

Tempo and mode of performance evolution across multiple independent origins of adhesive toe pads in lizards

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27 **Abstract**

28 Understanding macroevolutionary dynamics of trait evolution is an important endeavor in
29 evolutionary biology. Ecological opportunity can liberate a trait as it diversifies through trait
30 space, while genetic and selective constraints can limit diversification. While many studies have
31 examined the dynamics of morphological traits, morphological traits may have many-to-one
32 mapping with respect to performance. As performance is often more proximately the target of
33 selection, examining only morphology may give an incomplete understanding of evolutionary
34 dynamics. Here we ask whether convergent evolution of pad-bearing lizards have followed
35 similar evolutionary dynamics, or whether independent origins are accompanied by unique
36 constraints and selective pressures over macroevolutionary time. We hypothesized that geckos
37 and anoles each have unique evolutionary tempos and modes. Using performance data from 59
38 species, we modified Brownian Motion (BM) and Ornstein-Uhlenbeck (OU) models to account
39 for repeated origins estimated using Bayesian ancestral state reconstructions. We discovered that
40 adhesive performance in geckos evolved in a fashion consistent with Brownian Motion with a
41 trend, whereas anoles evolved in bounded performance space consistent with more constrained
42 evolution (an Ornstein-Uhlenbeck model). Our results suggest that convergent phenotypes can
43 have quite distinctive evolutionary patterns, likely as a result of idiosyncratic constraints or
44 ecological opportunities.

45

46 **Introduction**

47 When investigating how the diversity (or lack thereof) of a trait arose, one of the first steps is to
48 observe the variation present in the trait and investigate how the trait evolved through time,
49 asking whether the trait has thoroughly explored a small part of trait space, or if the trait appears
50 to have freely explored trait space. Thorough coverage of a limited region of trait space can
51 suggest constrained evolution, possibly due to limited developmental or genetic variation,
52 biomechanical constraints, or limited ecological opportunity to adapt and change. Alternatively,
53 a trait may appear to have explored trait space in a less constrained fashion. This may be due to
54 fewer developmental, genetic, or biomechanical constraints, the trait accessing more open
55 niches, or the trait being under weak selection, drifting through trait space with little
56 consequence.

57 Knowledge of how a clade has evolved through trait space can be integrated into a fuller
58 understanding of that clade's evolutionary history. For example, if a clade has exhibited
59 constrained evolutionary patterns, future studies can investigate how the focal trait may be
60 limited by developmental, genetic, or mechanical constraints, or how biotic interactions have
61 influenced the diversification of the trait. For example, habitat use/morphology correlations have
62 been reported to differ between Caribbean and South American anoles (Irschick et al. 1997;
63 Macrini et al. 2003). These differences may suggest Caribbean and mainland anoles have filled
64 trait space differently, possibly due to differences in development, genetics, biomechanical
65 considerations, or differences in abiotic or biotic conditions in the Caribbean and mainland South
66 America.

67 In addition to investigating the evolution of a morphological trait through trait space, if a
68 focal trait is a measure of performance, as is the case in our study, knowledge of how restrictive
69 its evolution has been through performance space can influence understanding of the underlying
70 morphological evolution. Performance is often more closely related to the ecological function of
71 a trait than is its morphology, which is only indirectly related to fitness; thus, the evolutionary
72 dynamics of performance are of particular interest (Arnold 1983; Wainwright and Reilly 1994).
73 Evidence suggesting a clade's performance has been constrained in performance space could be
74 explained by a variety of situations. Focal clades may not have had the genetic, developmental,
75 or mechanical capabilities to diversify and explore performance space, or there may have been
76 limited niche space available to diversify into, similar to as if a focal trait was a morphological
77 trait. In addition, when considering performance niche space, limited successful performance
78 options do not impose limited underlying morphological diversity. Few adaptive options can lead
79 to convergent or parallel morphological evolution, including many to one mapping, when
80 different morphologies perform similarly. Alternately, evidence of unconstrained performance
81 evolution could be explained by behavioral plasticity, phenotypic plasticity, adaptive change
82 tracking adaptive peaks, as well as weak selection allowing for performance to drift through
83 performance space.

84 Modeling the evolutionary history of a trait also requires some knowledge or assumptions
85 about the origin or origins of the trait in question. While many studies have focused on the
86 relationship between convergent morphology and performance, few studies have compared the
87 tempo and mode of performance evolution in a comparative framework (but see Harmon et al.

88 2003). By focusing on convergent traits, we can better understand how limiting factors such as
89 constraints or limited ecological opportunities have shaped the evolution of our focal clades.

90 Evaluating the fit of Ornstein-Uhlenbeck (OU) and Brownian motion (BM) models of
91 trait evolution to a focal clade can identify how constrained (OU) or free (BM) the evolution of
92 the trait has been (Lande 1976; Hansen 1997). Brownian motion models the diffusion of a trait
93 through trait space with two parameters, the root value and a stochastic rate parameter (σ^2).
94 Alternatively, OU models extend BM models to represent constrained evolution towards a target
95 value (θ). OU has the additional parameter α , which describes the rate of pull towards the target
96 trait value θ . As α gets smaller and approaches zero, an OU model converges towards a BM
97 model. BM models can also be extended to model a directional trend when a third parameter, μ ,
98 is non-zero, modeling the tendency of the trait value to consistently drift in a particular direction
99 (positively or negatively) away from the root value.

100 In this study, we examine the evolutionary dynamics of performance in two groups of
101 squamates: geckos and anoles. Adhesive toe-pads have evolved at least three times in Squamata:
102 most famously in geckos, but also twice outside of Gekkota, in anoles and skinks. We define
103 adhesive toe pads as having morphological traits such as setae or modified scales that generate
104 both friction and adhesion (frictional adhesion; Autumn et al. 2006a). The results from previous
105 studies have suggested one (Harrington and Reeder 2017) or multiple origins of toe pads within
106 the 1700 described species of geckos (Underwood 1954; Haacke 1976; Russell 1976; Russell
107 1979; Irschick et al. 1996; Russell 2002; Gamble et al. 2012; Russell et al. 2015; Higham et al.
108 2016; Gamble et al. 2017). The adhesive system of lizards is an excellent system for
109 investigating patterns of adaptation, constraint, and convergence. Gecko and anole toe pads are
110 morphologically complex, being comprised of modified ventral scales with a free edge
111 (lamellae) covered in small hair-like structures called setae. There is considerable morphological
112 diversity among species at the macroscale *i.e.*, toe pad shape, skeletal features, and digital
113 musculature (Russell 1979; Gamble et al. 2012) and at the microscale *i.e.*, setal morphology
114 (Ruibal and Ernst 1965; Williams and Peterson 1982; Peattie 2007; Johnson and Russell 2009;
115 Hagey et al. 2014). These structures are responsible for the generation of adhesion and friction
116 on a variety of surface textures, self-cleaning, and not self-adhering (Hansen and Autumn 2005;
117 Vanhooydonck et al. 2005; Autumn et al. 2006a; Huber et al. 2007; Persson 2007; Russell and
118 Johnson 2007; Pugno and Lepore 2008b; Hu et al. 2012; Autumn et al. 2014; Russell and

119 Johnson 2014) suggesting that while toe pads appear very diverse, there likely exists extensive
120 constraints and limitations on their morphology and performance. It is likely that the evolution
121 and adaptation of adhesive performance in padded lizards has balanced selective pressures and
122 opportunities with mechanical and developmental constraints, likely limiting the options open to
123 evolution and adaptation.

124 We considered how gecko and anole toe pad adhesive performance evolved by fitting a
125 variety of stochastic models of trait evolution. We fit models with shared or independent
126 parameter values and/or models across geckos and anoles, incorporating ancestral state
127 reconstruction results into our models, to test the hypothesis that independent origins differ in
128 rate (tempo) or pattern (mode). If a single-rate model is a good fit to our entire adhesive
129 performance dataset, this would suggest that the performance of padded lizards and their
130 convergent morphologies evolved under similar processes, shared mechanical, developmental
131 constraints, and/or similar selection dynamics. In contrast, if clade-specific models or parameters
132 fit our data well, this would reveal a pattern of clade-specific evolutionary dynamics, likely
133 associated with clade-specific constraints or ecological opportunities (Hansen 1997; Butler and
134 King 2004; Yoder et al. 2010; Eastman et al. 2013). Considering patterns of performance
135 evolution in conjunction with ancestral information improves our understanding of how
136 historical processes of adaptation have shaped extant diversity, morphology, and performance.

137

138 **Methods.**

139 *Estimation of the number of origins of toe pads across Squamata*

140 To identify independent origins of adhesive toe pads in lizards, we used a large, species-level
141 phylogeny of Squamata (Pyron and Burbrink 2013). The use of this phylogeny requires some
142 caveats. Large macrophylogenies, like the Pyron and Burbrink (2013) phylogeny may not be
143 well suited for use in comparative method analyses (see Title and Rabosky 2016). This
144 phylogeny also has topological differences as compared to other smaller published phylogenies
145 (Sadlier et al. 2005; Brown et al. 2012; Gamble et al. 2012; Oliver et al. 2012). We chose a time-
146 scaled, ultrametric tree because our models of trait evolution model trait change in relation to
147 time rather than sequence divergence. We assigned presence or absence of toe pads to each
148 species in the phylogeny (4162 species). Four species of skinks are known to have adhesive
149 pads, *Prasinohaema virens*, *P. flavipes*, *P. prehensicauda*, *Lipinia leptosoma* (Williams and

150 Peterson 1982; Irschick et al. 1996; Pianka and Sweet 2005). Of the three pad-bearing
151 *Prasinohaema* species, only *P. virens* is in the Pyron and Burbrink (2013) phylogeny. In
152 addition, only one species of *Lipinia* is in the phylogeny (*L. pulchella*). We substituted *L.*
153 *leptosoma* for *L. pulchella* without a loss of phylogenetic information (Austin 1998) for a total of
154 two pad-bearing skink species in our toe pad presence/absence dataset. We assigned the presence
155 of toe pads to all *Anolis* species in the phylogeny (207 species) except *A. onca* (Peterson and
156 Williams 1981; Nicholson et al. 2006). To assign presence/absence to geckos, we modified
157 generic-level assignments from Gamble et al. (2012) adding information from Wilson and Swan
158 (2010) and personal observations (TH), to assign toe pad presence (472 species) or absence (188
159 species) to all 660 species of geckos in the phylogeny (see Fig. 3 and Supplemental Material).
160 The remaining lizard and snake species in the tree were considered padless.

161 Using the complete phylogeny of Pyron and Burbrink (2013), we estimated the number
162 of origins of adhesive toe pads across squamates by combining Bayesian estimates of transition
163 rate matrices with stochastic character mapping. We estimated transition matrices for a binary-
164 state, Mk model with asymmetric transition rates allowing the rates of pad gain and loss to vary
165 (*i.e.*, q_{10} and q_{01} were not constrained to be equal) using the R package Diversitree (FitzJohn
166 2012). We then ran a Bayesian MCMC for 10,000 generations sampling every 100 generations,
167 with an initial burn-in of 3,000 generations, resulting in a posterior sample of 701 Q matrices. To
168 visualize our reconstructions, monomorphic clades were collapsed, resulting in a phylogeny with
169 118 tips. Using the posterior sample of Q-matrices, we generated 701 simmap phylogenies using
170 the R function *make.simmap* in the phytools package (Revell 2012). Of particular interest was
171 the number of independent origins of toe pads within geckos (Gamble et al. 2012). We therefore
172 counted the number of estimated origins in Gekkota across the simmap-generated
173 reconstructions to obtain a posterior sample of origins.

174

175 *Collection of performance data*

176 Previous studies of pad-bearing lizards have quantified adhesive performance in multiple ways
177 (Irschick et al. 1996; Autumn et al. 2006a; Autumn et al. 2006b; Pugno and Lepore 2008a;
178 Autumn et al. 2014; Hagey et al. 2014; Hagey et al. 2016). We chose to use the angle of toe
179 detachment, which was first used to quantify adhesive performance in frogs (Emerson 1991;
180 Moen et al. 2013) and subsequently in geckos (Autumn et al. 2006a; Hagey et al. 2014; Hagey et

181 al. 2016). The angle of toe detachment is directly related to the adhesive mechanics of setae
182 (Autumn et al. 2006a; Tian et al. 2006) and can be measured easily in the laboratory or field with
183 relatively simple equipment (see Supplemental Material). This approach quantifies the maximum
184 proportion of adhesion (negative normal force), relative to friction, generated by a species' toe
185 pad (see Fig. 1 and Methods). We quantified adhesive performance across three families of
186 geckos (Gekkonidae, Phyllodactylidae, and Diplodactylidae) and the genus *Anolis* (see
187 Supplemental Material). Our toe detachment observations were collected following previous
188 studies, using captive and wild caught specimens from the field (Costa Rica, Panama, Thailand,
189 and Australia) and the lab (Autumn et al. 2006a; Hagey et al. 2014; Hagey et al. 2016). We used
190 a variety of equipment setups that included powered rotational stages, stepper motors (including
191 Lego Mindstorm motors), and manual rotational stages. To measure angle of toe detachment,
192 live non-sedated lizards were suspended via the toe pad of a single rear toe from a vertical glass
193 microscope slide (Video links in Supplemental Material; Autumn et al. 2006a; Hagey et al. 2014;
194 Hagey et al. 2016). Variation in performance across toes has not been previously investigated
195 and so we strived to always test similar toes. Our trials alternated between the longest left and
196 right rear toes, or the center rear toes if all rear toes were similar in length. Using a single toe
197 eliminated confounding forces that would be generated by multiple toes acting in opposing
198 directions. During each toe detachment trial, the glass substrate was initially vertical with the
199 animal's toe pad generating friction relative to the substrate (and likely little adhesion *i.e.*, force
200 perpendicular and towards the glass). The glass substrate was then slowly inverted. When this
201 occurred, the setal shaft angle increased, generating adhesion and friction relative to the glass. At
202 the angle of toe detachment, the maximum ratio of adhesion to friction that the toe pad was
203 capable of generating was exceeded, and the animal fell onto a cushioned pad (see Fig. 1 and
204 video links in Supplemental Material). Toe-pad area has previously been shown to correlate with
205 the amount of friction generated by anole toe pads (Irschick et al. 1996), presumably due to the
206 fact that larger pads have more setae interacting with the substrate. This relationship has not been
207 investigated regarding toe detachment angle. While we would not predict toe-pad area to
208 correlate with toe detachment angle, due to the fact that detachment angle is weight independent
209 and likely related to setal morphology (Autumn et al. 2006a) and not the absolute number of
210 setae contacting the surface, this relationship still requires evaluation.

211 Our performance observations included measurements of over 250 individual lizards
212 from 59 species (13 species of anoles and 46 species of geckos; Fig. 3; see Supplemental
213 Material). Our dataset had a minimum of two observations per individual and maximum of 49,
214 with a mean of 9.1 observations per individual. We collected five or more observations from
215 91% of the individuals sampled. Observations from each individual lizard were fit to a Weibull
216 distribution, which is often used in “time-to-failure” analyses (McCool 2012). The Weibull scale
217 parameter, with standard error, was then estimated, representing each individual’s detachment
218 angle (Hagey et al. 2016). To produce a mean value for each species, we calculated a weighted
219 average using each individual’s estimated Weibull scale value, weighting by the inverse of its
220 estimated standard error. In six of our 59 focal species, we did not record individual identity for
221 each performance trial; therefore we estimated performance of these species as if all observations
222 were from a single individual (see Table S.1).

223

224 *Modeling trait evolution*

225 We performed all trait evolution analyses using untransformed performance data.
226 Natural-log transforming our data would artificially emphasize differences between small
227 detachment angles and reduce differences between large detachment angles. Our initial analyses
228 fit single and multi-regime BM and OU models of trait evolution via a maximum likelihood
229 approach with the use of *a priori* assigned clades using the R package OUwie (Beaulieu et al.
230 2012). We also conducted analyses not requiring *a priori* clade assignments using the R
231 packages AUTEUR (Eastman et al. 2011), fitting multi-regime BM models, and SURFACE
232 (Ingram and Mahler 2013), fitting multi- θ OU models (See Supplemental Material). In our
233 OUwie analyses we considered seven models in total, including species mean errors. Our two
234 simplest models were a Brownian motion model (BM1) and an Ornstein-Uhlenbeck model
235 (OU1) that each fit a single set of parameters. Our other five models fit unique parameter values
236 in various combinations to the gecko and anole clades. The decision to assign unique parameter
237 values to anoles and geckos followed the results obtained from our ancestral state reconstruction,
238 with anoles and geckos representing independent origins of toe pads, although we note that other
239 studies have suggested multiple independent origins within geckos (see Introduction and
240 Discussion). We fit the following models: a BM model with variable evolutionary rates (σ^2) and
241 single root value (BM σ^2), an OU model with single α and σ^2 parameter value and different

242 optima (θ) values (OU θ), an OU model with a single α but multiple rate (σ^2) and optima (θ)
243 parameter values (OU $\sigma^2\theta$), an OU model with a single σ^2 but variable α and θ values (OU $\alpha\theta$),
244 and a OU model (OU $\sigma^2\alpha\theta$) in which all three parameters, σ^2 , α , and θ , varied (Table 1; Beaulieu
245 et al. 2012). We then compared the fit of our seven models using AICc weights based on relative
246 model likelihoods (Table 1; Burnham and Anderson 2002).

247 The models we have described so far can sometimes rely on unrealistic assumptions.
248 These models estimate a trait value at the root, which is the phylogenetic weighted mean of tip
249 states for our BM1 and OU1 models. In our case, toe pads have had multiple origins, with the
250 backbone of the squamate phylogeny likely lacking toe pads. Our model assumptions regarding
251 performance at the root of the tree, the most recent shared common ancestor of geckos and
252 anoles, is inferred to have a performance that is near the average of geckos and anoles. This is
253 almost surely in error. Incorrect root-node trait values can affect parameter estimate values and
254 fit comparisons; for example, by allowing less change and/or a weaker α parameter value,
255 mimicking Brownian Motion. To incorporate ancestral state information, we fit a set of BM and
256 OU models that assumed independent origins for geckos and anoles using modified likelihood
257 functions from the R packages *bayou* and *geiger* (Harmon et al. 2008; Pennell et al. 2014; Uyeda
258 and Harmon 2014). We considered the lack of toe pads to have a performance value of 0° . Both
259 the gecko and anole clades were assigned a root state of 0° and shifted to an OU or BM process
260 model along their respective stem branch, with the timing of the initiation of the OU or BM
261 model being allowed to vary along the branch, before diversification. When considering the
262 likely evolution of setae from spinules, these simple early structures likely initially generated
263 friction with little adhesion, which would result in a low detachment angle with higher
264 detachment angles likely being achieved after the evolution of more complex setae (see
265 Discussion). As a result, our assignment of detachment angles of 0° to padless species and the
266 assumption that recently evolved toe pads have performance near zero is supported from a
267 biomechanical and evolutionary point of view.

268 Stem branch dates were taken from the Pyron and Burbrink (2013) phylogeny. For
269 geckos, the timing of the shift to an OU or BM process was constrained to occur between 168.8
270 mya (the timing of the divergence of geckos from other lizards) and 82.3 mya (the ancestral node
271 of Gekkota). For anoles, the timing of the shift was constrained between 76.3 mya (the
272 divergence of anoles from Corytophanidae) and 44.1 mya (the ancestral node of *Anolis*). We

273 again considered single and multi-regime models of BM and OU, constraining our OU models to
274 a maximum θ value of 90° (no species has been observed sticking to a surface with one toe
275 beyond an angle of 45°). A total of 9 models incorporating ancestral information were
276 considered (models denoted by an asterisk, Table 1). We did not exhaustively fit all possible
277 combinations of models, but instead let the results of earlier analyses guide our choices: BM with
278 a shared σ^2 for both geckos and anoles (*BM1), Single-optimum OU with shared α and σ^2
279 parameters (*OU1), Brownian motion with a trend and shared mean, σ^2 , and μ parameter, where
280 μ describes the rate of the trend (*BMT), Brownian motion with a trend and shared σ^2 , but
281 different trend (μ) parameters for each clade (*BMT μ), an OU model with separate θ for each
282 clade (*OU θ), OU with separate α and θ for each clade (*OU $\alpha\theta$), OU with separate σ^2 and θ for
283 each clade (*OU $\sigma^2\theta$), OU with separate α , σ^2 , and θ for each clade (*OU $\sigma^2\alpha\theta$), and lastly a BM
284 model with a trend fit to geckos and an OU model fit to anoles (*BMT_G-OU_A). We computed
285 AIC scores and AIC weights for each model using maximum likelihood optimization to evaluate
286 which model was best supported by our data (Table 1). To supplement these analyses assuming
287 one origin of toe pads within geckos, we also conducted a set of limited analyses assuming two
288 origins of toe pads within Gekkota (see Supplemental Material).

289 In addition to this likelihood analysis, we fit the full *OU $\sigma^2\alpha\theta$ model using a Bayesian
290 implementation in *bayou* (denoted *OU $\sigma^2\alpha\theta$ _{Bayesian} in Table 1). By considering our most complex
291 model, we can compare posterior probabilities for inferring differences in parameters between
292 clades. We set the following priors on the parameters: $\alpha \sim$ half-Cauchy(scale = 0.1), $\sigma^2 \sim$ half-
293 Cauchy(scale = 0.1), $\theta \sim$ Uniform(min = 0, max = 90). Shift locations were given uniform priors
294 over the length of the stem branches for geckos and anoles. We ran four chains for 1,000,000
295 generations and discarded the first 30% of the samples as burn-in. We then combined all the
296 chains and estimated the median and 95% highest posterior density (HPD) interval for each
297 parameter value.

298 For use in our comparative modeling, we modified the Pyron and Burbrink (2013)
299 phylogeny by removing unsampled taxa. In a few cases we replaced closely related unsampled
300 taxa with taxa for which we had performance measurements. We replaced *Afroedura karroica*
301 and one of the closely related *Geckolepis* species with *A. hawequensis* and *A. loveridgei*,
302 possibly overestimating the divergence between our two sampled *Afroedura* species. We also

303 had performance observations from the recently described *Oedura bella*, substituting it for the
304 closely related *O. gemmata* (Oliver et al. 2012; Oliver and Doughty 2016).

305

306 **Results**

307 Regarding our reconstruction of the number of independent origins of toe pads, our posterior
308 sample of transition matrices had negligible autocorrelation for all parameters and high effective
309 sample sizes, indicating convergence and adequate mixing. Transition rates were estimated to be
310 highly asymmetric, with losses of toe pads occurring at rates an average of 16.8 times faster than
311 gains (95% HPD 3.2 – 41.1). Our reconstruction favored three origins in squamates (geckos,
312 anoles, and skinks, Fig. 2) but we were unable to rule out multiple origins within geckos. Within
313 geckos, our reconstruction favored a single origin (53% of posterior reconstructions), followed
314 by two origins (30%), with only 4% of reconstructions having three or more origins within
315 geckos. 13% of our reconstructions contained no origins within geckos, modeling the root of
316 squamates as having pads. It is worth noting that we observed some reconstructions in our
317 posterior sample with transient assignments, in which toe pads transitioned from absent to
318 present, back to absent along a single branch, generating no overall change but possibly inflating
319 the number of origins we observed. In addition, we observed an origin of toe pads in the branch
320 leading to *Hemidactylus* in 33% of our posterior reconstructions, complementing previous
321 studies of toe pad origins in geckos (Fig. 2; Gamble et al. 2012).

322 We conducted a Shapiro-Wilk test of normality and found our performance data to not be
323 significantly different from than expected for a normal distribution ($W = 0.98$, $p = 0.32$). We
324 found toe detachment angle to vary widely across padded lizards (Fig. 3, Table S.1), ranging
325 from 15° to over 40° . When we consider detachment angle among clades, we note detachment
326 angle in anoles ranged from 15.7° to 23.3° ; lower than in most gecko species. Gekkonid and
327 phyllodactylid geckos showed the greatest variation, with detachment angles ranging from 23.4°
328 to 40.5° (Fig. 3, Table S.1). Diplodactylid geckos exhibited intermediate performance between
329 anoles and the gekkonids and phyllodactyls, exhibiting detachment angles between 15.0° and
330 30.1° (Fig. 3, Table S.1).

331 Considering our trait evolution analyses, our OUwie results did not find clear support for
332 one particular model of trait evolution (Table 1). We found support for a single-rate BM model
333 (BM1, AICc weight of 0.35) with weaker support for an OU model with clade specific σ^2 , α , and

334 θ values, ($OU\sigma^2\alpha\theta$ model, AICc weight of 0.19). When we examine our $OU\sigma^2\alpha\theta$ model
335 parameter estimates, geckos were modeled under an OU model with a very small α value
336 (2.1×10^{-9}), large σ^2 (3.6), and distant θ (> 1000), which converges towards BM with a trend
337 (Table 1). It is worth noting again that these models assume unrealistic ancestral states, with a
338 phylogenetic mean performance value for the ancestor of geckos and anoles, which almost
339 certainly did not have toe pads.

340 For our custom models of trait evolution, which improved upon our OUwie analyses by
341 incorporating constrained root state and timing of parameter shifts, our best fitting model was
342 one in which geckos evolved under a BM model with a trend, and anoles evolved under an OU
343 model (* BMT_G-OU_A , AIC weight = 0.37; Fig. 4), followed closely by a global Brownian Motion
344 with a trend model (* BMT , AIC weight = 0.35; Table 1). The third best-fitting model assigned
345 unique μ values to geckos and anoles (* BMT_μ , AIC weight = 0.18). When independent OU
346 models are fit to geckos and anoles, the estimate for phylogenetic half-life in the gecko clade is
347 208.2 million years with an estimated θ of 90° (the maximum allowable performance value),
348 compared to the short half-life estimated for anoles of 0.33 million years and a θ of 19.4° .
349 Support for a BM model with a trend in geckos is indicative of very little statistical signal for
350 bounded evolution, a surprising result given the bounded nature of performance space
351 (detachment angle being constrained between 0° and 90°). This result is supported when
352 assuming one or two origins in Gekkota (see Supplemental Material). By contrast, there is
353 support for an OU model in anoles, in which anoles are very near their estimated θ value and
354 have a very rapid phylogenetic half-life. However, possibly due to the limited sampling of *Anolis*
355 species in our dataset (14 species), the * BMT and * BM_G-OU_A models are roughly equivalent
356 when accounting for the fact that the * BMT model has only four parameters, while the * BM_G-
357 OU_A model has seven.

358 Considering our * $OU\sigma^2\alpha\theta_{Bayesian}$ model, although we observed overlap among parameters
359 estimated for geckos and anoles, the results again suggest that the phylogenetic half-life for
360 anoles is shorter than that of the geckos, with anoles much closer to their θ value, whereas gecko
361 evolution is relatively unconstrained (Fig. 5; Table 1). All parameter estimates reached
362 stationarity and had effective sizes of over 200 and were similar to maximum likelihood
363 estimates (Table 1).

364

365 **Discussion**

366 Our ancestral state reconstruction favored a single origin of toe pads within geckos, which is
367 significantly fewer than previous work (Gamble et al. 2012), although we cannot rule out
368 multiple origins (see Gamble et al. 2017). We also found toe detachment angle to be highly
369 variable across species of padded lizards (14° to 40° , see Supplemental Material) and evidence
370 supporting our hypothesis that independent toe pad origins would exhibit different tempos and
371 modes of performance evolution. There was no evidence of substantial constraints on the
372 evolution of gecko adhesive performance. In fact, we found consistent support for an
373 unconstrained model of trait evolution in geckos, which indicates adhesive performance in
374 geckos has evolved with ample evolutionary opportunity and few constraints. Conversely, anole
375 performance appears to be limited to relatively low angles of toe detachment, suggesting strong
376 constraints, consistent selection, or limited ecological opportunity.

377

378 *Independent Origins of Toe Pads*

379 Many previous studies have contributed to our understanding of independent toe pad origins
380 within geckos (Underwood 1954; Haacke 1976; Russell 1976; Russell 1979; Irschick et al. 1996;
381 Russell 2002; Higham et al. 2015; Russell et al. 2015; Higham et al. 2016), with recent studies
382 suggesting between one (Harrington and Reeder 2017) and 11 origins (Gamble et al. 2012),
383 including origins in the Phyllodactylidae family and on the stem of *Hemidactylus*. This is still a
384 very active area of research (Gamble et al. 2017). Our reconstruction suggested a single origin at
385 the base of geckos, although we did find some evidence suggesting *Hemidactylus* may represent
386 an independent origin of toe pads within Gekkota (see Results, Fig. 2, and Supplemental
387 Material), complementing results from Gamble et al. (2012), despite topological differences
388 between the Gamble et al. (2012) and Pyron and Burbrink (2013) phylogenies regarding genera
389 closely related to *Hemidactylus* (see Title and Rabosky 2016 regarding the use of
390 macrophylogenies in comparative analyses). In our analyses assumed the inferred rate of gains
391 and losses applied across Squamata, Gamble et al. (2012) made a similar assumption while only
392 considering geckos. This difference in scope may explain the discrepancy between our two
393 studies. While neither our study nor the Gamble et al. (2012) study allowed the rate of pad gain
394 or loss to vary across the tree, some clades may be predisposed to evolving or losing adhesive toe
395 pads, resulting in clade-specific rates of gain or loss. There are multiple distantly related genera

396 of geckos that exhibit adhesive structures on the tips of their tails strikingly similar to those on
397 their toes such as *Lygodactylus* in the Gekkonidae family and New Caledonia and New Zealand
398 genera in the Diplodactylidae family (Bauer 1998). These independent origins of adhesive tail
399 pads may suggest that geckos are predisposed to evolve adhesive pads, possessing easily co-
400 optable developmental pathways as compared to other lizards.

401 In addition, if toe pad state is correlated with diversification rate, this may impact
402 ancestral reconstruction results (Maddison 2006). Gamble et al. (2012) found toe pads to be
403 associated with slightly higher rate of diversification, although this was not the case for Garcia-
404 Porta and Ord (2013). Considering state-correlated diversification rate alongside an ancestral
405 state reconstruction, Harrington and Reeder (2017) concluded a single origin of toe pads using a
406 ‘hidden states’ binary-state speciation and extinction model (Maddison et al. 2007; Beaulieu et
407 al. 2013; Beaulieu and O'Meara 2016), although Gamble et al. (2017) dispute these results due to
408 potentially high Type 1 error rates (Davis et al. 2013; Maddison and FitzJohn 2015; Rabosky and
409 Goldberg 2015). Future studies may want to consider incorporating character-state correlated
410 diversification information into ancestral state reconstructions using the recently published
411 nonparametric FiSSE (Fast, intuitive, State-dependent, Speciation-Extinction) approach
412 (Rabosky and Goldberg 2017; Zenil-Ferguson and Pennell 2017).

413 When considering other lines of evidence such as the variation in toe hyperextension
414 anatomy within geckos (Russell 1979), it is likely that the true number of origins within geckos
415 lies somewhere between one and many (Gamble et al. 2017). Future studies investigating the
416 origins of adhesive toe pads in lizards will benefit from considering multiple lines of evidence
417 (Gamble et al. 2017). The adhesive toe pads of lizards vary in toe pad shape, spinule/seta
418 morphology, skin-to-bone digital tendon system characteristics (Russell 2002), and the
419 presence/absence of internal blood sinuses and paraphalanges (Russell 1976; Russell and Bauer
420 1988; Gamble et al. 2012). The presence of epidermal spinules may predispose lizards to express
421 adhesive setae, with epidermal spinules having likely evolved into adhesive setae (Maderson
422 1970; Stewart and Daniel 1972; Russell 1976; Peterson 1983; Peattie 2008). Epidermal spinules
423 appear to be common across geckos and other lizards, including Chamaeleonidae, Iguanidae,
424 Leiocephalidae, and Polychrotidae (Maderson 1964; Ruibal 1968; Maderson 1970; Stewart and
425 Daniel 1975; Peterson 1984; Bauer and Russell 1988; Irish et al. 1988; Peattie 2008; Vucko
426 2008). Russell et al. (2015) provide a stunning example in *Gonatodes*, highlighting variation in

427 both setal and toe pad morphology suggesting that *Gonatodes* may represent an example of
428 elongated spinules and enlarged ventral scales performing as a friction-generating pad.

429

430 *Trait Evolution*

431 We used angle of toe detachment as a measure of adhesive performance because it has a well-
432 supported mechanistic basis (Autumn et al. 2006a; Tian et al. 2006), although other metrics exist
433 (Irschick et al. 1996; Irschick et al. 2006; Stark et al. 2012; Crandell et al. 2014). Using this
434 measure of performance, we saw striking differences between our focal clades. Species with the
435 lowest detachment angles (mostly anoles, near 15°) only produce a maximum of 0.27 units of
436 adhesion for one unit of friction, [using $\tan(\text{detachment angle}) = \text{adhesion/friction}$ (Autumn
437 et al. 2006a; Hagey et al. 2014)], whereas our best performing species, with detachment angles
438 over 40°, particular Gekkonidae geckos, can produce up to 0.84 units of adhesion for every unit
439 of friction, over three times as much as our lowest performing species.

440 Our modified models of trait evolution, which relied on results from our ancestral state
441 reconstruction providing evidence that the ancestors of geckos and anoles lacked toe pads, found
442 that gecko performance is well described by a BM with a trend model or a weak OU model with
443 parameters converging towards a BM with a trend (large σ^2 , distant θ , and small α values; Table
444 1; Fig. 4, 5) suggesting adhesive performance in geckos has evolved directionally, yet
445 unbounded. Conversely, our results suggest anoles, which are much younger than geckos,
446 evolved rapidly in a bounded sub-section of performance space, similar to a conventional
447 stabilized OU model (short phylogenetic half-life and a θ value near observed values; Table 1;
448 Fig. 4, 5), but due to our limited sampling of anoles we could not rule out a Brownian Motion
449 with a trend model.

450 These observed differences in performance and evolutionary tempo and mode mirror
451 anole and gecko macro- and micro-adhesive morphology, ecology, and the fossil record. For
452 example, geckos were found to be more variable in adhesive performance (Fig. 3) and also have
453 a much wider range of toe pad shapes, setal morphology (Peattie 2007; Gamble et al. 2012), and
454 ecology as compared to anoles. Geckos live in tropical, arid, and temperate environments on
455 rocks, vegetation, and terrestrial substrates, whereas anoles are generally found in arboreal
456 microhabitats in the Caribbean and South America. Mainland anoles have more detachment
457 angle diversity as compared to Caribbean anoles. These differences may be related to mainland

458 and Caribbean lizard community structure and ecological opportunity (Macrini et al. 2003; Losos
459 2009). As a result, geckos may be evolving within many different adaptive zones, while the
460 limited variation in the ecology of anoles may be driving them towards one or a few adaptive
461 zones without selecting for novel adhesive morphology. Further work exploring the relationship
462 between adhesive performance and habitat use of padded lizards is also crucial to place
463 performance reported here in an ecological context. Conversely, the evolvability of the gecko
464 and anole adhesive systems may be a driving factor, allowing geckos to diversify extensively,
465 and limiting anole toe pad shape, setal morphology, or performance and hence limiting them to
466 one or few adaptive zones. Our trait modeling results also complement studies of the fossil
467 record. Studies of trait evolution can sometimes underestimate ancestral trait diversity (Mitchell
468 2015), but recent fossil evidence from anoles preserved in amber suggests a model in which
469 anoles rapidly evolved their current phenotypes, with anole ecomorphs having changed little
470 since the Miocene (Sherratt et al. 2015). The gecko fossil record is unfortunately less informative
471 (Daza et al. 2014; Daza et al. 2016).

472
473 Our results provide an example of convergent traits evolving under different evolutionary
474 histories, highlighting the importance of considering macroevolutionary dynamics to infer
475 historical contingency and ecological opportunity during adaptation and evolution and
476 considering the evolution of performance instead of morphological traits. Despite our results
477 detailing strong evolutionary constraints on anole evolution that we did not find in geckos, there
478 remain many open questions as to how lizard adhesive toe pads have evolved, how they work,
479 and how they are used in the wild. Our results highlight the need to conduct more biomechanical,
480 ecological, and developmental studies of padded lizards with an explicit consideration of their
481 origins. Our results also illustrate the value in incorporating additional information into
482 comparative phylogenetic methods. Without the use of our modified *bayou* model, we would not
483 have identified differences between the evolution of performance in geckos and anoles and we
484 strongly encourage researchers to investigate their model assumptions.

485

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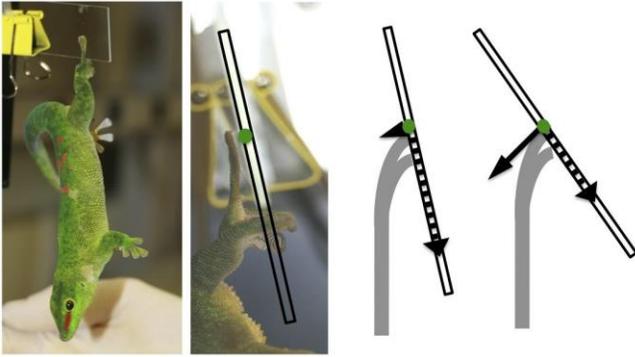
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499 **Data Accessibility**

500 See Supplemental Material

501

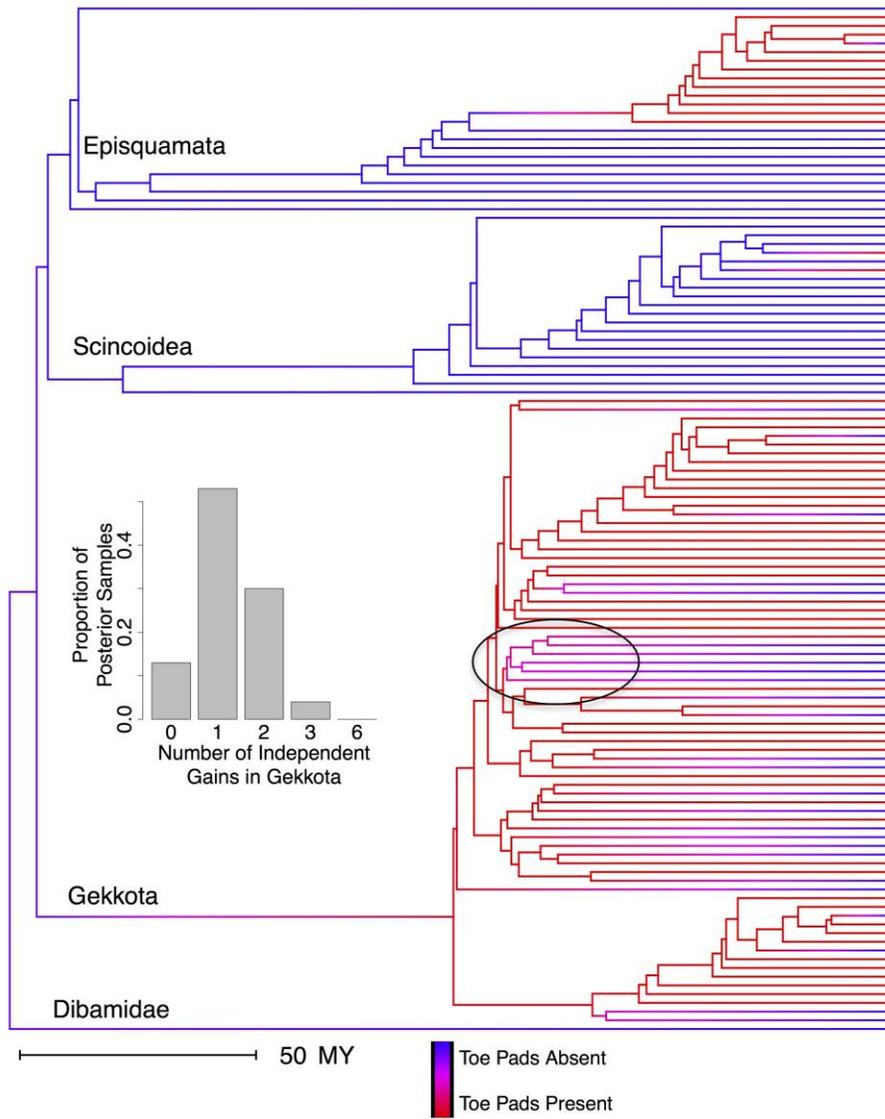
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504 Figure 1. Angle of Toe Detachment Assay. To quantify toe detachment angle, a pad bearing
505 lizard is suspended from a glass microscope slide by a single rear toe (left images). When the
506 glass substrate is near vertical, the lizard's toe pad, and hence setae, are predominantly
507 generating friction relative to the substrate (see right images, seta illustrated in gray, friction
508 illustrated as dotted arrows). As the substrate is slowly inverted, the setae generate relatively less
509 friction and more adhesion (see far right image, adhesion illustrated as solid arrow). At the angle
510 of toe detachment, the setae can no longer maintain the proper orientation with the substrate to
511 remain attached and the animal falls onto a cushioned base (see video links in Supplemental
512 Material). As a result, the angle of toe detachment quantifies the maximum amount of adhesion,
513 relative to friction, generated. Image modified from Hagey et al. (2014).

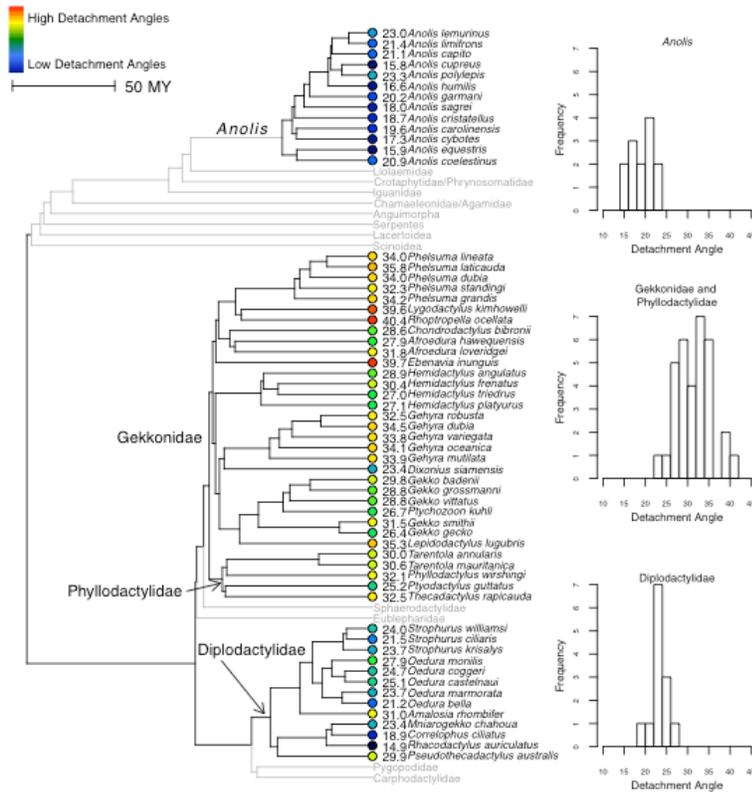
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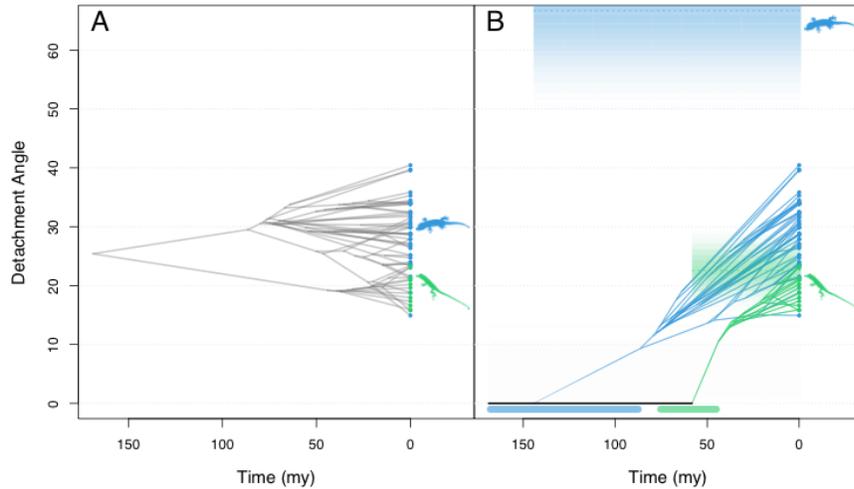
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517 Figure 2. Toe Pad Ancestral State Reconstruction. We reconstructed the presence (red) and
518 absence (blue) of adhesive toe pads across Squamata. We predicted toe pads likely evolved once
519 within geckos, with many losses. The embedded histogram highlights the number of independent
520 origins within Gekkota across our posterior sample of reconstructions (see Methods). Some of
521 the reconstructions in our posterior sample yielded independent origins of toe pads in the stem
522 leading to *Hemidactylus* (see Results). The root of the clade containing *Hemidactylus* is circled.
523 For tip names see Supplemental Material.

524



525
 526 Figure 3. Phylogeny of Focal Padded Species with Performance Data. We quantified toe-
 527 detachment angle across 46 species of geckos and 13 species of anoles. Colored circles and
 528 numbers at the tips of the phylogeny represent each species' estimated detachment angle.
 529 Warmer colors represent higher detachment angles. We display prominent non-padded lizard
 530 groups to emphasize the evolutionary distance between anoles and geckos and to highlight the
 531 fact that not all families of geckos have toe pads (Carphodactylidae and Eublepharidae lack pads,
 532 Pygopodidae lacks limbs). Sphaerodactyls do possess adhesive toe pads, but we did not quantify
 533 their performance. Histograms to the right of the phylogeny illustrate the observed variation in
 534 performance within anoles, diplodactyls, and gekkonids and phyllodactylids. We found *Anolis*
 535 lizards to have the lowest detachment angles, followed by diplodactylids. Gekkonids and
 536 phyllodactylids had the highest and broadest range of detachment angles.
 537



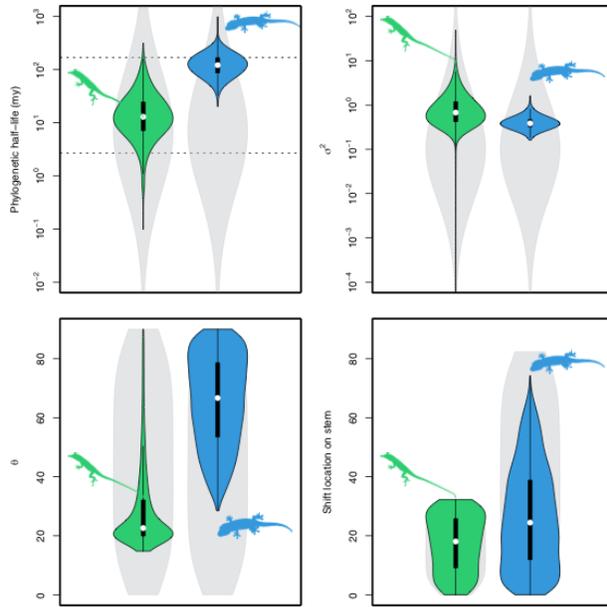
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540 Figure 4. Ancestral state reconstructions using a single-regime BM model (A) and the median
 541 posterior parameter estimates for the $OU\sigma^2\alpha\theta_{\text{Bayesian}}$ model (B) in *bayou*, which assumes
 542 independent origins of toe pads geckos and anoles. Anole data are displayed in green and gecko
 543 data in blue. B) median parameter estimates for the OU target value are indicated by colored
 544 dotted lines within the shaded bands indicating the expected densities of the stationary
 545 distributions. Horizontal bars below the X-axis indicate the constrained shift regions. Note the
 546 median predicted ancestral performance in plot A is estimating a toe detachment angle of
 547 approximately 25° for the shared ancestor of geckos and anoles, which likely lacked toe pads.

548 See Supplemental Material for additional analyses assuming two origins of toe pads in Gekkota.

549



550
551

552 Figure 5. Posterior distributions from the $*OU\sigma^2\alpha\theta_{\text{Bayesian}}$ model. Anole data are displayed in
 553 green on the left of each plot. Gecko data are in blue on the right of each plot. White dots
 554 indicate median estimates for each parameter while black rectangles and whiskers indicate
 555 quartiles of the distribution. Gray violin plots indicate the prior distribution. The upper dotted
 556 line on the phylogenetic half-life plot indicates the root age of the Squamata phylogeny
 557 corresponding roughly to the value at which the OU model approaches a Brownian Motion
 558 model. The lower dotted line represents the value of phylogenetic half-life at which no two
 559 species in either phylogeny would have more than a 0.05% phylogenetic correlation, *i.e.*, the
 560 values at which our model simplifies into a white-noise model with independent, identically
 561 distributed trait values with no effect of phylogeny.

562
563

OU-like Models	AICc Weights	Parameter Values			
		Root	σ^2	$\ln(2)/\alpha$	
BMI	0.35	25.5	0.28		
OU σ^2 a0	0.19	9	σ^2	$\ln(2)/\alpha$	Anoles
		19.0	0.46	22.2	Geckos
OU0	0.13	>99.0	3.56	>1000	
		9	σ^2	$\ln(2)/\alpha$	Anoles
BMs ²	0.12	19.0	0.33	161.7	Anoles
		32.7			Geckos
OU1	0.12	Root	σ^2		Anoles
		25.5	0.28	>1000	Geckos
OUa0	0.05	9	σ^2	$\ln(2)/\alpha$	Anoles
		18.9	0.42	106.8	Geckos
OUa ² b	0.05	43.6		390.4	
		9	σ^2	$\ln(2)/\alpha$	Anoles
		18.9	0.29	114.0	Geckos
		32.4	0.39		

BAYOU Models	AICc Weights	Parameter Values					
		Root θ	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
*BMT _{CT} -OU ₂	0.37	19.4	29.7	0.3	--	32.2	Anoles
		0.0	0.27	--	0.35	82.3	Geckos
*BMT	0.34	Root	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		0.0	0.27	--	0.34	25.4	Anoles
						82.3	Geckos
*BMT _U	0.18	Root	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		0.0	0.27	--	0.43	32.2	Anoles
						82.3	Geckos
*OU σ^2 a0	0.04	9	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		19.4	52.1	0.2	--	22.9	Anoles
		90.0	0.33	208.2		25.6	Geckos
*OU1	0.04	9	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		90.0	0.36	117.6	--	18.3	Anoles
						49.9	Geckos
*OU0	0.02	9	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		90.0	0.36	117.6	--	18.3	Anoles
		90.0				49.9	Geckos
*OUa0	0.01	9	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		90.0	0.41	2.5	--	21.4	Anoles
		90.0		98.9		55.3	Geckos
*OUa ² b	0.01	9	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		90.0	0.30	98.9	--	21.4	Anoles
		90.0	0.41			55.3	Geckos
*BMI	0.00	Root	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		0.0	0.59	--	0.00	0.0	Anoles
						0.0	Geckos
*OU σ^2 a0 _{Bayou}	--	9	σ^2	$\ln(2)/\alpha$	μ	Shift Time	
		22.6	0.68	12.9	--	18.1	Anoles
		(17.2, 61.1)	(0.00, 3.08)	(0.1, 65.4)		(1.9, 32.2)	
		66.7	0.39	121.5		24.5	Geckos
		(39.2, 90.0)	(0.22, 0.66)	(37.1, 247.7)		(0.0, 57.2)	

565 Table 1. Model of Trait Evolution Fits and Estimated Parameters. We evaluated multiple models
566 of trait evolution using the OUwie, and *bayou* packages. We ascribed model names based on
567 their use of a BM or OU procedure followed by parameters that were allowed to vary across
568 clades. We display AICc weights and parameter estimates for each model we considered, sorted
569 by their AICc weights. The models considered in our *bayou* analyses all incorporated constraints
570 (denoted by asterisks) limiting the trait value to 0° prior to the stem branches leading to geckos
571 and anoles. We report the predicted timing of the origins of toe pads in geckos and anoles (Shift
572 Time) in millions of years since the split of the stem segregating the clade from the rest of the
573 phylogeny. OU α values are displayed as phylogenetic half-life values ($\ln[2]/\alpha$) in millions of
574 years. Our *bayou* Brownian Motion models also include root parameter values illustrating the
575 trait value at the root of the phylogeny. In BM models lacking a trend, in which the μ parameter
576 is zero, the root parameter value is also the clade mean. The μ parameter represents the expected
577 change in trait over time. Lastly, results from our *OU $\sigma^2\alpha\theta_{\text{Bayesian}}$ model included estimated
578 medians and 95% highest posterior density (HPD) intervals for each parameter, indicated in
579 parentheses under each value, displayed in the last row of the table.

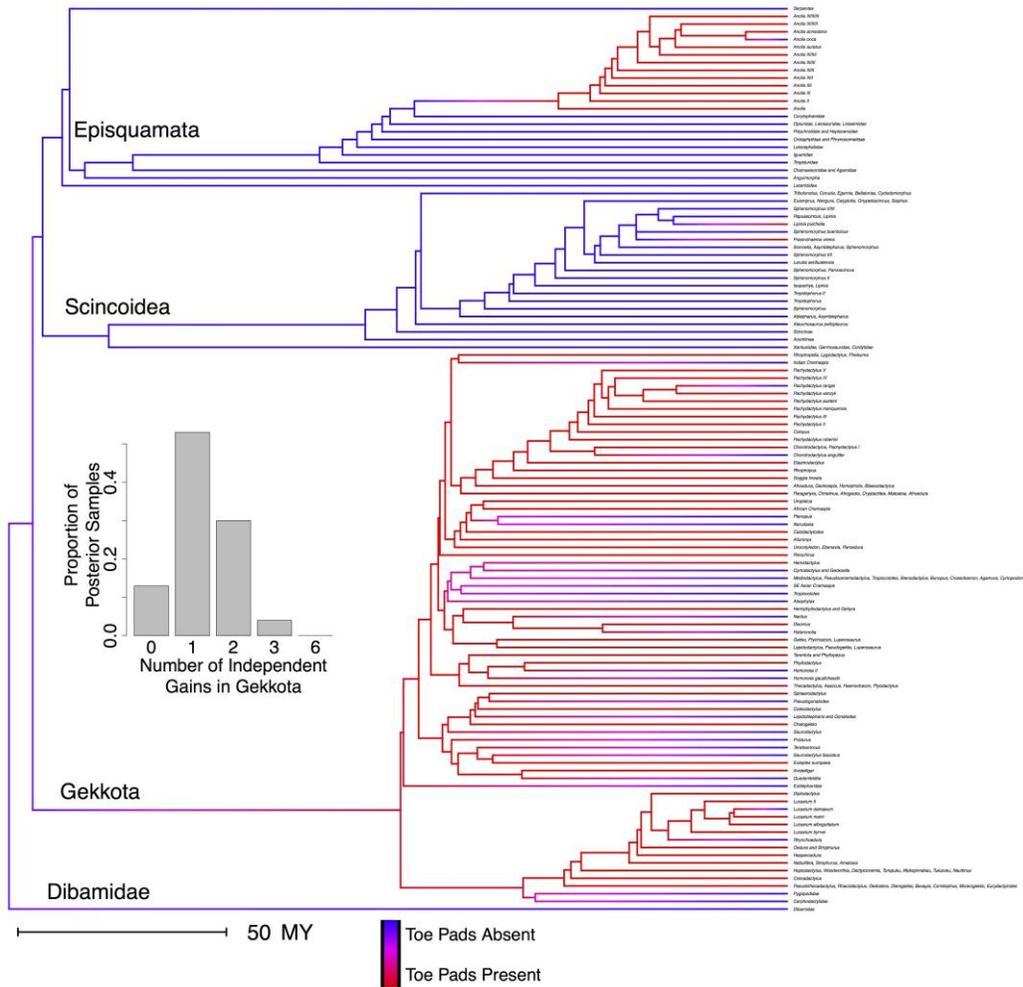
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581 **Supplemental Material**

582 Here we provide additional information including species level data, links to performance assay
 583 videos, additional results, and a description of how we measured performance in the field using
 584 purpose-built equipment.

585
 586 File S.1. A .xlsx file listing our toe pad presence/absence assignments for all 4162 tips in the
 587 squamate phylogeny from Pyron and Burbrink (2013).

588



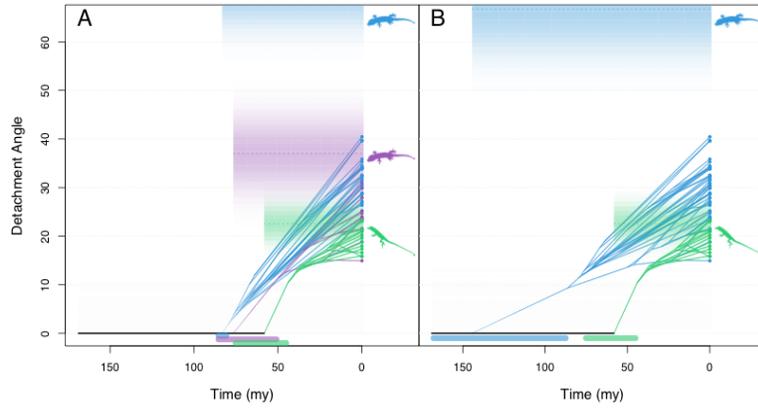
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 590 Figure S.1 Ancestral State Reconstruction with Tip Names (see Figure 2, Methods, and Results
 591 for additional information)

592

593 *Modeling Trait Evolution Assuming Two Origins of Toe Pads within Gekkota*

594 In addition to analyses assuming a single origin of toe pads within geckos, we considered an
595 additional set of limited analyses assuming two independent origins of toe pads within Gekkota,
596 one origin at the base of the Diplodactylidae family and a second at the base of the
597 Phyllodactylidae and Gekkonidae clade. Our primary goal with these analyses was to determine
598 whether two origins (which received some support in our reconstruction of toe pad evolution)
599 changed our primary conclusions —namely, that Gekkota evolved under BM-like evolution with
600 a trend with limited evidence of constraint.

601 Models fit to two-origin scenarios recover very similar dynamics, with Brownian motion
602 with a trend being preferred over an OU model (AICs: BM with a trend = 264.3; OU = 296.3).
603 Furthermore, even when an OU model is fit to our two gecko clades, they recover very BM-like
604 dynamics with long phylogenetic half-lives (Gekkonidae/Phyllodactylidae = 136.7 my;
605 Diplodactylidae = 193.0 my). Furthermore, we find little evidence for unique dynamics between
606 the two putative origins (AICs: OU shared parameters = 297.4; OU independent parameters =
607 296.3), suggesting that the two gecko clades generally evolve under similar dynamics. We
608 visualized our analysis by fitting the OU model described above in a Bayesian framework (left
609 plot) with separate origins for Diplodactylidae (purple) and other Gekkonidae/Phyllodactylidae
610 (blue). Both clades had long half-lives (Gekkonidae/Phyllodactylidae median = 91.5 my;
611 Diplodactylidae median = 64.8 my) and distant optima (Gekkonidae/Phyllodactylidae median
612 [95%CI] = 67.6° [33.3° , 88.8°]; Diplodactylidae median [95%CI] = 46.1° [23.5° ,
613 87.3°]). We compared this model to our Bayesian model from the main text (right plot). Note
614 that although BM with a trend was preferred over OU models, OU models with distant optima
615 and long phylogenetic half-lives approximate BM with a trend. As in the main text, we set
616 uniform priors on the location of the optima to be less than or equal to 90° . We conclude that
617 even with multiple origins, the data suggest more gradual and unconstrained trait evolution
618 across the geckos than in the *Anolis* lizards.



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Species	Clade	Species Mean Detachment Angle and Variance	Number of Individuals Observed
<i>Anolis capito</i>	Anolis	21.09 (0.43)	NA
<i>Anolis carolinensis</i>	Anolis	19.62 (0.81)	6
<i>Anolis coelestinus</i>	Anolis	20.89 (0.06)	3
<i>Anolis cristatellus</i>	Anolis	18.71 (0.71)	7
<i>Anolis cupreus</i>	Anolis	15.77 (0.31)	NA
<i>Anolis cybotes</i>	Anolis	17.35 (0.79)	3
<i>Anolis equestris</i>	Anolis	15.91 (0.76)	1
<i>Anolis garmani</i>	Anolis	20.21 (0.44)	1
<i>Anolis humilis</i>	Anolis	16.61 (0.38)	NA
<i>Anolis lemurus</i>	Anolis	23.04 (0.41)	NA
<i>Anolis limifrons</i>	Anolis	21.37 (0.51)	NA
<i>Anolis polylepis</i>	Anolis	23.27 (0.28)	NA
<i>Anolis sagrei</i>	Anolis	17.96 (0.78)	7
<i>Amalasia rhombifer</i>	Diplodactylidae	30.96 (0.33)	6
<i>Correlophus ciliatus</i>	Diplodactylidae	18.85 (0.22)	3
<i>Mniarogekko chahoua</i>	Diplodactylidae	23.43 (0.12)	6
<i>Oedura castelnaui</i>	Diplodactylidae	25.13 (0.80)	4
<i>Oedura coggeri</i>	Diplodactylidae	24.72 (0.02)	4
<i>Oedura marmorata</i>	Diplodactylidae	23.68 (0.82)	4
<i>Oedura monilis</i>	Diplodactylidae	27.87 (0.45)	3
<i>Oedura seba</i>	Diplodactylidae	21.24 (1.76)	1
<i>Pseudothecadactylus australis</i>	Diplodactylidae	29.91 (1.00)	2
<i>Rhacodactylus auriculatus</i>	Diplodactylidae	14.93 (0.54)	2
<i>Strophurus ciliaris</i>	Diplodactylidae	21.54 (0.25)	4
<i>Strophurus krisalys</i>	Diplodactylidae	23.68 (2.02)	7
<i>Strophurus williamsi</i>	Diplodactylidae	24.02 (0.35)	1
<i>Afroedura hawequensis</i>	Gekkonidae and Phyllodactylidae	27.89 (0.31)	6
<i>Afroedura loveridgei</i>	Gekkonidae and Phyllodactylidae	31.77 (0.88)	5
<i>Chondrodactylus bibronii</i>	Gekkonidae and Phyllodactylidae	28.57 (0.41)	3
<i>Dixonius stamensis</i>	Gekkonidae and Phyllodactylidae	23.38 (0.71)	3
<i>Ebenavia inunguis</i>	Gekkonidae and Phyllodactylidae	39.71 (0.08)	4
<i>Gehyra dubia</i>	Gekkonidae and Phyllodactylidae	34.48 (0.31)	8
<i>Gehyra mutilata</i>	Gekkonidae and Phyllodactylidae	33.85 (1.36)	7
<i>Gehyra oceanica</i>	Gekkonidae and Phyllodactylidae	34.15 (1.88)	3
<i>Gehyra robusta</i>	Gekkonidae and Phyllodactylidae	32.50 (0.98)	7
<i>Gehyra variegata</i>	Gekkonidae and Phyllodactylidae	33.84 (0.33)	8
<i>Gekko badenii</i>	Gekkonidae and Phyllodactylidae	29.84 (1.19)	6
<i>Gekko gecko</i>	Gekkonidae and Phyllodactylidae	26.36 (0.14)	13
<i>Gekko grossmanni</i>	Gekkonidae and Phyllodactylidae	28.77 (0.12)	2
<i>Gekko smithii</i>	Gekkonidae and Phyllodactylidae	31.49 (0.97)	5
<i>Gekko vittatus</i>	Gekkonidae and Phyllodactylidae	28.77 (0.62)	2
<i>Hemidactylus angulatus</i>	Gekkonidae and Phyllodactylidae	28.88 (0.43)	4
<i>Hemidactylus frenatus</i>	Gekkonidae and Phyllodactylidae	30.37 (2.04)	4
<i>Hemidactylus platyurus</i>	Gekkonidae and Phyllodactylidae	27.12 (3.35)	9
<i>Hemidactylus triostriatus</i>	Gekkonidae and Phyllodactylidae	26.96 (0.50)	4
<i>Lepidodactylus lugubris</i>	Gekkonidae and Phyllodactylidae	35.29 (0.33)	6
<i>Lygodactylus kimhowelli</i>	Gekkonidae and Phyllodactylidae	39.58 (1.31)	5
<i>Phelsuma dubia</i>	Gekkonidae and Phyllodactylidae	34.02 (0.43)	4
<i>Phelsuma grandis</i>	Gekkonidae and Phyllodactylidae	34.19 (0.16)	5
<i>Phelsuma laticauda</i>	Gekkonidae and Phyllodactylidae	35.85 (0.13)	5
<i>Phelsuma lineata</i>	Gekkonidae and Phyllodactylidae	33.96 (0.21)	5
<i>Phelsuma standingi</i>	Gekkonidae and Phyllodactylidae	32.30 (0.70)	7
<i>Phyllodactylus wishingsi</i>	Gekkonidae and Phyllodactylidae	32.13 (0.61)	4
<i>Ptychozoon kuhli</i>	Gekkonidae and Phyllodactylidae	26.66 (1.85)	2
<i>Ptyodactylus guttatus</i>	Gekkonidae and Phyllodactylidae	25.20 (2.71)	8
<i>Rhinoptropella ocellata</i>	Gekkonidae and Phyllodactylidae	40.45 (0.52)	6
<i>Tarentola annularis</i>	Gekkonidae and Phyllodactylidae	29.97 (1.13)	2
<i>Tarentola mauritanica</i>	Gekkonidae and Phyllodactylidae	30.57 (0.25)	3
<i>Thecadactylus rapicauda</i>	Gekkonidae and Phyllodactylidae	32.53 (0.43)	4

622

623 Table S.1. Performance Observations. Species mean toe detachment angle and variance

624 (displayed in parentheses). The number of individuals tested was not recorded for some species

625 of anoles (number of individuals = NA) and were treated as observations from a single individual

626 in our analyses.

627

628 File S.2 Performance Observations .xlsx file

629

630 Links illustrating our toe detachment assay on YouTube:

631 Far away view: <https://www.youtube.com/watch?v=4EDUi9If-4c>

632 Close up view: <https://www.youtube.com/watch?v=HC-FdtGqv54>

633

634 *AUTEUR and SURFACE Analyses*

635 In addition to our OUwie and modified *bayou* trait evolution analyses, we also considered BM
636 trait evolution using AUTEUR (Eastman et al. 2011), currently within the *geiger* package, and
637 shifts in the OU target parameter θ (assuming α , the strength of pull towards θ , and the rate of
638 diffusion, σ^2 , are shared across clades) using the R package SURFACE (Ingram and Mahler
639 2013). These analyses each require different *a priori* information and use different model fitting
640 approaches. AUTEUR does not require *a priori* clade assignments and uses a reversible-jump
641 MCMC approach to fit multi-regime BM models, allowing either the rate of change (σ^2), mean
642 trait value (θ), or both parameters to vary between clades. We evaluated models with clade
643 specific σ^2 values ($BM\sigma^2$), clade specific θ values ($BM\theta$), and models in which both θ and σ^2
644 could vary ($BM\sigma^2\theta$), all while including species-level trait value error. For each dataset, we
645 conducted two runs, evaluating chain convergence. All of our AUTEUR runs used one million
646 generations, sampling every five hundred generations.

647 The SURFACE package uses a step-wise AIC approach without *a priori* clade
648 assignments, varying the OU parameter θ for different clades until the AIC score can no longer
649 be improved. This package was designed to identify examples of convergence and so the second
650 phase of the analysis condenses previously identified regimes, allowing parameter values to be
651 shared between clades, and reducing the total number of unique parameter sets. We conducted
652 simulations to determine if the model identified by SURFACE contained a significant number of
653 regimes as compared to the number expected by chance under a single-rate BM model. We
654 simulated 500 datasets under BM using our cropped Pyron and Burbrink (2013) phylogeny. We
655 ran each simulated dataset through the forward and backward phases of SURFACE and tabulated
656 the number of regimes observed to generate a null distribution.

657 The results from our AUTEUR analyses, which considered multi-rate and multi-theta BM
658 models, found no significant changes in rate or mean across clades. All six of our runs, varying
659 σ^2 ($BM\sigma^2$), θ ($BM\theta$), or σ^2 and θ concurrently ($BM\sigma^2\theta$) with two replicates each, estimated
660 similar parameter values ($\sigma^2 = 0.29 \pm 0.005$ SE, $\theta = 25.6 \pm 0.03$ SE, see Table below). We
661 display σ^2 and θ parameter estimates for each of our duplicate simulations (denoted as subscript
662 one or two). We concluded that our duplicate runs were converging by comparing σ^2 and θ
663 posterior probabilities of each branch between duplicated runs, finding them to be similar. We
664 also used the Heidelberger and Welch convergence diagnostic, which includes the Cramer-von-

665 Mises statistic and the half-width test. In all of our analyses, the root and log-likelihood
 666 parameters passed both tests. We found effective sizes ranging from 598 to 2104 for our root and
 667 log-likelihood parameters across all our runs, which take into account autocorrelation between
 668 successive MCMC chain samples.

AUTEUR		
Models	σ^2	θ
BM θ_1	0.31	25.5
BM θ_2	0.31	25.5
BM σ^2_1	0.29	25.6
BM σ^2_2	0.29	25.7
BM $\sigma^2\theta_1$	0.28	25.6
BM $\sigma^2\theta_2$	0.29	25.6

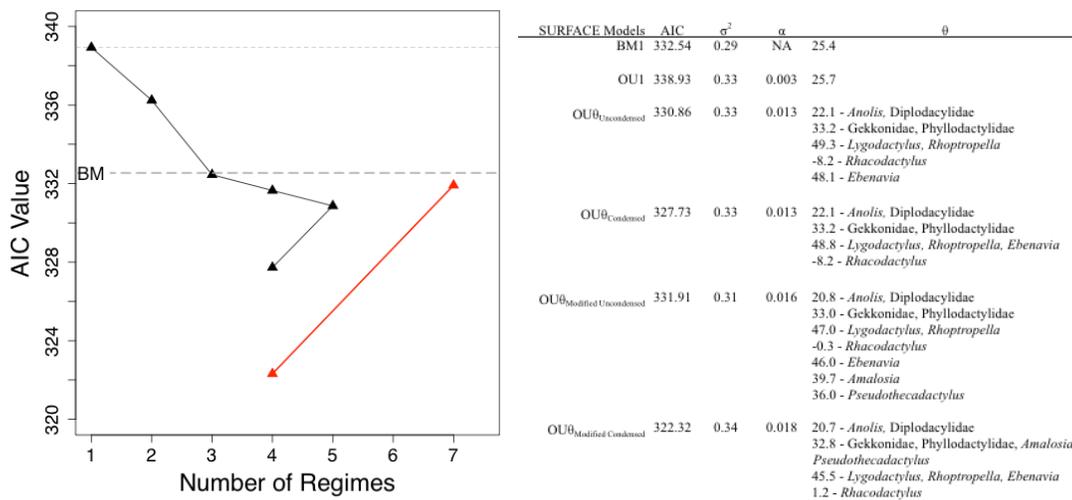
669
 670

671 Our SURFACE analyses originally found a multi- θ OU model with five regimes
 672 condensed into four made up of anoles and diplodactylid geckos, gekkonids and phyllodactylids,
 673 *Rhacodactylus auriculatus*, and three gekkonid species, *Lygodactylus kimhowelli*, *Rhoptropella*
 674 *ocellata*, and *Ebenavia inunguis*. Below we display parameter estimates and AIC scores for
 675 single-regime BM and OU (BM1 and OU1), and uncondensed and condensed models. During
 676 the stepwise SURFACE analysis our model AIC scores dropped as more regimes were added
 677 (black triangles; see Figure and Table below), starting at a single-theta OU model (upper dotted
 678 line, AIC = 338.9), until the analysis settled on a five-regime model (AIC = 330.9), scoring
 679 lightly better than a single-regime BM model (lower dashed line, AIC = 332.5). The analyses
 680 then looked for improvements to the AIC score by condensing regimes. By condensing the two
 681 small regimes within Gekkonidae into one, the AIC score and number of unique regimes were
 682 reduced to four and an AIC of 327.7. Although, when we consider the number of regimes
 683 expected under a single-rate BM model, we see that five regimes with one condensation event
 684 could easily occur by chance. In our 500 simulated datasets under single-rate BM, we found an
 685 average of 5.3 regimes, a mode of five, and a maximum of 11 regimes, with an average of 2.0
 686 convergence events, a mode of two, and a maximum of six convergence events. These
 687 simulations suggest that a multi-theta OU model like the one we observed fitting our data best
 688 may have a low AIC score (327.7), but it is a pattern that can easily appear under a single-rate
 689 BM model (AIC = 332.5).

690 Considering the fact that our SURFACE analyses successfully fit divergent species to
 691 their own regimes (*Rhacodactylus auriculatus*, *Lygodactylus kimhowelli*, *Rhoptropella ocellata*,

692 and *Ebenavia inunguis*), we conducted a further analysis, manually condensing high performing
 693 diplodacylid geckos (*Amalosia rhombifer* and *Pseudothecadactylus australis*) into the gekkonid
 694 regime and recalculated the AIC score for this new, further condensed, model (red triangles; see
 695 Figure and Table below). We found our uncondensed seven-regime model had a higher AIC
 696 (331.9) as compared to the non-condensed five-regime model SURFACE found, yet when we
 697 condensed our modified model into four regimes, its AIC score (322.3) dropped well below the
 698 best condensed four-regime model identified by SURFACE. We believe this model was not
 699 chosen by the initial SURFACE analysis due the stepwise AIC approach SURFACE uses.

700



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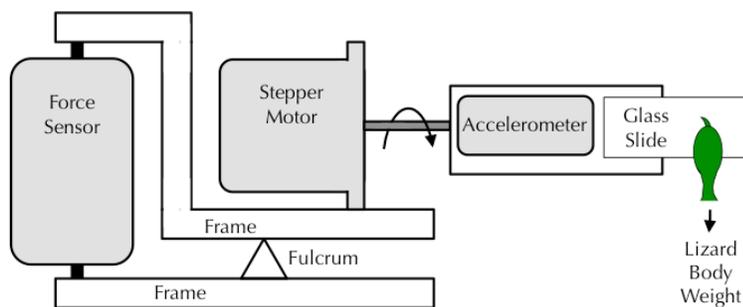
703

704 *Measuring Performance in the Field*

705 Pad bearing lizards with higher detachment angles can likely use highly angled or inverted
706 perches more easily, whereas species with lower detachment angles likely struggle to generate as
707 much adhesion relative to friction and thus may be limited to vertical perches, although toe
708 orientation and foot shape likely play a large role in inverted locomotion. In addition, there may
709 exist a trade-off in high and low detachment angles regarding the production of friction versus
710 adhesion. Species with a high detachment angle likely have setae and spatulae shaped to
711 maintain proper contact with a substrate under high setal shaft angles, producing some amount of
712 both adhesion and friction, but less absolute friction than if the setal shaft angle was near parallel
713 with the substrate, translating the applied force into only friction (also see Pesika et al. 2007).
714 Additional research considering the setal mechanics underlying detachment angle would be
715 necessary to further describe this potential trade-off. In addition, rough surfaces offer a reduced
716 surface area for a padded lizard to attach to, and as a result, higher detachment angles may allow
717 setae to properly attach to the valleys and peaks of a rough surface (Sitti and Fearing 2003;
718 Gillies and Fearing 2014; Gillies et al. 2014).

719 As part of this study, gecko performance was collected in Queensland, Australia using
720 purpose-built equipment consisting of a Pacific Scientific Powermax 1.8° stepper motor (model
721 #P21NRXB-LNN-NS-00), Vernier dual-range force sensor, Vernier three-axis accelerometer,
722 Vernier sensorDAQ data-acquisition interface, and a Phidget bipolar stepper control board
723 (#1063_1). Operation and data collection used a custom LabVIEW program (2011 version
724 11.0.1f2, National Instruments, Austin, TX, USA) running on a Gateway LT series netbook
725 (LT2805u). The frame of our toe detachment equipment was custom-built and acted as a lever
726 with a fulcrum in the center, force sensor at one end, and the lizard suspended from the other end
727 (Fig. S.2).

728



729

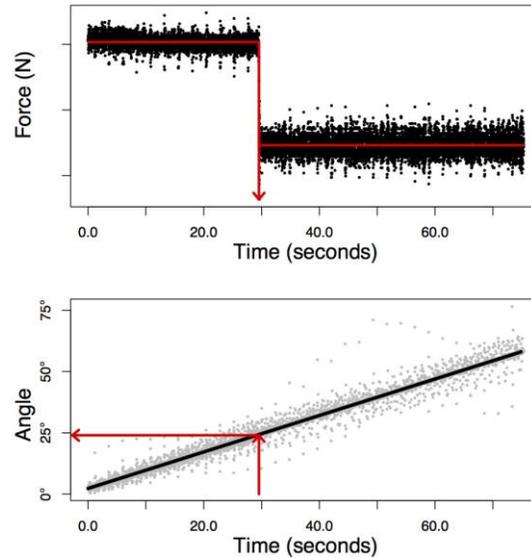
730 Figure S.2. Toe Detachment Field Equipment. We build a field-capable TAD device consisting
731 of a force sensor, stepper motor, and multi-axis accelerometer. The upper frame of our apparatus
732 acts as a lever with the fulcrum, allowing the force sensor (left side of image) to detect when a
733 lizard detaches from the glass (right side of image). Our glass slide and accelerometer were
734 attached to a large flat plate. The accelerometer was positioned to measure acceleration in the Y
735 direction (vertical in our image) and Z direction (perpendicular to the mounting surface, out of
736 the plane of the image, towards the reader).

737

738 An accelerometer, attached to the rotating glass surface, allowed us to determine the angle of the
739 glass surface throughout the course of each trial. Raw toe detachment data consisted of three
740 variables recorded over the course of each trial (acceleration in Y and Z directions and force). By
741 calculating the arctangent of the ratio of the two acceleration measurements perpendicular to the
742 axis of rotation, we could determine angle (Fig. S.2). When rotating, acceleration due to gravity
743 was not linear; rather it changed slowly when near vertical. When near horizontal, acceleration
744 due to gravity changed quickly.

745 Our force sensor recorded the corresponding change in force (Fig. S.3) and allowed us to
746 pinpoint the instant the lizard detaches during a trial. We fit a three-parameter broken regression
747 model to our force output data to pinpoint the moment the lizard detached (Fig. S.3). We
748 estimated the y-intercept of a horizontal line fit to the force data before the lizard fell, the time
749 point at which the lizard fell, and the y-intercept of a horizontal line fit to the force data after the
750 lizard detached (Fig. S.3). Using our estimated time of detachment and our angle data (calculated
751 from accelerometer data), we estimated the angle of the glass at the time of detachment (Fig.
752 S.3).

753



754

755 Figure S.3. Representative Toe Detachment Performance Trial. Representative data output from
 756 a single toe detachment trial is displayed. Time is on the X-axis. Raw force data (upper plot)
 757 displays our two estimated y-intercepts (red horizontal lines) and time of detachment (red
 758 vertical line, approximately 30 seconds in this example) estimated by a broken regression
 759 analysis. Raw acceleration data were used to estimate the angle of the glass slide through time
 760 (lower plot, gray points). The black line in our lower plot is the estimated substrate angle over
 761 the course of the trial. Our estimated angle of toe detachment is the point in which our estimated
 762 time of detachment intersects with our estimated angle, slightly under 25° in this example.

763

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