1. Riparian studies by geographical scope within the UK and land cover focus*

293 The largest number of papers on riparian areas within the UK were associated with
 294 England (59.6%), followed by articles considering the whole of the UK (20.5%) while Scotland
 295 and Wales contributed significantly fewer papers (ca. 10% each) (Fig. 1). No studies were found
 296 from Northern Ireland with the search criteria used in this review. Research based on Scotland
 297 tended to focus equally on the habitat types ‘Enclosed Farmland’ and ‘Mountains, Moorland and
 298 Heaths’ even though the latter covers 44% of its land area. In contrast, Wales focused primarily
 299 on ‘Woodlands’ which only accounts for ca. 15% of its territory (UK NEA, 2011). Riparian
 300 research from England was concentrated on ‘Enclosed Farmland’ reflecting its important
 301 contribution within the landscape (55.3% of its total land; UK NEA, 2011).

302

303

304 **Fig. 1.** Percentage of total number of studies on riparian areas by country (right) and land cover
 305 target (left) according to the UK NEA Broad Habitat categories (based on papers published from

1997 to 2017). Different bar colours represent the individual contribution of each country to that specific category. Two additional categories named 'Contrasting land cover' and 'General' were added to encompass studies conducted across different habitat types (minimum two habitat types) and studies that by the nature of the research could not be included within any specific habitat category (i.e. general reviews, models, studies on specific species), respectively. Studies developed across different regions of UK or focus on topics such as reviews or habitat surveys were categorized within the 'UK' category.

313

With respect to land cover, apart from papers based on Wales, most of the riparian publications focused their research on enclosed farmland (i.e. mostly arable and improved grassland). The rest of the habitat types contributed about 10% of the total number of papers except for 'Contrasting land cover' and 'Urban' categories whose percentage of contribution were slightly lower (7.5-5.6% respectively). Overall, the percentage contribution of each habitat type to riparian research seemed to reflect two things: firstly, the relative importance of each UK NEA Broad Habitat within the UK, and secondly, that agriculture and farming have been recognised as the major source of freshwater ecosystem decline within the UK and other developed countries (UK NEA, 2011; McGonigle et al., 2012). Thus, it is not surprising that 'Enclosed Farmland' which accounts for 55%, 19% and 41% of England, Scotland and Wales respectively was the primary focus of riparian research across the UK. However, although it is important to work on strategies that help us to mitigate the negative effects of agriculture, we cannot overlook the pivotal role in provisioning services that minority habitats (such as wetlands or semi-natural grasslands) accomplish, despite the relatively small surface area they cover. Evidence to support this also comes from studies such as De Groot et al. (2012) where it was estimated that globally, inland wetlands possess a value of \$25,682 ha⁻¹ y⁻¹, 9 times greater than the estimate for grasslands based on the ecosystem services market price. ~~Morris and Camino (2011) also provided an estimated value of £467 ha⁻¹ y⁻¹ for inland wetlands due to their contribution to water quality improvement.~~ In addition, Tschardt et al. (2005) also highlighted

333 that local habitats different from grassland ecosystems might be essential to improve the delivery
334 of ecosystem services, enhancing local diversity and providing a natural corridor of special
335 importance in simple landscapes dominated by arable fields. Hence the importance of their study.
336

337 *3.2.2. Riparian studies by subject matter*

338 Based on subject matter, the studies were categorized according to four broad themes and
339 several subcategories (Table 1). The largest number of publications were associated with
340 ‘Nutrients and water quality’ (33%), followed by ‘Biodiversity’ (29%). The categories ‘Water
341 dynamics and modelling’ and ‘Future outlook, current ecological status and impacts’ contributed
342 similar amounts (ca. 19%) of the total articles published (Fig. 2).

343
344

345 **Fig. 2.** Number of papers related to riparian areas in the UK over the period of 1997-2017. Graph
346 based on 161 individual papers. Subcategories grouped according to the subject matter as
347 explained in section 2.2

348

349 3.2.2.1. “Biodiversity” publications

350 The study of biodiversity accounted for 29% of the total number of papers on riparian
351 areas (Table S43). The largest number of papers (21%) within this category focused on riparian
352 vegetation (Fig. 2). It is worth noting that a large number of these studies were focused on the
353 impacts of the spread of non-native species on other communities (e.g. invertebrates (Tanner et
354 al., 2013), native flora (Bradford et al., 2007; Truscott et al., 2008; Tanner and Gange, 2013)) or
355 ecosystem functioning (Hulme and Bremner, 2006; Hladysz et al., 2011). The propagation and
356 distribution of non-native species is also a recurring theme within this subcategory (Wadsworth
357 et al., 2000; Tickner et al., 2001; Maskell et al., 2006; Walker et al., 2009). Manchester and
358 Bullock (2000) detailed the principal non-native species introduced in the UK and their possible
359 impact on UK native biota. However, they also revealed that although they are major plant
360 invaders along streams and rivers, the supportive evidence about their effects on aquatic habitats
361 and species is often contradictory and scarce (Stockan and Fielding, 2013). Additionally, there
362 was no shortage of studies focused on vegetation propagules, distribution and diversity,
363 ecological successions and hydrogeomorphological dynamics (Moggridge and Gurnell, 2010;
364 Cockel and Gurnell, 2012; Gurnell and Grabowski, 2016). Historically, riparian research has
365 largely focused on vegetation because it is relatively easy to assess, exerts a strong influence on
366 the soil microbial community and even influences the nearby air around it (Verry et al., 2004;
367 Lymperopoulou, et al., 2016). However, evidence suggests that other factors such as land use
368 history or management practices have a stronger effect in driving microbial diversity and
369 abundance in the soil and that these factors are not being as extensively studied (Millard and
370 Singh, 2010; Jangid et al., 2011; García-Orenes et al., 2013).

371 In contrast, ecological papers examining relationships between biota and the environment
372 only represented 8% of the total publications (Fig. 2). Research within this subject matter
373 addressed changes to the distribution and conservation of populations of invertebrates, small
374 mammals or birds (Sadler et al., 2004; Moro and Gadal, 2008; Sinnadurai et al., 2016). However,
375 most of the studies are focused on particular species or agricultural systems, with little
376 perspective of the ecosystem as a whole.

377

378 3.2.2.2. “Nutrients and water quality” publications

379 Of all papers published between 1997 and 2017, about 33% related to nutrients and water
380 quality (Table S54). Within this body of work, the largest number of publications (20%) explored
381 non-point source (NPS) pollution and its effect on water quality within riparian zones (Nisbet,
382 2001; Jarvie et al., 2008; Hutchins et al., 2010; Wilkinson et al., 2014); particularly, phosphorus
383 and sediments (Steiger et al., 2001; Roberts et al., 2013; Osei et al., 2015; McCall et al., 2017;
384 Vinten et al., 2017). This focus of attention responds principally to the need to meet
385 environmental standards imposed by the WFD that requires good ecological and chemical status
386 and drinking water standards without increasing the costs of treatment that have to be paid by
387 consumers (Kay et al., 2009). Pretty et al. (2000) estimated that the annual costs of removing
388 contaminants such as pesticides, nitrates, phosphorus (and sediment), and organic carbon losses
389 in water for drinking in the UK to be £120 M, £16 M, £55 M and £106 M, respectively on average
390 for 1996. In this regard, agriculture (diffuse pollution) has been highlighted for special attention
391 because of the pressure it exerts on UK freshwaters, particularly in England and Wales rivers
392 (Defra, 2004; European Commission, 2012). Maltby et al. (2013) estimated an increase of 40%
393 of cultivable area in England between 1940 and 1980, whilst 88% of the land area of Wales was
394 utilised as agricultural land in 2015 (Armstrong, 2016). In view of this pressure, agricultural
395 stewardship schemes (e.g. Glastir, BPS), may offer an effective way to halt riparian degradation.

396 However, although there must be a common framework for protecting riparian areas (e.g. no
397 cropping within riparian area), there is a need to identify context-specific solutions rather than
398 expecting a one-size buffer fits-all solution (i.e. setting a fixed riparian buffer width of 2 m from
399 the watercourse) (Kay et al., 2009). For example, Bergfur et al. (2012) found that the replacement
400 of a septic tank was just as effective as implementing a riparian buffer to stop N and other
401 nutrients entering into watercourses in a monitored catchment.

402 Together with phosphorus and sediments, nitrogen (N) also represents a major
403 contributor to global environmental problems such as freshwater eutrophication and greenhouse
404 gas emissions (Canfield et al., 2010; Erisman, 2013). Because of this, and due to the fact that
405 denitrification represents a permanent removal of NO_3^- , 3% of the publications focused on this
406 topic. Specifically, they tended to assess the role of hydrology on denitrification as well as other
407 environmental issues (Hefting et al., 2004; Macheferf and Dise, 2004; Sgouridis and Ullah,
408 2015). However, despite the major contribution of denitrification to greenhouse emissions and
409 the UK commitment to reduce emission by at least 80% by 2050 (from the baseline year 1990)
410 (e.g. Climate change Act , 2008), the numerous technical challenges and the cost of accurately
411 measuring it in the field have probably reduced the volume of research in the UK.

412 The impact of cattle on water quality is also a recurring theme within this subcategory
413 (Bond et al., 2012; Terry et al., 2014). Livestock management is considered a keystone for
414 achieving the required 'good ecological status' required by the WFD since the effects of
415 mismanagement on riparian areas are becoming increasingly apparent (e.g. erosion and
416 destabilization of rivers banks) (Belsky et al., 1999; Bond et al., 2012; Terry et al., 2014). The
417 importance of restricting livestock access to watercourses is especially relevant in the UK
418 context, considering that agriculture is heavily focused on grazing livestock (Armstrong, 2016).
419 However, although livestock restrictions to watercourse constitute a strong advisable measure
420 against water pollution, there is no enforcement in this respect in the UK to date.

421 The implementation of riparian buffer strips is a well-established tool to protect surface
422 and ground water quality from anthropogenic activities (Blackwell et al., 1999; Kaila et al., 2012;
423 Stutter et al., 2012). Research has tended to determine the effectiveness of the buffer for removal
424 of nutrients. However, it was only covered by 6% of the total studies concerning riparian areas
425 in the UK. It could be argued that the lack of research on this topic is due to the fact that this
426 management tool was advocated in the UK just two decades ago (Muscutt et al., 1993) whereas
427 in some parts of North America its use goes back to the 1950s (Richardson et al., 2012). ~~Although~~
428 ~~it was not one of the most recurrent topics for riparian research within the UK, there is an~~
429 ~~extensive body of literature (mainly from the United States) focused on riparian buffer strips. In~~
430 ~~this sense, it~~ is interesting to note that most of these studies and the ones gathered here, focused
431 on evaluating variable widths for riparian buffers to maximize benefits. However, using variable
432 buffer widths would require a regulatory system that is flexible and site-specific base, instead of
433 implementing a uniform buffer width at landscape scale as is currently being done. Some studies
434 have shown that applying a mandatory buffer at the landscape scale is an ineffective policy to
435 target nutrient removal (Kronvang et al., 2011). Rather they recommended that buffer strips (in
436 this case 10 m-wide) should be targeted to critical areas where they would have been much more
437 cost-effective.

438 An additional effect of a well-structured vegetative buffer strip is the provision of shade.
439 The role of riparian areas in providing shade is being increasingly explored because of its
440 potential to alleviate water pollution (Warren et al., 2016). Recently, some studies have shown
441 that riparian shading could become a valuable tool to mitigate river nutrient enrichment, being
442 in some cases, even more effective than reducing nutrient loads in reducing eutrophication risk
443 (Hutchins et al., 2010, 2012). ~~Shade helps reduces incoming solar radiation thereby preventing~~
444 ~~excess warming and exposure to sunlight which reduces the opportunity for excessive in-stream~~
445 ~~plant growth.~~ This suggests that riparian shading could offer a cost-effective alternative to reduce

446 the estimated damage costs of freshwater eutrophication which for England and Wales is
447 expected to cost between £75.0–114.3 million yr⁻¹ (Pretty et al., 2003). However, this topic only
448 compromised 4% of the total publications, with some highlighting it as an area that needs further
449 research (Orr et al., 2015). In that respect, guidelines, as shown in Table 3, are a common
450 approach to raising awareness of the importance of riparian shade. However, it isn't always the
451 case that altering conditions to support riparian vegetation will entail beneficial environment
452 consequences (i.e. channel widening, excessive shade, limit the growth of macrophytes) (Collier
453 et al., 1995; Parkyn et al., 2005). Consequently, riparian owners and managers should carefully
454 assess the impacts of restoration measures before undertaking action.

455

456 3.2.2.3. *Water dynamics and modelling*

457 Water dynamics and modelling accounted for 19% of the total publications (Table S65).
458 Modelling and hydrology within riparian areas produced similar number of papers (10%). These
459 studies tended to explore hydrological interactions within riparian areas in order to predict further
460 sources of variation (Soulsby and Tetzlaff, 2008; Del Tánago et al., 2016; House et al., 2016b).
461 Previous studies have emphasised that understanding the underlying processes between riparian
462 areas and hydrology could provide essential information due to the intertwined relationship with
463 biogeochemical cycles, vegetation type and flood processes (Décamps, 1995; Bendix and Hupp,
464 2000; Grabowski and Gurnell, 2016). ~~Notably, the potential of riparian areas to reduce and~~
465 ~~mitigate flood events has been extensively documented (Anderson et al., 2006; Johnson et al.,~~
466 ~~2008).~~ This has particular relevance for England and Wales, where the expected average cost of
467 flood damage is of the order of £1.2 billion per year (Ramsbottom et al., 2012). However, only
468 one study focused on riparian areas and flood management from a modelling perspective
469 (McLean, 2013).

470

471 **Table 3.** Chronological compilation of riparian guidelines at the national (UK) scale.

GUIDELINES					
Name	Agency	Year	Objective	Type	Action applied by
Engineering in the Water Environment Good Practice Guide: Riparian Vegetation Management	Scottish Environment Protection Agency	2009	<ul style="list-style-type: none"> • Manage riparian vegetation across contrasting habitat types • Creation of buffer strips with recommended widths. • Management of non-native plant species 	Technical guidance	Landowner Competent authority
Planting trees to protect water. The role of trees and woods on farms in managing water quality and quantity	Woodland Trust	2012	<ul style="list-style-type: none"> • Raise awareness of main water quality problems related to agricultural practices: causes-cost effect. • General recommendations for water quality improvement as (i.e. margin of 10 m from any water body to establish cattle feeders). • Emphasizing the role of riparian trees and recommendations for species choice. 	Research report and guidance	Landowner
New Guidance on Aquatic and Riparian Plant Management – Controls for Vegetation in Watercourses	Environment Agency, DEFRA ¹ , CEH ² Private parties	2014	<ul style="list-style-type: none"> • Developing good practice guidance on the management of aquatic plants and vegetation both in and alongside watercourses. • Providing field guide in order to identify non-native species. • Providing a decision-making tool applying site-specific knowledge. 	Technical guidance	Natural Resources Wales Internal Drainage Boards Lead Local Flood Authorities/local authorities Canal & River Trust
Keeping Rivers Cool	Woodland Trust	2016	<ul style="list-style-type: none"> • Creating riparian shade for climate change adaptation. • Providing shade maps for most of England and part of Wales in order to identify where planting and fencing will be more beneficial. • Assisting in the species selection and plantation structure. 	Guidance	Landowner Public authorities

472 ¹ Department for Environment, Food & Rural Affairs

473 ² Centre Ecology and Hydrology

474

GUIDELINES					
Name	Agency	Year	Objective	Type	Action applied by
River Restoration and Biodiversity	IUCN ³ NCUK ⁴	2016	<ul style="list-style-type: none"> • Raising awareness about why rivers and their associated floodplain are important for UK biodiversity. • Identifying causes by which they have been altered. • Recommendations and practice guidance for river restoration. 	Report	Researchers and policy-makers
The UK Forestry Standard	Forestry Commission	2017	<ul style="list-style-type: none"> • Recommendation of a mix of shaded and lightly shaded habitat within the riparian zone to enhance biodiversity. • Control the spread of invasive and non-native species. • Provide and maintain defined buffer areas along watercourses and water bodies. 	UK Forestry Standard Guidelines	Forest and woodland managers (Natural Resources Wales is the organisation in charge of public forests in Wales)
A guide to your rights and responsibilities of riverside ownership in Wales ⁵	Natural Resources Wales	2017	<ul style="list-style-type: none"> • Explanation of rights and responsibilities of riparian landowners. • Flood risk management assessment. • Maintaining the bed and banks of the watercourse and the vegetation growing on the banks. 	Guidance	Landowner

³ International Union for the Conservation of Nature

⁴ National Committee UK

⁵ The same type of guidance is provided by the Environment Agency for England

Predictive models, particularly related to the delivery of ecosystem services, are increasingly informing European and national legislation (Maltby et al., 2013; Adhikari and Hartemink, 2016). Nonetheless, only one study was found that explored riparian areas from this perspective (McVittie et al., 2015). Results from that study showed how models could be used efficiently to integrate physical attributes (land cover, soil type, rainfall), terrestrial and aquatic process (e.g. erosion, river flow) and management intervention using Bayesian Belief Networks (BBN). Thus, the parameters introduced will ultimately aim to outline the fundamental ecological processes that deliver ecosystem services within riparian areas. This kind of riparian model could inform more integrated policies.

With respect to hydrology, research has tended to focus on the interactions between stream and groundwater or the relationship between the hyporheic zone and biogeochemical processes (Lapworth et al., 2009; Allen et al., 2010; Canfield et al., 2013). Although many report how management of buffer strips can assist in reducing nutrient loads entering streams, some (e.g. Hill 1996; Vidon and Hill, 2004) argue that we first need to understand riparian hydrology to better predict the fate of contaminants in riparian zones.

3.2.2.4. Future outlook, current ecological status and impacts

Riparian areas are sensitive ecosystems as they are coupled tightly with hydrological regimes, connected to longitudinal and lateral fluxes of energy and nutrients that in turn are under strong climatic influence and frequently disturbed by anthropogenic activities (Wipfli, 2005). Nineteen percent of the publications found focused on the future outlook, current ecological status and impacts of riparian zones (Table S76) with land use change and restoration contributing the largest number of papers, representing 9% of the total. Studies within this category explored the effect of restoration and land use change on invertebrates (Harrison et al., 2004; Petersen et al., 2004), vegetation and floodplain dynamics (Clarke and Wharton, 2000;

507 Clilverd et al., 2016), amongst others. There is evidence throughout history that riparian areas
508 have been heavily affected by land use changes in order to increase agricultural productivity
509 (Seavy et al., 2009; Poff et al., 2011). Flood incidents can increase where intense use reduces the
510 time available for water to infiltrate and therefore, the frequency and magnitude of flood peak
511 flows increase (Nagasaka and Nakamura, 1999). That may be the reason why, researchers within
512 this category usually approach the restoration of riparian areas as a way to return the natural
513 defences for flood protection. Studies such as Stromberg et al. (2007) have also stressed the
514 importance of flood restoration for native riparian vegetation and their consequences for
515 sediment transport. ~~Others highlight the importance of riverine ecosystem restoration including~~
516 ~~riparian zones for improvements in physico-chemical and biological status (Addy et al., 2016).~~

517 Alongside riparian restoration, there is growing evidence that managed adaptation could
518 reduce the impacts of climate change on ecosystems (Thomas et al., 2016). In this respect,
519 climate change was the focus of 4% of the papers which mostly dealt with the role of riparian
520 trees in water cooling and eutrophication (House et al., 2016a; Halliday et al., 2016). There is
521 evidence that further increases in global temperature cannot now be prevented (IPCC,
522 2014). Therefore, strategies such as the EU Biodiversity Strategy 2020 aim to increase resilience
523 of key resources and provide legal protection to minimise the impacts of, and adapt ecosystems
524 to, climate change. However, by definition, riparian zones are transition areas ~~between land and~~
525 ~~freshwater ecosystems~~ and are therefore affected by both aquatic-terrestrial remedial and
526 mitigation measures. It is therefore difficult to identify which specific actions are directed
527 specifically towards riparian areas.

528 River and habitat surveys accounted for 6% of the total publications. Studies tended to
529 use the standard riverine hydromorphology survey in the UK (River Habitat Survey; RHS) in
530 order to characterise reach streams by recording physical characteristics and thus evaluate their
531 conservation status (Davenport et al., 2004; Erba et al., 2006; Vaughan et al., 2010). This

category aims to meet the EU desire to assess an ecosystem's ecological status. Despite this, Maltby et al. (2014) stated that approaches taken to date in mapping and assessing different freshwater ecosystems as 'priority habitats' do not necessarily reflect their actual or potential contribution to ecosystem services, thereby impeding the legislative work to protect them.

536

3.2.3. *Riparian future research needs*

There are limited examples of studies which have attempted to account for the multiple functions that interact (often in a complex way) within riparian areas. The analysis of riparian studies suggests that research is largely focused on single features (e.g. specific riparian species) or functions of riparian areas. Specifically, a lot of effort has been made on the study of riparian vegetation and nutrient dynamics. Although there is no doubt that studies focused on single species or nutrients offer underpinning information to help us to understand how the ecosystem as a whole works, there is a need to guide future research and managerial activities towards a more multidisciplinary integrated approach. In this way, the whole range of ecosystem services could be maximised, and we could reduce or avoid less desirable outcomes. For example, the restriction of livestock to the watercourse is being increasingly recommended to halt P and sediments loads into the river. However, seasonal grazing is beneficial to maintain a good level of biodiversity within riparian areas so both functions should be considered. In turn, this much more realistic view of the ecosystem which considers that the different environmental processes do not occur in isolation, could offer a better understanding of management actions required to ensure the continuation of multiple benefits (Fig. 3). We present some key questions that should be considered when assessing riparian areas either for restoration purposes, management or research that can increase the range of services provided by riparian areas.

555

556

Fig. 3. Flow chart assessment and prescription procedures that promote ecosystem conservation and services within riparian areas. The flow chart provides key questions and prioritization measures with the aim to guide riparian users and owners throughout the process of riparian assessment.

560 **4. Conclusions**

561 Improving and enhancing the communication between scientists and policy-makers is
562 essential to help form policies that are based on robust scientific evidence. Results from this
563 study revealed that legislation concerning riparian areas appears fragmented, contains redundant
564 policy instruments and in places lacks practical objectives or contains contradictory measures or
565 unachievable targets.

566 On the other hand, most recent EU and UK legislation calls for integration and a more
567 ecosystem ~~service-based~~service-based approach to riparian management to maximise, value and
568 preserve not only the physical ecosystem attributes and individual services but also the set of
569 services that could be provided. Our study indicates riparian research tends to focus on single
570 ecosystem processes (i.e. N cycle, riparian species) or attributes (e.g. specific species or
571 nutrients). More integrated research could help support better policy making in this area by
572 developing a better holistic understanding of riparian functioning and that helps us value less
573 what ecosystems are and more what they can offer.

574

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