

## Drinking water safety improvement and future challenge of lakes and reservoirs

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1 **Enhancing drinking water safety through improved water quantity**  
2 **and quality management**

3

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23 Abstract: To meet the Sustainable Development Goal (SDG) target 6.1, China has undertaken  
24 significant initiatives to address the uneven distribution of water resources and to enhance water  
25 quality. Since 2000, China has invested heavily in water infrastructure of numerous reservoirs, with  
26 a total storage capacity increase of  $4.704 \times 10^{11} \text{ m}^3$  (increase of 90.8%). These reservoirs have  
27 significantly enhanced the available freshwater resources for drinking water. Concurrently, efforts  
28 to improve water quality in lakes and reservoirs, facilitated by nationwide water quality monitoring,  
29 have been successful. As a result, an increasing number of lakes and reservoirs are designated as  
30 centralized drinking water sources (CDWSs) in China. Among the 3,441 CDWSs across all  
31 provinces, 40.8% are sourced from lakes and reservoirs, 32.6% from rivers, and 26.6% from  
32 groundwater in 2023. Notably, from 2016 to 2023, the percentage of lakes and reservoirs categorized  
33 as CDWSs has increased consistently across all 29 provinces, benefitting a growing urban  
34 population. This progress has enabled 561.4 million urban residents to access improved drinking  
35 water sources in 2022, compared to 303.4 million in 2004. Our findings underscore the pivotal role  
36 of water infrastructure construction and water quality improvement jointly promoting lakes and  
37 reservoirs as vital drinking water sources. Nevertheless, the nationwide occurrence of algal blooms  
38 has surged by 113.7% from the 2000s to the 2010s producing a considerable challenge to drinking  
39 water safety. Fortunately, algal blooms have been markedly alleviated during in past four years.  
40 However, it is still crucial to acknowledge that lakes and reservoirs face the challenges of harmful  
41 algal blooms, and associated toxic microcystin and odor compounds.

42  
43 Key words: drinking water, lake and reservoir, harmful algal blooms, water quality, water clarity

44

## 45 **1. Introduction**

46 Lakes and reservoirs represent fundamental features within the Earth System, acting as  
47 important repositories of surface water. Across the globe, natural lakes encompass approximately  
48  $4.2 \times 10^6$  km<sup>2</sup> of the Earth's surface [1]. In addition, as demands for agricultural irrigation, domestic  
49 use, and hydroelectric power generation increase, the area of reservoirs has increased rapidly and is  
50 projected to grow by approximately 1–2% annually [1, 2]. While the surface area of lakes and  
51 reservoirs remains relatively limited, their significance in promoting the economic and social  
52 development of the surrounding regions cannot be overstated [3-6]. Unfortunately, the importance  
53 and value of the ecological services that lakes and reservoirs provide have often been  
54 underestimated [7]. In reality, lakes and reservoirs fulfil a multitude of ecological functions,  
55 including the provision of safe drinking water, regulation and storage of water resources, flood  
56 control and drought mitigation, support for national economic development and food security,  
57 preservation of biodiversity, utilization of fishery resources, and the promotion of tourism [3-7].  
58 Concurrently, lakes and reservoirs are sensitive to global environmental change and human activities  
59 within their basins. Consequently, they serve as invaluable sentinels and regulators of global  
60 environmental change and regional climatic variations [2, 8, 9].

61 Renowned for their pivotal ecological roles, lakes and reservoirs often stand as vital sources of  
62 drinking water, as they contain nearly 90% of the world's accessible liquid surface freshwater  
63 resources [10]. For example, the Great Lakes collectively serve as the largest and one of the most  
64 important providers of freshwater ecosystem services and goods in North America. They play a  
65 critical role in providing drinking water to over 24 million people in the United States and Canada  
66 [11]. Similarly, Lake Biwa, the largest lake in Japan, supplies drinking water to 14 million people

67 living in its vicinity [12]. Lake Mead, the largest reservoir in the USA, provides drinking water to  
68 approximately 40 million people [13]. Dangjiangkou Reservoir and Lake Qiandaohu (also named  
69 Xin'anjiang Reservoir) in China provide drinking water for more than 70 million people [14].  
70 However, surface water bodies have experienced a concerning deterioration in terms of water  
71 quality in recent years, particularly due to the increased frequency of algal blooms [15-18]. This  
72 trend has been primarily attributed to intense human activities and increasing extreme  
73 meteorological events, which have led to an increased risk of a potential health impact of drinking  
74 water [15, 16, 19-21]. Therefore, the contributions of lakes and reservoirs to drinking water safety  
75 are very important and the challenge is very severe but need to be better understood.

76 China is considered as a severe “water-deficit country” due primarily to emerging water  
77 demands, an uneven distribution of water resources and extensive water pollution. Despite being  
78 home to 19.0% of the world’s population, China possesses only 7.0% of the planet’s total freshwater  
79 resources [22-24]. To put this into perspective, it is estimated that  $\sim 0.257 \times 10^6$  km<sup>2</sup> of surface water  
80 area supports  $\sim 330$  million people in the USA [25]. In contrast,  $\sim 0.155 \times 10^6$  km<sup>2</sup> of surface water  
81 area supports over 1.4 billion people in China [22]. Lakes and reservoirs assume a pivotal role as  
82 centralized drinking water sources (CDWRs) for urban residents of China. They oftentimes provide  
83 a more dependable and stable drinking water supply than rivers and groundwater due to higher  
84 standard-reaching rate, fewer water pollution accidents, and lower vulnerability [14]. However, over  
85 the past four decades, China's lakes and reservoirs have been subjected to intense human activity  
86 and eutrophication, leading to a decline in water quality, ecosystem degradation, and the loss of  
87 crucial ecological services. These challenges pose significant threats to water availability,  
88 sustainable development, and human well-being. One of the landmark incidents illustrating these

89 challenges was the Wuxi drinking crisis, where the water source from Lake Taihu was contaminated  
90 by harmful cyanobacteria blooms. This event resulted in a week-long disruption of the drinking  
91 water supply for two million people in Wuxi, Jiangsu Province [17, 26]. Consequently, extensive  
92 efforts have been dedicated to the control, restoration, and preservation of aquatic environments and  
93 ecosystems. Encouragingly, substantial progresses have been made in safeguarding the aquatic  
94 ecological environment and advancing the vision of a more environmentally sustainable China [27-  
95 29]. However, a fundamental obstacle in addressing these challenges lies in the limited accessibility,  
96 usability, and sharing of water data, including water quantity, quality, and drinking water resources  
97 [30]. To fill this gap, we here present a comprehensive mapping, dynamics and quantification of  
98 lakes and reservoirs, water quality, and contribution to drinking water safety.

99 We hypothesise that the construction of water infrastructure, coupled with the concurrent  
100 improvement in water quality of lakes and reservoirs, through substantial efforts spanning the past  
101 20 years, will play a pivotal role in driving a significant increase in the utilization of lakes and  
102 reservoirs as urban CDWRs [7, 31]. To achieve this objective, this study comprehensively  
103 investigates the dynamics and spatial distribution of lakes and reservoirs, shedding light on the ever-  
104 changing landscape. Furthermore, we delve into the dynamics and trends shaping the lake  
105 environment over the past 20 years, employing a combination of satellite remote sensing inversion  
106 and long-term positioning observation. Concurrently, we compile essential baseline information  
107 concerning the state of CDWSs in China. Through this comprehensive analysis, we aim to  
108 underscore the growing significance and pivotal role of lakes and reservoirs as primary sources of  
109 drinking water.

## 110 **2. Data and methods**

### 111 **2.1 Spatial distribution of lakes and reservoirs**

112 The number, surface area and distribution of lakes and reservoirs ( $\geq 1.0 \text{ km}^2$ ) were extracted  
113 from the historical water inundation extent based on Global Surface Water (GSW) and Global Land  
114 Analysis and Discovery (GLAD), which were derived from multi-decadal Landsat images, with a  
115 supplement from one land cover product based on Sentinel-2 imagery [32-34]. GSW is a remote  
116 sensing big data computing platform using Google Earth Engine (GEE). Based on all available  
117 Landsat 5, 6, 7, and 8 data acquired from 1984, Pekel et al. [34] used the expert classification system  
118 to divide each available pixel into water bodies and non-water bodies and integrated the results into  
119 monthly, annual, and decadal timescales. The maximum water boundary, water inundation  
120 frequency, water change intensity, water transition, water recurrence, seasonal water, monthly water  
121 range, monthly water recurrence, and annual water range were provided. Similarly, GLAD is the  
122 global water body map from 1999 to 2019 obtained using GEE based on Landsat 5, 7, and 8 images  
123 [33], which employed an independent mapping algorithm and showed superiority in delineating the  
124 boundary of small-sized water bodies such as narrow channelled reservoirs. Therefore, we merged  
125 the water occurrence layers of the GSW and GLAD datasets to obtain the maximum water area of  
126 all lakes and reservoirs with historically inundated area  $\geq 1 \text{ km}^2$ , as the base mask for water quality  
127 analyses. The derived water bodies were inspected and edited with rigorous quality-control  
128 procedures by referring to the Sentinel-based land cover product and high-resolution Google  
129 imagery. The classification of lakes and reservoirs was conducted on the basis of the China  
130 Reservoir Dataset [35]. The number, type and storage capacity of reservoirs since 1981 were  
131 obtained from the National Bureau of Statistics of China (<http://www.stats.gov.cn/english/>).

## 132 **2.2 Secchi disk depth derived from remote sensing**

133 SDD serves as a straightforward yet highly significant metric for assessing the water quality  
134 and trophic state of lakes and reservoirs, having been widely used for more than 150 years since  
135 1865. This crucial optical parameter, SDD, can be readily and accurately determined using various  
136 satellite imagery sources, encompassing specific sites, regions, or even global water bodies. In this  
137 study, we used Landsat data to estimate the long-term dynamics of SDD for China's lakes and  
138 reservoirs with a surface area  $\geq 1 \text{ km}^2$ . Considering the long-term consistent water area of lakes and  
139 reservoirs, we used a well-established SDD remote sensing model that has undergone extensive  
140 calibration and validation. This model enabled us to estimate SDD for 6,359 lakes and reservoirs  
141 from 2000 to 2021 [36], excluding reservoirs constructed after 2000.

## 142 **2.3 Water quality of lakes and reservoirs**

143 To assess the water quality dynamics of China's lakes and reservoirs, we conducted extensive  
144 monthly observations over an extended period. These observations encompassed key parameters  
145 such as BOD, TN,  $\text{NH}_4^+\text{-N}$ , and TP in a total of 95 lakes and 261 reservoirs (Fig. S1 online). This  
146 comprehensive dataset from 2005 to 2022 was collected by the Chinese National Environmental  
147 Monitoring Centre (<http://www.cnemc.cn/>). The BOD, TN,  $\text{NH}_4^+\text{-N}$ , and TP concentrations were  
148 analyzed in the laboratory using the standard water and wastewater monitoring and analysis methods  
149 recommended by the Ministry of Environmental Protection of China [37], which did not change  
150 over the reported period. The long-term, continuous, and consistent monitoring data within this  
151 dataset holds widespread utility in characterizing, analysing, and evaluating the dynamics and long-  
152 term trends of the aquatic environment in both lakes and reservoirs [27, 28]. The average values are  
153 calculated from all lakes and reservoirs of every province for BOD, TN,  $\text{NH}_4^+\text{-N}$ , and TP.



154 Furthermore, we augmented our analysis by calculating the occurrence frequency of algal  
155 blooms (in %) using Landsat imagery for a total of 1,541 lakes in China from 1980 to 2021 [16].  
156 The dataset of Hou et al., (2022) was divided and updated into four periods: 1980-1990s (1982-  
157 1999), 2000s (2000-2009), 2010s (2010-2019), and 2020s (2020-2021) to investigate long-term  
158 bloom occurrence changes. To validate our results of bloom occurrence from Landsat imagery, we  
159 also used an automated algal bloom detection algorithm for Moderate-Resolution Imaging  
160 Spectroradiometer (MODIS) daily images based on a normalized floating algal index (FAI) to  
161 estimate bloom occurrence in Lake Taihu and Lake Chaohu from 2003 to 2023 [38].

#### 162 **2.4 Data on centralized drinking water sources**

163 Our data were largely sourced from publicly available bulletins and reports provided by the  
164 Chinese government ecological environment departments, ensuring reliability through stringent  
165 quality control measures. While it is worth noting that China's water data governance and sharing  
166 practices have historically lagged international standards [30], a significant improvement occurred  
167 in 2016. This positive change was brought about by the Ministry of Ecology and Environment's  
168 release of the "National Centralized Drinking Water Sources Water Quality Monitoring Information  
169 Disclosure Plan." Since then, CDWRs data in China has been accessible to the public for most  
170 provinces. However, before 2018, only prefecture-level CDWRs data was accessible to the public  
171 for most provinces. Subsequently, from 2018 onwards, both prefecture-level and county-level  
172 CDWRs data became available to the public for most provinces (Table S1 online). It's important to  
173 note that for Xinjiang Autonomous Region and Xizang Autonomous Region, the prefecture-level  
174 and county-level CDWRs data is currently not centrally accessible to the public. Instead, this  
175 information was gathered from the China National Environmental Monitoring Centre as well as

176 other scattered reports. To facilitate meaningful comparisons between the percentage of CDWRs  
177 related to lakes, reservoirs, rivers, and groundwater in 2016 and 2023, we employed the available  
178 and comparable prefecture-level or prefecture-level/county-level CDWRs data. For calculating the  
179 percentage of CDWRs related to lakes, reservoirs, rivers, and groundwater in 2023 as a proportion  
180 of the total CDWRs, we utilized all available prefecture-level and county-level CDWRs data.

181 Monthly water intake amount data from 2016 to 2023 for the drinking water sources in  
182 Zhejiang Province were obtained from the Zhejiang Provincial Department of Ecology and  
183 Environment (<http://sthjt.zj.gov.cn/col/col1251321/index.html>). To quantify the contributions of  
184 three types of prefecture-level CDWSs to the drinking water supply in Shanxi Province, monthly  
185 water intake data for 2016-2023 were obtained from the Shanxi Provincial Department of Ecological  
186 Environment (<https://sthjt.shanxi.gov.cn/>). To compare the difference of monthly water intake of  
187 three types of prefecture-level CDWSs in summer and winter in Heilongjiang Province, monthly  
188 water intake data from 2023 to 2024 were obtained from the Heilongjiang Provincial Department  
189 of Ecological Environment (<https://sthj.hl.gov.cn/sthj/>).

## 190 **2.5 Other related data**

191 We gathered comprehensive data spanning from 1997 to 2022 on nationwide water supply,  
192 encompassing surface water, groundwater, sewage treatment reuse, and rainwater collection.  
193 Additionally, we compiled data on water usage, including domestic, industrial, agricultural, and  
194 ecological applications. Furthermore, our study incorporated data pertaining to the nationwide  
195 water-consuming population and water supply capacity for urban residents. These valuable datasets  
196 were sourced from the National Bureau of Statistics (<http://www.stats.gov.cn/sj/>). The population  
197 data was obtained from the website (<https://www.hongheiku.com/china/221.html>).

## 198 **2.6 Statistical analyses**

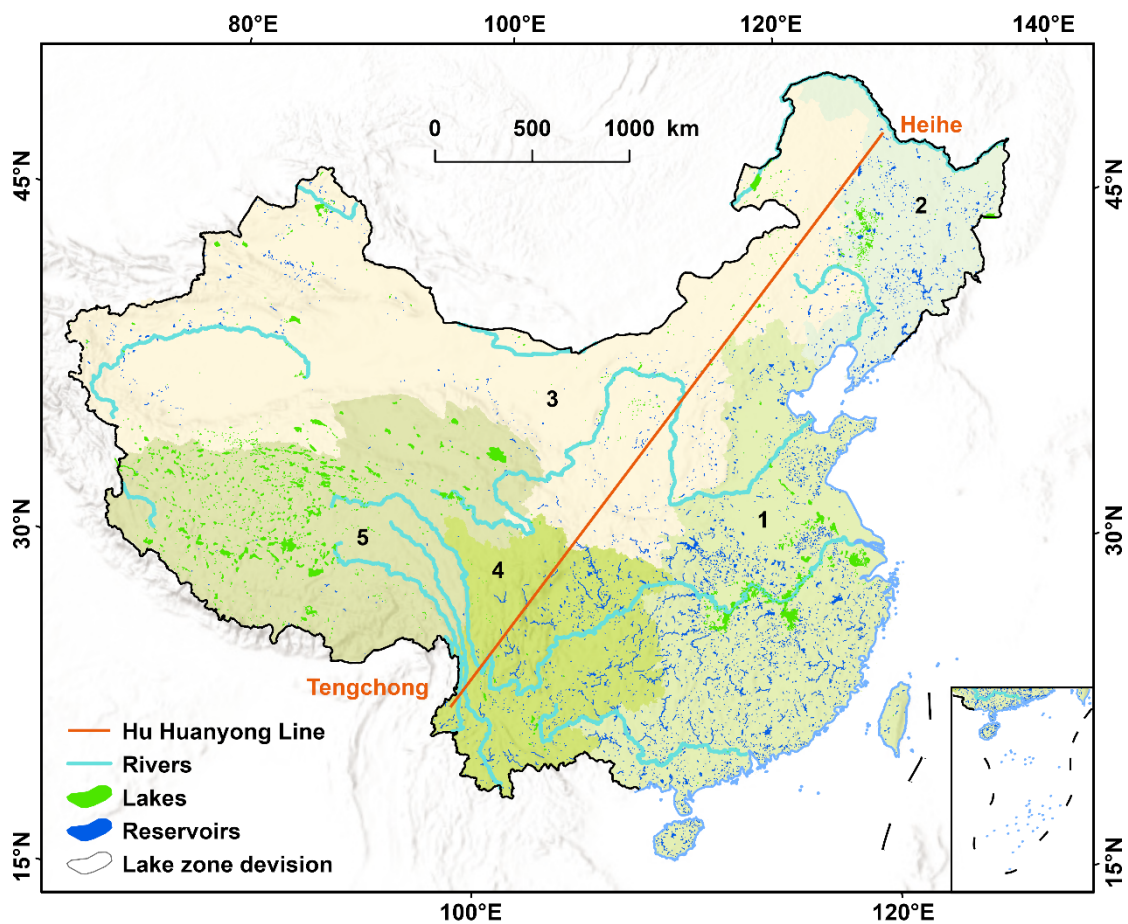
199 All statistical analysis was performed using Statistical Package for the Social Sciences software  
200 (SPSS 20, Chicago, IL). A significance level of  $p \leq 0.05$  was considered statistically significant in  
201 this study. Long-term trends of SDD, BOD, TN,  $\text{NH}_4^+\text{-N}$ , and TP were performed using a linear  
202 regression analysis. Additionally, for cases where data did not conform to a normal distribution, we  
203 opted for the non-parametric Mann–Whitney (MW) statistic test. This choice is advantageous  
204 because it is not sensitive to the distribution type of the sample data. The MW statistic test was  
205 utilized to assess the significance of any shifts in mean values within our dataset.

## 206 **3. Results**

### 207 **3.1 Increasing available freshwater resources by reservoir infrastructure**

208 Until 2020, it is estimated that there were 2,670 natural lakes and 5,156 reservoirs with a  
209 surface area  $\geq 1 \text{ km}^2$  in China (Fig. 1). The total surface area of lakes and reservoirs are 80,662.4  
210 and 39,697.1  $\text{km}^2$ , respectively. For natural lakes, more than 60% are characterised as saline or  
211 brackish, rendering them unsuitable for drinking water purposes. These types of lakes are primarily  
212 found in the Tibetan Plateau and Nei Mongol-Xinjiang Plateau regions (Fig. 1) [39]. Consequently,  
213 given the increasing demand for agricultural irrigation, drinking water supply, and hydroelectric  
214 power generation due to population growth, China has embarked on a strategy of constructing new  
215 reservoirs and expanding the storage capacity of existing ones. Over the past 40 years, there has  
216 been a significant increase in both the number and storage capacity of reservoirs, especially those  
217 that are medium-sized or large (storage capacity  $\geq 10^7 \text{ m}^3$ ), which are capable of meeting drinking  
218 water requirements (Table S2 online). Notably, the period from 2011 to 2022 experienced a  
219 significant increase ( $p \leq 0.001$ ) in the number and storage capacity of reservoirs, surpassing the rates

220 observed in preceding decades (2001-2011, 1991-2001, 1981-1991). During 2011-2022, the number  
 221 and storage capacity of large-sized reservoirs increased by 247 and  $2,377 \times 10^8 \text{ m}^3$ , respectively. In  
 222 contrast, the corresponding numbers for the previous decades were 134 and  $1,675 \times 10^8$  (2001-2011),  
 223 66 and  $527 \times 10^8$  (1991-2001), and 39 and  $411 \times 10^8$  (1981-1991), respectively. In total, there has  
 224 been an increase in storage capacity of  $4.704 \times 10^{11} \text{ m}^3$  (90.8% increase) in reservoirs since 2000.  
 225 Geographically, the distribution of reservoirs aligns closely with population distribution and the  
 226 associated demand for drinking water (Fig. 1). Predominantly, reservoirs are concentrated in the  
 227 southeastern region of the Hu Huanyong Line, which is home to more than 94% of the national  
 228 population.



229  
 230 Fig. 1 Spatial distribution of lakes and reservoirs with a surface area of  $\geq 1.0 \text{ km}^2$  in China. 1, the  
 231 Eastern Plain Lake Zone (EPL); 2, the Northeast Plain and Mountain Lake Zone (NPML); 3, the

232 Nei Mongol-Xinjiang Lake Zone (NMXL); 4, the Yunnan-Guizhou Plateau Lake Zone (YGPL); 5,  
233 the Tibetan Plateau Lake Zone (TPL). The Hu Huanyong Line, connecting the city of Heihe  
234 (Heilongjiang Province) to Tengchong County (Yunnan Province), is an important divider of  
235 population, economic, social, and human activity intensity in China.

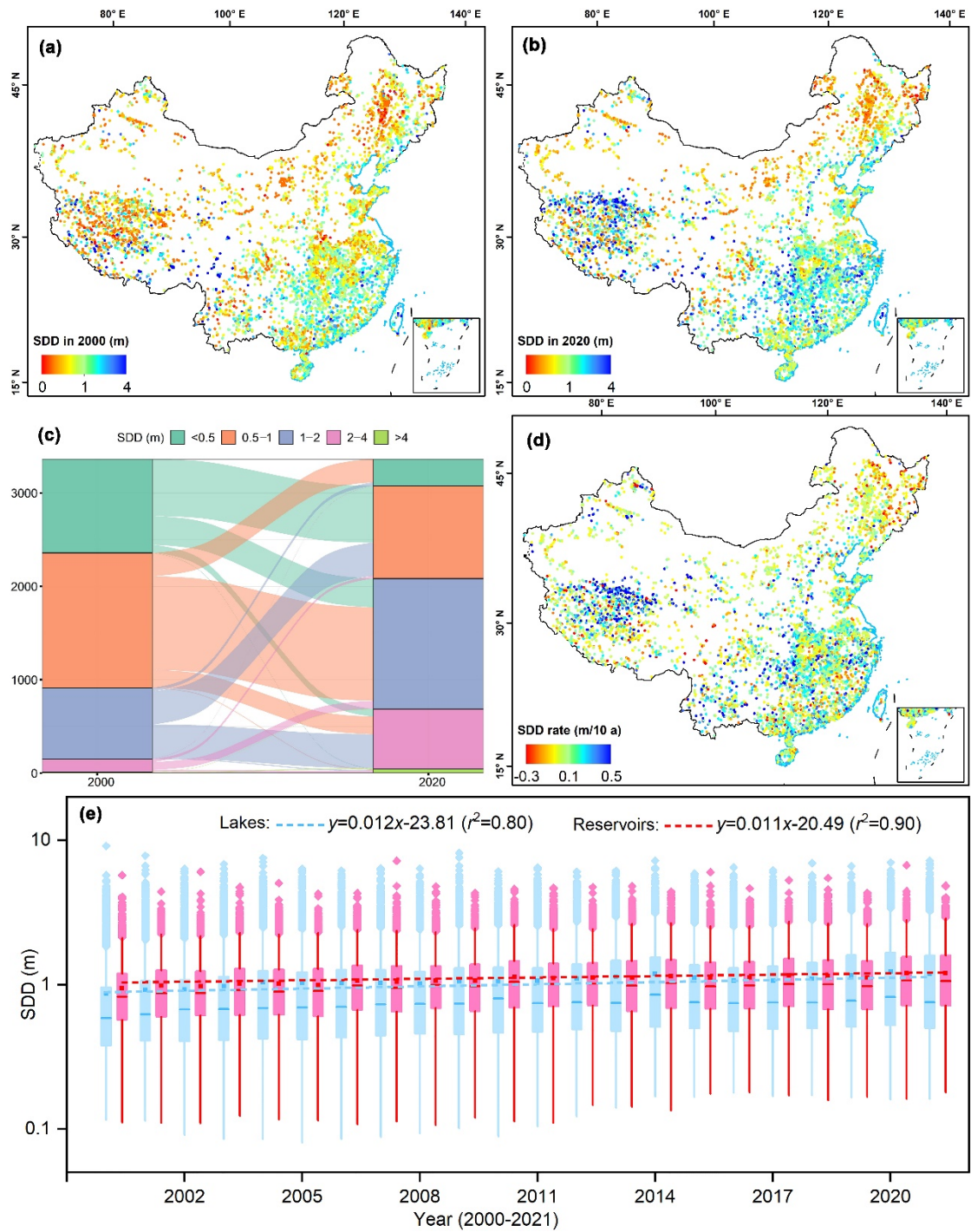
### 236 **3.2 Increase in water clarity in lakes and reservoirs**

237 We compared the spatial distribution and long-term trend of estimated Secchi disk depth (SDD)  
238 across the studied lakes and reservoirs between 2000 and 2020 (Fig. 2a, 2b). Our analysis illustrates  
239 that 69% of lakes and reservoirs exhibited an increase in SDD, at a rate of 0.49 m/decade. In contrast,  
240 31% of these water bodies experienced a decrease in SDD, with a rate of 0.13 m/decade. Collectively,  
241 we calculated a statistically significant increase in mean SDD nationwide, from  $0.91\pm 0.66$  m to  
242  $1.21\pm 0.81$  m, corresponding to a 33.0% increase from 2000 to 2020 ( $p\leq 0.01$ ). Notably, a total of  
243 3,365 (53%) lakes and reservoirs underwent transitions in their SDD levels between these two years  
244 (Fig. 2c). Specifically, 2,596 lakes and reservoirs experienced transitions toward clearer conditions,  
245 while 769 lakes and reservoirs shifted toward more turbid conditions. The long-term change rates  
246 of SDD across Chinese lakes and reservoirs demonstrated diverse spatially patterns (Fig. 2d).  
247 Notably, lakes and reservoirs in the Eastern Plain Lake Zone, the Nei Mongol-Xinjiang Lake Zone,  
248 the Yunnan-Guizhou Plateau Lake Zone, the Tibetan Plateau Lake Zone demonstrated an increase  
249 in SDD. Conversely, lakes in the Nei Mongol-Xinjiang Lake Zone exhibited a decrease in SDD (Fig.  
250 1, Fig. 2d, [Fig. S2 online](#)). Furthermore, an analysis of the long-term mean SDD for Chinese lakes  
251 and reservoirs revealed significant improvement in water clarity from 2000 to 2021 (Fig. 2e). A  
252 linear fitting model demonstrated a substantial increase of 0.12 m/decade for lakes and 0.11  
253 m/decade for reservoirs over this period (Fig. 2e). Similar trends of SDD, except for the Nei

254 Mongol-Xinjiang Lake Zone, are found for other four lake zones, indicating a consistent  
255 improvement in water quality (Fig. S2 online).

### 256 **3.3 Improvement of water quality in lakes and reservoirs**

257 Water quality, described here in terms of biochemical oxygen demand (BOD), total nitrogen  
258 (TN), ammonia nitrogen ( $\text{NH}_4^+\text{-N}$ ), and total phosphorus (TP) in lakes and reservoirs throughout  
259 continental China changed markedly from 2005 to 2022. We found high spatial heterogeneity in the  
260 magnitude of change (in %) in water quality parameters during 2020-2022 compared with that in  
261 2005-2007 for all 31 provinces (Fig. 3, Fig. S1, Fig. S3 online). Notably, we found marked decreases  
262 in BOD, TN,  $\text{NH}_4^+\text{-N}$ , and TP concentrations in eastern China, characterised by high population  
263 density, in 2020-2022 compared to 2005-2007 (Fig. 3). Conversely, in several western provinces,  
264 including Ningxia, Shaanxi, and Guangxi, we found a notable increase in TN during 2020-2022  
265 when compared to 2005-2007 (Fig. 3).



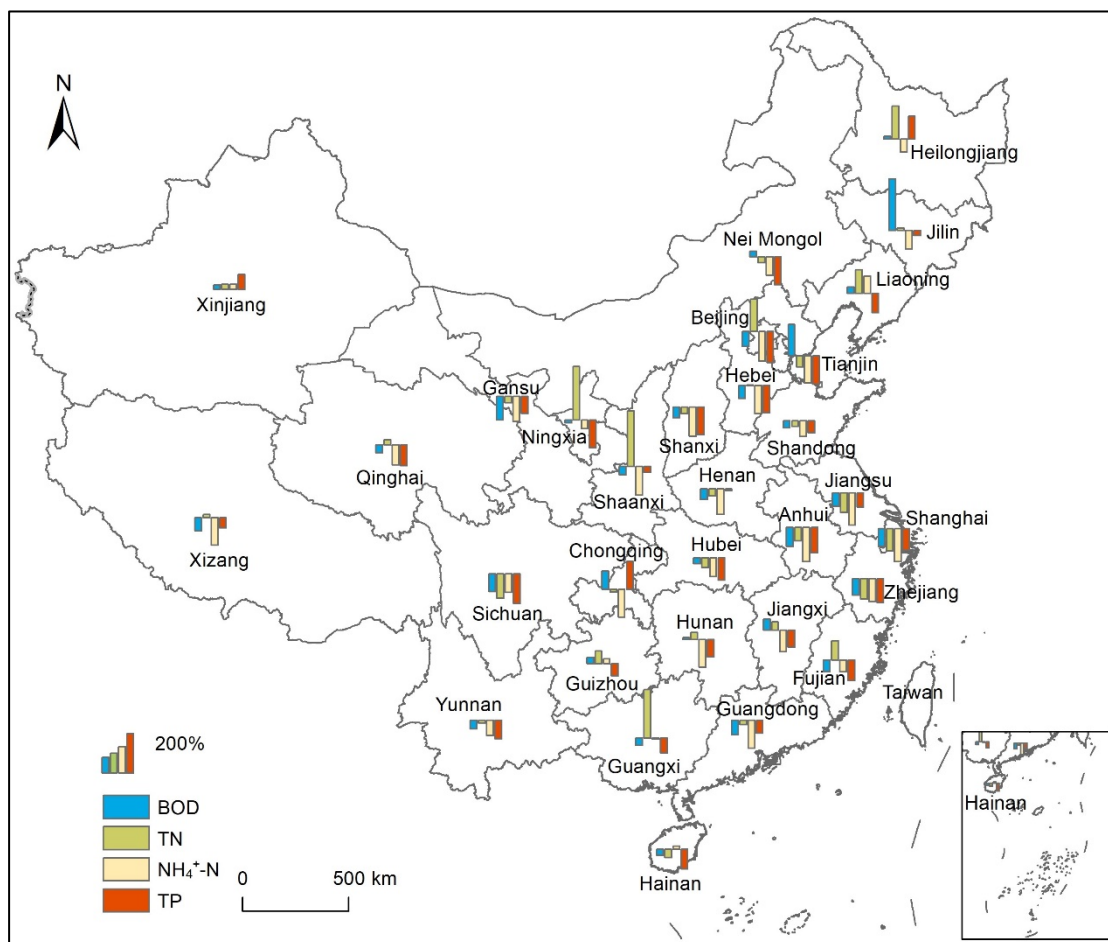
266

267 Fig. 2 Comparison of Secchi disk depth (SDD) spatial distribution in 2000 and 2020 (a, b),

268 transitions in SDD levels between 2000 and 2020 (c), spatial distribution of long-term change

269 rates of SDD (d) and long-term trend of SDD (e) from 2000 to 2021.





270

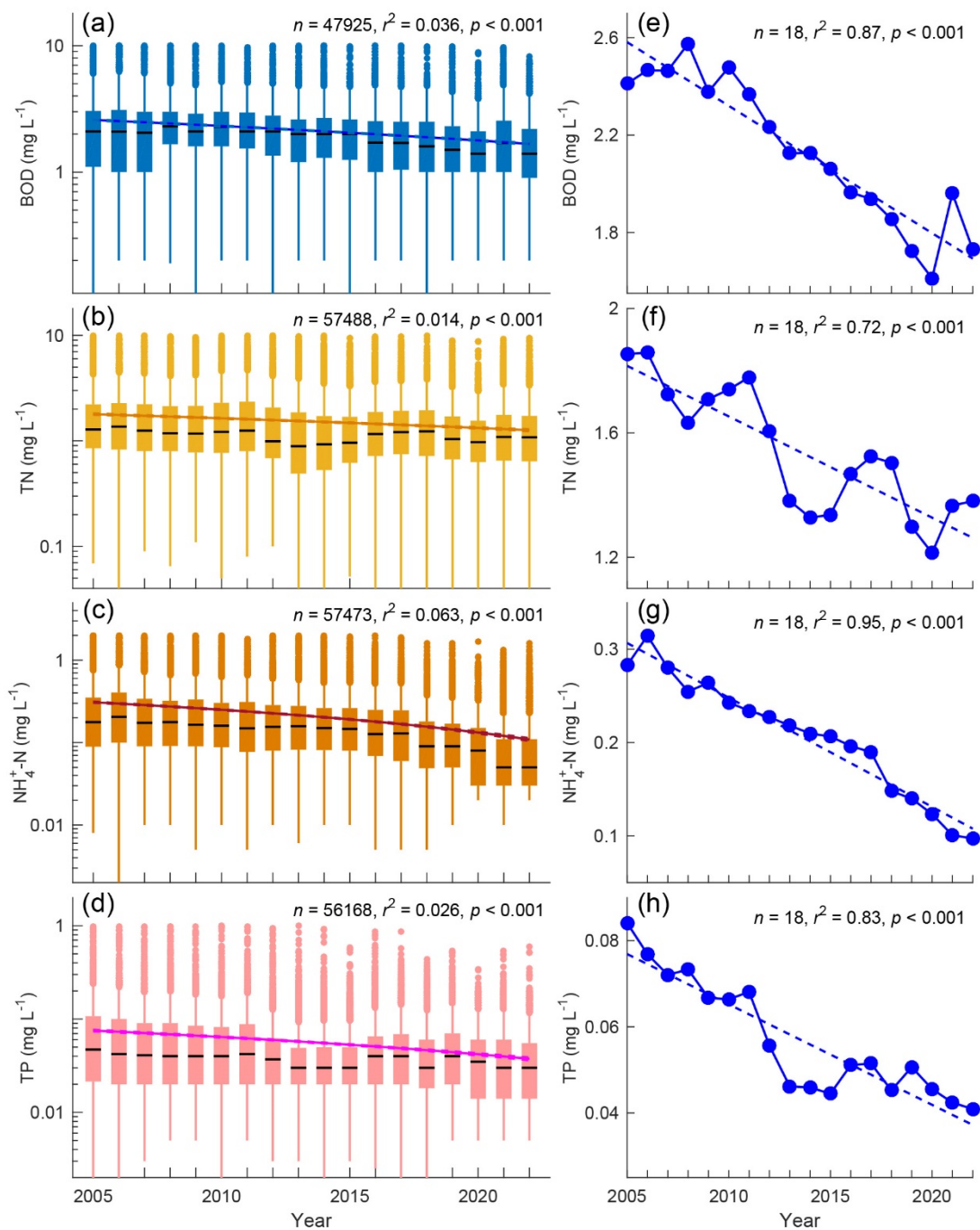
271 Fig. 3 The percent change of water quality parameters in 31 provinces in 2019-2022 compared to  
 272 that in 2005-2007 (No data in Taiwan). The bottom color of the figure represents the altitude.

273 BOD: biochemical oxygen demand, TN: total nitrogen,  $\text{NH}_4^+\text{-N}$ : ammonia nitrogen, TP: total  
 274 phosphorus

275 Overall, we found that BOD, TN,  $\text{NH}_4^+\text{-N}$ , and TP concentrations significantly decreased  
 276 across Chinese lakes and reservoirs during the same period (Fig. 4). From 2005 to 2022, mean BOD,  
 277 TN,  $\text{NH}_4^+\text{-N}$ , and TP concentrations demonstrated a significant decline (Fig. 4), which decreased  
 278 from 2.46 mg/L, 1.72 mg/L, 0.280 mg/L, and 0.072 mg/L during 2005-2007 to 1.77 mg/L, 1.32  
 279 mg/L, 0.107 mg/L, and 0.043 mg/L during 2020-2022, with the decrease ratios of 28.3%, 23.5%,  
 280 61.8%, and 40.4%, respectively. In addition, our analysis identified a significant decrease in TN and  
 281 TP in three eutrophic lakes (Lake Taihu, Lake Chaohu, Lake Dianchi) with frequent algal blooms



282 affecting drinking water safety (Fig. S4 online). TN concentration in Lake Taihu, TP concentration  
 283 in Lake Chaohu and Lake Dianchi have decreased more than 50% from 2005 to 2022 (Fig. S4  
 284 online). Collectively, these findings underscore the substantial improvement in water quality across  
 285 Chinese lakes and reservoirs, signifying significant progress in environmental stewardship and  
 286 water resource management.



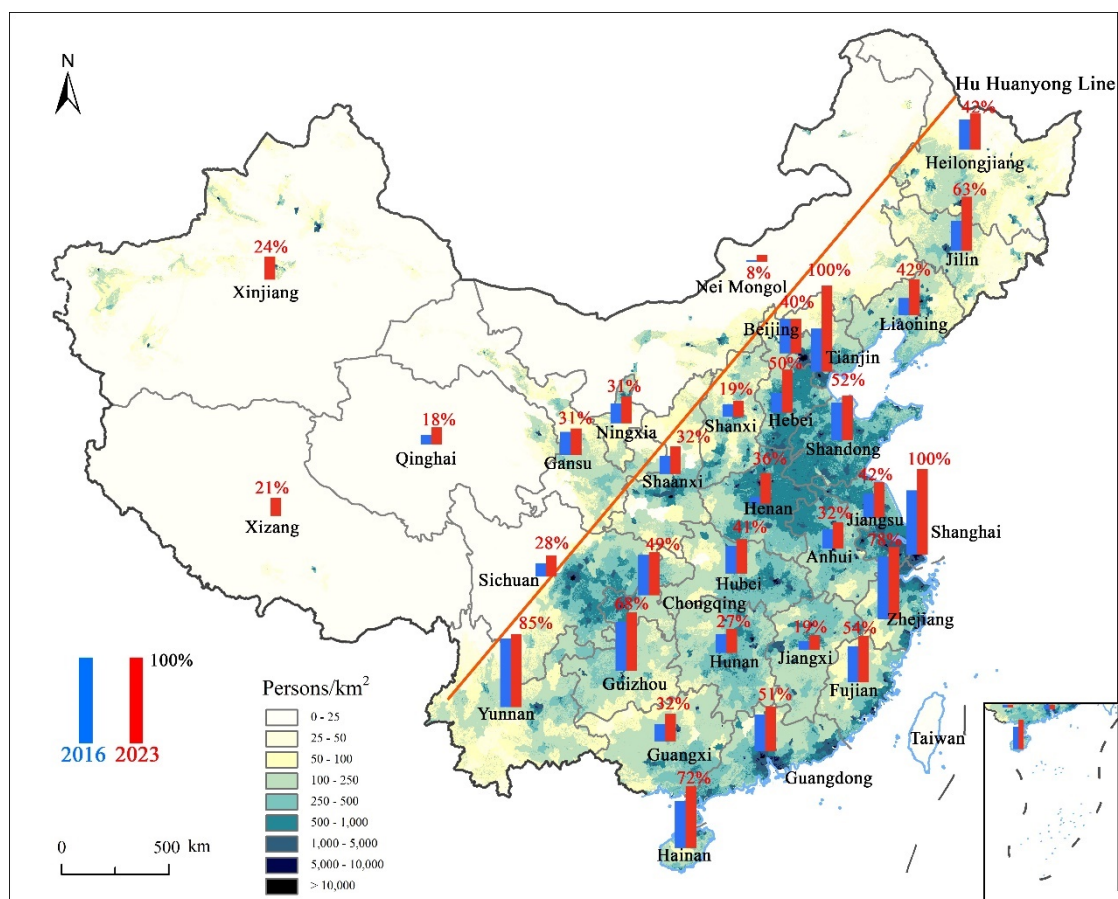
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288 Fig. 4 Long-term variability in water quality for all data (left) and the yearly mean value (right)  
289 across continental lakes and reservoirs in China during the past two decades. The black solid line  
290 in the middle of each box plot shows the mean value. The solid line throughout each panel shows  
291 the linear fitting. BOD: biochemical oxygen demand, TN: total nitrogen,  $\text{NH}_4^+\text{-N}$ : ammonia  
292 nitrogen, TP: total phosphorus

### 293 **3.4 Increase of lakes and reservoirs designated as drinking water sources**

294 Among the 3,441 prefecture-level and county-level CDWSs monitored nationwide, 1,404  
295 (40.8%) are lakes and reservoirs, 1,120 (32.6%) are rivers, and the remaining 917 (26.6%) are  
296 groundwater sources in 2023 (Table S1 online). Notably, the ratio of lakes and reservoirs may be  
297 underestimated, as many prefecture-level and county-level CDWSs do not include the cross-  
298 regional and cross-basin water transfer projects from reservoirs in Henan Province and Hebei  
299 Province. The total number of CDWSs in our study closely aligns with the numbers reported by the  
300 China Ecological Environment Status Bulletin 2022, issued by the Ministry of Ecology and  
301 Environment[40], which lists 919 prefecture-level and 2,622 county-level CDWSs monitoring sites.  
302 Spatially, the lowest and highest ratios of lakes and reservoirs CDWSs was found in Nei Mongol  
303 (11.1%) and Shanghai & Tianjin (100%), respectively. The high ratios of lakes and reservoirs  
304 CDWSs were generally observed in the moderately and highly populated southeast regions (Fig. S5  
305 online). More importantly, the ratios of lakes and reservoirs CDWSs to all CDWSs of 29 provinces  
306 (excluding Xinjiang Autonomous Region and Xizang Autonomous Region due to no available  
307 CDWSs data in 2016) increased markedly in 2023 compared to those in 2016 (Fig. 5). On average,  
308 the ratio of lake and reservoir CDWSs to all CDWSs increased from 35.0% (607 vs 1734) in 2016  
309 to 42.0% (906 vs 2156) in 2023 (Fig. 5, Table S1 online). In contrast, the ratio of groundwater

310 CDWSs to all CDWSs decreased from 20.5% (356 vs 1734) in 2016 to 18.9% (408 vs 2156) in 2023  
 311 (Table S1 online) due to poor groundwater quality, high arsenic geological background and  
 312 overexploitation. Meanwhile, we compare the ratio of water intake amounts from lake and reservoir  
 313 CDWSs to all CDWSs for Zhejiang Province with monthly water intake amounts data from 2016 to  
 314 2023. The yearly percentage of water intake amounts from lakes and reservoirs CDWSs markedly  
 315 increased from 59.9% to 71.2% (Table S3 online). All these results underscore the increasing  
 316 importance of lakes and reservoirs CDWSs in sustaining urban residents drinking water supply.



317  
 318 Fig. 5 Increasing ratio of lakes and reservoirs CDWSs accounting for the total CDWSs for every  
 319 province from 2016 to 2023 (No data in Taiwan)

## 320 4. Discussion

### 321 4.1 A great challenge for drinking water supply

322 Ensuring adequate, safe, clean, and affordable drinking water for all is a critical objective  
323 within the United Nations' 17 Sustainable Development Goals (SDGs). These SDGs encompass  
324 ambitious global targets related to drinking water, sanitation, and hygiene. SDG6.1 especially  
325 emphasizes the goal to “achieve universal and equitable access to safe and affordable drinking water  
326 for all” by 2030 [41]. Meeting this goal poses a formidable challenge for China, given its immense  
327 population of 1.4 billion people coupled with issues related to water scarcity, uneven spatial-  
328 temporal distribution of water resources, and extensive water pollution [42]. Notably, the steady  
329 increase in population and urbanization over the past few decades has led to a significant increase  
330 in domestic water consumption in China (Fig. S6, Fig. S7 online). Domestic water use amount  
331 increased by 72.6% and the percentage of domestic water use amount to total water use amount  
332 increased by 9.5% to 15.1% from 1997 to 2022 (Fig. S7 online). Historically, decentralized water  
333 supply systems, where water was directly sourced from wells, lakes and rivers without proper  
334 protection and purification, were common. However, today, CDWSs are the prevailing drinking  
335 water supply forms in urban areas worldwide, including China. As a response, China initiated  
336 drinking water improvement projects starting in the 1980s. Both central and local governments have  
337 made substantial efforts to ensure an adequate water supply and enhanced drinking water quality  
338 for urban residents. Widespread adoption of CDWSs in urban areas, along with more standardized  
339 supervision and management, has been instrumental in ensuring urban drinking water quality.  
340 Moreover, an increasing number of prefecture-level and county-level CDWSs are being protected,  
341 and water quality information is regularly made publicly available (Table S1 online). Consequently,  
342 by 2022, 561.4 million people in urban areas had access to improved water sources (piped water,  
343 public standpipe, protected dug well, and so on). This represents an annual increase of 14.52 million

344 people (Fig. S8 online). As previously reported, China played a pivotal role in achieving the  
345 Millennium Development Goals (MDGs) target on safe drinking water [41].

346 There is still a considerable part of rural areas in China that are either without centralized water  
347 source and supply facilities or the centralized water supply is not sufficiently purified. It is estimated  
348 that the national rural tap water penetration rate has reached 87% according to the Ministry of Water  
349 Resources (<http://www.chinanews.com.cn/cj/2022/12-14/9914690.shtml>), which means that almost  
350 100 million rural residents still rely on self-supplied drinking water without access to safe and  
351 reliable drinking water services, despite substantial progress over several decades. Correspondingly,  
352 it is estimated that more than 760 million people relied on self-supply for their drinking water from  
353 26 low- and middle-income countries in South Asia, Southeast Asia and the Pacific [43]. Globally,  
354 an estimated 2.1 billion people lack safely managed drinking water, this includes almost the entire  
355 population of rural Africa [44]. Even in high-income developed countries, poor drinking water  
356 quality and access remain barriers to improved health in many regional and remote communities  
357 [45, 46]. All these demonstrate that we have achieved tremendous success but also faced a great  
358 challenge for drinking water supply in China. Therefore, the construction of drinking water  
359 infrastructures including tap-water pipeline in rural areas and water quality improvement of drinking  
360 water source to purge rivers and lakes of industrial and agricultural pollutants are need to resolve  
361 the challenges and ensure drinking water safety.

#### 362 **4.2 Increasing importance of lake and reservoir CDWSs**

363 Our findings reveal a growing trend in selecting and safeguarding lakes and reservoirs as the  
364 primary sources of drinking water for urban residents over the past decades. In the last 7 years with  
365 available CDWSs data, the ratio of lake and reservoir CDWSs to all CDWSs increased 7% (from

366 35.0% to 42.0%). This shift can be attributed to three main factors: increased water availability,  
367 improved water quality, and enhanced water supply reliability.

368 First, China has witnessed a substantial increase in water resource availability due to the  
369 construction of numerous reservoirs or the storage capacity expansion of existing ones, which is  
370 contrast to the widespread decline in global lake water storage of 1972 large water bodies [47].  
371 These reservoirs, while originally designed for purposes such as electricity generation and  
372 agricultural irrigation, have significantly augmented the overall water resource capacity in the  
373 country (Fig. 1, [Table S2 online](#)). For example, Lake Qiandaohu (Xin'anjiang Reservoir) was  
374 initially designed to generate electricity for Shanghai and act as a contingency measure for Eastern  
375 China Power Grid emergencies in 1960s. Today, Lake Qiandaohu supplies annual  $9.78 \times 10^8 \text{ m}^3$   
376 drinking water for more than 10 million people of Hangzhou and Jiaxing, Zhejiang Province. Most  
377 reservoirs are strategically located in mountainous and hilly areas in the middle and upper reaches  
378 of rivers, situated far from urban and industrial areas. These remote locations translate to minimal  
379 industrial, agricultural, and domestic pollution, resulting in good water quality. Consequently, these  
380 reservoirs can provide a clean and abundant water resource for drinking water as shown by the  
381 global increasing dependence of lowland populations on mountain water resources [48]. Meanwhile,  
382 many cross-regional and cross-basin water transfer projects and infrastructure construction are  
383 increasing the contribution and importance of lake and reservoir CDWSs [14, 49]. For example, the  
384 Middle Route Project of the South-to-North Water Diversion (SNWD), which transports water from  
385 the Danjiangkou Reservoir to Henan Province and Hebei Province, Tianjin and Beijing  
386 municipalities covering 24 cities, 131 counties, and 310 water plants, and benefiting 85 million  
387 people. Danjiangkou Reservoir was initially designed for electricity generation and agricultural

388 irrigation, and water level was raised from 157 m to 170 m as water source of the Middle Route  
389 Project of SNWD in 2013. In 2022, a total of  $92.12 \times 10^8 \text{ m}^3$  of water was transported from  
390 Danjiangkou Reservoir to meet the demand for safe and clean drinking water with a rapid increase  
391 from 2015 (Fig. S9 online). Similarly, there are many other projects such as the East Route Project  
392 of SNWD in Jiangsu Province, Lake Qiandao Water Distribution Project in Zhejiang Province,  
393 Water Diversion Project from Lake Songhuahu in Jinlin Province etc (Table S4 online). All these  
394 water infrastructure constructions significantly increase the available freshwater resource of lakes  
395 and reservoirs for drinking water.

396 Correspondingly, yearly groundwater water supply reached a maximum of  $1134 \times 10^8 \text{ m}^3$  in  
397 2012 and gradually decreased to  $828 \times 10^8 \text{ m}^3$  in 2022 with a decrease of 27.0% indicating a  
398 decreasing contribution (Fig. S7 online). Notably, we further chose the most populous province  
399 (Shanxi Province, which is also affected by arsenic-contaminated groundwater) from 6 north  
400 provinces with high groundwater CDWS percentages including Nei Mongol, Shanxi, Xizang,  
401 Qinghai, Xinjiang, and Ningxia provinces, to quantify the decreasing contribution of groundwater.  
402 From 2016 to 2023, the percentages of prefecture-level CDWSs number and annual total water  
403 intake amounts of groundwater CDWSs in Shanxi Province decreased markedly. The opposite trend  
404 is found for lake and reservoir CDWSs. In addition, a total of 76.2%-81.5% of the groundwater  
405 CDWS number corresponded to 58.4%-68.4% of the total water intake amount from groundwater  
406 during 2016-2023 (Table S5 online). In contrast, lakes and reservoirs accounted for 14.8%-19.0%  
407 of the CDWSs but 27.2%-37.5% of the total water intake amount in Shanxi Province (Table S5  
408 online).

409 However, it is crucial to acknowledge that there are some negative ecological problems and



410 risks associated with reservoir construction. Dams disrupt the natural flow of materials both  
411 upstream and downstream, causing the fragmentation of rivers. This fragmentation substantially  
412 hinders the migration of freshwater fishes, leading to the destruction of fish habitats and posing a  
413 grave threat to freshwater biodiversity [50, 51]. Simultaneously, reservoirs create an artificial  
414 environment that promotes the proliferation of algae, particularly cyanobacteria. The combination  
415 of nutrient retention, calm waters, low light attenuation, and a relatively long residence time  
416 contributes to an increase of these potentially harmful microorganisms [52, 53]. Therefore, many  
417 small-sized reservoirs have been gradually removed to increase river water system connectivity and  
418 eliminate negative ecological risks with decreasing small-sized reservoirs since 2018 (4.08%  
419 decrease from 2018 to 2022) in China (Table S2 online).

420 Secondly, water quality indicated by four key parameters (BOD, TN,  $\text{NH}_4^+$ , and TP) of lakes  
421 and reservoirs had been greatly improved over the past 20 years in China (Fig. 3, Fig. 4), which  
422 were attributed to the marked decrease of nitrogen and phosphorus consumption of cropland and  
423 significant increasing investment in urban environmental infrastructure construction and industrial  
424 pollution source control (Fig. S10, Fig. S11 online). Meanwhile, significant increase in water clarity  
425 from 2000 to 2021 based on remote sensing estimates suggest water quality improvement of lakes  
426 and reservoirs (Fig. 2). However, marked spatial differences were found for different water quality  
427 parameters reflecting different human activities and climate change pressures (Fig. 2, Fig. 3). Indeed,  
428 water quality of inland waters across China has exhibited marked improvement since 2003, owing  
429 to reductions in pollutant discharge [27, 29]. Many water management strategies and specific  
430 policies, including the most stringent water resources management system (known as the “Three  
431 Redlines”), the water pollution control action plan (known as the “Water Ten Plan”), national



432 standards for surface water quality and sector-specific discharges of point source water pollutants,  
433 and large investments in urban environmental infrastructure and industrial wastewater treatment  
434 (Fig. S11 online), contributed to water quality improvements in China [28, 29], which will provide  
435 the guideline for other countries and regions facing similar challenges. China Ecological  
436 Environment Status Bulletin 2022 showed that 87.9% of sampling sites had water quality better  
437 than Class III according to the China Surface Water Environmental Quality Standard (GB3838-  
438 2002), while only 0.7% of sites had water quality worse than Class V based on a national  
439 investigation of 3,641 sampling sites in rivers, lakes, and reservoirs across China [40]. Due to the  
440 improvement of water quality in Lake Taihu, a yearly total  $12.8 \times 10^8 \text{ m}^3$  of water from the lake was  
441 used for the drinking water of Shanghai, the largest city in China, since 2017 with an additional  
442 yearly total  $12.2 \times 10^8 \text{ m}^3$  of water supplying the surrounding cities of Suzhou, Wuxi, and Huzhou  
443 (Fig. S9 online), which benefited more than 15 million people. These findings underscore the  
444 ongoing progress in improving water quality in lakes and reservoirs, a trend we anticipate to  
445 continue with the implementation of Beautiful China Initiative, the major strategic idea and task for  
446 the sustainable development of China to fulfil the United Nations' SDGs. Specifically, by 2035,  
447 there will be a fundamental improvement in the quality of the environment so the goal of building  
448 a Beautiful China will be basically attained, which will undoubtedly increase the value of drinking  
449 water [7, 31].

450 Third, lakes and reservoirs can provide more stable water supply than rivers because lakes and  
451 reservoirs are less affected by salt intrusion, floods and droughts, as well as complete freeze events.  
452 China's coastal areas such as Tianjing, Qingdao, Xiameng, Shanghai, Hangzhou, Shenzhen etc,  
453 which are more populated and developed, are more vulnerable to the salt intrusion. Therefore,

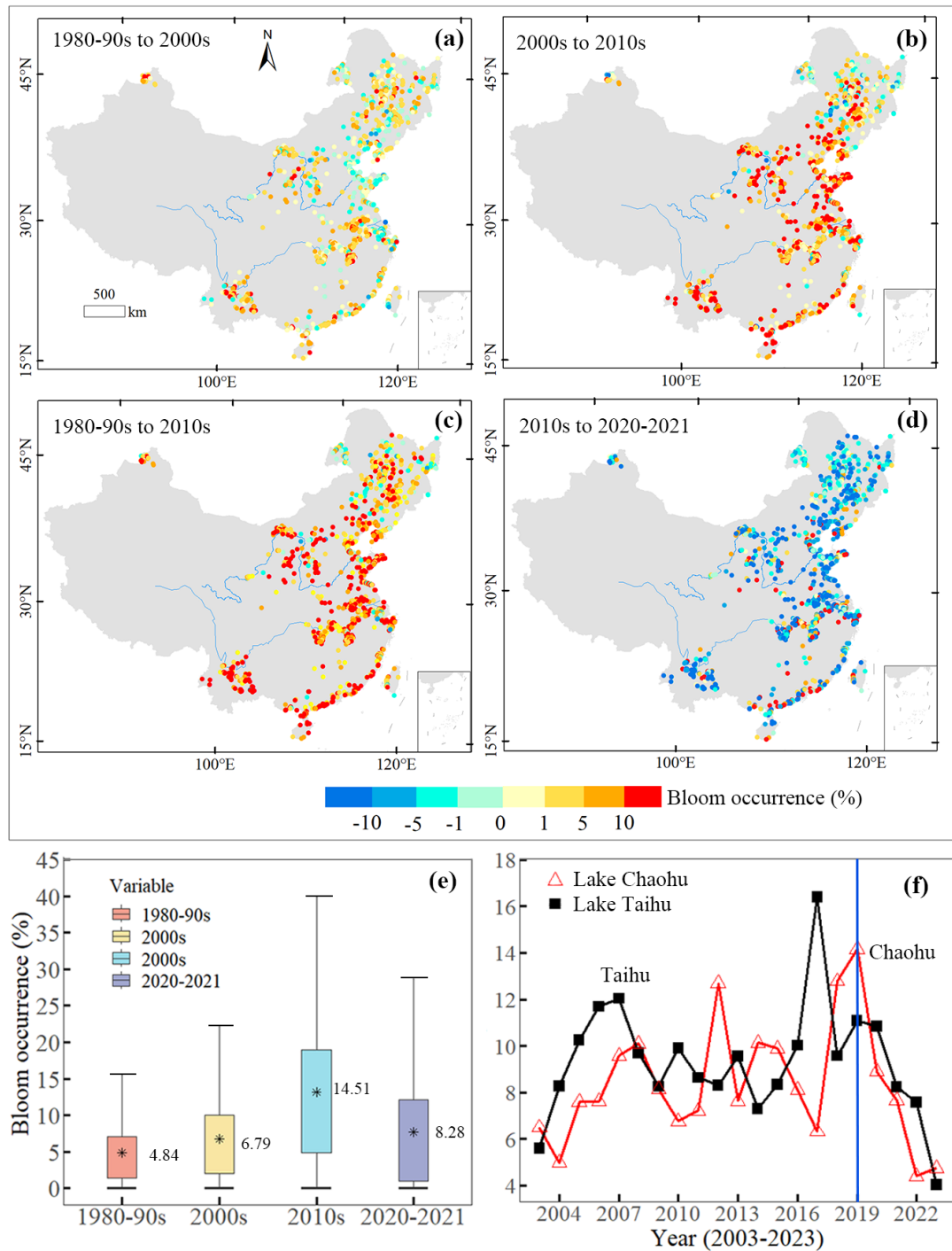
454 CDWSs turn to the lakes and reservoirs for freshwater resources supply instead of seagoing rivers.  
455 In the natural course of events, droughts or floods typically lead to alterations in catchment runoff,  
456 followed by changes in river flow and lake level. Consequently, river-based CDWSs are more  
457 vulnerable to the impacts of these extremes, especially considering the escalating frequency and  
458 severity of such events associated with climate warming [54]. In contrast, lakes and reservoirs offer  
459 the advantage of enabling a seasonal redistribution of water resources. This flexibility allows for the  
460 transfer of water from periods of abundance to periods of scarcity, effectively meeting the demand  
461 for drinking water during times of shortage [55].

462 There are many physical, ecological, and environmental issues associated with lakes and  
463 reservoir, which comprise them as suitable drinking water sources. We also note that many lakes in  
464 north and northwest China are not used for drinking water sources, which is mainly attributed to  
465 salinization due to evaporation and long water retention time. In comparison, the freezing level and  
466 flowing period in winter in north China only slightly affect the intake amount from lakes and  
467 reservoirs CDWSs (Table S6 online) due to incomplete freeze events in lakes and reservoirs.  
468 Therefore, groundwater is a good alternative under extreme freezing condition in north China.

#### 469 **4.3 Risk and uncertainty of lake and reservoir CDWSs**

470 At present, harmful algal blooms (HABs) resulting in critical drinking water risk, due to intense  
471 human activities and climate warming, is a great challenge for lakes and reservoir CDWSs [15, 16,  
472 20, 21, 56, 57], although water quality has been greatly improved over the past 20 years (Figs. 2-4).  
473 Satellite observations of the algal bloom occurrence changes for 1,541 lakes in China during four  
474 distinct periods (1980-90s, 2000s, 2010s, and 2020-2021) from 1982 to 2021 revealed that the  
475 nationwide mean bloom occurrence showed a lower increase of 40.3% (from 4.84% to 6.79%) from

476 the 1980-90s to 2000s while experienced a significant increase of 113.7% (from 6.79% to 14.51%)  
477 from the 2000s to the 2010s (Fig. 6). Pronounced increases in bloom occurrence were detected in  
478 lakes across the entire country, with the exception of some lakes in northeastern China during the  
479 2010s. Steady bloom occurrence increases were particularly notable in lakes distributed in eastern,  
480 southern, and southwestern regions of China with the extensive distribution of freshwater lake and  
481 reservoir CDWSs. Several drinking water sources including Lake Taihu, Jiefangshan Reservoir,  
482 Yuqiao Reservoir were ever polluted or closed due to the extensive outbreak of HABs [17, 58].



483

484 **Fig. 6.** Decadal changes of lake bloom occurrence in China. a-d, Maps illustrating multidecadal

485 bloom occurrence changes in  $1^\circ \times 1^\circ$  grid cells for four periods (a)1980-90s to 2000s; (b) 2000s to

486 2010s; (c)1980-90s to 2010s; and (d) 2020s to 2020-2021. (e) Box plots of lake bloom occurrence

487 in four periods. The box plots show the distribution (10, 25, 50, 75, and 90%) of lake bloom

488 occurrence. The asterisk and number indicate a mean value of bloom occurrence. (f) Long-term

489 changes of annual bloom occurrence for Lake Taihu and Lake Chaohu plagued by frequent algal  
490 bloom in the past decades.

491 Compared to the 2010s, bloom occurrence exhibited a marked decrease of 42.9% (from 14.51%  
492 to 8.28%) during 2020-2021. We realize that the alleviation of algal bloom lags water quality  
493 improvement markedly (Figs. 2-4, Fig. 6). Indeed, the enhancement of water quality parameters  
494 such as TN and TP, as well as others, does not necessarily run counter to the occurrence of algal  
495 blooms, especially in the context of climate warming. Algal blooms can manifest even in waters  
496 characterized by very low concentrations of nitrogen and phosphorus [18, 59]. In summary, there  
497 are at least three mechanisms to explain the inconsistent changes between TN, TP improvement and  
498 algal bloom appearance.

499 First, as a typical ecological phenomena and disaster, the outbreak or alleviation of algal  
500 blooms often lag significantly behind the deterioration or improvement of water quality due to time-  
501 lag effects[60]. Meanwhile, TN and TP have not decreased below the critical thresholds ( $TN \leq 0.8$   
502  $mg/L$ ,  $TP \leq 0.05 mg/L$ ) to limit phytoplankton growth (Fig. S4) [61]. Therefore, the alleviation of  
503 algal bloom by nutrient reduction is slow, resulting in high algal bloom outbreak in China's lakes  
504 and reservoirs during the 2010s. Encouragingly, the occurrence of algal blooms has markedly  
505 reduced and the negative effects of HABs on drinking water have been alleviated for all lakes  
506 especially two typical large eutrophic lakes (Lake Taihu and Lake Chaohu) during 2020-2023 (Fig.  
507 6), which were ever affected by frequent HABs in past decades.

508 Second, the intensified or amplified HABs risk in lakes and reservoirs are largely attributed to  
509 climate warming and increasing climatic and hydrological extreme events (Fig. S12 online) [15, 57,  
510 62, 63]. For example, the extensive or record-breaking HABs were observed in oligotrophic and

511 mesotrophic Lake Qionghai (TN: 0.40 mg/L, TP: 0.021 mg/L in 2019) and Fuchunjiang Reservoir  
512 (TN: 1.94 mg/L, TP: 0.063 mg/L in 2021) in 2022 experiencing the unprecedented extreme  
513 heatwaves and drought (Fig. S13 online). Similarly, nuisance phytoplankton blooms were found in  
514 oligotrophic Lake Qiandaohu by high frequency observation and remote sensing monitoring in  
515 summer 2016 suffering from an extreme heatwave [62]. Meanwhile, storm and extreme  
516 precipitation played a more important role in HABs formation and expansion by increasing nutrients  
517 supply [64, 65]. Severe spring precipitation events in 2011, coupled with long-term increasing trends  
518 in agricultural land use and practices, produced a pulse of remarkably high loading of highly  
519 bioavailable dissolved reactive phosphorus to the western basin of Lake Erie, which ultimately  
520 resulted in a record-breaking HAB with a surface area of more than 5000 km<sup>2</sup> in Lake Erie [15].  
521 Our data showed that lakes and reservoirs are warming in China (Fig. S12 online), which will likely  
522 result in the increasing HABs even if nutrient levels remain unchanged.

523 Third, climate change offsets the alleviation of HABs caused by nutrient reduction. An example  
524 analysis in Lake Taihu showed HABs can only be alleviated by about 10% with a 90% probability,  
525 but the changes in climatic factors (e.g., declining wind speed, increasing temperature) have offset  
526 the alleviation effect of nutrient reduction on cyanobacterial blooms according to the results of  
527 Bayesian models [66].

528 HABs can form surface scums and deplete bottom-water oxygen, which may threaten the  
529 safety of drinking water in CDWSs because HABs are toxic and a hazard by releasing microcystin  
530 and odor compounds to domestic animals as well as humans [15, 20, 57, 67, 68]. Nuisance and toxic  
531 blooms may limit water use and necessitate extensive treatment for water supply systems [57]. For  
532 example, a drinking water crisis was caused by heavy cyanobacterial blooms in the western basin

533 of Lake Erie in early August 2014, which disrupted the drinking water supplies of Toledo, Ohio for  
534 several days and directly affected over 400,000 residential customers and hundreds of businesses [18,  
535 69]. Therefore, HABs exerted the increasing microcystins and health risks on lakes and reservoirs  
536 CDWSs threatening SDG6.1 [67, 70]. The drinking water crisis caused by HABs may reoccur for  
537 lake and reservoir CDWSs in the future warmer and extreme climate. More efforts should be made  
538 to alleviate eutrophication and mitigate the impact of climate change on algal blooms to decrease  
539 health risk of microcystin and odor compounds and ensure the safety of lake and reservoir CDWSs.

#### 540 **4.4 Implications for drinking water safety**

541 Access to sustainable and safe drinking water supply is essential to human welfare. However,  
542 maintaining and safeguarding a good drinking water quality is a global challenge [41, 43, 46],  
543 because water scarcity is projected to be more severe. Ongoing groundwater depletion may pose a  
544 serious water security risk in intense agricultural regions and cause higher vulnerability under an  
545 uncertain climate [49, 71]. At the same time, population, water and land use pressure are expected  
546 to increase further leading to considerable challenges to water pollution and environmental  
547 sustainability [15, 21]. It will be imperative to also consider the effects and risks of extreme  
548 meteorological and hydrological events on lakes and reservoirs especially with a view to global  
549 climate changes for facilitating water resources management [15, 56, 72]. Our findings of the  
550 growing significance and pivotal role of lakes and reservoirs as primary drinking water sources  
551 provide a guide for the government to undertake adaptive management to ensure drinking water  
552 safety and achieve SDG6. All of this underscores the special attention and protection to prevent  
553 lakes and reservoirs pollution and improve the water quality because lakes and reservoirs are  
554 critically important for achieving SDG6 and protecting people's lives and health. Our work also

555 emphasizes the importance of accessibility, usability, and sharing of water data to address SDG6.1  
556 achievement and water scarcity challenges [30].

557

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566

## 567 **Author contributions**

568 Y.Z. proposed the main idea, collected the data and wrote the paper. All authors contributed  
569 significantly to the analysis and interpretation of the results as well as to the editing of the  
570 manuscript.

571

## 572 **Conflict of Interest Statement**

573 The authors declare no competing interests.

574

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1 **Supporting materials**

2

3 **Enhancing drinking water safety through improved water quantity**  
4 **and quality management**

5

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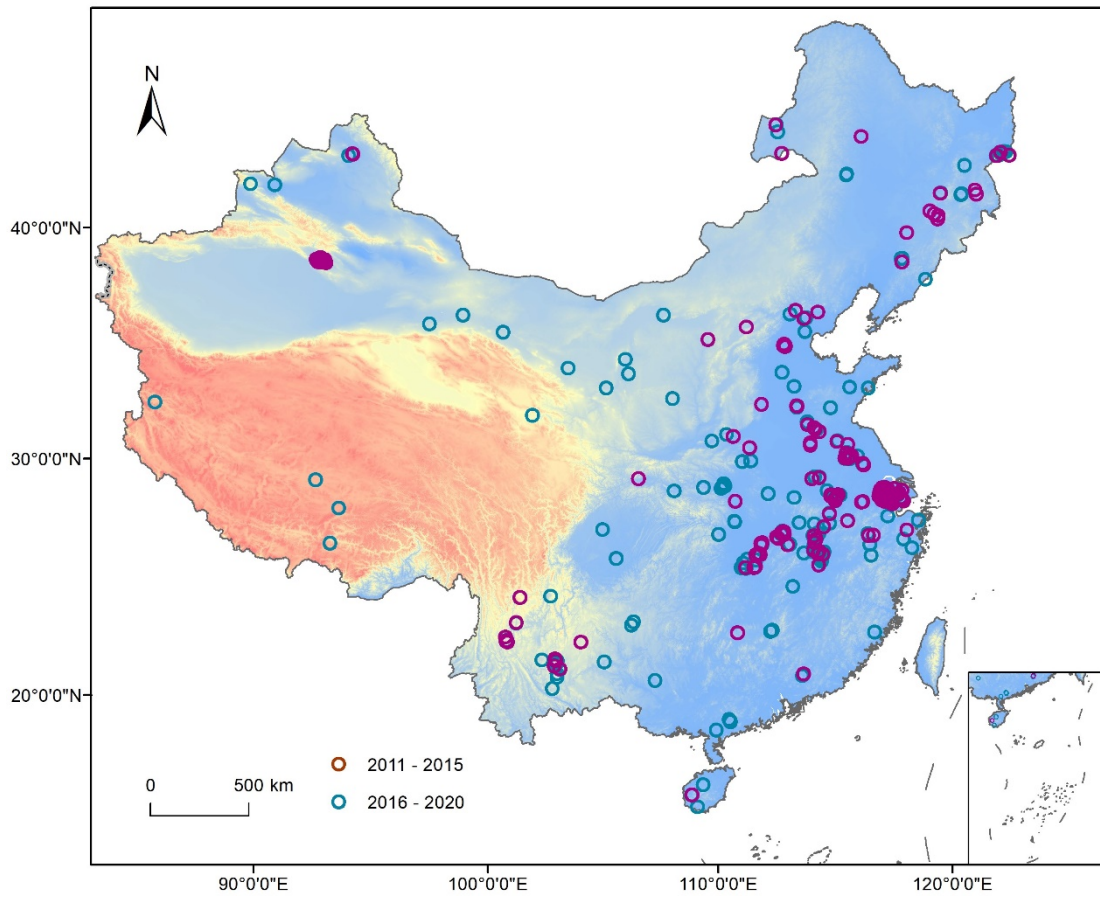
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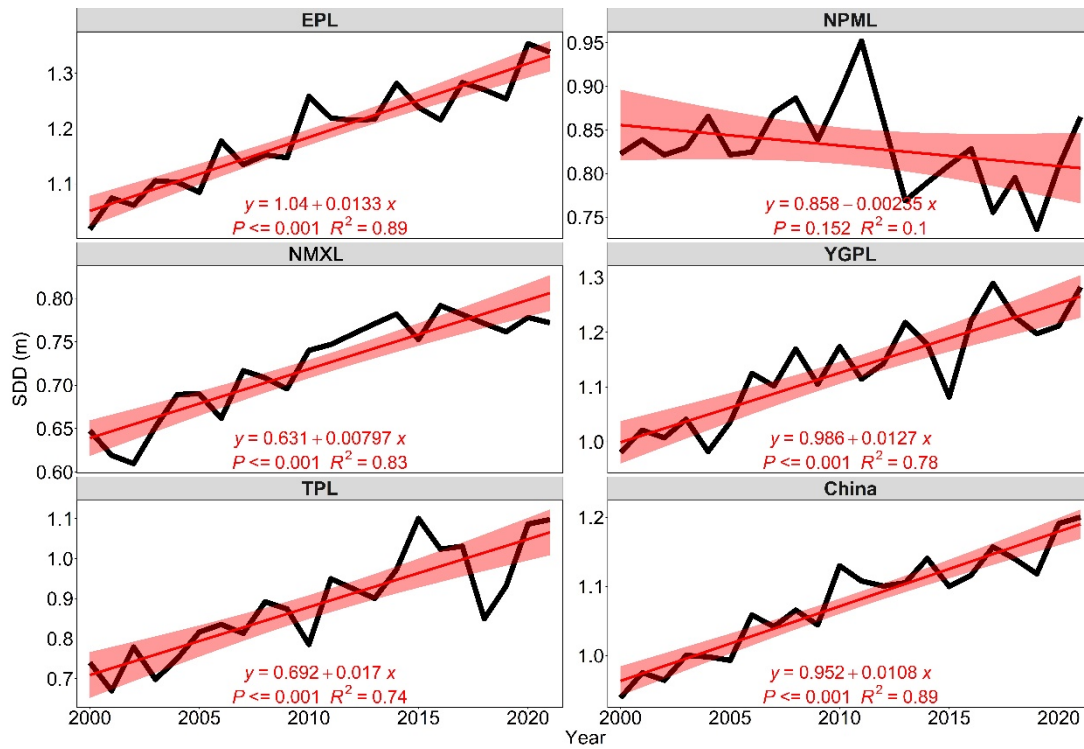
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25 **Fig. S1** Spatial distribution of lakes and reservoirs with monthly water quality observations from  
26 2005 to 2022 (No data in Taiwan)

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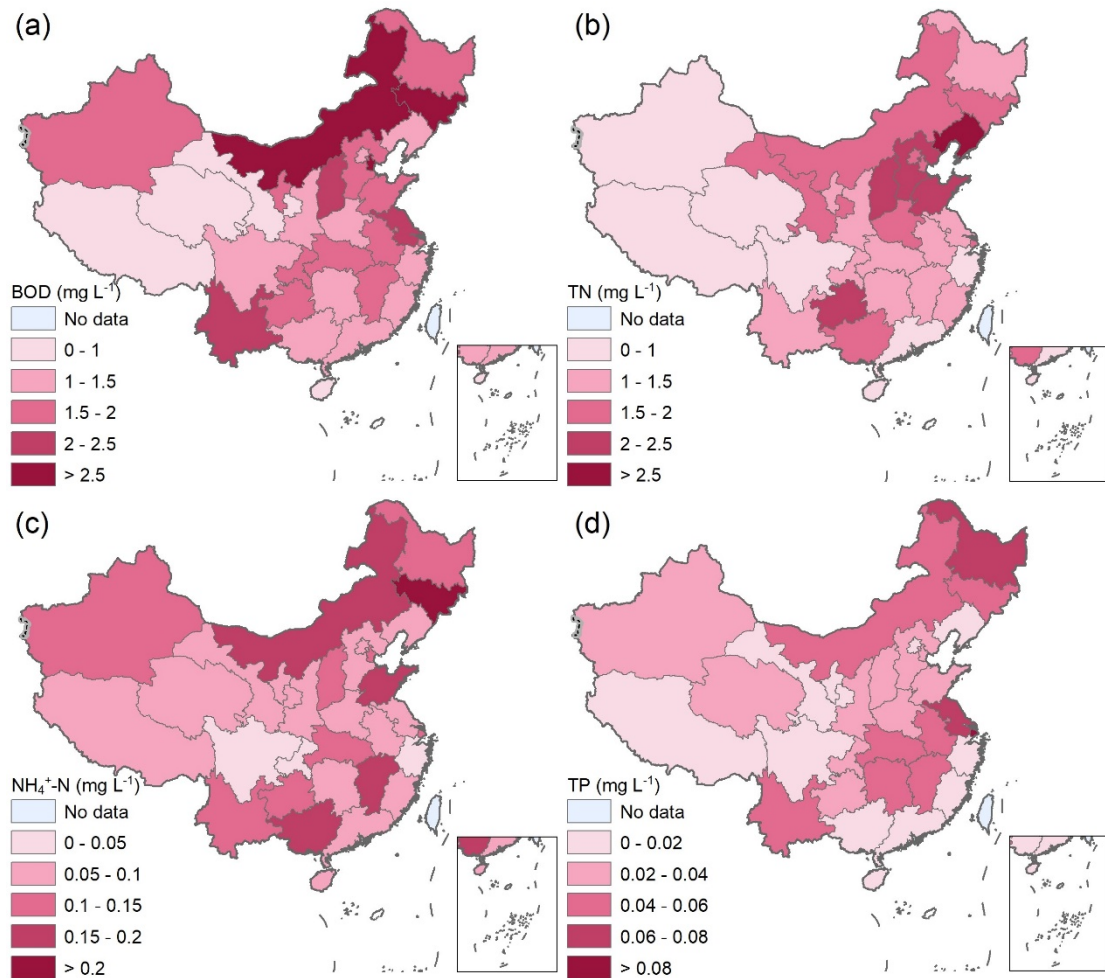
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29 **Fig. S2** Long-term trends of SDD for lakes and reservoirs in five different lake zones as indicated

30 in Fig. 1. EPL: the Eastern Plain Lake Zone, NPML: the Northeast Plain and Mountain Lake

31 Zone, NMXL: the Nei Mongol-Xinjiang Lake Zone, YGPL: the Yunnan-Guizhou Plateau Lake

32 Zone, TPL: the Tibetan Plateau Lake Zone



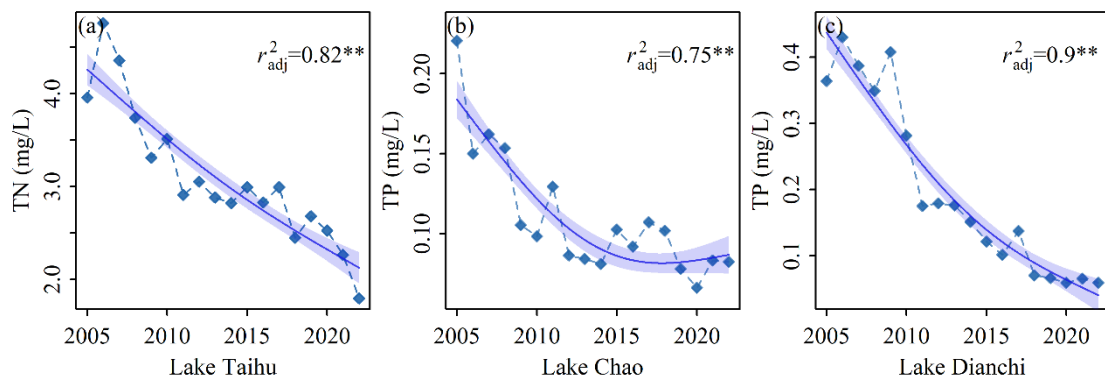
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34 **Fig. S3** Spatial distribution of BOD, TN,  $\text{NH}_4^+\text{-N}$ , and TP concentrations averaged 2020-2022

35 covering 31 provinces including 95 lakes and 261 reservoirs (No data in Taiwan)

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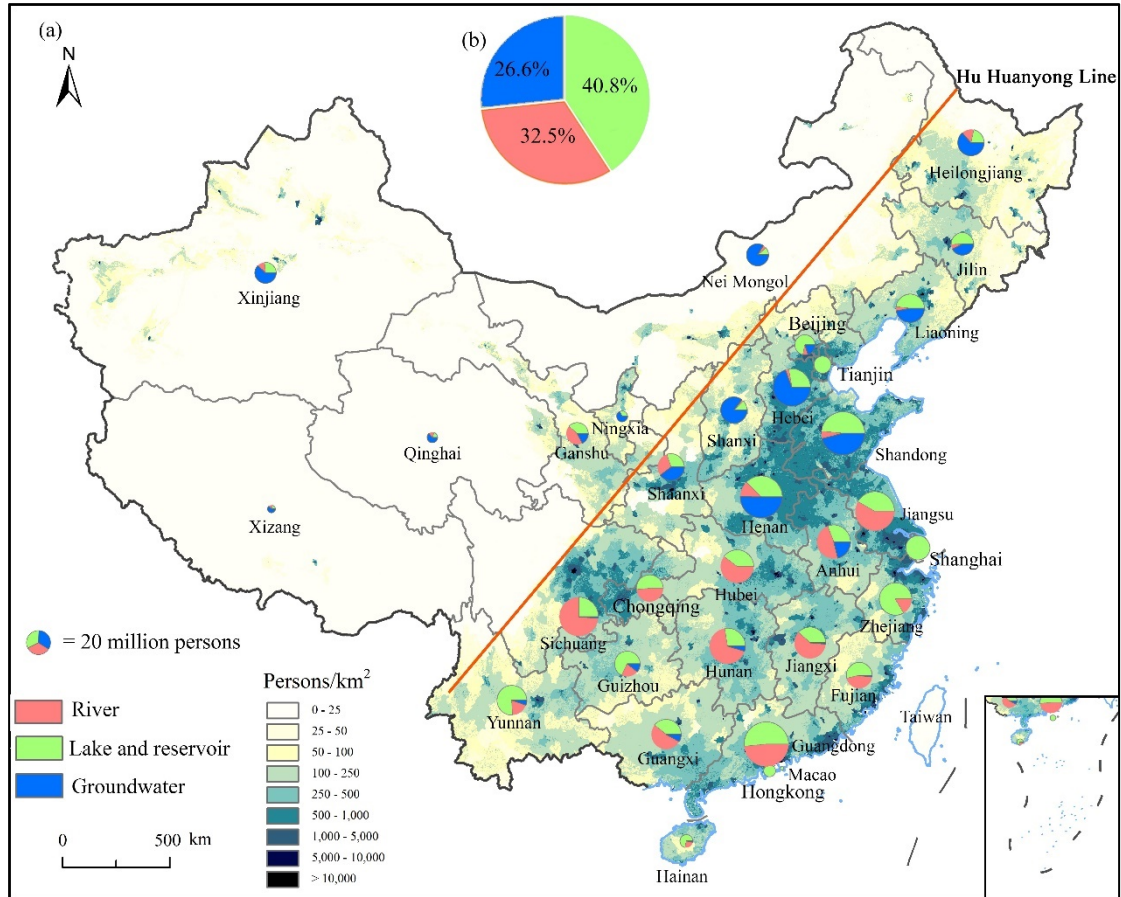
39 **Fig. S4** Long term trend of total nitrogen and total phosphorus of three eutrophic lakes (Lake



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Taihu, Lake Chaohu, and Lake Dianchi) from 2005 to 2022

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43 **Fig. S5** Spatial distribution and composition of three types of drinking water sources for every

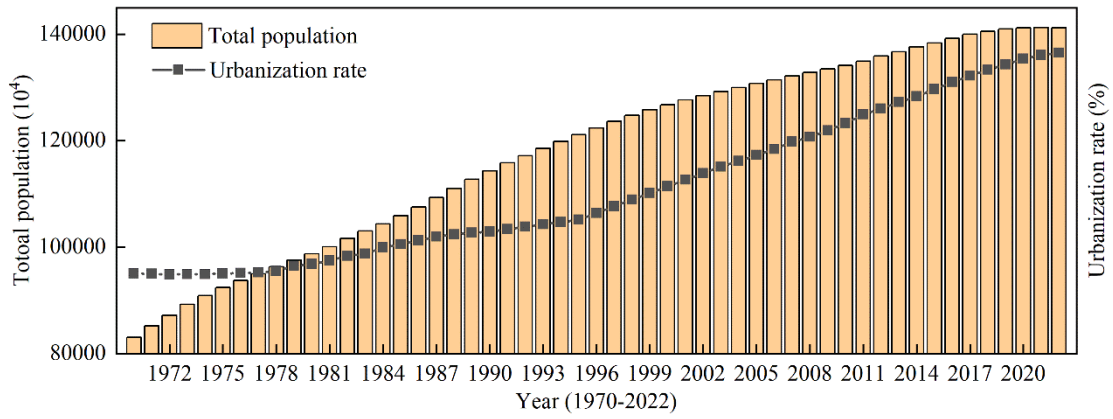
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province (a) and national average (b) in 2023 (No data in Taiwan)

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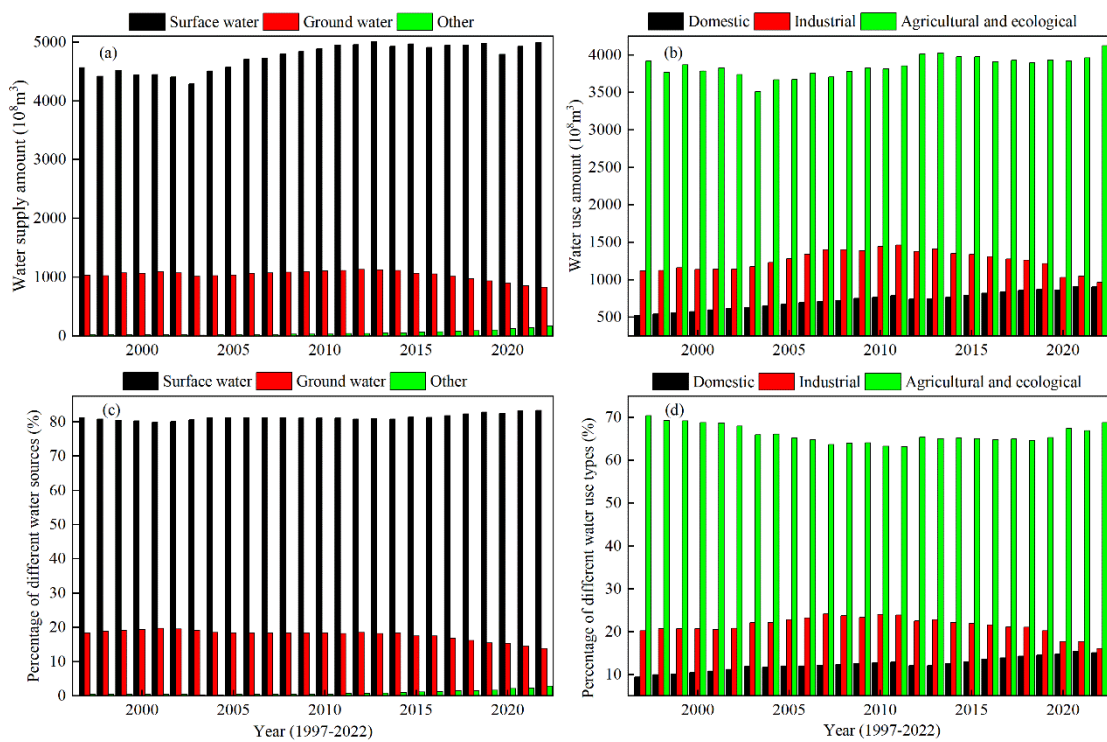


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**Fig. S6** Increasing total population and urbanization rate in China from 1970 to 2022

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**Fig. S7** Yearly water supply and use amount (a, b), the percentage of different sources and different water use types (c, d) from 1997 to 2022 from China water resources bulletin issued by the Ministry of

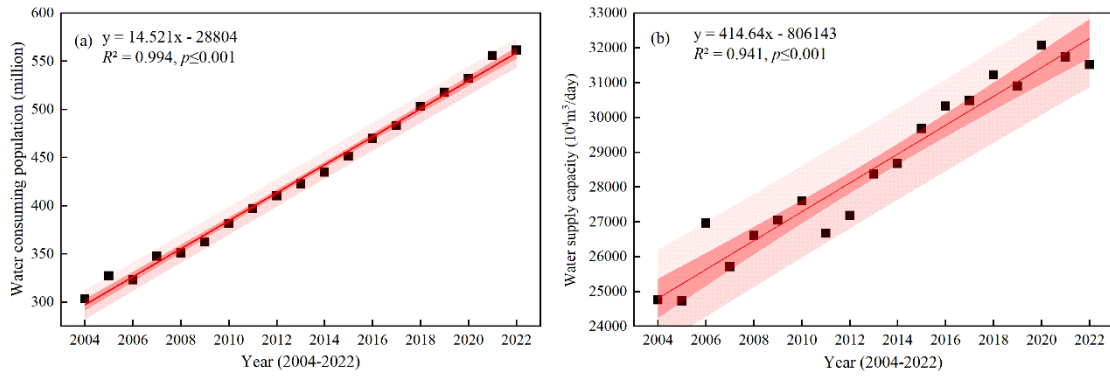
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Water Resources

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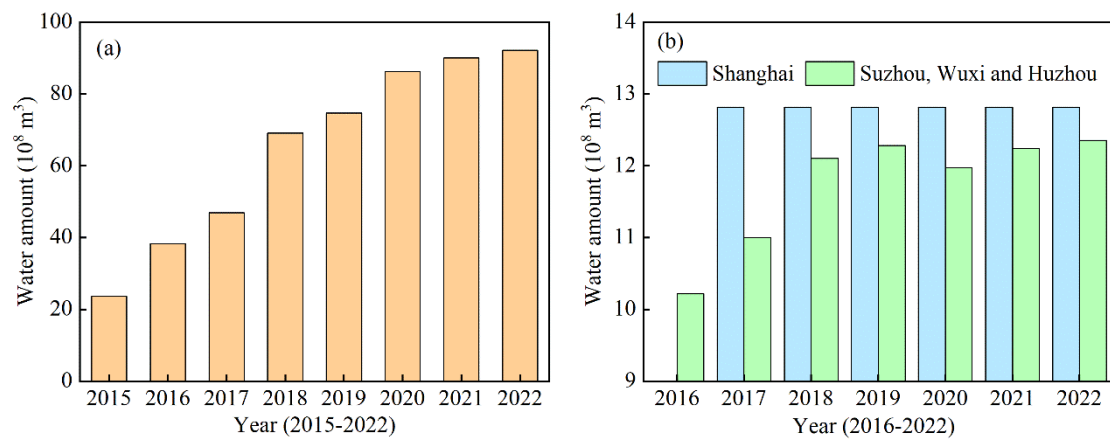
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58 **Fig. S8** Increasing water consuming population (a) and water supply capacity (b) for urban residents

59 from 2004 to 2022 in China

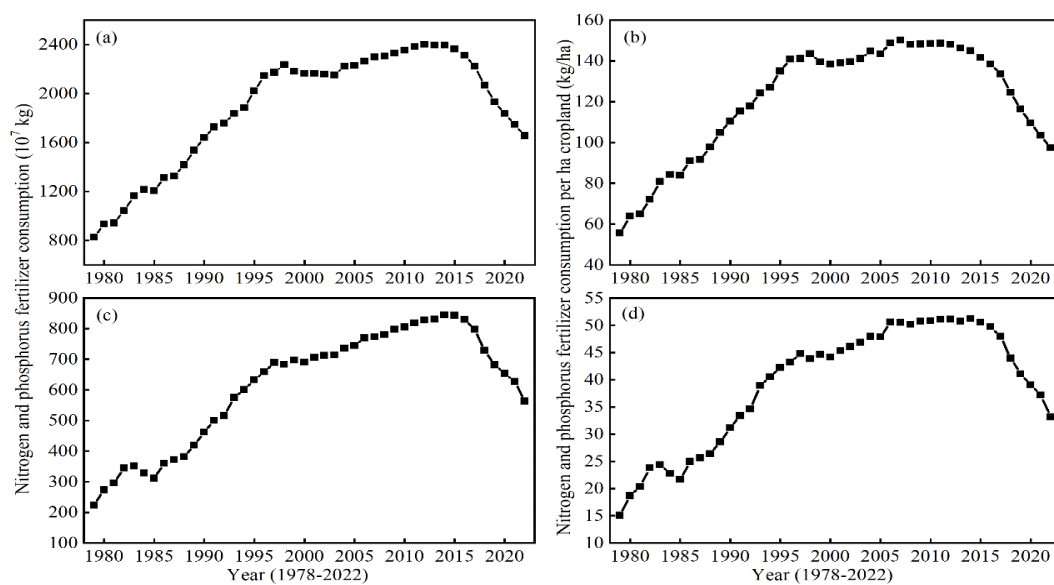


60

61 **Fig. S9** Increasing water intake amounts from Danjiangkou Reservoir as the water source of the

62 Middle Route Project of the South-to-North Water Diversion (SNWD) (a) and Lake Taihu as the

63 water source of the surrounding Shanghai, Suzhou, Wuxi and Huzhou (b)



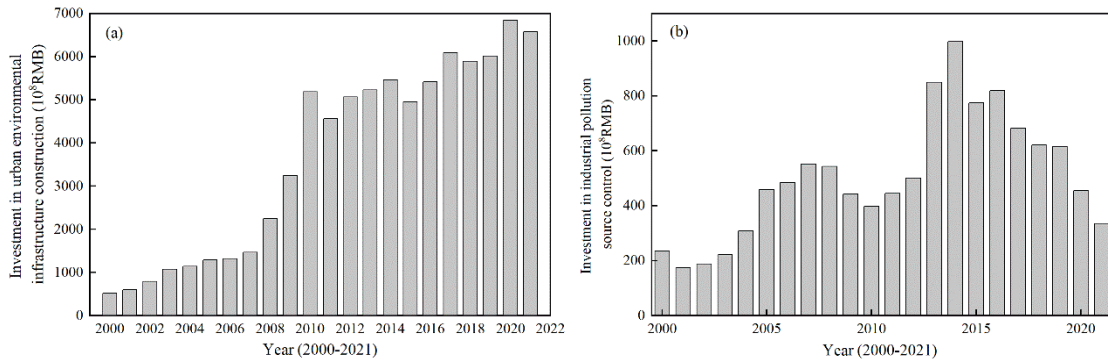
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65 **Fig. S10** Long-term changes in national-scale annual nitrogen and phosphorus consumption (a, c)

66 and per hectare of cropland (b, d) in China using data from the National Bureau of Statistics of

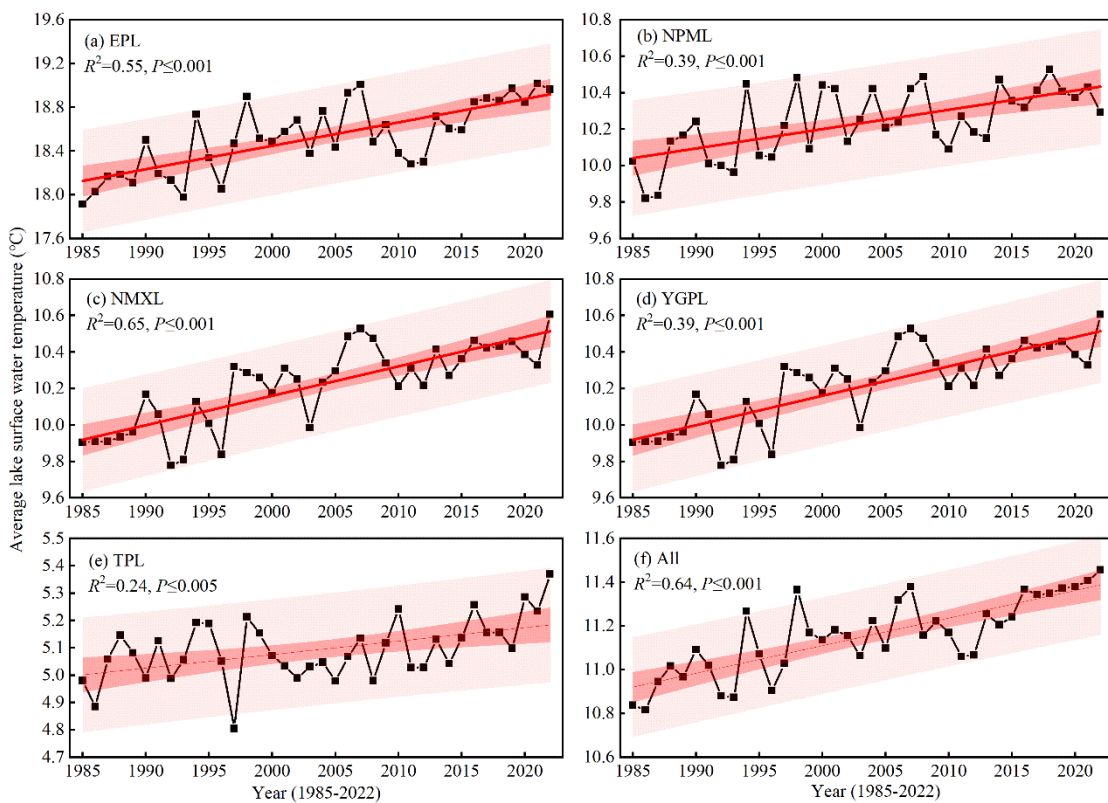
67 China (<http://www.stats.gov.cn/english/>).

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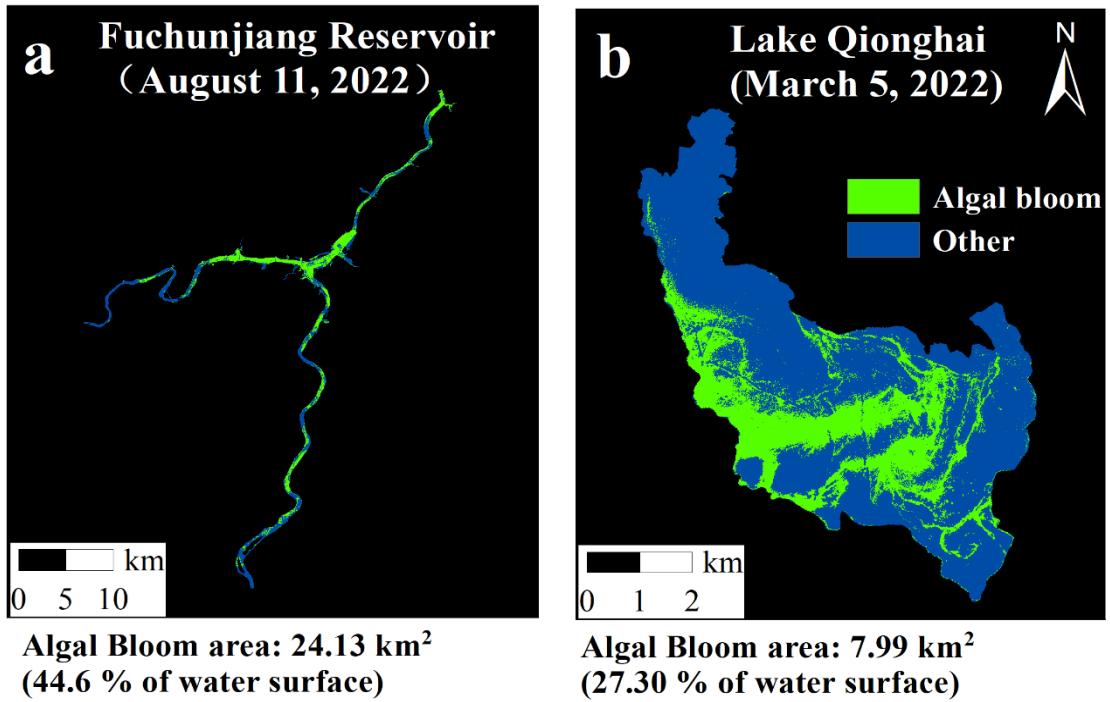
70 **Fig. S11** Increasing investments in urban environment infrastructure construction (a) and industrial

71 pollution source control (b) from 2000 to 2021 in China



73 **Fig. S12** Long-term trend of average lake surface temperature for lakes and reservoirs of five lake

74 zones and all ( $n=2260$ )



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76

**Fig. S13** Extensive and record-breaking HABs in oligotrophic and mesotrophic Fuchunjiang Reservoir

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(a) and Lake Qionghai (a) in the unprecedented 2022 extreme heatwave and drought

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Table S1 Detailed information of centralized drinking water sources for every province in 2016 and 2023

Provinces	2016						2023					
	Prefecture-level CDWRs			Prefecture-level and county-level CDWRs			Prefecture-level CDWRs			Prefecture-level and county-level CDWRs		
	Lakes and reservoirs	Rivers	Groundwater	Lakes and reservoirs	Rivers	Groundwater	Lakes and reservoirs	Rivers	Groundwater	Lakes and reservoirs	Rivers	Groundwater
Anhui	5	20	13	26	59	26	9	20	12	38	59	26
Macao	/	/	/	/	/	/	/	/	/	1	0	0
Beijing*	2	0	3	/	/	/	2	0	3	18	2	5
Chongqing	0	12	0	30	34	0	2	11	0	33	31	0
Fujian	/	/	/	50	62	7	/	/	/	58	48	2
Gansu*	9	10	14	/	/	/	10	9	13	36	41	16
Guangdong	29	46	5	68	86	5	41	47	0	86	81	0

Guangxi*	5	14	6	/	/	/	11	21	2	69	92	14
Guizhou	18	4	2	97	49	24	20	4	1	116	37	18
Hainan	/	/	/	16	12	1	/	/	/	23	8	1
Hebei*	9	0	30	/	/	/	20	0	20	30	3	75
Henan*	3	11	24	/	/	/	20	9	27	62	20	83
Helongjiang*	12	5	17	/	/	/	11	6	9	22	15	64
Hubei	9	27	0	40	87	0	12	26	0	59	90	0
Hunan	3	26	0	31	100	9	5	27	0	42	104	7
Jilin*	7	10	3	/	/	/	12	3	4	30	4	25
Jiangsu	4	18	3	31	70	7	25	31	0	49	68	0
Jiangxi*	3	28	0	/	/	/	6	30	0	65	103	2
Liaoning*	11	12	31	/	/	/	16	3	19	41	4	40

Inner Mongolia*	1	7	49	/	/	/	5	5	51	11	5	83
Ningxia	/	/	/	9	29	1	3	8	0	10	0	22
Qinghai	2	1	10	5	12	30	2	0	9	10	8	32
Shangdong*	24	6	25	/	/	/	28	4	22	117	13	111
Shangxi*	4	1	22	/	/	/	8	2	32	21	3	141
Shaanxi*	6	5	17	/	/	/	9	3	16	45	45	59
Shanghai	/	/	/	3	1	0	/	/	/	4	0	0
Sichuan	6	27	5	/	/	/	12	28	3	59	172	3
Tianjin	/	/	/	1	1	0	/	/	/	2	0	0
Tibet	/	/	/	/	/	/	0	5	16	12	9	35
Hong Kong	/	/	/	/	/	/	/	/	/	6	0	0
Xiangjiang	/	/	/	/	/	/	/	/	/	19	8	44



Yunnan*	31	8	0	/	/	/	40	7	0	128	31	9
Zhejiang	/	/	/	67	25	0	/	/	/	82	16	0

81 Note: \* indicates that the prefecture-level CDWRs amount in these provinces is used for the calculation of the ratio of lakes and reservoirs CDWSs to all CDWSs for  
82 comparison in 2016 and 2023.

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**Table S2** Number, type and storage capacity of completed reservoirs from 1981 to 2022 in China

Year	Number	Total storage capacity (10 <sup>8</sup> m <sup>3</sup> )	Large-size reservoir		Medium-size reservoir		Small-sized reservoir	
			Number	Total storage capacity (10 <sup>8</sup> m <sup>3</sup> )	Number	Total storage capacity (10 <sup>8</sup> m <sup>3</sup> )	Number	Total storage capacity (10 <sup>8</sup> m <sup>3</sup> )
1981	86881	4169	328	2989	2333	622	84220	558
1982	86900	4188	331	2994	2353	632	84216	562
1983	86567	4208	335	3007	2367	640	83865	561
1984	84998	4292	338	3068	2387	658	82273	566

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1985	83219	4301	340	3076	2401	661	80478	564
1986	82716	4432	350	3199	2115	666	79951	567
1987	82870	4475	353	3233	2428	672	80089	570
1988	82937	4504	355	3252	2462	681	80120	571
1989	82848	4617	358	3357	2480	688	80010	572
1990	83387	4660	366	3397	2499	690	80522	573
1991	83799	4678	367	3400	2524	698	80908	579
1992	84130	4688	369	3407	2538	700	81223	580
1993	84614	4717	374	3425	2562	707	81678	583
1994	84558	4751	381	3456	2572	713	81605	582
1995	84775	4797	387	3493	2593	719	81795	585
1996	84905	4571	394	3260	2618	724	81893	587
1997	84837	4583	397	3267	2634	729	81806	587

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1998	84944	4930	403	3595	2653	736	81888	598
1999	85119	4499	400	3164	2681	743	82039	593
2000	83260	5183	420	3843	2704	746	80136	593
2001	83542	5280	433	3927	2736	758	80373	595
2002	83960	5594	445	4230	2781	768	80734	596
2003	84091	5657	453	4279	2827	783	80811	596
2004	84363	5541	460	4147	2869	796	81034	598
2005	84577	5623	470	4197	2934	826	81173	601
2006	85249	5841	482	4379	3000	852	81767	610
2007	85412	6345	493	4836	3110	883	81809	625
2008	86353	6924	529	5386	3181	910	82643	628
2009	87151	7064	544	5506	3259	921	83348	636
2010	87873	7162	552	5594	3269	930	84052	638

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2011	88605	7201	567	5602	3346	954	84692	645
2012	97543	8255	683	6493	3758	1064	93102	698
2013	97721	8298	687	6529	3774	1070	93260	700
2014	97735	8394	697	6617	3799	1075	93239	702
2015	97988	8581	707	6812	3844	1068	93437	701
2016	98460	8967	720	7166	3890	1096	93850	705
2017	98795	9035	732	7210	3934	1117	94129	709
2018	98822	8953	736	7117	3954	1126	94132	710
2019	98112	8983	744	7150	3978	1127	93390	706
2020	98566	9306	774	7410	4098	1179	93694	717
2021	97036	9853	805	7944	4147	1197	92057	712
2022	95296	9887	814	7979	4192	1199	90290	709

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85 Note: large-sized reservoir: storage capacity  $\geq 1.0 \times 10^8$ ; medium-size reservoir:  $1.0 \times 10^7 \leq$  storage capacity  $< 1.0 \times 10^8$ ; small-sized reservoir:  $1.0 \times 10^5 \leq$  storage

86 capacity <  $1.0 \times 10^7$

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Table S3 Monthly water intake amounts and percentage of lakes and reservoirs, rivers in Zhejiang Province

Year	Type	Month	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.	Total
2016	Rivers	Amount ( $10^4$ )	13112	12949	12342	12769	13219	13227	13560	14643	14860	13625	13649	13504	161459
		Ratio (%)	41.4	39.9	40.2	39.9	40.5	40.1	39.9	40.9	39.7	39.3	40.2	39.8	40.1
		Amount ( $10^4$ )	18585	19524	18333	19254	19424	19762	20401	21120	22542	21031	20293	20415	240684

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	Lakes and reservoir	Ratio (%)	58.6	60.1	59.8	60.1	59.5	59.9	60.1	59.1	60.3	60.7	59.8	60.2	59.9
2017	Rivers	Amount (10 <sup>4</sup> )	13561	12597	12022	12564	13262	13776	13969	15413	16079	14910	14462	14187	166802
		Ratio (%)	39.2	38.2	38.8	38.8	39.6	40.0	40.1	41.1	40.9	40.0	40.4	39.9	39.8
	Lakes and reservoir	Amount (10 <sup>4</sup> )	21014	20353	18989	19819	20210	20653	20891	22114	23281	22362	21293	21363	252342
		Ratio (%)	60.8	61.8	61.2	61.2	60.4	60.0	59.9	58.9	59.1	60.0	59.6	60.1	60.2
2018	Rivers	Amount (10 <sup>4</sup> )	14206	14026	12027	13009	14076	14451	14591	15609	15959	15251	14682	14514	172401
		Ratio (%)	40.9	41.6	39.6	39.0	39.8	40.0	39.8	40.4	39.8	39.4	40.0	40.5	40.1
	Lakes and reservoir	Amount (10 <sup>4</sup> )	20553	19702	18329	20356	21262	21703	22078	23034	24124	23500	22063	21308	258012
		Ratio (%)	59.1	58.4	60.4	61.0	60.2	60.0	60.2	59.6	60.2	60.6	60.0	59.5	59.9
2019	Rivers	Amount (10 <sup>4</sup> )	14396	14188	11463	13304	14054	14179	14668	15415	16365	10805	10360	10369	159566
		Ratio (%)	40.3	40.1	38.9	40.6	39.5	40.1	40.0	40.5	39.4	27.3	27.1	27.5	36.6
		Amount (10 <sup>4</sup> )	21311	21217	18021	19464	21564	21165	21967	22663	25154	28846	27870	27374	276616

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	Lakes and reservoir	Ratio (%)	59.7	59.9	61.1	59.4	60.5	59.9	60.0	59.5	60.6	72.7	72.9	72.5	63.4
2022	Rivers	Amount (10 <sup>4</sup> )	13917	13658	11577	12243	12738	13548	13822	14389	16552	12454	11071	10811	156780
		Ratio (%)	35.2	35.5	34.0	32.0	32.8	35.3	34.5	32.7	33.9	27.6	26.2	27.4	32.2
	Lakes and reservoir	Amount (10 <sup>4</sup> )	25611	24846	22460	25998	26041	24876	26234	29676	32284	32686	31194	28661	330567
	Lakes and reservoir	Ratio (%)	64.8	64.5	66.0	68.0	67.2	64.7	65.5	67.3	66.1	72.4	73.8	72.6	67.8
2023	Rivers	Amount (10 <sup>4</sup> )	12158	9958	10201	11358	11937	11956	12447	12997	13510	13120	12360	12155	144157
		Ratio (%)	28.3	26.5	27.3	29.2	29.4	29.7	30.3	29.6	29.3	29.1	29.3	30.0	29.0
	Lakes and reservoir	Amount (10 <sup>4</sup> )	30832	27569	27156	27547	28601	28348	28689	30900	32676	31915	29822	28396	352451
	Lakes and reservoir	Ratio (%)	71.7	73.5	72.7	70.8	70.6	70.3	69.7	70.4	70.7	70.9	70.7	70.0	71.0

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Table S4 In operation and to be operated important cross-regional water transfer projects from lakes and reservoirs to meet safe and clean drinking water in China

Water sources	Water diversion	Beneficiary regions	Beneficiary
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		amount (10 <sup>8</sup> m <sup>3</sup> /year)	population (million)	
East Route Project of SNWD	Lake Hongzehu, and Lake Luomahu	17	Zaozhuang, Jining, Tai'an, Dezhou, Liaocheng, Jinan, Heze, Laifu, Linyi, Zibo prefecture-level regions in Shandong province, Cangzhou and Hengshui prefecture-level regions in Hebei province, Tianjin municipality	58
Middle Route Project of SNWD	Danjiangkou Reservoir	95	Nanyang, Pingdingshan, Xuchang, Zhengzhou, Jiaozuo, Xinxiang, Hebi, Anyang prefecture-level regions in Henan province, Handan, Xingtai, Shijiazhuang, and Baoding prefecture-level regions in Hebei province, Beijing and Tianjin municipalities	85
Water Diversion Project from Hanjiang River to Weihe River	Huangjinxia Reservoir, Sanhekou Reservoir	15	Xi'an, Xianyang, Baoji, and Weinan prefecture-level regions in Shaanxi province	20
Lake Qiandao Water Distribution Project	Lake Qiandaohu	12.1	Hangzhou and Jiaxing prefecture-level regions in Zhejiang province	10
River Taohe Water	Jiudianxia	5.5	Lanzhou, Dingxi, and Baiyin prefecture-level regions in Gansu province	3



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Diversion Project	Reservoir				
Water Diversion Project	Wanjiazai Reservoir	12	Taiyuan, Suozhou, Datong prefecture-level regions in Shanxi province	/	
Yellow River to Shanxi Province					
Water diversion project	Shitouxia Reservoir and Datong to Huanghe	7.5	Xining, Haibei, and Haidong prefecture-level regions in Qinghai province	3	
Water diversion project	Heiquan Reservoir				
Water diversion project from Lake Songhuahu	Lake Songhuahu	7.3	Changchun, Siping, and Liaoyuan prefecture-level regions in Jilin province	10.6	

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98 Table S5 Comparison of the percentages of CDWSs number and annual total water intake amounts

99 of three CDWS types in Shanxi Province during 2016-2023

		Year	2016	2017	2018	2019	2020	2021	2022	2023
CDWSs Number (%)	Groundwater		81.5	81.5	81.5	80.8	80.8	76.2	76.2	76.2
	Lake and Reservoir		14.8	14.8	14.8	15.4	15.4	19.0	19.0	19.0
	River		3.7	3.7	3.7	3.8	3.8	4.8	4.8	4.8
Water intake amounts (10 <sup>4</sup> m <sup>3</sup> )	Groundwater		29158	30549	32694	33598	33790	34240	34940	34149
	Lake and Reservoir		12729	12903	13682	13337	14557	15665	19299	21914
	River		2233	2525	2160	2160	2160	1980	2344	2387
Water intake amounts (%)	Groundwater		66.1	66.4	67.4	68.4	66.9	66.0	61.7	58.4
	Lake and Reservoir		28.9	28.1	28.2	27.2	28.8	30.2	34.1	37.5
	River		5.1	5.5	4.5	4.4	4.3	3.8	4.1	4.1

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101 Table S6 Comparison of intake amount of 21 prefecture-level CDWSs in Heilongjiang Province in

102 summer (July-August) and winter (November, January, and February) from 2023 to 2024

City	Water source name	Water source type	Monthly intake amount (m <sup>3</sup> )				
			Jul.	Aug.	Nov.	Jan.	Feb.
Haerbing	Mopanshan	River	2405.6	2405.6	2328.0	2405.6	2250.4
Qiqihaer	Liuyuan	River	400.0	400.0	400.0	400.0	400.0
Jixi	Tuanshan Reservoir	Reservoir	0	0	0	0	0
	Hada Reservoir	Reservoir	372.0	372.0	360.0	372.0	348.0
Hegang	Wuhao Reservoir	Reservoir	130.0	131.0	113.0	102.0	118.0
	Xilinhe Reservoir	Reservoir	191.0	190.0	171.0	158.0	177.0
Shuangyashan	Hancongou	Reservoir	120.0	120.0	120.0	120.0	120.0

	Reservoir						
	Ershuiyuan	Groundwater	65.0	65.0	65.0	65.0	65.0
	Sifangtaikuang	Groundwater	7.0	7.0	7.0	7.0	7.0
	Daqing Reservoir	Reservoir	1080.0	1050.0	1015.0	1010.0	1020.0
Daqing	Hongqi Reservoir	Reservoir	450.0	440.0	402.0	395.0	400.0
	Dongcheng Reservoir	Reservoir	520.0	515.0	510.0	510.0	505.0
Yichun	Cuiluanshan	River	90.0	90.0	90.0	90.0	90.0
	Dongsheng	Groundwater	5.0	5.0	5.0	5.0	5.0
Jiamusi	Jiangbei	Groundwater	388.0	388.0	363.0	364.0	342.0
Mudanjiang	Xishuiyuan	River	495.0	545.0	479.0	532.0	528.0
	Tielushuiyuan	River	0	0	0	0	0
Heihe	Xiaojinshan	River	0	71.0	71.0	71.0	71.0
Ruihua	Hulan River	River	136.1	154.1	145.7	0	115.0
	Diyishuiyuan	Groundwater	22.5	21.6	22.1	147.7	107.9
Daxinganling	Jiagedaqi	River	60.0	62.0	56.0	72.0	58.0